

CHEF'S WEEKLY MENU PLAN

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	January 22	January 23	January 24	January 25	January 26	January 27	January 28
Soup of the Day	Cauliflower Puree	Chicken Vegetable Rice	Bacon Potato and Cheddar	Vegetable Lentil	Seafood Chowder	Beef Noodle	Cream of Mushroom
Choice #1	Smoked Turkey and Danish Blue Salad	Assorted Deli Sub on Soft Portuguese Bun	Chili Cheese Dog w/ Baked Beans	BBQ Roast Beef Wrap	Fruit Plate w/ Cottage cheese and Scone	Chicken Salad Sandwich	Bacon Mac and Cheese
Choice #2	Cinnamon French Toast w/ Maple Syrup	Potato and Cheddar Perogies w/ Sour Cream and Sautee Onions	B.L.T Panzanella Salad	Open Faced Black Bean Veggie Burger	Fish & Chips With Coleslaw and French Fries	Vegetable Quiche w/ Chefs Salad	Tuna Salad Sandwich on 12 grain Bread
Dessert	Fruit Cup, Jell-O, Tiramisu Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Tiramisu Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Tiramisu Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Tiramisu Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Tiramisu Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Tiramisu Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Tiramisu Cake, Homemade Cookies, Assorted Ice Cream
Dinner							
Appetizer #1	Veg and Spinach Dip	Golden Beet Salad	Fish Nuggets w/ Tartar Dip	Greek Salad	Tuscan Bean Salad	Garden Salad	Spring rolls w/ Plum Sauce
Entree #1	Lamb Sausage Patty w/ Whisky Cream Sauce	Baked Honey Ham	Boiled Brisket of Beef	Chicken Cordon Bleu w/ Béchamel	Turkey Pot Pie	Beef Goulash w/ Sour Cream Dollop	Roasted Veal w/ Peppercorn Sauce
Entrée #2	Baked Crispy Chicken w/ Herb Jus	Baked Rainbow Trout w/ Béarnaise Sauce	Bangers Sausage in onion Gravy	Roasted Pork Loin w/ Pan sauce	Veggie Pesto Pasta tossed in Tomato Sauce	Tempura Battered Shrimp w/ Sweet and Sour	Pan Seared Pickerel w/ Fresh Lemon Wedge
Potato & Vegetables of the Day	Scallop Potato Gratin, Asparagus and Roasted Parsnip	Boiled Potato, Cauliflower and Carrots	Mashed Potato Braised Cabbage and Peas	Roasted Potato Brussel Sprouts & Butternut Squash Puree	Roasted Sweet potato and Broccoli	Saffron Rice, Julienne Vegetables	Mashed Potato Roasted Red Onions Green Bean Sautee
Dessert	Coconut Cream Pie	Chef Surprise Dessert	Mango Mousse Square	Chef Surprise Dessert	Boston Cream Pie	Chef Surprise Dessert	Pecan Pie