

CHEF'S WEEKLY MENU PLAN

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	February 12	February 13	February 14	February 15	February 16	February 17	February 18
Soup of the Day	Hearty Vegetable Noodle	Pea and Potato Puree	Tomato and Crab Bisque	Carrot Orange and Ginger	Split Pea and Ham	Chicken Chick Pea and Barley	Vegetable Puree
Choice#1	Crispy chicken Sandwich w/ Caramelized Onion & Bacon Mayo	Cuban Sandwich on Portuguese Bun	Smoked Salmon Cream Cheese on Baked Croissant w/ Tomato Cucumber Salsa	Monte Cristo Sandwich	Fish and Chips w/ Coleslaw	Philly Cheese Steak Mac and Cheese w/ Chefs Salad	Scrambled Eggs w/ Breakfast Sausage and Toast Points
Choice #2	Broccoli and Cheese Frittata Soufflé	Greek Salad on Warm Pita	Apple Celery Turkey Wrap	Nicoise Salad (Boiled egg, Tuna and Olives)	Fruit Plate w/ Cottage cheese and Baked Muffin	Western Sandwich on Brown Bread	Cobb Salad
Dessert	Fruit Cup, Jell-O, Homemade Cookies, Date Bar Square, Ice Cream	Fruit Cup, Jell-O, Homemade Cookies, Date Bar Square, Ice Cream	Fruit Cup, Jell-O, Homemade Cookies, Date Bar Square, Ice Cream	Fruit Cup, Jell-O, Homemade Cookies, Date Bar Square, Ice Cream	Fruit Cup, Jell-O, Homemade Cookies, Date Bar Square, Ice Cream	Fruit Cup, Jell-O, Homemade Cookies, Date Bar Square, Ice Cream	Fruit Cup, Jell-O, Homemade Cookies, Date Bar Square, Ice Cream
Dinner							
Appetizer #1	Mediterranean Salad	Bean Dip w/ Tortilla Crisps	Valentines Day Dinner	Caesar Salad	Battered Cauliflower w/ Hoisin Plum Sauce	Classic French Salad	Spring Salad with Mandarins
Entree #1	Roasted Veal w/ Peppercorn Jus	Creamy Lemon Basil Shrimp Pasta	Valentines Day Dinner	Curry Lamb Stew	Dill and Butter Poached Rainbow Trout	Braised Stuffed Peppers	Roast Beef with Burgundy Sauce
Entrée #2	Honey Hoisin and Glazed Cod	Pork Chops w/ Mushroom Gravy	Valentines Day Dinner	Lemon Pepper Roasted Chicken Legs	BBQ glazed Meatloaf w/ Gravy	Turkey Pot Pie	Portobello and Cheese Stuffed Manicotti w/ tomato Sauce
Potato & Vegetables of the Day	Sweet Potato Mashed, Asparagus, Red Onion and Corn Sautee	Baked Potato, Braised Cabbage and Zucchini	Valentines Day Dinner	Basmati Rice Roasted Cauliflower and Peas	Boiled Dill Potato Vegetable Medley	Roasted Potato, Green Beans and Mashed Turnip	Mashed Potatoes, Roasted Squash and Broccoli
Dessert	Apple Crumble	Chef Surprise Dessert	Valentines Day Dinner	Chef Surprise Dessert	Cheese Cake	Chef Surprise Dessert	Cherry Pie