




INSPIRED SENIOR LIVING

August 2023

CREDIT RIVER RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Credit River Retirement Residence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>SUNDAY AUG 6</p> <p>National Friendship Day</p>		<p>10:30 Noodle Balloon (MC) 1</p> <p>11:00 Protestant/ Non Denominational Church Service (TC)</p> <p>1:30 Walking Group (MC)</p> <p>2:00 Tea Time Social (MC)</p> <p>2:30 Matching (MCB)</p> <p>3:30 Visiting and social (MC)</p> <p>5:30 Laundry Folding (MC)</p> <p>6:15 Calming Colour By Number with Classical Music (MC)</p>	<p>10:00 DrumFit! Exercise (AR) 2</p> <p>10:30 Ball Kick (MC)</p> <p>11:00 What's That Sent? (MC)</p> <p>1:30 Pet Therapy (MC)</p> <p>2:15 Tea Time Social (MC)</p> <p>2:30 Dice Games (3AR)</p> <p>3:00 Creative Art (MC)</p> <p>6:00 BINGO with Household Team (MC)</p>	<p>10:00 Throwing darts and Bowling (MC) 3</p> <p>11:00 Word Games (MC)</p> <p>1:30 Crafternoon (MC)</p> <p>2:00 Tea Time Social (MC)</p> <p>2:30 Word games (MC)</p> <p>3:00 Animal Racing Fun!! (MC)</p> <p>4:00 True or False Quiz (MC)</p> <p>6:30 Entertainment with The Wandering Duo: Trip to the Beach (LL)</p>	<p>10:00 Gentle Stretch Class (MC) 4</p> <p>10:30 Vendor: Mary Kay (LL)</p> <p>11:00 Singfit (MC)</p> <p>1:30 Outdoor Walking (MC)</p> <p>1:30 Table Top Puzzles (MC)</p> <p>3:00 Staff & Resident Karaoke Hour! (LL)</p> <p>4:00 Gardening on the Patio (MC)</p> <p>6:00 Disney: Funniest Home Videos (MC)</p>	<p>10:15 Stretch it Out (MC) 5</p> <p>10:45 Weekend Indoor Walk Around the Block (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Tanagrams & Puzzles (MC)</p> <p>3:00 Cirque du Soleil Documentary and Shows (TC)</p> <p>3:15 Safari Race (MC)</p> <p>3:45 Wheel of Fortune (MC)</p> <p>4:00 Music Documentary (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>
<p>10:00 Noodle Balloon (MC) 6</p> <p>10:45 Look Into A Virtual Live Zoo (MC)</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>1:30 BINGO (MC)</p> <p>3:00 Java Music (MC)</p> <p>4:00 Comedy Clips (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p>	<p>10:00 Axe Throwing & Darts (MC) 7</p> <p>1:15 Bean Bag Toss (MC)</p> <p>2:00 Wheel of Fortune Game (MC)</p> <p>3:00 Games with Diana! (MC)</p> <p>3:00 Entertainment with Zack Wojtala (Guitarist & Singer) (LL)</p> <p>4:00 Nurturing Visits (MC)</p> <p>6:00 Word Jumble (MC)</p>	<p>Resident Survey 8-29th 8</p> <p>10:30 Noodle Balloon (MC)</p> <p>1:30 Walking Group (MC)</p> <p>2:00 Tea Time Social (MC)</p> <p>2:30 Councillor Brad Butt Presenting Award (LL)</p> <p>3:00 Singfit Group (MCB)</p> <p>3:00 Entertainment with Antonella! (LL)</p> <p>4:00 Life Skills: Help Set The Tables (MC)</p> <p>5:30 Laundry Folding (MC)</p> <p>6:15 Calming Colour By Number with Classical Music (MC)</p>	<p>Resident Survey 8-29th 9</p> <p>10:00 DrumFit! Exercise (AR)</p> <p>10:30 Ball Kick (MC)</p> <p>11:00 Name That Picture (MC)</p> <p>1:30 Physical Games (MCB)</p> <p>2:15 Tea Time Social (MC)</p> <p>2:30 Creative Art (MC)</p> <p>3:30 walking an social visiting (MC)</p> <p>6:00 BINGO with Household Team (MC)</p>	<p>Resident Survey 8-29th 10</p> <p>10:00 Throwing darts and Bowling (MC)</p> <p>11:00 Word Games (MC)</p> <p>1:30 Crafternoon (MC)</p> <p>2:00 Tea Time Social (MC)</p> <p>2:30 Word games (MC)</p> <p>3:00 Animal Racing Fun!! (MC)</p> <p>4:00 True or False Quiz (MC)</p> <p>6:00 Night At The Opera (MC)</p>	<p>Resident Survey 8-29th 11</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>11:00 Wordsearches/Math Sheets (MC)</p> <p>1:30 Outdoor Walking (MC)</p> <p>1:30 Fresh Air on the Patio (OUTS)</p> <p>1:30 Outdoor Walking (MC)</p> <p>2:00 Games with Diana! (MC)</p> <p>3:00 Karaoke! All Residents and Staff - Refreshments & Snacks (LL)</p> <p>3:00 BINGO (MC)</p> <p>4:00 Gardening on the Patio (MC)</p> <p>6:00 Disney: Funniest Home Videos (MC)</p>	<p>Resident Survey 8-29th 12</p> <p>10:00 Gentle Stretch with Zoe (MC)</p> <p>10:45 Weekend Indoor Walk Around the Block (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Cirque du Soleil Documentary and Shows (TC)</p> <p>3:00 Tanagrams & Puzzles (MC)</p> <p>3:15 Dance and Singing with Zoe (MC)</p> <p>3:45 Wheel of Fortune (MC)</p> <p>4:00 Music Documentary (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>
<p>Resident Survey 8-29th 13</p> <p>10:00 Noodle Balloon (MC)</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>10:45 Look Into A Virtual Live Zoo (MC)</p> <p>1:30 BINGO (MC)</p> <p>2:30 Java Music (MC)</p> <p>3:00 Entertainment with Jeff Gilles (LL)</p> <p>4:00 Comedy Clips (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p>	<p>Resident Survey 8-29th 14</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:30 Vendor: Beautiful You (LL)</p> <p>1:15 Bean Bag Toss (MC)</p> <p>2:00 Wheel of Fortune Game (MC)</p> <p>3:00 Games with Diana! (MC)</p> <p>4:00 Nurturing Visits (MC)</p> <p>6:00 Word Jumble (MC)</p>	<p>Resident Survey 8-29th 15</p> <p>10:30 Noodle Balloon (MC)</p> <p>1:30 Walking Group (MC)</p> <p>2:00 Tea Time Social (MC)</p> <p>3:00 Singfit Group (MCB)</p> <p>4:00 Life Skills: Help Set The Tables (MC)</p> <p>5:30 Laundry Folding (MC)</p> <p>6:15 Calming Colour By Number with Classical Music (MC)</p>	<p>Resident Survey 8-29th 16</p> <p>10:00 DrumFit! Exercise (AR)</p> <p>10:00 Noodle Balloon (MC)</p> <p>10:30 Brain Worksheets (MC)</p> <p>1:30 Physical Games (MCB)</p> <p>2:15 Tea Time Social (MC)</p> <p>2:30 Creative Art (MC)</p> <p>3:30 walking an social visiting (MC)</p> <p>6:00 BINGO with Household Team (MC)</p>	<p>Resident Survey 8-29th 17</p> <p>10:00 Throwing darts and Bowling (MC)</p> <p>11:00 Word Games (MC)</p> <p>1:30 Crafternoon (MC)</p> <p>2:00 Tea Time Social (MC)</p> <p>2:00 Entertainment with Natalie Wong - Violinist (LL)</p> <p>2:30 Word games (MC)</p> <p>3:00 Animal Racing Fun!! (MC)</p> <p>4:00 True or False Quiz (MC)</p> <p>6:00 Night At The Opera (MC)</p>	<p>Resident Survey 8-29th 18</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>11:00 Wordsearches/Math Sheets (MC)</p> <p>1:30 Table Top Puzzles (MC)</p> <p>1:30 Outdoor Walking (OUTS)</p> <p>2:30 Carpet Bowling with Diana (LL)</p> <p>4:00 Reminiscing Through The Years (MC)</p> <p>6:00 Disney: Funniest Home Videos (MC)</p>	<p>Resident Survey 8-29th 19</p> <p>10:00 Vendor: Traditions Alive (LL)</p> <p>10:15 Noodle Balloon (MC)</p> <p>10:45 Weekend Indoor Walk Around the Block (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Cirque du Soleil Documentary and Shows (TC)</p> <p>3:00 Tanagrams & Puzzles (MC)</p> <p>3:15 Dance and Singing with Zoe (MC)</p> <p>3:45 Wheel of Fortune (MC)</p> <p>4:00 Music Documentary (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Resident Survey 8-29th 20 10:00 Noodle Balloon (MC) 10:45 St. Joseph's Parish - Communion (TC) 10:45 Look Into A Virtual Live Zoo (MC) 1:30 BINGO (MC) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)	Resident Survey 8-29th 21 10:00 Gentle Stretch Class (MC) 1:15 Bean Bag Toss (MC) 2:00 Wheel of Fortune Game (MC) 3:00 Music & Physical Games with Diana (LL) 4:00 Nurturing Visits (MC) 6:00 Word Jumble (MC)	Resident Survey 8-29th 22 10:30 Stretch it Out (MC) 11:00 Top Vacation Spots - What is Yours? (MC) 1:30 Walking Group (MC) 2:00 Tea Time Social (MC) 3:00 Entertainment with Siobhan! (LL) 3:00 Card Games with Zoe (MC) 4:00 Life Skills: Help Set The Tables (MC) 5:30 Laundry Folding (MC) 6:15 Calming Colour By Number with Classical Music (MC)	Resident Survey 8-29th 23 10:00 DrumFit! Exercise (AR) 1:30 Physical Games (MCB) 2:30 Creative Art (MC) 2:30 High Tea Social (CK) 3:30 walking an social visiting (MC) 3:30 Physical Games! (LL) 6:00 BINGO with Household Team (MC)	Resident Survey 8-29th 24 10:00 Throwing darts and Bowling (MC) 11:00 Word Games (MC) 1:30 Crafternoon (MC) 2:00 Tea Time Social (MC) 2:30 Word games (MC) 3:00 Animal Racing Fun!! (MC) 3:00 Entertainment with Martin Wall (LL) 4:00 True or False Quiz (MC) 6:00 Night At The Opera (MC)	Resident Survey 8-29th 25 10:00 Gentle Stretch Class (MC) 11:00 Wordsearches/Math Sheets (MC) 1:30 Outdoor Walking (MC) 1:30 Table Top Puzzles (MC) 1:30 Fresh Air on the Patio (OUTS) 2:00 Game: Deal or No Deal with Zoe (LL) 3:00 Karaoke! All Residents and Staff - Refreshments & Snacks (LL) 4:00 Gardening on the Patio (MC) 6:00 Disney: Funniest Home Videos (MC)	Resident Survey 8-29th 26 10:15 Gentle Stretch with Zoe (MC) 10:45 Weekend Indoor Walk Around the Block (MC) 2:00 Snack Social with Household Team (MC) 3:00 Cirque du Soleil Documentary and Shows (TC) 3:00 Tanagrams & Puzzles (MC) 3:15 Dance and Singing with Zoe (MC) 3:45 Wheel of Fortune (MC) 4:00 Music Documentary (MC) 6:00 Saturday Night Games with Household Team! (MC)
Resident Survey 8-29th 27 10:00 Noodle Balloon (MC) 10:45 St. Joseph's Parish - Communion (TC) 10:45 Look Into A Virtual Live Zoo (MC) 1:30 BINGO (MC) 1:30 New Resident Orientation w/ Tetyana (TC) 3:00 Physical Games (MC) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)	Resident Survey 8-29th 28 10:00 Gentle Stretch Class (MC) 1:15 Bean Bag Toss (MC) 2:00 Wheel of Fortune Game (MC) 3:00 Games with Diana! (MC) 4:00 Nurturing Visits (MC) 6:00 Word Jumble (MC)	Resident Survey 8-29th 29 10:00 Noodle Ballon (MC) 10:30 UNO (MC) 1:30 Walking Group (MC) 2:00 Tea Time Social (MC) 3:00 Java Music (MC) 4:00 Life Skills: Help Set The Tables (MC) 5:30 Laundry Folding (MC) 6:15 Calming Colour By Number with Classical Music (MC)	10:00 DrumFit! Exercise 30 10:30 Bowling (MC) 1:30 Physical Games (MCB) 2:15 Tea Time Social (MC) 2:30 Creative Art (MC) 3:30 walking an social visiting (MC) 6:00 BINGO with Household Team (MC)	10:00 Throwing darts and 31 10:00 Throwing darts and Bowling (MC) 11:00 Word Games (MC) 1:30 Crafternoon (MC) 2:00 Tea Time Social (MC) 2:30 Word games (MC) 3:00 Animal Racing Fun!! (MC) 4:00 True or False Quiz (MC) 6:00 Night At The Opera (MC)		

Locations Legend

Memory Care (MC)	Activity Room (AR)
Lower Level (LL)	Outside (OUTS)
Theatre/Chapel (TC)	3rd Floor Activity Room (3AR)
memory Care Blue (MCB)	Country Kitchen (CK)

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program