

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Canada Day 1</b> 9:30 Montessori Kits 10:00 ☀️ Hymn Sing 11:00 ☀️ Communion [TC] 11:15 🎈 Balloon Tennis 2:00 🇨🇦 <b>Canada Day Celebration 2:00pm-4:00pm with Entertainment with The Dreamboats!!! [LL]</b> 2:30 🍷 Snack & Chat 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 💅 Manicures 7:30 🍷 After Dinner Social	<b>2</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 🚶 <b>Go4Life Walking Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🚶 GIANT Kerplunk 2:30 🍷 Snack & Chat 4:00 🧠 Travel & Trivia: Argentina 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🍷 You Be the Judge 7:30 🍷 After Dinner Social	<b>3</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 😊 <b>Java Music Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🍰 <b>LLL: Baking with Blueberries</b> 2:30 🍷 Sweet Treats Social 3:00 🚶 Basketball Toss 4:00 🧠 Learn Something New: Mysteries of Science 7:00 🇨🇦 <b>Credit River Campout! [PRK]</b> 7:30 🍷 After Dinner Social	<b>4</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 🚶 <b>Go4Life Walking Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🚶 Sit & Be Fit 2:30 🍷 Snack & Chat 3:00 😊 Arts & Crafts 4:00 🧠 Travelogue: USA Roadtrip 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 😊 "Night at the Movies" [TC] 7:30 🍷 After Dinner Social	<b>5</b> 9:30 Montessori Kits 10:00 🍷 <b>Beautiful You Open House (Drop-In from 10:00am-2:00pm) [S]</b> 10:30 🍷 On This Day in History... 10:30 ☀️ Rosary [TC] 11:00 😊 <b>Meet Me at the MoMA: Artist Lecture</b> 11:30 😊 Sing Songs on the Patio 2:30 🍷 Snack & Chat 3:00 🚶 Simple Stretch Class 4:00 🚶 Rhythm & Moves! 6:00 🚶 Evening Stroll (Indoor or Outdoor) 6:00 🐾 Pet Visit from Rascal 7:00 🧠 Trivia Time 7:30 🍷 After Dinner Social	<b>6</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 🚶 <b>Go4Life Walking Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🚶 Hole in One 2:30 🍷 Snack & Chat 3:00 😊 Rania Plays Piano 4:00 🧠 <b>LLL: Fun Facts About Blueberries</b> 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🧠 BINGO Night 7:30 🍷 After Dinner Social	<b>7</b> 9:30 Montessori Kits 10:00 🚶 Gentle Chairobics with Gloria [AR] 1:30 🚶 10 Pin Bowling 2:30 🍷 Snack & Chat 3:00 😊 Sing-a-long with Gloria [CK] 4:00 🧠 Hand Exercises with Thera-putty 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🧠 Animal Planet 7:30 🍷 After Dinner Social
<b>8</b> 9:30 Montessori Kits 10:00 ☀️ Hymn Sing 11:00 ☀️ Communion [TC] 11:15 🎈 Balloon Tennis 2:30 🍷 Snack & Chat 3:00 🚶 GIANT Bowling 4:00 🧠 Beads & Bracelets 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 💅 Manicures 7:30 🍷 After Dinner Social	<b>9</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 🚶 <b>Go4Life Walking Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🚶 GIANT Bowling 2:30 🍷 Snack & Chat 3:00 🚶 Simple Stretch Class 4:00 🧠 Travel & Trivia: Croatia 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🍷 You Be the Judge 7:30 🍷 After Dinner Social	<b>10</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 😊 <b>Java Music Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🍰 Baking Club 2:30 🍷 Sweet Treats Social 3:00 🚶 Ball Bounce 4:00 🧠 <b>Learn Something New: How to Grow Blueberries</b> 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🧠 Hand Massages 7:30 🍷 After Dinner Social	<b>11</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 🚶 <b>Go4Life Walking Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🚶 Sit & Be Fit 2:30 😊 <b>Entertainment w/ Duet, Matt &amp; Heather! [CK]</b> 2:30 🍷 Snack & Chat 3:30 😊 Arts & Crafts 4:00 🚶 Bucket Game (Bean Bag Toss) 5:00 🍷 <b>LLL: Blueberry Themed Dinner [DR]</b> 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 😊 "Night at the Movies" [TC] 7:30 🍷 After Dinner Social	<b>12</b> 9:30 Montessori Kits 10:00 <b>Vendor: Shumaker [LL]</b> 10:30 🍷 On This Day in History... 10:30 ☀️ Rosary [TC] 11:00 😊 <b>Meet Me at the MoMA</b> 11:30 😊 Sing Songs on the Patio 2:30 🍷 Snack & Chat 3:00 🚶 Simple Stretch Class 4:00 🚶 Rhythm & Moves! 6:00 🚶 Evening Stroll (Indoor or Outdoor) 6:00 🐾 Pet Visit from Rascal 7:00 🧠 Trivia Time 7:30 🍷 After Dinner Social	<b>13</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 🚶 <b>Go4Life Walking Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🚶 Hole in One 2:00 🍷 <b>Lemonade &amp; Music on the Patio! [P]</b> 2:30 🍷 Snack & Chat 3:00 😊 Rania Plays Piano 4:00 🧠 <b>LLL: Concentration Game</b> 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🧠 BINGO Night 7:30 🍷 After Dinner Social	<b>14</b> 9:30 Montessori Kits 10:00 🚶 Gentle Chairobics with Gloria [AR] 1:30 🚶 10 Pin Bowling 2:30 🍷 Snack & Chat 3:00 😊 Karaoke! [TC] 4:00 🧠 Hand Exercises with Thera-putty 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🧠 Planet Earth 7:30 🍷 After Dinner Social
<b>15</b> 9:30 Montessori Kits 10:00 ☀️ Hymn Sing 11:00 ☀️ Communion [TC] 11:15 🎈 Balloon Tennis 2:30 🍷 Snack & Chat 3:00 🚶 GIANT Bowling 4:00 🧠 Beads & Bracelets 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 💅 Manicures 7:30 🍷 After Dinner Social	<b>16</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 🚶 <b>Go4Life Walking Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🚶 GIANT Kerplunk 2:30 🍷 Snack & Chat 3:00 🚶 Simple Stretch Class 4:00 🧠 Travel & Trivia: Africa 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🍷 You Be the Judge 7:30 🍷 After Dinner Social	<b>17</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 😊 <b>Java Music Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🍰 Baking Club 2:30 🍷 Sweet Treats Social 3:00 🚶 Bean Bag Toss 4:00 🧠 Learn Something New: All About Bees 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 😊 <b>Piano Lounge Night with "Call It Serendipity" [FL]</b> 7:30 🍷 After Dinner Social	<b>18</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 🚶 <b>Go4Life Walking Club</b> 11:30 😊 Sing Songs on the Patio 12:00 <b>Outing: Picnic at Saddington Park (Sign-Up Required) [E]</b> 1:30 🚶 Sit & Be Fit 2:30 🍷 Snack & Chat 3:00 😊 Arts & Crafts 4:00 🧠 Buzz Word 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 😊 "Night at the Movies" [TC] 7:30 🍷 After Dinner Social	<b>19</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 10:30 ☀️ Rosary [TC] 11:00 😊 <b>Meet Me at the MoMA</b> 11:30 😊 Sing Songs on the Patio 2:30 🍷 Snack & Chat 3:00 🚶 Simple Stretch Class 4:00 🚶 Rhythm & Moves! 6:00 🚶 Evening Stroll (Indoor or Outdoor) 6:00 🐾 Pet Visit from Rascal 7:00 🧠 Trivia Time 7:30 🍷 After Dinner Social	<b>20</b> 9:30 Montessori Kits 10:30 🍷 On This Day in History... 11:00 🚶 <b>Go4Life Walking Club</b> 11:30 😊 Sing Songs on the Patio 1:30 🚶 Hole in One 2:00 🍷 <b>Ice Cream &amp; Music on the Patio! [P]</b> 2:30 🍷 Snack & Chat 3:00 😊 Rania Plays Piano 4:00 😊 Create Your Family Tree: Part 1 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🧠 BINGO Night 7:30 🍷 After Dinner Social	<b>21</b> 9:30 Montessori Kits 10:00 🚶 Gentle Chairobics with Gloria [AR] 1:30 🚶 10 Pin Bowling 2:30 🍷 Snack & Chat 3:00 😊 Sing-a-long with Gloria [CK] 4:00 🧠 Hand Exercises with Thera-putty 6:00 🚶 Evening Stroll (Indoor or Outdoor) 7:00 🧠 How It's Made 7:30 🍷 After Dinner Social

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:30 Montessori Kits <b>22</b></p> <p>10:00 ☀️ Hymn Sing</p> <p>11:00 ☀️ Communion [TC]</p> <p>11:15 🎾 Balloon Tennis</p> <p>2:30 ☀️ <b>Anglican Church Service [TC]</b></p> <p>2:30 🧑‍🤝🧑 Snack &amp; Chat</p> <p>3:00 🎯 GIANT Bowling</p> <p>4:00 🧠 Beads &amp; Bracelets</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>7:00 Manicures</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>	<p>9:30 Montessori Kits <b>23</b></p> <p>10:30 🧑‍🤝🧑 On This Day in History...</p> <p>11:00 🌿 <b>Go4Life Walking Club</b></p> <p>11:30 😊 Sing Songs on the Patio</p> <p>1:30 🎯 GIANT Bowling</p> <p>2:30 🧑‍🤝🧑 Snack &amp; Chat</p> <p>3:00 🌿 Simple Stretch Class</p> <p>4:00 🧠 Travel &amp; Trivia: Mexico</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>7:00 🧑‍🤝🧑 You Be the Judge</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>	<p>9:30 Montessori Kits <b>24</b></p> <p>10:30 🧑‍🤝🧑 On This Day in History...</p> <p>11:00 😊 <b>Java Music Club</b></p> <p>11:30 😊 Sing Songs on the Patio</p> <p>1:30 🎁 Baking Club</p> <p>2:30 🧑‍🤝🧑 Sweet Treats Social</p> <p>3:00 🎯 Noodle Hockey</p> <p>4:00 🧠 Learn Something New: German for Beginners</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>7:00 Hand Massages</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>	<p>9:30 Montessori Kits <b>25</b></p> <p>10:30 🧑‍🤝🧑 On This Day in History...</p> <p>11:00 🌿 <b>Go4Life Walking Club</b></p> <p>11:30 😊 Sing Songs on the Patio</p> <p>1:30 🌿 Sit &amp; Be Fit</p> <p>2:30 🧑‍🤝🧑 Snack &amp; Chat</p> <p>3:00 😊 Arts &amp; Crafts</p> <p>4:00 🧠 Snakes &amp; Ladders</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>7:00 😊 "Night at the Movies" [TC]</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>	<p>9:30 Montessori Kits <b>26</b></p> <p>10:30 🧑‍🤝🧑 On This Day in History...</p> <p>10:30 ☀️ Rosary [TC]</p> <p>11:00 😊 <b>Meet Me at the MoMA</b></p> <p>11:30 😊 Sing Songs on the Patio</p> <p>2:30 🧑‍🤝🧑 Snack &amp; Chat</p> <p>3:00 🌿 Simple Stretch Class</p> <p>4:00 🎵 Rhythm &amp; Moves!</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>6:00 Pet Visit from Rascal</p> <p>7:00 🧠 Trivia Time</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>	<p>9:30 Montessori Kits <b>27</b></p> <p>10:30 🧑‍🤝🧑 On This Day in History...</p> <p>11:00 🌿 <b>Go4Life Walking Club</b></p> <p>11:30 😊 Sing Songs on the Patio</p> <p>1:30 🌿 Hole in One</p> <p>2:30 🧑‍🤝🧑 Snack &amp; Chat</p> <p>3:00 😊 Rania Plays Piano</p> <p>4:00 😊 Create Your Family Tree: Part 2</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>7:00 🧠 BINGO Night</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>	<p>9:30 Montessori Kits <b>28</b></p> <p>10:00 🌿 Gentle Chairobics with Gloria [AR]</p> <p>1:30 🎯 10 Pin Bowling</p> <p>2:30 🧑‍🤝🧑 Snack &amp; Chat</p> <p>3:00 😊 Sound of Music Sing-a-long</p> <p>4:00 Hand Exercises with Thera-putty</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>7:00 😊 Kids Say the Darnedest Things</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>

<p>9:30 Montessori Kits <b>29</b></p> <p>10:00 ☀️ Hymn Sing</p> <p>11:00 ☀️ Communion [TC]</p> <p>11:15 🎾 Balloon Tennis</p> <p>2:30 🧑‍🤝🧑 Snack &amp; Chat</p> <p>3:00 🎯 GIANT Bowling</p> <p>4:00 🧠 Beads &amp; Bracelets</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>7:00 Manicures</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>
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<p>9:30 Montessori Kits <b>30</b></p> <p>10:30 🧑‍🤝🧑 On This Day in History...</p> <p>11:00 🌿 <b>Go4Life Walking Club</b></p> <p>11:30 😊 Sing Songs on the Patio</p> <p>1:30 🎯 GIANT Kerplunk</p> <p>2:30 🧑‍🤝🧑 Snack &amp; Chat</p> <p>3:00 🌿 Simple Stretch Class</p> <p>4:00 🧠 Travel &amp; Trivia: Alaska</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>7:00 🧑‍🤝🧑 You Be the Judge</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>
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<p>9:30 Montessori Kits <b>31</b></p> <p>10:30 🧑‍🤝🧑 On This Day in History...</p> <p>11:00 😊 <b>Java Music Club</b></p> <p>11:30 😊 Sing Songs on the Patio</p> <p>1:30 🎁 Baking Club</p> <p>2:30 🧑‍🤝🧑 Sweet Treats Social</p> <p>4:00 🧠 Learn Something New: British Slang</p> <p>6:00 🌿 Evening Stroll (Indoor or Outdoor)</p> <p>7:00 Hand Massages</p> <p>7:30 🧑‍🤝🧑 After Dinner Social</p>
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**PINK - Services Offered**

**LIGHT BLUE - Outings**

**BLUE - Musical Entertainment**

**GREEN - Living Loving Local**

- 😊 Emotional
- 🧠 Intellectual/Cognitive
- 🌿 Physical
- 🎁 Purposeful
- 🧑‍🤝🧑 Social
- ☀️ Spiritual



Location Keys	
Activity Room	AR
Country Kitchen	CK
Dining Room	DR
Fireside Lounge	FL
Lower Level	LL
Meet at Entrance	E
Parkette	PRK
Patio	P
Salon/Spa	S
Theatre/Chapel	TC

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**Hours:**  
**Wednesdays & Thursdays**  
**9:30am-3:30pm**

**Interested in Volunteering?**

*"The meaning of life is to find your gift.  
The purpose of life is to give it away."  
- Pablo Picasso*

Becoming a Volunteer is easy! Please contact Lisa if you, or someone you know, is interested.

[lem.creditriver@verveseniorliving.com](mailto:lem.creditriver@verveseniorliving.com)

