

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Emotional Intellectual Physical Purposeful Social Spiritual	<b>Location Keys</b> 3rd Floor Activity Room 3AR Bistro/Bar B Country Kitchen CK Fireside Lounge FL Lower Level LL Salon/Spa S Theatre/Chapel TC	<b>PINK - Services Offered</b> <b>LIGHT BLUE - Outings</b> <b>BLUE - Musical Entertainment</b> <b>GREEN - Living Loving Local</b> <b>ORANGE - Resident Meetings</b>	<b>BEAUTIFUL YOU SALON &amp; SPA</b> Make your hair and nail appointments with our Reception team. <b>Salon Hours:</b> <b>Wednesdays &amp; Thursdays starting @ 9:00am</b>	<b>TUCK SHOP</b> Have you seen the new items we've added to the Tuck Shop? All items that you wish to purchase must be brought up to Reception to complete payment. <b>Tuck Shop Hours:</b> <b>Monday-Friday 1:00pm-4:00pm</b>	<b>THEME DAY: Wear a Christmas Hat!</b> <b>1</b> 9:30  Busy Hands 10:30  Go4Life Walking Club 11:00  Word Twist 1:30  Let's Dance! 2:30  Snack Express 3:00  Singin' to the Oldies 4:00  Red, Green, Silver, and Gold Holiday Cheer Party! [LL] 6:30  Evening Stroll 7:00  Montessori Kits	<b>2</b> 9:30  Busy Hands 10:30  Weekend Workout 11:00  Jigsaw Puzzles & Tangrams 1:30  Ping Pong Teams 2:30  Snack Express 3:00  Board Games: Snakes & Ladders 4:00  Christmas Concert w/ The Indigo Chimes Choir [FL] 6:30  Evening Stroll 7:00  Montessori Kits
9:30  Busy Hands <b>3</b> 10:30  Pet Visit from Harley 10:30  Weekend Workout 11:00  Classic Card Game: Crazy 8's 11:00  Communion [TC] 1:30  Basketball Game 2:30  Snack Express 3:00  Picture Bingo 4:00  Flower Arrangements 6:30  Evening Stroll 7:00  Montessori Kits	<b>Happy Birthday Don!</b> <b>4</b> 9:30  Busy Hands 10:00  Chiropodist [S] 10:30  Go4Life Walking Club 11:00  Who's That Celebrity? 1:30  Making Cupcakes for Don's Birthday! 2:30  Snack Express 3:00  Simple Stretch Class w/ Alex 4:00  Armchair Travel to...Holland 6:30  Evening Stroll 7:00  Montessori Kits	<b>5</b> 9:30  Busy Hands 10:30  Sit & Be Fit 11:00  Fact or Fiction? 1:30  Knits & Pieces w/ Courtney 2:30  Cranberry Snack Social 3:00  Palettes and Paintbrushes 4:00  Name 10... 6:30  Evening Stroll 7:00  Christmas Concert w/ Good News Choir! [FL] 7:00  Montessori Kits	<b>6</b> 9:30  Busy Hands 10:30  Go4Life Walking Club 11:00  Guinness Book of World Records 1:30  Baking Holiday Treats 2:30  Snack Express 3:00  Entertainment w/ Jay Franco! [3AR] 4:00  Finish the Phrase 6:30  Evening Stroll 7:00  Montessori Kits	<b>7</b> 9:30  Busy Hands 10:30  Meet Me at The MoMA 11:00  Trivial Pursuit 12:00  DIY Pizza Lunch 1:30  10 Pin Bowling 2:30  Blueberry Snack Social 3:00  Simple Stretch Class w/ Alex 4:00  Hymn Sing 6:30  Evening Stroll 7:00  Montessori Kits	<b>THEME DAY: Wear a Christmas Sweater!</b> <b>8</b> 9:30  Busy Hands 10:30  Go4Life Walking Club 11:00  Word Twist 1:30  Let's Dance! 2:30  Snack Express 3:00  Singin' to the Oldies 4:00  You Be The Judge 6:30  Evening Stroll 7:00  Sing-a-long w/ Gloria! [B] 7:00  Montessori Kits	<b>9</b> 9:30  Busy Hands 10:30  Weekend Workout 11:00  Jigsaw Puzzles & Tangrams 1:30  Ping Pong Teams 2:30  Snack Express 3:00  Christmas Carolers from St. Joseph's Church [FL] 4:00  Colour Your World 6:30  Evening Stroll 7:00  Montessori Kits
9:30  Busy Hands <b>10</b> 10:30  Weekend Workout 11:00  Classic Card Game: Crazy 8's 11:00  Communion [TC] 1:00  Pet Therapy Visit from Harley 1:30  Basketball Game 2:30  Snack Express 3:00  Entertainment w/ Pianist, Dan Clahanel [FL] 3:00  Picture Bingo 4:00  Flower Arrangements 6:30  Evening Stroll 7:00  Montessori Kits	<b>11</b> 9:30  Busy Hands 10:30  Go4Life Walking Club 11:00  Who's That Celebrity? 1:30  Bullseye Bean Bag Toss 2:30  Snack Express 3:00  Simple Stretch Class 4:00  Armchair Travel to...Kenya 6:30  Evening Stroll 7:00  Montessori Kits	<b>12</b> 9:30  Busy Hands 10:30  Sit & Be Fit 11:00  Fact or Fiction? 1:30  Knits & Pieces w/ Courtney 2:30  Smoothie Snack Social 2:30  Snack Express 3:00  Palettes and Paintbrushes 4:00  Name 10... 6:30  Evening Stroll 7:00  The Alzheimer's Society of Peel Presents: Raising Voices Choir [LL]	<b>13</b> 9:30  Busy Hands 10:30  Go4Life Walking Club 11:00  Guinness Book of World Records 1:30  Baking Holiday Treats 2:30  Snack Express 3:00  Entertainment w/ Janelle Heath! [CK] 4:00  Finish the Phrase 5:00  LLL: Cranberry Themed Dinner 6:30  Evening Stroll 7:00  Montessori Kits	<b>14</b> 9:30  Busy Hands 10:30  Meet Me at The MoMA: Artist Lecture 11:00  Trivial Pursuit 1:30  The Baker's Table: Homemade Pizza! 2:30  Raisins Snack Social 3:00  Simple Stretch Class 4:00  Hymn Sing 6:30  Evening Stroll 7:00  Montessori Kits	<b>THEME DAY: Wear Red &amp; Green!</b> <b>15</b> 9:30  Busy Hands 10:30  Go4Life Walking Club 11:00  Word Twist 1:30  Let's Dance! 2:30  Snack Express 3:00  Singin' to the Oldies 4:00  You Be The Judge 6:30  Evening Stroll 7:00  Montessori Kits	<b>16</b> 9:30  Busy Hands 10:30  Weekend Workout 11:00  Jigsaw Puzzles & Tangrams 1:30  Ping Pong Teams 2:30  Snack Express 3:00  Board Games: Snakes & Ladders 4:00  Colour Your World 6:30  Evening Stroll 7:00  Montessori Kits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Busy Hands 17</p> <p>10:30 Weekend Workout</p> <p>11:00 Annual Christmas Brunch &amp; Christmas Craft Sale [LL]</p> <p>11:00 Communion [TC]</p> <p>1:00 Pet Visit from Harley</p> <p>1:30 Basketball Game</p> <p>2:30 Snack Express</p> <p>3:00 Christmas Show w/ Joe Thomson!</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p>9:30 Busy Hands 18</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Who's That Celebrity?</p> <p>1:30 Bullseye Bean Bag Toss</p> <p>2:30 Snack Express</p> <p>3:00 Simple Stretch Class</p> <p>4:00 Armchair Travel to...Peru</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p>9:30 Busy Hands 19</p> <p>10:30 Sit &amp; Be Fit</p> <p>11:00 Fact or Fiction?</p> <p>1:30 Knits &amp; Pieces w/ Courtney</p> <p>2:30 Ice Cream Sundae Snack Social</p> <p>2:30 Snack Express</p> <p>3:00 Palettes and Paintbrushes</p> <p>4:00 Name 10...</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p>9:30 Busy Hands 20</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Guinness Book of World Records</p> <p>1:30 Baking Holiday Treats</p> <p>2:30 Snack Express</p> <p>3:00 Sing Along w/ Suzie Q!</p> <p>4:00 Finish the Phrase</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p>9:30 Busy Hands 21</p> <p>10:30 Meet Me at The MoMA: Painting Session</p> <p>11:00 Trivial Pursuit</p> <p>1:30 10 Pin Bowling</p> <p>2:30 Banana Snack Social</p> <p>3:00 Simple Stretch Class</p> <p>4:00 Hymn Sing</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p><b>THEME DAY: Wear Your PJs!</b> 22</p> <p>9:30 Busy Hands</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Christmas Storyteller, Barb Vollick [3AR]</p> <p>1:30 Let's Dance!</p> <p>2:30 Snack Express</p> <p>3:00 Singin' to the Oldies</p> <p>4:00 You Be The Judge</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p>9:30 Busy Hands 23</p> <p>10:30 Weekend Workout</p> <p>11:00 Jigsaw Puzzles &amp; Tangrams</p> <p>1:30 Ping Pong Teams</p> <p>2:30 Snack Express</p> <p>3:00 Board Games: Snakes &amp; Ladders</p> <p>4:00 Colour Your World</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>
<p>9:30 Busy Hands 24</p> <p>10:00 Pet Visit from Harley</p> <p>10:30 Weekend Workout</p> <p>11:00 Classic Card Game: Crazy 8's</p> <p>11:00 Communion [TC]</p> <p>1:30 Basketball Game</p> <p>2:30 Snack Express</p> <p>3:30 Holiday Sing-a-long w/ Gloria [B]</p> <p>5:00 Christmas Eve Dinner</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p><b>Christmas Day</b> 25</p> <p>9:30 Busy Hands</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Who's That Celebrity?</p> <p>1:30 Bullseye Bean Bag Toss</p> <p>2:30 Snack Express</p> <p>3:00 Simple Stretch Class</p> <p>4:00 Armchair Travel to...The Arctic</p> <p>5:00 Christmas Dinner</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p><b>Boxing Day</b> 26</p> <p>9:30 Busy Hands</p> <p>10:30 Sit &amp; Be Fit</p> <p>11:00 Fact or Fiction?</p> <p>1:30 Knits &amp; Pieces w/ Courtney</p> <p>2:30 Apple Snack Social</p> <p>2:30 Snack Express</p> <p>3:00 Palettes and Paintbrushes</p> <p>4:00 Name 10...</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p>9:30 Busy Hands 27</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Guinness Book of World Records</p> <p>1:30 Baking Holiday Treats</p> <p>2:30 Snack Express</p> <p>3:00 Entertainment w/ Pianist, Martin Wall! [FL]</p> <p>4:00 Finish the Phrase</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p>9:30 Busy Hands 28</p> <p>10:30 Meet Me at The MoMA: Artist Lecture</p> <p>11:00 Trivial Pursuit</p> <p>1:30 10 Pin Bowling</p> <p>2:30 Carrot Snack Social</p> <p>3:00 Simple Stretch Class</p> <p>4:00 Hymn Sing</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p>9:30 Busy Hands 29</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Word Twist</p> <p>1:30 Let's Dance!</p> <p>2:30 Snack Express</p> <p>3:00 Singin' to the Oldies</p> <p>4:00 You Be The Judge</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>	<p>9:30 Busy Hands 30</p> <p>10:30 Weekend Workout</p> <p>11:00 Jigsaw Puzzles &amp; Tangrams</p> <p>1:00 Family &amp; Friends Christmas Tea</p> <p>4:00 Colour Your World</p> <p>6:30 Evening Stroll</p> <p>7:00 Montessori Kits</p>
<p>9:30 Busy Hands 31</p> <p>10:00 Pet Visit from Harley</p> <p>10:30 Weekend Workout</p> <p>11:00 Classic Card Game: Crazy 8's</p> <p>11:00 Communion [TC]</p> <p>1:30 Basketball Game</p> <p>2:30 Snack Express</p> <p>3:00 Picture Bingo</p> <p>4:00 Flower Arrangements</p> <p>6:30 Evening Stroll</p> <p>7:00 New Year's Eve Gala w/ Mississauga Big Band [CK]</p>	<p style="text-align: center;"><b>Happy Holidays!</b></p> <p style="text-align: center;"><b>The Credit River Team wishes you all a very happy holiday season. Whether you celebrate Christmas, Kwanzaa, Hanukkah, Diwali, or another special day, we wish you a happy, safe, and healthy time! We are all looking forward to seeing your family and friends at our upcoming brunch on Sunday, December 17.</b></p> <p style="text-align: center;"><b>Please know that despite the holidays, activities happen every single day here at Credit River. There are lots of options to keep you busy!</b></p>					