

CHEF'S WEEKLY MENU PLAN

Week #2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	October 16	October 17	October 18	October 19	October 20	October 21	October 22
Soup of the Day	Turkey Vegetable Rice	Carrot Orange and Ginger	Vegetable Beef Barley	Cauliflower Roasted Red Pepper	Thai coconut Fish Soup w/ rice	Corn Chowder	Potato and Leek Puree
Choice#1	Mushroom Swiss Burger w/ Fries	Eggplant Caprese Wrap	Seafood Salad on Pita Bread	Nicoise Salad w/ Tuna Scoop	Fish and Chips with Coleslaw and Fresh Cut Fries	Smoked Turkey and Cheddar Casserole	Scramble Eggs with Home Fries, Breakfast Sausage and Toast
Choice #2	Poached Pear and Stilton Salad w/ Herb Croutons	Grilled Ham and Swiss	Vegetable Quiche w/ Chefs Salad	Fried Egg, Bacon and Cheddar Sandwich on Brown Bread	Julienne Salad	Roast Beef Sandwich on Soft Bun w/ Horseradish Mayo	Tomato Cucumber and Cream Cheese Sandwich on Baked Croissant
Dessert	Fruit Cup, Jello, Apple Crumble Bar Pudding, Cookies, Ice Cream	Fruit Cup, Jello, Apple Crumble Bar Pudding, Cookies, Ice Cream	Fruit Cup, Jello, Apple Crumble Bar Pudding, Cookies, Ice Cream	Fruit Cup, Jello, Apple Crumble Bar Pudding, Cookies, Ice Cream	Fruit Cup, Jello, Apple Crumble Bar Pudding, Cookies, Ice Cream	Fruit Cup, Jello, Apple Crumble Bar Pudding, Cookies, Ice Cream	Fruit Cup, Jello, Apple Crumble Bar Pudding, Cookies, Ice Cream
Dinner							
Appetizer #1	Kale, Poppy Seed, Cranberry and Almond Salad	Spring Rolls w/ Plum Sauce	Garden Salad	Broccoli Bacon and Cheddar Salad	Guacamole w/ Tortilla Chips	Mixed Salad with Rosenberg Cheese	Greek Salad
023Entree #1	Panko Breaded Shrimp	New England Boiled Brisket Dinner	Truffle Sea Salt Roasted Pork Tenderloin	Veal Fricassee Stew	Roasted Leg of Lamb	Stuffed Peppers w/ Tomato Sauce	Carved Top Sirloin w/ Peppercorn Jus
Entrée #2	Pork Vegetable Stir Fry	Root Vegetable and Navy Bean Stew	Lemon Pepper Breaded Sole (Gluten Free)	Roasted Turkey Breast w/ Sage Jus	Sheppard's Pie	BBQ glazed Chicken Legs	Crab Cake w/ Lemon Tartar Sauce
Potato & Vegetables of the Day	Steamed Rice, Julienne Vegetable Sautee	Boiled Parsley Potato, Cauliflower and Squash Puree	Lemon Roasted Potato, Broccoli and Turnips	Mashed Potatoes, Baked Acorn Squash and Peas	Sweet Potato Puree, Green Beans and Carrots	Parisian Potato, Roasted Root Vegetables	Roasted Potato, Vegetable Medley
Dessert	Lemon Mousse w/ Lady Finger	Chef Surprise Dessert	Mini Butter Tarts	Chef Surprise Dessert	Pecan Pie	Chef Surprise Dessert	Sunday Pie