

CHEF'S WEEKLY MENU PLAN

Week #		ITALY					
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	November 23	November 24	November 25	November 26	November 27	November 28	November 29
Soup of the Day	Chicken Noodles	Sausage & Vegetable Soup	Potatoes & Leeks	Tomato & Rice	Beef Vegetables	Fall Vegetables	Navy Bean
Choice#1	Egg Salad Plate w/ Dinner Roll	Nathan Hot Dog w/ Side Salad	Egg Benedict w/ Ham & Sliced Fruit	Mac and Cheese w/ Wilted Greens	Fish & Chips With Coleslaw	Blueberry Pancake w/ Maple Sausage & Fruit	Ham & Cheese Omelet w/ Home Fries & Fruit
Choice #2	Meat Lovers Pizza w/ Side Salad	Caesar Salad w/ Poached Shrimps & Herb Buttered Roll	Grilled Chicken Greek Salad w/ Naan	Chef Salad w/ Egg, Swiss, Avocado, Bacon & Dinner Roll	Cucumber & Tomato Sandwich w/ Cream Cheese w/ Fries	Crispy Pork Bites w/ Garden Salad, Apples & Almonds	Cottage Cheese w/ Marble Loaf & Fresh Fruit
Dessert	Seasonal Fruits	White Chocolate & Macadamia Cookie	Vanilla Swirl Cake	Seasonal Fruits	White Chocolate & Macadamia Cookie	Vanilla Swirl Cake	Cranberry Loaf
Dinner	ITALIAN DINNER			LLL DINNER POTATOES			
Appetizer #1	Seasonal Greens	Bruschetta w/ Balsamic Drizzle	Vegetable Egg Rolls w/ Plum Sauce	Quinoa, & Vegetable Salad	Garden Salad	Vegetable Samosa w/ Plum Sauce	Caesar Salad
Entree #1	Braised Lamb Shoulder	Grilled Chicken Parmesan	Beef Stew	Roasted Turkey Breast w/ Stuffing & Gravy	BBQ Ribs	Chicken Pot Pie	Roast Beef w/ Jus
Entrée #2	Baked Snapper w/ Coconut Cream Sauce	Vegetable Lasagna w/ Rose Sauce & Garlic Bread	Maple Mustard Pork Loin w/ Jus	Poached Perch w/ Olives, Tomatoes & Lemon Salsa	Honey Garlic Chicken Ball	Penne w/ Meat Sauce & Garlic Bread	Baked Chicken Breast
Sides	Rice & Kidney Beans Broccoli & Red Pepper	Roasted Potatoes Vegetable Medley	Lyonnais Potatoes Carrot & Green Beans	Mashed Potatoes Market Vegetables	Baked Potatoes Julienne Vegetables	Boiled Potatoes Cauliflower & Roasted Mushrooms	Mashed Potatoes Roasted Root Vegetables
Dessert	Butter Tart Bar	Tiramisu	Chef's Pie	Apple Strudel	Vanilla & Almond Ice Cream Bar	Homemade Pudding	Sunday Pie

Please see your server if you have any question.