

## CHEF'S WEEKLY MENU PLAN

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	April 16	April 17	April 18	April 19	April 20	April 21	April 22
Soup of the Day	White Bean Kale and Pork	Turkey Vegetable and Rice	Cauliflower and Potato Puree	Beef Vegetable Barley	Vegetable Puree	Chicken Noodle	Roasted Red Pepper and Tomato
Choice#1	Pastrami Sub Sandwich w/ Pickles and Horseradish Mayo	Fried Egg and Cheese Sandwich on Biscuit	Vanilla Pancakes w/ Maple Syrup	Smoked Turkey Ruben Sandwich on Marble Rye	Fish and Chips w/ Coleslaw	Mac and Cheese w/ Chefs Salad	Grilled Three Cheese Sandwich
Choice #2	Ham and Swiss Quiche	Grilled Tuna and Tomato Sandwich on Whole Wheat	Shaved Brisket of Beef Poutine	Falafel Wrap w/ Roasted Garlic Drizzle	Bacon Blue Cheese Iceberg Wedge Salad	Smoked Salmon Monte Cristo	Scrambled Eggs Breakfast Sausage and Toast
Dessert	Fruit Cup, Jell-O, Pudding Cinnamon Coffee Cake, Cookies Assorted Ice Cream	Fruit Cup, Jell-O, Pudding Cinnamon Coffee Cake, Cookies Assorted Ice Cream	Fruit Cup, Jell-O, Pudding Cinnamon Coffee Cake, Cookies Assorted Ice Cream	Fruit Cup, Jell-O, Pudding Cinnamon Coffee Cake, Cookies Assorted Ice Cream	Fruit Cup, Jell-O, Pudding Cinnamon Coffee Cake, Cookies Assorted Ice Cream	Fruit Cup, Jell-O, Pudding Cinnamon Coffee Cake, Cookies Assorted Ice Cream	Fruit Cup, Jell-O, Pudding Cinnamon Coffee Cake, Cookies Assorted Ice Cream
Dinner							
Appetizer #1	Kale and Raisin Salad Poppy Seed Dressing	Greek Salad	Popcorn Shrimp w/ Hoisin Plum Sauce	Garden Salad	Tomato Cucumber and Red Onion Village Salad	Fish Nuggets w/ Tartar Dip	Boiled Egg and Shaved Radish on Mixed Greens
Entree #1	Roasted Turkey Breast w/ Sage Gravy	Seafood Stir Fry	Veal Bolognaise	French Canadian Pork Shoulder Stew	Boiled Cottage Roll	Crispy Baked Chicken w/ House Gravy	Roasted Striploin of Beef w/ Peppercorn Gravy
Entrée #2	Lemon Dill Baked Rainbow Trout	Beef and Pineapple Sautee	Roasted Pork Loin w/ Pommary Mustard Jus	Broiled Chicken Breast w/ Olive Tomato Salsa and Feta	Coconut Curry Lamb Stew	BBQ Brushed Baby Back Ribs	Lemon Pepper Crispy Cod w/ Dill Cream Sauce (Gluten Free)
Potato & Vegetables of the Day	Roasted Potato Peas and Cauliflower	Rice Pilaf, Asian Vegetable Stir Fry	Potato Pancake, Snap Peas and Carrots	Mashed Potatoes, Braised Red Cabbage and Broccoli	Roasted Sweet Potato and Sesame Green Bean Sautee	Baked Potatoes & Asparagus and Marinated Mushrooms	Parisian Potatoes, Vegetable Medley
Dessert	Cheese Cake	Chef Surprise Dessert	Fruit Plate	Chef Surprise Dessert	Coconut Cream Pie	Chef Surprise Dessert	Blueberry Flan