





INSPIRED SENIOR LIVING

# September 2023 Memory Care



INSPIRED SENIOR LIVING WITH 

## Credit River Retirement Residence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>World Alzheimer's Month</b></p>		 <p><b>Grandparent's Day</b></p>				
		<p><b>SUNDAY SEP 10</b></p>				
<p><b>10:00 Vendor: Inga's Fashions (LL) 3</b></p> <p><b>10:00 Bowling (MC)</b></p> <p><b>10:45 St. Joseph's Parish - Communion (TC)</b></p> <p><b>1:30 BINGO (MC)</b></p> <p><b>3:00 Java Music (MC)</b></p> <p><b>4:00 Comedy Clips (MC)</b></p> <p><b>6:00 Table Top Games with Household Team (MC)</b></p>	<p><b>10:00 Move Your Body with Bobbie (MC) 4</b></p> <p><b>11:00 Protestant/ Non Denominational Church Service (TC)</b></p> <p><b>11:00 Singfit (MC)</b></p> <p><b>1:30 Bean Bag Toss (MC)</b></p> <p><b>2:30 Wheel of Fortune Game (MC)</b></p> <p><b>3:30 Games with Diana! (MC)</b></p> <p><b>4:15 Chats with Diana (MC)</b></p> <p><b>6:00 Word Jumble (MC)</b></p>	<p><b>10:00 Noodle Ballon (MC) 5</b></p> <p><b>10:00 DrumFit! Exercise (AR)</b></p> <p><b>10:40 UNO (MC)</b></p> <p><b>1:30 Social Visits in the Park (MC)</b></p> <p><b>2:00 Tea Time Social (MC)</b></p> <p><b>2:30 Kerplunk (MC)</b></p> <p><b>3:30 Game match (MC)</b></p> <p><b>6:15 Calming Colour By Number with Classical Music (MC)</b></p>	<p><b>10:00 Darts (MC) 6</b></p> <p><b>10:00 Snakes and ladders (MC)</b></p> <p><b>10:30 Feel Frantastic with Dancersize!! **NEW** (AR)</b></p> <p><b>1:30 Physical Games (MCB)</b></p> <p><b>2:15 Tea Time Social (MC)</b></p> <p><b>2:30 Creative Art (MC)</b></p> <p><b>3:30 walking an social visiting (MC)</b></p> <p><b>6:00 BINGO with Household Team (MC)</b></p>	<p><b>10:00 Throwing darts and Bowling (MC) 7</b></p> <p><b>10:00 Vendor: Maria Jewel (LL)</b></p> <p><b>1:30 Crafternoon (MC)</b></p> <p><b>2:30 Feel Frantastic with Dancersize!! **NEW** (MC)</b></p> <p><b>3:30 Word games (MC)</b></p> <p><b>6:00 Night At The Opera (MC)</b></p>	<p><b>Staff Appreciation (DR) 1</b></p> <p><b>1:30 Outdoor Walking (MC)</b></p> <p><b>1:30 Creative Art (MC)</b></p> <p><b>3:00 Friday Music &amp; Games (LL)</b></p> <p><b>6:00 Disney: Funniest Home Videos (MC)</b></p>	<p><b>10:00 Physical Games (MC) 2</b></p> <p><b>10:45 Weekend Indoor Walk (MC)</b></p> <p><b>2:00 Snack Social with Household Team (MC)</b></p> <p><b>2:30 Tanagrams &amp; Puzzles (MC)</b></p> <p><b>3:00 Games (MC)</b></p> <p><b>3:00 Cirque du Soleil Documentary and Shows (TC)</b></p> <p><b>4:00 Music Documentary (MC)</b></p> <p><b>6:00 Saturday Night Games with Household Team! (MC)</b></p>
<p><b>Happy Grandparents Day 10</b></p> <p><b>10:00 Bowling (MC)</b></p> <p><b>10:45 St. Joseph's Parish - Communion (TC)</b></p> <p><b>1:30 BINGO (MC)</b></p> <p><b>2:30 Cheers to Grandparents! Cocktails with Nicole (LL)</b></p> <p><b>2:30 Tea time Social and Games (MC)</b></p> <p><b>3:00 Entertainment Loralee Mc Gurt (LL)</b></p> <p><b>3:00 Java Music (MC)</b></p> <p><b>4:00 Comedy Clips (MC)</b></p> <p><b>6:00 Table Top Games with Household Team (MC)</b></p>	<p><b>10:00 Gentle Stretch Class (MC) 11</b></p> <p><b>11:00 Singfit (MC)</b></p> <p><b>1:30 Bean Bag Toss (MC)</b></p> <p><b>2:30 Wheel of Fortune Game (MC)</b></p> <p><b>3:30 Games with Diana! (MC)</b></p> <p><b>4:15 Chats with Diana (MC)</b></p> <p><b>6:00 Word Jumble (MC)</b></p>	<p><b>10:00 Noodle Ballon (MC) 12</b></p> <p><b>10:00 DrumFit! Exercise (AR)</b></p> <p><b>10:40 UNO (MC)</b></p> <p><b>1:30 Social Visits in the Park (MC)</b></p> <p><b>2:00 Tea Time Social (MC)</b></p> <p><b>2:30 Kerplunk (MC)</b></p> <p><b>3:00 Entertainment Filipa Sousa (LL)</b></p> <p><b>3:30 Game match (MC)</b></p> <p><b>6:15 Calming Colour By Number with Classical Music (MC)</b></p>	<p><b>10:00 Darts (MC) 13</b></p> <p><b>10:00 Snakes and ladders (MC)</b></p> <p><b>11:00 Zumba with Fernanda (AR)</b></p> <p><b>1:30 Physical Games (MCB)</b></p> <p><b>2:15 Tea Time Social (MC)</b></p> <p><b>2:30 Creative Art (MC)</b></p> <p><b>3:30 walking an social visiting (MC)</b></p> <p><b>6:00 BINGO with Household Team (MC)</b></p>	<p><b>10:00 Throwing darts and Bowling (MC) 14</b></p> <p><b>1:30 Crafternoon (MC)</b></p> <p><b>2:30 Feel Frantastic with Dancersize!! **NEW** (MC)</b></p> <p><b>3:30 Word games (MC)</b></p> <p><b>4:45 Living Loving Local Themed Dinner - Pears (DR)</b></p> <p><b>6:00 Night At The Opera (MC)</b></p>	<p><b>Happy Birthday Seeta 15</b></p> <p><b>10:00 Gentle Stretch Class (MC)</b></p> <p><b>1:30 Animal Race (MC)</b></p> <p><b>2:30 Dice Games (MC)</b></p> <p><b>3:00 Friday Music &amp; Games (LL)</b></p> <p><b>6:00 Disney: Funniest Home Videos (MC)</b></p>	<p><b>10:00 Physical Games (MC) 16</b></p> <p><b>10:45 Weekend Indoor Walk (MC)</b></p> <p><b>1:00 Annual Open House: International Food Stations, Entertainment with Martin Fransisco, Autumn Wreath Making (LL)</b></p> <p><b>2:00 Snack Social with Household Team (MC)</b></p> <p><b>2:30 Tanagrams &amp; Puzzles (MC)</b></p> <p><b>3:00 Games (MC)</b></p> <p><b>4:00 Music Documentary (MC)</b></p> <p><b>6:00 Saturday Night Games with Household Team! (MC)</b></p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> Happy Birthday Tea 10:00 Bowling (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 BINGO (MC) 2:30 Tea time Social and Games (MC) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)	<b>18</b> 10:00 Gentle Stretch Class (MC) 11:00 Singfit (MC) 1:30 Bean Bag Toss (MC) 2:30 Wheel of Fortune Game (MC) 3:30 Games with Diana! (MC) 4:15 Chats with Diana (MC) 6:00 Word Jumble (MC)	<b>19</b> 10:00 Noodle Ballon (MC) 10:00 DrumFit! Exercise (AR) 10:40 UNO (MC) 1:30 Social Visits in the Park (MC) 2:00 Tea Time Social (MC) 2:30 Kerplunk (MC) 3:30 Game match (MC) 6:15 Calming Colour By Number with Classical Music (MC)	<b>20</b> 10:00 Darts (MC) 10:00 Snakes and ladders (MC) 11:00 Zumba with Fernanda (AR) 1:30 Physical Games (MCB) 2:15 Tea Time Social (MC) 2:30 Creative Art (MC) 3:30 walking an social visiting (MC) 6:00 BINGO with Household Team (MC)	<b>21</b> 10:00 Throwing darts and Bowling (MC) 1:30 Crafternoon (MC) 2:30 Feel Frantastic with Dancersize!! **NEW** (MC) 3:00 Octoberfest! Entertainment with John Letteiri (accordion) (LL) 3:30 Word games (MC) 6:00 Night At The Opera (MC)	<b>22</b> 10:00 Vendor: Traditions Alive (LL) 10:00 Gentle Stretch Class (MC) 1:30 Animal Race (MC) 2:30 Making Autumn Floral Arrangement (CK) 2:30 Dice Games (MC) 3:00 Friday Music & Games (LL) 6:00 Disney: Funniest Home Videos (MC)	<b>23</b> 10:00 Physical Games (MC) 10:00 Buttermilk Market (LL) 10:45 Weekend Indoor Walk (MC) 2:00 Snack Social with Household Team (MC) 2:30 Tanagrams & Puzzles (MC) 3:00 Games (MC) 3:00 Cirque du Soleil Documentary and Shows (TC) 4:00 Music Documentary (MC) 6:00 Saturday Night Games with Household Team! (MC)
<b>24</b> 10:00 Bowling (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 BINGO (MC) 2:30 Tea time Social and Games (MC) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)	<b>25</b> 10:00 Gentle Stretch Class (MC) 11:00 Singfit (MC) 1:30 Bean Bag Toss (MC) 2:30 Wheel of Fortune Game (MC) 3:30 Games with Diana! (MC) 4:15 Chats with Diana (MC) 6:00 Word Jumble (MC)	<b>26</b> 10:00 Noodle Ballon (MC) 10:00 DrumFit! Exercise (AR) 10:40 UNO (MC) 1:30 Social Visits in the Park (MC) 2:00 Tea Time Social (MC) 2:00 Entertainment Craig (MC) 2:30 Kerplunk (MC) 3:30 Game match (MC) 6:15 Calming Colour By Number with Classical Music (MC)	<b>27</b> 10:00 Darts (MC) 10:00 Snakes and ladders (MC) 11:00 Zumba with Fernanda (AR) 1:30 Physical Games (MCB) 2:15 Tea Time Social (MC) 2:30 Creative Art (MC) 3:30 walking an social visiting (MC) 6:00 BINGO with Household Team (MC)	<b>28</b> 10:00 Throwing darts and Bowling (MC) 1:30 Crafternoon (MC) 2:30 Feel Frantastic with Dancersize!! **NEW** (MC) 3:30 Word games (MC) 6:00 Night At The Opera (MC)	<b>29</b> 10:00 Gentle Stretch Class (MC) 1:30 Animal Race (MC) 2:30 Dice Games (MC) 3:00 Friday Music & Games (LL) 6:00 Disney: Funniest Home Videos (MC)	<b>30</b> National Truth & Conciliation Day**wear orange** 10:00 Physical Games (MC) 10:45 Weekend Indoor Walk (MC) 2:00 2nd Annual Outdoor Farm with Entertainment with Zack! All welcome. (OUTS) 2:30 Tanagrams & Puzzles (MC) 4:00 All About The Farm (MC) 6:00 Saturday Night Games with Household Team! (MC)



Be Social

**Locations Legend**

Memory Care (MC)	memory Care Blue (MCB)
Lower Level (LL)	Dining Room (DR)
Theatre/Chapel (TC)	Country Kitchen (CK)
Activity Room (AR)	Outside (OUTS)

**Calendar Legend**

- Outing
- Special Program
- Living, Loving, Local
- Signature Program