

CHEF'S WEEKLY MENU PLAN

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	Aug 21	Aug 22	Aug 23	Aug 24	Aug 25	Aug 26	Aug 27
Soup of the Day	Potato Leek	Cream of Cauliflower	Vegetable Barley	Tomato Rice	Chicken Broth w/ Parmesan and Egg	Vegetable Puree	Roasted Garlic and Caramelized Onion
Choice#1	Fried Egg and Tomato Sandwich	Shaved Porchetta Sandwich on Soft Portuguese Bun	Three Pea Salad w/ Shaved radish and Boiled Egg	Ham Tomato and Swiss on Focaccia	Wedge Salad w/ Blue Cheese Crumble	Grilled Turkey and Cheddar Sandwich	Smoked Salmon B.L.T On Twelve grain
Choice #2	Spinach and Cheese Spanakopita w/ Greek Yogurt	Fruit Plate w/ Cottage Cheese and Baked Muffin	Hamburger w/ Traditional Garnish	Mac and Cheese Casserole	Fish and Chips w/ Coleslaw	Vegetable Quiche w/ Chef Salad	Vanilla Waffles w/ Fresh Fruit
Dessert	Fruit Cup, Daily Pudding, Assorted Cookies, Ice Cream Coconut Cream Pie	Fruit Cup, Daily Pudding, Assorted Cookies, Ice Cream Coconut Cream Pie	Fruit Cup, Daily Pudding, Assorted Cookies, Ice Cream Coconut Cream Pie	Fruit Cup, Daily Pudding, Assorted Cookies, Ice Cream Coconut Cream Pie	Fruit Cup, Daily Pudding, Assorted Cookies, Ice Cream Coconut Cream Pie	Fruit Cup, Daily Pudding, Assorted Cookies, Ice Cream Coconut Cream Pie	Fruit Cup, Daily Pudding, Assorted Cookies, Ice Cream Coconut Cream Pie
Dinner							
Appetizer #1	Watermelon Feta Salad	Carrot Raisin and Pineapple Salad	Parmesan Truffle Lattice Fries w/ Roasted Garlic Aioli	Caesar Salad	Garlic Cheese Bread	Heirloom Cherry Tomato Salad	Garden Salad
Entree #1	BBQ Brushed Pork Shanks	Penne Bolognaise	Shrimp Stir Fry	Veal Piccata w/ Tomato Caper and Roasted Red Pepper Sauce	Braised Cabbage Rolls	Three cheese Tortellini in Mushroom Cream Sauce	Roasted Veal w/ Peppercorn Jus
Entrée #2	Mediterranean Baked Sole	Caribbean Lamb Stew	Butter Chicken Stew	Turkey Pot Pie	Baked Honey Ham	Lemon and Dill Baked Rainbow Trout	San Tropez Chicken Thigh (Mustard and Herb Marinated)
Potato & Vegetables of the Day	O'Brian Potato, Julienne Vegetable Sautee	Sweet Potato Puree Broccoli and Corn	Cinnamon Basmati, Seasonal Vegetables	Mashed Potato Roasted Turnip and Green Beans	Parisian Potato Glazed Carrot Roasted Red Onion	Lemon Herb Potatoes Cauliflower and Brussel Sprouts	Mashed Potato, Vegetable Medley
Dessert	Tiramisu Mousse w Lady Finger	Chef's Surprise	Butter Tart Square	Chef's Surprise	Blueberry Cheesecake	Chef's Surprise	Sunday Pie