

CHEF'S WEEKLY MENU PLAN

Week #2	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	December 4	December 5	December 6	December 7	December 8	December 9	December 10
Soup of the Day	Hearty Bean w/ Braised Cabbage	Hearty Vegetable And Barley	Split Pea and Ham	Chicken Noodle	Potato Bacon and Horseradish	Seven Onion Soup	Tomato Bisque
Choice#1	Sausage Tater Tots Hash w/ Sunny Side Egg	Monte Cristo Sandwich	Tuna Salad Sandwich on Baked Croissant	Julienne Salad	Fish and Chips with Coleslaw	Pastrami on Rye w/ Dijon Mustard	Chicken Salad Sandwich
Choice #2	Grilled Cheese Sandwich on Whole wheat	Chop House Salad	Cream of Mushroom Mac and Cheese Bake	Chicken Quesadillas w/ Sour Cream and salsa	Turkey Lettuce and Tomato Sandwich	Western Sandwich on Whole Wheat	Pancakes w/ Maple Syrup and Breakfast Sausage
Dessert	Fruit Cup, Jello, Pudding Boston Cream Cake, Cookies Assorted Ice Cream	Fruit Cup, Jello, Pudding Boston Cream Cake, Cookies Assorted Ice Cream	Fruit Cup, Jello, Pudding Boston Cream Cake, Cookies Assorted Ice Cream	Fruit Cup, Jello, Pudding Boston Cream Cake, Cookies Assorted Ice Cream	Fruit Cup, Jello, Pudding Boston Cream Cake, Cookies Assorted Ice Cream	Fruit Cup, Jello, Pudding Boston Cream Cake, Cookies Assorted Ice Cream	Fruit Cup, Jello, Pudding Boston Cream Cake, Cookies Assorted Ice Cream
Dinner							
Appetizer #1	Beet Salad	Garlic Cheese Bread	Greek Pasta Salad	Guacamole w/ Tortilla Chips	Caesar Salad	Egg Rolls w/ Plum Sauce	Garden Salad
Entree #1	Broiled Bratwurst Sausage w/ Sautee Onion and peppers	Winter Chicken Stew w/ Cubed turnip and Sweet potato	Baked Sole w/ Spinach and Crab Sautee	Braised Beef and Mushroom Ragout	BBQ Broiled Ribs	Sheppard's Pie	Boiled Brisket of Beef
Entrée #2	Poached Tilapia w/ Lemon pepper	Asian Crispy Pork and Vegetable Bowl	Caribbean Curry Lamb	Turkey Stroganoff Stew w/ Sour Cream	Ontario Apple Leek and Duck Strudel	Shrimp and Broccoli Fettuccini Alfredo	Herb Roasted Pork Loin w/ Balsamic Truffle Jus
Potato & Vegetables of the Day	Roasted Potato, Carrots and Beans	Basmati Rice, Vegetable Sautee	Mashed Potato, Bok Choy and Baby Corn	Pappardelle Noodles, Broccoli and Pepper Triangles	Baked Potatoes, Corn Puree and Asparagus	Piped Mashed Potato, Roasted Turnip and Broccoli	Parisian Potato, Cauliflower and Pea Puree
Dessert	Mango Mousse Square	Chef Surprise	Peach Flan	Chef Surprise	Spiced Apples w/ Vanilla Ice Cream	Chef Surprise	Blueberry Pie