

## CHEF'S WEEKLY MENU PLAN

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	May 14	May 15	May 16	May 17	May 18	May 19	May 20
Soup of the Day	Butternut Squash	Chicken Sweet Pea and Egg Drop	Broccoli and Bacon Puree	Vegetable Puree	Turkey Vegetable Noodle	Tomato Dill	Hearty Beef Vegetable
Choice#1	Ham and Cheese Sandwich w/ Avocado Mousse	Eggs over easy w/ w/ Breakfast sausage and baked Biscuit	Pulled Duck Quesadillas	Turkey and Brie Melt	Fish & Chips With Coleslaw	Scrambled Eggs w/ Home Fries, Sausage and Toast	Cobb Salad
Choice #2	Baked Vegetarian Pizza	B.L.T. Wedge Salad	Salmon Salad Sandwich on Baked Croissant	Vanilla Pancakes w/ Fresh Fruit Garnish	Chicken Caesar Wrap	Tuna Salad Plate	Grilled Cheese on Whole Wheat
Dessert	Fruit Cup, Jell-O, Black Forest Cake, Pudding, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Black Forest Cake, Pudding, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Black Forest Cake, Pudding, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Black Forest Cake, Pudding, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Black Forest Cake, Pudding, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Black Forest Cake, Pudding, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Black Forest Cake, Pudding, Cookies, Assorted Ice Cream
Dinner							
Appetizer #1	Potato and Cheese Perogies w/ Sour Cream	Mandarin Orange Salad	Vegetable Crudit� and Dip	Caesar Salad	Egg Roll w/ Hoisin Thai sauce	Garden Salad	Broccoli Bacon and Cheddar Salad
Entree #1	Pork and Vegeable Pot Stickers w/ Sweet Soya Dip	Irish Lamb Stew	Meatloaf w/ Mushroom Gravy	Seafood Crepe Gratin	Bratwurst Sausage and Braised Sauerkraut	Veal Cutlet w/ Vegetable Ragout	Roast Striploin of Beef w/ Peppercorn Sauce
Entr�e #2	Dry Rub Roasted Chicken Wings	Poached Tilapia w/ Fresh Tomato Cucumber Salsa	Lemon Herb Sole Tomato Caper Butter	Baked Honey Ham w/ Apple Sauce	Stout Braised Beef	Turkey Pot Pie	Baked Manicotti Pasta in Butternut Squash Tomato Sauce
Potato & Vegetables of the Day	Rice Pilaf Sesame Soya Cabbage Sautee and Corn	Mashed Potato, Roasted Zucchini and Peas	Baked Potato, Roasted Parsnip and Carrots	Scalloped Potato Green Beans and Roasted Chimichurri Mushrooms	Mashed Potato Brussel Sprouts And Butternut Squash	Lemon Dill Roasted Potato, Beets and Broccoli	Parisian Potatoes, Vegetable Medley
Dessert	Cookies and Cream Ice Cream w/ Wafer	Chef Surprise Dessert	Lemon Meringue Pie	Chef Surprise Dessert	Apple Crumble	Chef Surprise Dessert	Peach Pie