

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Emotional Intellectual Physical Purposeful Social Spiritual	<p>Location Keys</p> <p>Bistro/Bar B Country Kitchen CK Lower Level LL Meet at Entrance E Private Dining Room PDR Theatre/Chapel TC</p>	<p>PINK - Services Offered</p> <p>LIGHT BLUE - Outings</p> <p>BLUE - Musical Entertainment</p> <p>GREEN - Living Loving Local</p>	<p>BEAUTIFUL YOU SALON</p> <p>Make an appointment with Beautiful You for all of your nail and hair needs! Appointments can be made with the salon directly. If you need their contact information, please get in touch with Credit River's Receptionist.</p> <p>Hours: Wednesdays & Thursdays 9:30am-3:00pm</p>	<p>9:30 Montessori Kits 1</p> <p>10:30 Rosary [TC]</p> <p>10:45 Noodle Balloon</p> <p>11:00 Meet Me at the MoMA</p> <p>1:30 Bean Bag Toss</p> <p>2:30 Afternoon Snack & Chat</p> <p>3:00 Simple Stretch Class</p> <p>4:00 Let's Travel to...Ireland!</p> <p>7:00 TV Series: I Love Lucy</p> <p>8:30 Evening Snack Break</p>	<p>9:30 Montessori Kits 2</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Sing & Dance w/ Gloria!</p> <p>1:30 St. Paddy's Crafternoon</p> <p>2:30 Afternoon Snack & Chat</p> <p>3:00 Rania Plays Piano!</p> <p>7:00 TV Series: The Crown</p> <p>8:30 Evening Snack Break</p>	<p>9:30 Montessori Kits 3</p> <p>10:30 Ball Toss</p> <p>11:00 Matching & Sorting</p> <p>1:30 Balloon Tennis</p> <p>3:00 Afternoon Coffee & Sing-a-long [CK]</p> <p>4:00 Discussion Group: You Be the Judge</p> <p>7:00 Hockey Night in Canada</p> <p>8:30 Evening Snack Break</p>
<p>9:30 Montessori Kits 4</p> <p>11:00 Communion [TC]</p> <p>11:00 Crazy 8's</p> <p>1:00 Pet Visit from Harley</p> <p>3:00 Crosswords & Word Searches</p> <p>4:00 Hymn Sing</p> <p>7:00 Classic Movie Night</p> <p>8:30 Evening Snack Break</p>	<p>9:15 York University Art Program 5</p> <p>9:30 Montessori Kits</p> <p>10:00 Chiropodist</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Short Stories w/ Jean</p> <p>11:15 LLL Word Games</p> <p>1:30 Noodle Hockey</p> <p>3:00 Simple Stretch Class</p> <p>4:00 Current Events Discussion Group</p> <p>7:00 American's Funniest Home Videos</p> <p>8:30 Evening Snack Break</p>	<p>9:30 Montessori Kits 6</p> <p>10:30 Sit & Be Fit</p> <p>11:00 Java Music Club</p> <p>1:30 LLL Baking w/ Maple</p> <p>2:00 Knit & Natter [CK]</p> <p>3:00 Discover Benares Historic House DVD</p> <p>4:00 "I Spy"</p> <p>7:00 Funny Movie Night</p> <p>8:30 Evening Snack Break</p>	<p>9:15 York University Art Program 7</p> <p>9:30 Montessori Kits</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Travel the World w/ Google Earth</p> <p>3:00 Bible Study</p> <p>4:00 Happy Hour & Entertainment w/ Bob Maclean! [B]</p> <p>7:00 Documentary Night</p> <p>8:30 Evening Snack Break</p>	<p>9:30 Montessori Kits 8</p> <p>10:30 Rosary [TC]</p> <p>10:45 Noodle Balloon</p> <p>11:00 Meet Me at the MoMA</p> <p>1:30 Giant Kerplunk</p> <p>3:00 Simple Stretch Class</p> <p>4:00 Let's Travel to...Brazil!</p> <p>7:00 TV Series: I Love Lucy</p> <p>8:30 Evening Snack Break</p>	<p>9:30 Montessori Kits 9</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Sing & Dance w/ Gloria!</p> <p>1:30 St. Paddy's Crafternoon</p> <p>3:00 Rania Plays Piano!</p> <p>7:00 TV Series: The Crown</p> <p>8:30 Evening Snack Break</p>	<p>9:30 Montessori Kits 10</p> <p>10:30 Ball Toss</p> <p>11:00 Matching & Sorting</p> <p>1:30 Balloon Tennis</p> <p>3:00 Afternoon Coffee & Sing-a-long [CK]</p> <p>4:00 Discussion Group: You Be the Judge</p> <p>7:00 Hockey Night in Canada</p> <p>8:30 Evening Snack Break</p>
<p>9:30 Montessori Kits 11</p> <p>11:00 Communion [TC]</p> <p>11:00 Crazy 8's</p> <p>1:00 Pet Visit from Harley</p> <p>3:00 Crosswords & Word Searches</p> <p>4:00 Hymn Sing</p> <p>7:00 Classic Movie Night</p> <p>8:30 Evening Snack Break</p>	<p>9:15 York University Art Program 12</p> <p>9:30 Montessori Kits</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Short Stories w/ Jean</p> <p>11:15 LLL Word Games</p> <p>1:30 Let's Decorate for St. Paddy's!</p> <p>3:00 Simple Stretch Class</p> <p>4:00 Current Events Discussion Group</p> <p>7:00 American's Funniest Home Videos</p> <p>8:30 Evening Snack Break</p>	<p>9:30 Montessori Kits 13</p> <p>10:30 Sit & Be Fit</p> <p>11:00 Java Music Club</p> <p>1:30 Baking Club</p> <p>3:00 Celebrities of the 40s: Fun Facts & Discussion</p> <p>4:00 "I Spy"</p> <p>7:00 Funny Movie Night</p> <p>8:30 Evening Snack Break</p>	<p>9:15 York University Art Program 14</p> <p>9:30 Montessori Kits</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Travel the World w/ Google Earth</p> <p>3:00 Classic Movies: Famous Quotes & Clips</p> <p>4:00 Spot the Differences</p> <p>4:45 Living Loving Local: Maple MADNESS Dinner</p> <p>7:00 Documentary Night</p> <p>8:30 Evening Snack Break</p>	<p>Happy 2nd Birthday Credit River!!! 15</p> <p>9:30 Montessori Kits</p> <p>10:30 Rosary [TC]</p> <p>10:45 Noodle Balloon</p> <p>11:00 Meet Me at the MoMA</p> <p>1:30 Bean Bag Toss</p> <p>3:00 Credit River Birthday Party: ALL THAT JAZZ! [LL]</p> <p>3:00 Simple Stretch Class</p> <p>7:00 TV Series: I Love Lucy</p> <p>8:30 Evening Snack Break</p>	<p>9:30 Montessori Kits 16</p> <p>10:30 Go4Life Walking Club</p> <p>11:00 Sing & Dance w/ Gloria!</p> <p>1:30 Sit & Be Fit</p> <p>3:00 St. Patrick's Day Celebration w/ Brian MacIntyre & The Rogue Brogues! [CK]</p> <p>3:00 Rania Plays Piano!</p> <p>4:45 St. Patrick's Day: Irish Themed Dinner</p> <p>7:00 TV Series: The Crown</p> <p>8:30 Evening Snack Break</p>	<p>St. Patrick's Day 17</p> <p>9:30 Montessori Kits</p> <p>10:30 Ball Toss</p> <p>11:00 Matching & Sorting</p> <p>1:30 Balloon Tennis</p> <p>3:00 Afternoon Coffee & Sing-a-long [CK]</p> <p>4:00 Discussion Group: You Be the Judge</p> <p>7:00 Hockey Night in Canada</p> <p>8:30 Evening Snack Break</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:30 🧠 Ruby Makes Pancakes! 18</p> <p>9:30 🧠 Montessori Kits</p> <p>11:00 ☀️ Communion [TC]</p> <p>11:00 🧠 Crazy 8's</p> <p>1:00 😊 Pet Visit from Harley</p> <p>3:00 🧠 Crosswords & Word Searches</p> <p>4:00 ☀️ Hymn Sing</p> <p>7:00 😊 Classic Movie Night</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:15 😊 York University Art Program 19</p> <p>9:30 🧠 Montessori Kits</p> <p>10:00 🧠 Chiroprapist</p> <p>10:30 🚶 Go4Life Walking Club</p> <p>11:00 😊 Short Stories w/ Jean</p> <p>11:15 🧠 LLL Word Games</p> <p>1:30 🚶 Noodle Hockey</p> <p>3:00 🚶 Simple Stretch Class</p> <p>4:00 🧠 Current Events Discussion Group</p> <p>7:00 😊 American's Funniest Home Videos</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:30 🧠 Montessori Kits 20</p> <p>10:30 🚶 Sit & Be Fit</p> <p>11:00 😊 Java Music Club</p> <p>1:30 🧠 Baking Club</p> <p>3:00 🧠 Celebrities of the 40s: Fun Facts & Discussion</p> <p>4:00 🧠 "I Spy"</p> <p>7:00 😊 Funny Movie Night</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:15 😊 York University Art Program 21</p> <p>9:30 🧠 Montessori Kits</p> <p>10:30 🚶 Go4Life Walking Club</p> <p>11:00 🧠 Travel the World w/ Google Earth</p> <p>3:00 😊 Classic Movies: Famous Quotes & Clips</p> <p>4:00 🧠 Spot the Differences</p> <p>7:00 🧠 Documentary Night</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:30 🧠 Montessori Kits 22</p> <p>10:30 ☀️ Rosary [TC]</p> <p>10:45 🚶 Noodle Balloon</p> <p>11:00 😊 Meet Me at the MoMA</p> <p>1:30 🚶 Bean Bag Toss</p> <p>3:00 🚶 Simple Stretch Class</p> <p>4:00 🧠 Let's Travel to...China!</p> <p>7:00 😊 TV Series: I Love Lucy</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:30 🧠 Montessori Kits 23</p> <p>10:30 🚶 Go4Life Walking Club</p> <p>11:00 😊 Sing & Dance w/ Gloria!</p> <p>1:00 🚶 Outing to Ripley's Aquarium [E]</p> <p>1:30 🚶 Sit & Be Fit</p> <p>3:00 😊 Rania Plays Piano!</p> <p>7:00 😊 TV Series: The Crown</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:30 🧠 Montessori Kits 24</p> <p>10:30 🚶 Ball Toss</p> <p>11:00 🧠 Matching & Sorting</p> <p>1:30 🚶 Balloon Tennis</p> <p>3:00 😊 Afternoon Coffee & Sing-a-long [CK]</p> <p>4:00 🧠 Discussion Group: You Be the Judge</p> <p>7:00 😊 Hockey Night in Canada</p> <p>8:30 🧠 Evening Snack Break</p>
<p>9:30 🧠 Montessori Kits 25</p> <p>11:00 ☀️ Communion [TC]</p> <p>11:00 🧠 Crazy 8's</p> <p>1:00 😊 Pet Visit from Harley</p> <p>2:30 ☀️ Anglican Church Service [TC]</p> <p>3:00 🧠 Crosswords & Word Searches</p> <p>4:00 ☀️ Hymn Sing</p> <p>7:00 😊 Classic Movie Night</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:15 😊 York University Art Program 26</p> <p>9:30 🧠 Montessori Kits</p> <p>10:30 🚶 Go4Life Walking Club</p> <p>11:00 😊 Short Stories w/ Jean</p> <p>11:15 🧠 LLL Word Games</p> <p>1:30 🚶 Noodle Hockey</p> <p>3:00 🧠 March Birthday Party!! [CK]</p> <p>3:00 🚶 Simple Stretch Class</p> <p>7:00 😊 American's Funniest Home Videos</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:30 🧠 Montessori Kits 27</p> <p>10:30 🚶 Sit & Be Fit</p> <p>11:00 😊 Java Music Club</p> <p>1:30 🧠 Baking Club</p> <p>3:00 🧠 Celebrities of the 40s: Fun Facts & Discussion</p> <p>4:00 🧠 "I Spy"</p> <p>7:00 😊 Funny Movie Night</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:15 😊 York University Art Program 28</p> <p>9:30 🧠 Montessori Kits</p> <p>10:30 🚶 Go4Life Walking Club</p> <p>11:00 🧠 Travel the World w/ Google Earth</p> <p>3:00 😊 Classic Movies: Famous Quotes & Clips</p> <p>4:00 🧠 Spot the Differences</p> <p>7:00 🧠 Documentary Night</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:30 🧠 Montessori Kits 29</p> <p>10:30 ☀️ Rosary [TC]</p> <p>10:45 🚶 Noodle Balloon</p> <p>11:00 😊 Meet Me at the MoMA</p> <p>1:30 🚶 Bean Bag Toss</p> <p>3:00 🚶 Simple Stretch Class</p> <p>4:00 🧠 Let's Travel to...Ireland!</p> <p>4:45 🧠 Credit River Fine Dining Experience [PDR]</p> <p>7:00 😊 TV Series: I Love Lucy</p> <p>8:30 🧠 Evening Snack Break</p>	<p>Good Friday 30</p> <p>9:30 🧠 Montessori Kits</p> <p>10:30 🚶 Go4Life Walking Club</p> <p>11:00 😊 Sing & Dance w/ Gloria!</p> <p>1:30 🚶 Sit & Be Fit</p> <p>3:00 😊 Rania Plays Piano!</p> <p>7:00 😊 TV Series: The Crown</p> <p>8:30 🧠 Evening Snack Break</p>	<p>9:30 🧠 Montessori Kits 31</p> <p>10:30 🚶 Ball Toss</p> <p>11:00 🧠 Matching & Sorting</p> <p>1:30 🚶 Balloon Tennis</p> <p>3:00 😊 Afternoon Coffee & Sing-a-long [CK]</p> <p>4:00 🧠 Discussion Group: You Be the Judge</p> <p>7:00 😊 Hockey Night in Canada</p> <p>8:30 🧠 Evening Snack Break</p>

Alzheimer's caregivers ride the world's biggest, fastest, scariest, emotional roller coaster every day.

Bob DeMarco
AlzheimersReadingRoom.com



All activity locations and times are subject to change. Please refer to the daily activity posters in the elevators for the most up-to-date information.
Thank you!

Living Loving Local

Each month we feature a local food that is in season. For March, it's all about MAPLE MADNESS! Learn all about all things MAPLE at one of our Living Loving Local events listed on the calendar in green.

