

CHEF'S WEEKLY MENU PLAN

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	March 6	March 7	March 8	March 9	March 10	March 11	March 12
Soup of the Day	Vegetable Beef Barley	Broccoli Puree	Chicken and Pork Wonton	Caribbean Split Pea	Turkey Vegetable and Rice	Sausage Corn and Kale Chowder	Tomato Bisque
Choice#1	Vegetable Breakfast Omelet on Bagel	Crab Salad Sandwich on Baked Croissant	Cheese Burger on Portuguese Bun	BBQ Chicken Chop House Salad	Pastrami Sandwich on Marble Rye w/ Lettuce and Tomato	Smoked Turkey Harvest Salad w/ Maple Vinaigrette	Peameal Back Bacon Sandwich on Kaiser
Choice #2	Ham and Cheese Sandwich Honey Dijon Mayo	Blue Cheese Bacon and Boiled Egg Salad	Smoked Salmon wrap with Cucumber and Pickled Red Onion	Poached Eggs on Mushroom Tomato Sautee	Fish & Chips With Coleslaw	Grilled Tomato and Cheese Sandwich	French Toast w/ Maple Syrup
Dessert	Fruit Cup, Jello, Pudding, Boston Cream Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Boston Cream Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Boston Cream Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Boston Cream Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Boston Cream Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Boston Cream Cake, Homemade Cookies, Assorted Ice Cream	Fruit Cup, Jello, Pudding, Boston Cream Cake, Homemade Cookies, Assorted Ice Cream
Dinner							
Appetizer #1	Garden Salad	Greek Salad	Rosemary Focaccia w/ Roasted Tomato Dip	Orzo Pasta Salad	Crispy Potato Rolls	Caesar Salad	Nacho's w/ Fresh Salas and Sour Cream
Entree #1	BBQ Chicken Kebab	Pan Seared Rainbow Trout with Dill Sauce	Veal Bolognaise Pasta (Meat Sauce) w/ Garlic Cheese Bread	Shrimp Stir Fry	Lamb Meatballs Braised in Tomato Sauce w/ Feta Snow	Tomato Basil Sole Rollup w/ Brown Butter Sauce	Roast Beef w/ Peppercorn Jus and Yorkshire Pudding
Entrée #2	Beef and Rice Stuffed Pepper in Tomato Sauce	Roasted Pork Shoulder w/ Dijon Mustard Jus	Baked Chicken Breast in Tarragon Mushroom Sauce	Sweet and Sour Crispy Pork	Turkey Stew over Puff Pastry Dome	Bacon Broccoli and Cheddar Stuffed Potato w/ Sour Cream	Butternut Squash Ravioli with Pulled Duck Ragout
Potato & Vegetables of the Day	Lemon Herb Potato, Roasted Zucchini and Parsnips	Parisian Potato, Parmesan Roma Tomato Half and Asparagus	Mashed Potatoes, Peas and Cabbage	Vegetable fried Rice and Sautee Bean Sprouts	Buttered Egg Noodle, Green Beans and Cauliflower	Baked Potatoes, Broccoli and Corn	Mashed Potato Roasted Root Vegetables
Dessert	Apple Sauce w/ Cinnamon	Chef Surprise Dessert	Chocolate Éclair	Chef Surprise Dessert	Raspberry Mousse Square	Chef Surprise Dessert	Pecan Pie