

CHEF'S WEEKLY MENU PLAN

Week #3							
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	July 24	July 25	July 26	July 27	July 28	July 29	July 30
Soup of the Day	Vegetable Split Pea	Butternut Squash Puree	Beef Noodle	Cauliflower and Pea Puree	Cream of Leek and Potato	Tomato Fennel Soup	Chicken Vegetable and Rice
Choice#1	Mac and Cheese w/ Chefs Salad	Nathans Classic Hotdog w/ Molasses Baked Beans	Tuna Melt on Open Faced Biscuit	Broccoli and Cheddar Quiche w/ Chefs Salad	Fish and Chips w/ Coleslaw	B.L.T. Sandwich on Whole wheat	Cinnamon Raisin French Toast w/ Maple Syrup and Breakfast Sausage
Choice #2	Ham Salad Sandwich	Julienne Salad	Eggs Over Easy w/ Bacon and Toast Points	Corned Beef and Sauerkraut Melt on Marble Rye	Turkey Sandwich with Cranberry Cream Cheese	Crab Cake Salad w/ Creamy Citrus Dressing	Chicken Salad Sandwich on Whole Wheat
Dessert	Fruit Cup, Jello, Pudding, Raspberry Mousse Cake Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Raspberry Mousse Cake Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Raspberry Mousse Cake Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Raspberry Mousse Cake Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Raspberry Mousse Cake Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Raspberry Mousse Cake Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Raspberry Mousse Cake Cookies, Assorted Ice Cream
Dinner							
Appetizer #1	Battered Cauliflower w/ Ranch Dip	Cucumber Dill Salad	Chilled Raspberry and Champagne Soup	Caesar Salad	Vegetable Samosas	Carrot and Raisin Salad	Tomato Cucumber and Feta Salad
Entree #1	Pan Seared Chicken Breast w/ Truffle Mushroom Jus	Beef Pot Pie	Turkey Lasagna Pomodoro w/ Garlic Bread	Braised Cabbage Rolls in Tomato Sauce	Tempura Crusted Perch w/ Tomato Cucumber Salsa	Baked Cheese Tortellini Casserole	Roasted Top Sirloin w/ Yorkshire and Gravy
Entrée #2	Sweet and Sour Calamari Stir Fry	Baked Rainbow Trout w/ Caper Lemon Butter	BBQ Glazed Pork Shanks	Poached Orange Roughy Tomato and Caper Lemon Butter	Boiled Beef of Brisket	Roasted Pork Loin w/ Pommary Mustard Gravy	Baked Lemon Herb Cod w/ Tarragon Hollandaise
Potato & Vegetables of the Day	Cinnamon Basmati Rice, Match Stick Vegetables	Boiled Parsley Potato, Squash & Broccoli	Mashed Potato, Carrots & Brussel Sprouts	Sweet Potato Puree, Cauliflower and Peas	Baked Potatoes, Corn and Asparagus	Roasted Potato, Steamed cabbage and Pesto Zucchini	Parisian Potato, Vegetable Medley
Dessert	Boston Cream Cake	Chef Surprise Dessert	Banana Cream Pie	Chef Surprise Dessert	Cinnamon Raisin Rice Pudding	Chef Surprise Dessert	Sunday Pie

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