

CHEF'S WEEKLY MENU PLAN

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	November 27	November 28	November 29	November 30	December 1	December 2	December 3
Soup of the Day	Green Split Pea and Ham	Parsnip and Pear	Turkey Vegetable and Barley	Vegetable Puree	Roasted Garlic and Caramelized Onion in Beef Broth	Broccoli Puree	Potato Leek
Choice#1	Perogies with Herb Sour Cream and Caramelized Onion	Apple Celery and Arugula Salad w/ Crab	Toasted B.L.T. Sandwich on Brown Bread	T&T Warp (Tuna Salad and Tabbouleh)	Fish & Chips with Lemon and Coleslaw	Western Sandwich on Whole Wheat	Waffles w/ Apricot Compote and Fresh Fruit
Choice # 2	Turkey and Ham Club Sandwich	Over Easy Eggs with Home Fries and Hot House Tomato Rounds	Greek Salad w/ Baked Roll	Broiled Hamburger w/ Traditional Garnish	Open Faced Tomato Cucumber Fried Capers w/ Dill Cream Cheese	Karaage Chicken w/ Pickled Cucumber Salad	Peameal Bacon with Swiss Sandwich
Dessert	Fruit Cup, Jello, Mocha Mousse Square, Cookies, Pudding, Ice Cream	Fruit Cup, Jello, Mocha Mousse Square, Cookies, Pudding, Ice Cream	Fruit Cup, Jello, Mocha Mousse Square, Cookies, Pudding, Ice Cream	Fruit Cup, Jello, Mocha Mousse Square, Cookies, Pudding, Ice Cream	Fruit Cup, Jello, Mocha Mousse Square, Cookies, Pudding, Ice Cream	Fruit Cup, Jello, Mocha Mousse Square, Cookies, Pudding, Ice Cream	Fruit Cup, Jello, Mocha Mousse Square, Cookies, Pudding, Ice Cream
Dinner							
Appetizer #1	Garden Salad	Double Onion Dip with Pita	Kale and Cranberry Poppy Seed Salad	Spring Roll with Plum Sauce	Caesar Salad	Tempura Shrimp w/ Hot and Sour	Mandarin and Almond Spinach Salad
Entree #1	Cheese Stuffed Tortellini w/ Blush Sauce	Tomato Feta and Basil Crusted Sole Fillet	Caramelized Onion and Bacon topped Schnitzel w/ Fried Egg	Stuffed Cabbage Rolls	Turkey and Spinach Lasagna w/ Garlic Bread	Cranberry and Pecan Crusted Pork Loin	Beef Stew Braised in Stout w/ Yorkshire Pudding
Entrée #2	Honey Glazed Ham with Apple Sauce	Sheppard's Pie	Chicken Pot Pie	Braised Lamb Shoulder Chop	Shrimp and Scallop Skewer	Veal Stroganoff Stew	Pan Seared Rainbow Trout w/ Tomato Olive Salsa
Potato & Vegetables of the Day	Sweet Potato Puree Green Beans & Corn	Mashed Potato Cranberry Sautee Brussel Sprouts and Roasted Turnip	Parsley Boiled Potato, Broccoli and Cauliflower	Lemon Smashed Parmesan Potato Pesto Zucchini, Squash Puree	Saffron Rice Chefs Vegetables	Roasted Potato Honey Glazed Carrots and Peas	Parisian Potatoes Vegetable Medley
Dessert	Coconut Pudding	Chef Surprise Dessert	German Chocolate Cake	Chef Surprise Dessert	Apple Blossom	Chef Surprise Dessert	Sunday Pie