

CHEF'S WEEKLY MENU PLAN

Week #	BEACH DAY LUNCH MENU						
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lunch	February 22	February 23	February 24	February 25	February 26	February 27	February 28
Soup of the Day	Chicken Noodles	Roasted Pumpkin	Navy Bean	Potatoes & Leeks	Beef Vegetables	Fall Vegetables	Tomato & Rice
Choice#1	Cheeseburger w/ Sweet Potato Fries	BLT w/ Fries	Egg Benedict w/ Ham & Sliced Fruit	Beef Chili w/ Sour Cream, Cheddar & Garlic Cheese Bread	Fish & Chips With Coleslaw	Blueberry Pancake w/ Sausage Patty & Grapes	Scrambled Eggs w/ Bacon, Hash Brown & Side Fruit
Choice #2	Pepperoni Pizza w/ Side Salad	Niçoise Salad w/ Fingerlings, Green Beans, Cherry Tomatoes, Olives Boiled Egg & Tuna	Grilled Chicken Greek Salad w/ Dinner Rolls	Iceberg Wedge w/ Dressing, Goat Cheese, Salami, Avocado & Herb Focaccia	Cucumber & Tomato Sandwich w/ Cream Cheese w/ Fries	Smoked Salmon Salad w/ Buttered Croissant	Avocado Toast w/ Cottage Cheese, Tomato & Multigrain Toast
Dessert	Seasonal Fruits	Carrot Cake	Butterscotch Pudding	Seasonal Fruits	Carrot Cake	Butterscotch Pudding	Cranberry Loaf
Dinner				LLL DINNER POTATO			
Appetizer #1	Seasonal Greens	Sausage Roll w/ Plum Sauce	Vegetable Egg Rolls w/ Plum Sauce	Jewel Couscous Blend, & Vegetable Salad	Garden Salad	Mozzarella Sticks w/ Roasted Red Pepper Dip	Caesar Salad
Entree #1	Sweet & Sour Pork	Chicken Parmesan	Meat Lasagna w/ Garlic Bread	Roasted Turkey Breast w/ Gravy	Braised Duck Leg w/ Citrus Glaze	Pork Souvlaki w/ Chive Sour Cream	Roast Beef w/ Jus
Entrée #2	Baked Snapper w/ Coconut Cream Sauce	Roasted New Zealand Lamb w/ Mint Sauce	Salmon Wellington w/ Caper Berry Cream Sauce	Veal & Mushroom Stew	Penne w/ Tomato Sauce & Crispy Shrimps	Traditional Cottage Pie w/ Gravy	Baked Chicken Breast
Sides	Vegetable Rice Broccoli & Red Pepper	Roasted Potatoes Vegetable Medley	Lyonnais Potatoes Carrot & Green Beans	Potatoes O'Brien Market Vegetables	Kidney Beans & Rice French Beans & Corn	Boiled Potatoes Cauliflower & Roasted Mushrooms	Mashed Potatoes Roasted Root Vegetables
Dessert	Butter Tart Bar	Chef Surprised Dessert	Chef's Pie	Chef Surprised Dessert	Vanilla & Almond Ice Cream Bar	Homemade Pudding	Sunday Pie

Please see your server if you have any question.