

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Emotional Intellectual Physical Purposeful Social Spiritual	Location Keys Country Kitchen CK Fireside Lounge FL Meet at Entrance E Patio P Theatre/Chapel TC	10:30 Horse Racing Game 1 11:00 Palette & Paintbrush [P] 1:00 Gardening Club [P] 1:30 Gentle Chairobics 2:30 Coffee & Tea Social 3:00 Baking w/ Ruby 4:00 Karaoke Night 7:00 The Beverly Hillbillies	9:00 Picnic & Tour at African Lion Safari [E] 2 10:30 Famous Faces 11:00 Go4Life Walking Club 1:30 10 Pin Bowling 2:30 Coffee & Tea Social 3:00 Sing Along w/ Suzie Q! 4:00 Name 10... 7:00 Friendly Visits	10:30 Pictionary 3 11:00 Get Crafty! 1:30 Music Therapy w/ Kimiko 2:30 "Happy Hour" [P] 3:00 Simple Stretch Class 4:00 Armchair Travel to...Thailand! 7:00 Chicken Soup for the Soul	10:30 Match Ups 4 11:00 Go4Life Walking Club 1:30 Dance, Dance, Dance! 2:30 Coffee & Tea Social 3:00 Musical Bingo 4:00 You Be The Judge 7:00 I Love Lucy	10:30 Breakfast Scramble 5 11:00 Weekend Workout 1:30 Ball Toss 2:30 Coffee & Tea Social 3:00 Matching & Sorting 4:00 Colouring for Relaxation 7:00 Classic TV Shows
10:30 Matching & Sorting 6 11:00 Communion w/ Tony & Ursula [TC] 1:30 Afternoon Stretch 2:30 Coffee & Tea Social 3:00 Entertainment w/ Vocalist, Janelle Heath! [CK] 4:00 Matching & Sorting 6:30 Movie Night	Provincial Day 7 10:00 Hand Exercise w/ Thera-putty 10:30 Jigsaw Puzzles 11:00 Go4Life Walking Club 1:30 Washer Toss 2:30 Coffee & Tea Social 3:00 Simple Stretch Class 4:00 Finish the Phrase 7:00 Friendly Visits	10:30 Horse Racing Game 8 11:00 Palette & Paintbrush [P] 1:00 Gardening Club [P] 1:30 Gentle Chairobics 2:30 Coffee & Tea Social 3:00 Eco-Friendly Craft [CK] 4:00 Karaoke Night 7:00 The Beverly Hillbillies	10:30 Famous Faces 9 11:00 Go4Life Walking Club 1:30 10 Pin Bowling 2:30 Coffee & Tea Social 3:00 Entertainment w/ Flautist, Laura Nashman! [CK] 4:00 Name 10... 7:00 Friendly Visits	10:30 Pictionary 10 11:00 Get Crafty! 1:30 Bean Bag Toss 2:30 "Happy Hour" [P] 3:00 Simple Stretch Class 4:00 Armchair Travel to... Jamaica! 7:00 Chicken Soup for the Soul	10:30 Match Ups 11 11:00 Go4Life Walking Club 1:30 Dance, Dance, Dance! 2:30 Coffee & Tea Social 3:00 Musical Bingo 4:00 You Be The Judge 7:00 I Love Lucy	10:30 Breakfast Scramble 12 11:00 Weekend Workout 1:30 Ball Toss 2:30 Coffee & Tea Social 3:00 Matching & Sorting 4:00 Colouring for Relaxation 7:00 Classic TV Shows
10:30 Matching & Sorting 13 11:00 Communion w/ Tony & Ursula [TC] 1:30 Afternoon Stretch 2:30 Coffee & Tea Social 3:00 Entertainment w/ One Man Big Band, Jay Franco! [CK] 4:00 Matching & Sorting 6:30 Movie Night	10:00 Hand Exercise w/ Thera-putty 14 10:30 Jigsaw Puzzles 11:00 Go4Life Walking Club 1:30 Washer Toss 2:30 Coffee & Tea Social 3:00 Simple Stretch Class 4:00 Finish the Phrase 7:00 Friendly Visits	10:30 Horse Racing Game 15 11:00 Palette & Paintbrush [P] 1:00 Gardening Club [P] 1:30 Gentle Chairobics 2:30 Coffee & Tea Social 4:00 Karaoke Night 7:00 The Beverly Hillbillies	10:30 Famous Faces 16 11:00 Go4Life Walking Club 1:30 10 Pin Bowling 2:30 Coffee & Tea Social 3:00 Entertainment w/ Pianist, Leslie Taylor! [CK] 4:00 Name 10... 7:00 Friendly Visits	10:30 Pictionary 17 11:00 Get Crafty! 1:30 Music Therapy w/ Kimiko 2:30 "Happy Hour" [P] 3:00 Simple Stretch Class 4:00 Armchair Travel to...Italy! 7:00 Chicken Soup for the Soul	10:30 Match Ups 18 11:00 Go4Life Walking Club 1:30 Dance, Dance, Dance! 2:30 Coffee & Tea Social 3:00 Musical Bingo 4:00 You Be The Judge 7:00 I Love Lucy	10:30 Breakfast Scramble 19 11:00 Weekend Workout 1:30 Ball Toss 2:30 Coffee & Tea Social 3:00 Matching & Sorting 4:00 Colouring for Relaxation 7:00 Classic TV Shows

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 🧠 Matching & Sorting 20</p> <p>11:00 ☀️ Communion w/ Tony & Ursula [TC]</p> <p>1:30 🌿 Afternoon Stretch</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>3:00 😊 Entertainment w/ Violinist, Sarah Louise! [FL]</p> <p>4:00 🧠 Matching & Sorting</p> <p>6:30 😊 Movie Night</p>	<p>10:00 🌿 Hand Exercise w/ Theraputty 21</p> <p>10:30 🧠 Jigsaw Puzzles</p> <p>11:00 🌿 Go4Life Walking Club</p> <p>1:30 🌿 Washer Toss</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>3:00 🌿 Simple Stretch Class</p> <p>4:00 🧠 Finish the Phrase</p> <p>7:00 😊 Friendly Visits</p>	<p>10:30 🧠 Horse Racing Game 22</p> <p>11:00 😊 Palette & Paintbrush [P]</p> <p>1:00 🌿 Gardening Club [P]</p> <p>1:30 🌿 Gentle Chairbics</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>4:00 😊 Karaoke Night</p> <p>7:00 ☕ The Beverly Hillbillies</p>	<p>10:30 🧠 Famous Faces 23</p> <p>11:00 🌿 Go4Life Walking Club</p> <p>1:30 🌿 10 Pin Bowling</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>3:00 😊 Sing Along w/ Suzie Q!</p> <p>4:00 🧠 Name 10...</p> <p>7:00 ☕ Friendly Visits</p>	<p>10:30 🧠 Pictionary 24</p> <p>11:00 😊 Get Crafty!</p> <p>1:30 🌿 Bean Bag Toss</p> <p>2:30 ☕ "Happy Hour" [P]</p> <p>3:00 🌿 Simple Stretch Class</p> <p>4:00 🧠 Armchair Travel to... Brazil!</p> <p>7:00 😊 Chicken Soup for the Soul</p>	<p>10:30 🧠 Match Ups 25</p> <p>11:00 🌿 Go4Life Walking Club</p> <p>1:30 🌿 Dance, Dance, Dance!</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>3:00 🧠 Musical Bingo</p> <p>4:00 🧠 You Be The Judge</p> <p>7:00 😊 I Love Lucy</p>	<p>10:30 🧠 Breakfast Scramble 26</p> <p>11:00 🌿 Weekend Workout</p> <p>1:30 🌿 Ball Toss</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>3:00 🧠 Matching & Sorting</p> <p>4:00 🌿 Colouring for Relaxation</p> <p>7:00 ☕ Classic TV Shows</p>
<p>10:30 🧠 Matching & Sorting 27</p> <p>11:00 ☀️ Communion w/ Tony & Ursula [TC]</p> <p>1:30 🌿 Afternoon Stretch</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>3:00 🧠 Matching & Sorting</p> <p>4:00 😊 Sing-a-long w/ Joe Thomson!</p> <p>6:30 😊 Movie Night</p>	<p>10:00 🌿 Hand Exercise w/ Theraputty 28</p> <p>10:30 🧠 Jigsaw Puzzles</p> <p>11:00 🌿 Go4Life Walking Club</p> <p>1:30 🌿 Washer Toss</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>3:00 🌿 Simple Stretch Class</p> <p>4:00 🧠 Finish the Phrase</p> <p>7:00 😊 Friendly Visits</p>	<p>10:30 🧠 Horse Racing Game 29</p> <p>11:00 😊 Palette & Paintbrush [P]</p> <p>1:00 🌿 Gardening Club [P]</p> <p>1:30 🌿 Gentle Chairbics</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>4:00 😊 Karaoke Night</p> <p>7:00 ☕ The Beverly Hillbillies</p>	<p>10:30 🧠 Famous Faces 30</p> <p>11:00 🌿 Go4Life Walking Club</p> <p>1:30 🌿 10 Pin Bowling</p> <p>2:30 ☕ Coffee & Tea Social</p> <p>3:00 😊 Entertainment with Pianist, Martin Wall! [CK]</p> <p>4:00 🧠 Name 10...</p> <p>7:00 ☕ Friendly Visits</p>	<p>10:30 🧠 Pictionary 31</p> <p>11:00 😊 Get Crafty!</p> <p>1:30 🌿 Bean Bag Toss</p> <p>2:30 ☕ "Happy Hour" [P]</p> <p>3:00 🌿 Simple Stretch Class</p> <p>4:00 🧠 Armchair Travel to... Germany!</p> <p>7:00 😊 Chicken Soup for the Soul</p>	<p>PINK - Services</p> <p>GREY - Vendors</p> <p>BLUE - Musical Entertainment</p> <p>ORANGE - Meetings</p> <p>GREEN - Outings</p> <p>PURPLE - Special Events</p> <p>"Be sure you put your feet in the right place, then stand firm." — Abraham Lincoln</p>	

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Tuck Shop Hours:
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