



INSPIRED SENIOR LIVING

July 2023 Memory Care

CREDIT RIVER
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Credit River Retirement Residence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			 SATURDAY JUL 1 Canada Day			<p>Canada Day: Wear Red and White 1</p> <p>10:15 Gentle Stretch with Zoe (MC) 10:45 Weekend Indoor Walk Around the Block (MC) 1:30 Tanagrams & Puzzles (MC) 2:00 Snack Social with Household Team (MC) 3:00 Canada Day Social (LL) 4:00 Music Documentary (MC) 7:00 Entertainment with Filipa Sousa! (LL)</p>
<p>10:00 Spiritual Eldercare - Hymn Sing (MC) 2</p> <p>10:45 St. Joseph's Parish - Communion (TC) 1:30 Brain Exercises and Games (MC) 2:00 BINGO (MC) 3:00 Physical Games (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC) 7:00 Wordsearch, Crossword, Word Jumbles (MC)</p>	<p>11:00 Protestant/ Non Denominational Church Service (TC) 3</p> <p>1:15 Bean Bag Toss (MC) 2:00 Wheel of Fortune Game (MC) 3:00 Games with Diana! (MC) 3:00 Entertainment w/ Bill Hay (LL) 4:00 Nurturing Visits (MC) 5:30 Singfit (MC) 6:00 Word Jumble (MC)</p>	<p>10:30 Noodle Balloon (AL) 4</p> <p>1:30 Walking Group (OUTS) 2:00 Tea Time Social (MC) 3:00 Singfit Group Blue (MCB) 4:00 Life Skills: Help Set The Tables (MC) 5:30 Laundry Folding (MC) 6:00 Calming Colour By Number with Classical Music (MC) 7:00 Hand Massages and Reminiscing with Household Team (MC)</p>	<p>10:00 Noodle Balloon (MC) 5</p> <p>10:00 Vendor: Jewelry by Maria (LL) 10:30 Brain Worksheets (MC) 10:30 Indoor walking (MC) 1:30 Physical Games (MC) 2:00 Tea Time Social (MC) 3:00 Artful Enrichment Class: Drawing, Sketching, Painting (MC) 4:00 Gardening (MC) 6:00 BINGO with Household Team (MC)</p>	<p>10:00 Jingo & Trivia (MC) 6</p> <p>1:30 Tabletop Games with Zoe (MC) 2:00 Fall Prevention Seminar with Help Mobility (TC) 3:00 Word games (MC) 4:00 Walking Group (MC) 6:00 Night At The Opera (MC)</p>	<p>World Chocolate Day! 7</p> <p>10:00 Gentle Stretch Class (MC) 10:00 Vendor: Inga's Fashions (LL) 11:00 Java Music club (MC) 1:30 Outdoor Walking (MC) 1:30 Table Top Puzzles (MC) 1:30 Chocolate Fountain Bar! (LL) 3:00 Karaoke! All Residents and Staff - Refreshments & Snacks (LL) 4:00 Gardening on the Patio (MC) 6:00 Reminiscing Through The Years (MC) 6:00 Puzzles with Household Team (MC) 7:00 Disney: Funniest Home Videos (MC)</p>	<p>10:15 Gentle Stretch with Zoe (MC) 8</p> <p>10:45 Weekend Indoor Walk Around the Block (MC) 1:30 Wheel of Fortune (MC) 2:00 Snack Social with Household Team (MC) 3:00 Visits to MC and AL (MC) 3:00 Tanagrams & Puzzles (MC) 4:00 Music Documentary (MC) 6:00 Saturday Night Games with Household Team! (MC) 7:00 Snack Social with Household Team (MC)</p>
<p>10:00 Spiritual Eldercare - Hymn Sing (MC) 9</p> <p>10:45 St. Joseph's Parish - Communion (TC) 1:30 Brain Exercises and Games (MC) 1:30 BINGO (MC) 3:00 Entertainment w/ Nikki Ponte (LL) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC) 7:00 Wordsearch, Crossword, Word Jumbles (MC)</p>	<p>10:00 Gentle Stretch Class (MC) 10</p> <p>1:15 Bean Bag Toss (MC) 2:00 Wheel of Fortune Game (MC) 3:00 Games with Diana! (MC) 4:00 Nurturing Visits (MC) 5:30 Singfit (MC) 6:00 Word Jumble (MC)</p>	<p>10:00 Noodle Balloon (MC) 11</p> <p>2:00 Tea Time Social (MC) 3:00 Singfit Group Blue (MCB) 3:00 Singfit (MC) 4:00 Life Skills: Help Set The Tables (MC) 5:30 Laundry Folding (MC) 6:00 Calming Colour By Number with Classical Music (MC) 7:00 Hand Massages and Reminiscing with Household Team (MC)</p>	<p>10:00 Noodle Balloon (MC) 12</p> <p>10:30 Brain Worksheets (MC) 10:30 Indoor walking (MC) 1:30 Discussions of Art (MC) 1:30 Physical Games (MCB) 2:00 Tea Time Social (MC) 3:00 Creative Art (MC) 3:30 Gardening (MC) 6:00 BINGO with Household Team (MC)</p>	<p>10:00 Jingo & Trivia (MC) 13</p> <p>1:30 Tabletop Games with Zoe (MC) 2:00 Alzheimer's Society Presents: Dementia 101 - Families Welcome (TC) 3:00 Word games (MC) 4:00 Walking Group (MC) 4:30 Living Loving Local Feature: Cherries (DR) 6:00 Night At The Opera (MC)</p>	<p>10:00 Gentle Stretch Class (MC) 14</p> <p>11:00 Java Music club (MC) 1:30 Outdoor Walking (MC) 1:30 Table Top Puzzles (MC) 3:00 Karaoke! All Residents and Staff - Refreshments & Snacks (LL) 4:00 Gardening on the Patio (MC) 4:45 French Themed Dinner (DR) 6:00 Reminiscing Through The Years (MC) 6:00 Puzzles with Household Team (MC) 7:00 Disney: Funniest Home Videos (MC)</p>	<p>10:15 Gentle Stretch with Zoe (MC) 15</p> <p>10:45 Weekend Indoor Walk Around the Block (MC) 1:30 Wheel of Fortune (MC) 2:00 Snack Social with Household Team (MC) 3:00 Visits to MC and AL (MC) 3:00 Tanagrams & Puzzles (MC) 4:00 Music Documentary (MC) 6:00 Saturday Night Games with Household Team! (MC) 7:00 Snack Social with Household Team (MC)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>16</p> <p>10:00 Spiritual Eldercare - Hymn Sing (MC)</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>1:30 Brain Exercises and Games (MC)</p> <p>1:30 BINGO (MC)</p> <p>3:00 Physical Games (MC)</p> <p>4:00 Comedy Clips (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p> <p>7:00 Wordsearch, Crossword, Word Jumbles (MC)</p>	<p>17</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>1:15 Bean Bag Toss (MC)</p> <p>2:00 Wheel of Fortune Game (MC)</p> <p>3:00 Games with Diana! (MC)</p> <p>3:45 Group Crossword (MC)</p> <p>4:00 Nurturing Visits (MC)</p> <p>5:30 Singfit (MC)</p> <p>6:00 Word Jumble (MC)</p> <p>6:30 Entertainment w/ The Wandering Duo**outside depending weather** (OUTS)</p>	<p>18</p> <p>10:30 Noodle Balloon (MC)</p> <p>10:30 Morning BINGO (3AR)</p> <p>2:00 Tea Time Social (MC)</p> <p>3:00 Singfit Group Blue (MCB)</p> <p>4:00 Life Skills: Help Set The Tables (MC)</p> <p>5:30 Laundry Folding (MC)</p> <p>6:00 Calming Colour By Number with Classical Music (MC)</p> <p>7:00 Hand Massages and Reminiscing with Household Team (MC)</p>	<p>19</p> <p>10:00 Noodle Balloon (MC)</p> <p>10:30 Brain Worksheets (MC)</p> <p>10:30 Indoor walking (MC)</p> <p>11:00 Bible Study with Ginnie (TC)</p> <p>1:00 Outing: Charterbility Boat Cruise (Bronte Harbor) **sign up** (OUTS)</p> <p>1:30 Physical Games (MCB)</p> <p>2:00 Tea Time Social (MC)</p> <p>3:00 Artful Enrichment Class: Drawing, Sketching, Painting (MC)</p> <p>3:00 Creative Art (MC)</p> <p>4:00 Gardening (MC)</p> <p>6:00 BINGO with Household Team (MC)</p>	<p>20</p> <p>10:00 Jingo & Trivia (MC)</p> <p>1:30 Tabletop Games with Zoe (MC)</p> <p>2:00 Entertainment w/ Jorge Lopez (LL)</p> <p>3:00 Word games (MC)</p> <p>4:00 Walking Group (MC)</p> <p>6:00 Night At The Opera (MC)</p>	<p>21</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>11:00 Java Music club (MC)</p> <p>1:30 Outdoor Walking (MC)</p> <p>1:30 Table Top Puzzles (MC)</p> <p>3:00 Karaoke! All Residents and Staff - Refreshments & Snacks (LL)</p> <p>4:00 Gardening on the Patio (MC)</p> <p>6:00 Reminiscing Through The Years (MC)</p> <p>6:00 Puzzles with Household Team (MC)</p> <p>7:00 Disney: Funniest Home Videos (MC)</p>	<p>22</p> <p>10:15 Gentle Stretch with Zoe (MC)</p> <p>10:45 Weekend Indoor Walk Around the Block (MC)</p> <p>1:30 Wheel of Fortune (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Visits to MC and AL (MC)</p> <p>3:00 Tanagrams & Puzzles (MC)</p> <p>4:00 Music Documentary (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p> <p>7:00 Snack Social with Household Team (MC)</p>
<p>23</p> <p>10:00 Spiritual Eldercare - Hymn Sing (MC)</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>1:30 Brain Exercises and Games (MC)</p> <p>1:30 BINGO (MC)</p> <p>4:00 Comedy Clips (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p> <p>7:00 Wordsearch, Crossword, Word Jumbles (MC)</p>	<p>24</p> <p>Cowboy Day: Theme Dress Day (LL)</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>1:15 Bean Bag Toss (MC)</p> <p>2:00 Wheel of Fortune Game (MC)</p> <p>3:00 Games with Diana! (MC)</p> <p>3:45 Group Crossword (MC)</p> <p>4:00 Nurturing Visits (MC)</p> <p>5:30 Singfit (MC)</p> <p>6:00 Word Jumble (MC)</p>	<p>25</p> <p>10:30 Noodle Balloon (MC)</p> <p>10:30 Morning BINGO (3AR)</p> <p>2:00 Tea Time Social (MC)</p> <p>3:00 Singfit Group Blue (MCB)</p> <p>3:00 Entertainment w/ Craig Manning (MC)</p> <p>4:00 Life Skills: Help Set The Tables (MC)</p> <p>5:30 Laundry Folding (MC)</p> <p>6:00 Calming Colour By Number with Classical Music (MC)</p> <p>7:00 Hand Massages and Reminiscing with Household Team (MC)</p>	<p>26</p> <p>10:00 Noodle Balloon (MC)</p> <p>10:30 Brain Worksheets (MC)</p> <p>10:30 Indoor walking (MC)</p> <p>1:30 Discussions of Art (MC)</p> <p>1:30 Physical Games (MCB)</p> <p>2:00 Tea Time Social (MC)</p> <p>3:00 Creative Art (MC)</p> <p>4:00 Gardening (MC)</p> <p>6:00 BINGO with Household Team (MC)</p> <p>6:00 Live Painting Workshop (CK)</p>	<p>27</p> <p>10:00 Jingo & Trivia (MC)</p> <p>1:30 Tabletop Games with Zoe (MC)</p> <p>3:00 Word games (MC)</p> <p>4:00 Walking Group (MC)</p> <p>6:00 Night At The Opera (MC)</p>	<p>28</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>11:00 Java Music club (MC)</p> <p>1:30 Outdoor Walking (MC)</p> <p>1:30 Table Top Puzzles (MC)</p> <p>3:00 Karaoke! All Residents and Staff - Refreshments & Snacks (LL)</p> <p>4:00 Gardening on the Patio (MC)</p> <p>6:00 Reminiscing Through The Years (MC)</p> <p>6:00 Puzzles with Household Team (MC)</p> <p>7:00 Disney: Funniest Home Videos (MC)</p>	<p>29</p> <p>10:15 Gentle Stretch with Zoe (MC)</p> <p>10:45 Weekend Indoor Walk Around the Block (MC)</p> <p>1:30 Wheel of Fortune (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Visits to MC and AL (MC)</p> <p>3:00 Tanagrams & Puzzles (MC)</p> <p>4:00 Music Documentary (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p> <p>7:00 Snack Social with Household Team (MC)</p>
<p>30</p> <p>10:00 Spiritual Eldercare - Hymn Sing (MC)</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>1:30 Brain Exercises and Games (MC)</p> <p>1:30 BINGO (MC)</p> <p>3:00 Physical Games (MC)</p> <p>4:00 Comedy Clips (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p> <p>7:00 Wordsearch, Crossword, Word Jumbles (MC)</p>	<p>31</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>1:15 Bean Bag Toss (MC)</p> <p>2:00 Wheel of Fortune Game (MC)</p> <p>3:00 Games with Diana! (MC)</p> <p>3:45 Group Crossword (MC)</p> <p>4:00 Nurturing Visits (MC)</p> <p>5:30 Singfit (MC)</p> <p>6:00 Word Jumble (MC)</p>	<p>Locations Legend</p> <p>Memory Care (MC)</p> <p>Lower Level (LL)</p> <p>Theatre/Chapel (TC)</p> <p>memory Care Blue (MCB)</p> <p>Outside (OUTS)</p> <p>Dining Room (DR)</p> <p>3rd Floor Activity Room (3AR)</p> <p>assisted Living (AL)</p> <p>Country Kitchen (CK)</p>		<p>Calendar Legend</p> <p>Outing</p> <p>Special Program</p> <p>Living, Loving, Local</p> <p>Signature Program</p>		