

CHEF'S WEEKLY MENU PLAN

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	September 11	September 12	September 13	September 14	September 15	September 16	September 17
Soup of the Day	Roasted Red Pepper and Cauliflower	Chicken Vegetable Rice	Broccoli Puree	Tomato Bean and Pasta	Vegetable Barley	Ham and Pea Puree	Wonton Asian Broth
Choice #1	Chili Cheese Dog	Sicilian Deli Sandwich w/ Roasted Pepper Mayo	Fresh Fruit Plate w/ Cottage Cheese and Scone	Tuna Casserole	Fish and Chips w/ Coleslaw	Vegetable Bean Quesadilla	Ham and Swiss Sandwich w/ Honey Dijon Mayo
Choice #2	Vegetable Frittata with Toast Points	Poached Pear and Danish Blue Salad	Chicken Salad on Multigrain Bread	Shaved Pork Sandwich w/ Pickled Red Onions	Turkey Apple and Brie Melt	Egg Salad Sandwich on Baked Croissant	Pancakes w/ Fresh Fruit
Dessert	Fruit Cup, Jello, Pudding, Wild Berry Crumble Square, Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Wild Berry Crumble Square, Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Wild Berry Crumble Square, Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Wild Berry Crumble Square, Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Wild Berry Crumble Square, Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Wild Berry Crumble Square, Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Wild Berry Crumble Square, Cookies, Assorted Ice Cream
Dinner							
Appetizer #1	Mini Rice Balls w/ Marinara	Caesar Salad	Baked Corn Muffin w/ Honey Butter	Asian Coleslaw	Cucumber and Dill Salad	Garden Salad	Greek Salad
Entree #1	Crispy Baked Chicken Legs	Spaghetti and Meatballs with Garlic Bread	Lake Erie Pickerel w/ Corn and Tomato Salsa	Veal Mushroom Marsala	Sweet Pea Gnocchi In Stilton Pesto Cream Sauce	Chicken and Biscuit Baked Stew	Roasted Striploin of Beef w Peppercorn Jus
Entrée #2	Herb and Dijon Broiled Pork Chops w/ Gravy	Bruschetta Seafood Bake	BBQ Brushed Baby Back Ribs	Harvest Vegetable Pot Pie	Honey Glazed Ham w/ Apple Sauce	Sheppard's Pie	Baked Orange Roughy with Caper Butter
Potato & Vegetables of the Day	Roasted Potatoes Zucchini, Bean and Red onion Sautee	Puff Pastry Shell, Turnip and Peas	Loaded Baked Potato, Peaches and Cream Local Corn on the Cob	Sweet Mashed Potato Broccoli & Beets	Scalloped Potato, Brussel Sprouts and Carrots	Garlic Mashed Potato, Roasted Root Vegetables	Parisian Potato, Squash and Cauliflower Bake
Dessert	Strawberry Pudding	Chef Surprise	Sponge Cake w/ Lemon Mousse	Chef Surprise	Cheese Plate	Chef Surprise	Sunday Pie