

## CHEF'S WEEKLY MENU PLAN

Week #1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	July 16	July 17	July 18	July 19	July 20	July 21	July 22
Soup of the Day	Split Pea and Ham	Tomato Vegetable and Kidney Bean	Beer Potato and Bacon	Turkey Vegetable Rice	Roasted Garlic and Onion	Vegetable Puree	Italian Wedding
Choice #1	Vegetable Breakfast Omelet Sandwich on Toasted Bagel	Ham and Cheese Wrap	Cold Salad plate Trio	Hot Dog on a Bun	Fresh Fruit Plate with Cottage Cheese	Poached Eggs on Toast	Pancakes w/ Maple Syrup and Crispy Bacon
Choice #2	Smoked Salmon and Mandarin Salad	Broiled Hamburger w/ Traditional Garnish	Egg Salad Sandwich on Baked Croissant	Smoked Turkey Pear and Swiss Salad	Fish and Chips w/ Coleslaw	Corned Beef on Rye	BBQ Chicken Dippers w/ Sweet Potato Fries
Dessert	Fruit Cup, Jell-O, Daily Dessert, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Daily Dessert, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Daily Dessert, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Daily Dessert, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Daily Dessert, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Daily Dessert, Cookies, Assorted Ice Cream	Fruit Cup, Jell-O, Daily Dessert, Cookies, Assorted Ice Cream
Dinner							
Appetizer #1	Garden Salad	Perogies w/ Sour Cream	Caesar Salad	Potato Rolls w/ Cheese Dip	Kale Slaw	Creamy Cucumber and Dill	Mandarin and Walnut Salad
Entree #1	Roasted Turkey Breast w/ Sage Gravy	Beef Tenderloin Tip Sautee	Boiled Cottage Rolls w/ Apple Sauce	Breaded Pork Schnitzel w/ Sauerkraut	Spaghetti and Meatballs	Herb Roasted Pork Tenderloin w/ Mushroom Gravy	Roast Beef w/ Gravy
Entrée #2	Liver Onion and Bacon	Crispy Baked Chicken w/ Herb Gravy	Lemon Dill Basa Fillet	Roasted Herb Chicken w/ Pan Jus	Braised Lamb Loins	Broiled Salmon w/ Hollandaise	Seafood Casserole w/ Cheesy Mashed Crust
Potato & Vegetables of the Day	Mashed Potatoes, Carrots and Brussel Sprouts	Rice Pilaf, Squash and Peas	Scalloped Potatoes, Vegetable Medley	Stable Boy Potato, Asparagus and Braised Red Cabbage	Boiled Parsley Potato Beets and Turnip	Parisian Potato, Broccoli Spears & Corn	Mashed Potato, Green Beans and Pepper Triangles
Dessert	Fruit Plate	Chef Surprise Dessert	Fresh Ontario Berry Bowl w/ Whipped Cream	Chef Surprise Dessert	Black Cherry Ice Cream and Wafer	Chef Surprise Dessert	Cheese Cake