



INSPIRED SENIOR LIVING

February 2024 Memory Care

CREDIT RIVER
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Credit River Retirement Residence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Black History Month</p>		 <p>Lunar Year Dragon</p>		<p>10:40 Game Cocodrile (MC) 1</p> <p>1:30 Reading Group (MC)</p> <p>2:00 Games with Household Team (MC)</p> <p>3:00 Java Music Club (MC)</p> <p>4:00 Creative Art - MoMA (MC)</p> <p>6:00 Classical Music Concerts (MC)</p>	<p>Groundhog Day 2</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:40 Games (MC)</p> <p>1:30 Matching Game (MC)</p> <p>3:30 Walking Group (OUTS)</p> <p>4:45 Living Loving Local Dinner: Beets (DR)</p> <p>6:00 Disney: Funniest Home Videos (MC)</p>	<p>10:30 Zumba with Fernanda (AR) 3</p> <p>11:00 Weekend Indoor Walk (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Games w/ Saran (MC)</p> <p>4:00 Sing Along w/Suzie Q (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>
<p>10:00 Games (MC) 4</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>1:30 Tea Time Social and Games (MC)</p> <p>2:00 Bingo (MC)</p> <p>3:00 Java Music (MC)</p> <p>4:00 Comedy Clips (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p>	<p>10:00 Gentle Stretch Class (MC) 5</p> <p>10:45 Singfit (MC)</p> <p>11:00 Protestant/ Non Denominational Church Service (TC)</p> <p>1:30 Art and Craft (MC)</p> <p>2:30 UNO - Match (MC)</p> <p>2:30 Management Introduction Social (LL)</p> <p>3:30 Games (MC)</p> <p>6:00 Creative Art Corner (3AR)</p>	<p>10:00 Noodle Ballon (MC) 6</p> <p>10:40 Play Sequence! (MC)</p> <p>1:30 After Lunch Walk (MC)</p> <p>2:15 Tea Time Social with Board Games (MC)</p> <p>2:45 FitMinds-Brain Exercises (MC)</p> <p>3:00 Entertainment w/ The Wandering Duo (LL)</p> <p>6:15 Calming Colour By Number with Classical Music (MC)</p>	<p>10:30 DrumFit! (ER) 7</p> <p>10:40 Games (MC)</p> <p>1:30 Outing Erin Mills Town Center (OUTS)</p> <p>3:00 Animal Race! (MC)</p> <p>4:00 Life Skills: Gardening, Set Tables, Laundry Folding (MC)</p> <p>6:00 BINGO with Household Team (MC)</p>	<p>10:15 Light Stretch (MC) 8</p> <p>11:00 Morning Games (MC)</p> <p>1:30 Reading Group (MC)</p> <p>2:00 Games with Diana (MC)</p> <p>3:00 Creative Art - MoMA (MC)</p> <p>4:00 Java Music Club (MC)</p> <p>6:00 Classical Music Concerts (MC)</p>	<p>10:00 Gentle Stretch Class (MC) 9</p> <p>10:40 Games (MC)</p> <p>1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program (LL)</p> <p>1:30 Matching Game (MC)</p> <p>3:00 Friday Fun Social with Karoke and Games (ALDR)</p> <p>3:30 Walking Group (OUTS)</p> <p>6:00 Disney: Funniest Home Videos (MC)</p>	<p>Chinese New Year: The Year of the Dragon 10</p> <p>10:30 Zumba with Fernanda (AR)</p> <p>11:00 Weekend Indoor Walk (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Games w/ Saran (MC)</p> <p>4:00 Sing Along w/Suzie Q (MC)</p> <p>4:45 Special Chinese Dinner (DR)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>
<p>10:00 Games (MC) 11</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>11:45 February Brunch (DR)</p> <p>1:30 Tea Time Social and Games (MC)</p> <p>2:00 Bingo (MC)</p> <p>3:00 Java Music (MC)</p> <p>4:00 Comedy Clips (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p>	<p>10:00 Gentle Stretch Class (MC) 12</p> <p>10:45 Singfit (MC)</p> <p>1:30 Art and Craft (MC)</p> <p>2:30 UNO - Match (MC)</p> <p>3:30 Games (MC)</p> <p>6:00 Word Jumble (MC)</p> <p>6:00 Creative Art Corner (3AR)</p>	<p>Mardi Gras! Wear Green, Purple, Gold 13</p> <p>10:00 Noodle Ballon (MC)</p> <p>10:40 Play Sequence! (MC)</p> <p>1:30 After Lunch Walk (MC)</p> <p>2:00 FitMinds-Brain Exercises (MC)</p> <p>2:15 Tea Time Social with Board Games (MC)</p> <p>3:00 Mardi Gras Happy Hour! (B)</p> <p>3:30 Game match (MC)</p> <p>6:15 Calming Colour By Number with Classical Music (MC)</p>	<p>Happy Valentine's Day - Wear Your Red, White & Pink 14</p> <p>10:30 DrumFit! (ER)</p> <p>10:40 Games (MC)</p> <p>1:30 Outing: Walk to Dollar Store**depending weather** (OUTS)</p> <p>2:30 Tea Time Social (MC)</p> <p>3:00 Animal Race! (MC)</p> <p>4:00 Life Skills: Gardening, Set Tables, Laundry Folding (MC)</p> <p>6:30 Entertainment w/Gilad Gratch (LL)</p>	<p>10:15 Light Stretch (MC) 15</p> <p>11:00 Morning Games (MC)</p> <p>1:30 Reading Group (MC)</p> <p>2:00 Games with Diana (MC)</p> <p>3:00 Creative Art - MoMA (MC)</p> <p>4:00 Java Music Club (MC)</p> <p>6:00 Classical Music Concerts (MC)</p>	<p>10:00 Gentle Stretch Class (MC) 16</p> <p>10:40 Games (MC)</p> <p>1:30 Matching Game (MC)</p> <p>3:00 Friday Fun Social with Karoke and Games (ALDR)</p> <p>3:30 Walking Group (OUTS)</p> <p>6:00 Disney: Funniest Home Videos (MC)</p>	<p>10:30 Zumba with Fernanda (AR) 17</p> <p>11:00 Weekend Indoor Walk (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Games w/ Saran (MC)</p> <p>4:00 Sing Along w/Suzie Q (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 10:00 Games (MC) 10:00 Vendor: Traditions Alive (LL) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)	19 10:00 Gentle Stretch Class (MC) 10:45 Singfit (MC) 1:30 Art and Craft (MC) 2:30 UNO - Match (MC) 3:30 Games (MC) 6:00 Word Jumble (MC) 6:00 Creative Art Corner (3AR)	20 10:00 Noodle Ballon (MC) 10:30 Coffee and Sing Along W/ Craig Manning (LL) 10:40 Play Sequence! (MC) 1:30 After Lunch Walk (MC) 2:15 Tea Time Social with Board Games (MC) 2:45 FitMinds-Brain Exercises (MC) 3:30 Game match (MC) 6:15 Calming Colour By Number with Classical Music (MC)	21 10:30 DrumFit! (ER) 10:40 Games (MC) 2:00 Resident Town Hall with Amy (TC) 2:00 Movie Matinee at The Theatre (TC) 3:00 Animal Race! (MC) 4:00 Life Skills: Gardening, Set Tables, Laundry Folding (MC) 6:00 BINGO with Household Team (MC)	22 National Margarita Day: Wear Your Beach Attire (LL) 10:15 Light Stretch (MC) 11:00 Morning Games (MC) 1:30 Reading Group (MC) 2:00 Java Music Club (MC) 2:00 Games with Diana (MC) 2:30 Margarita Bar! (B) 3:00 Entertainment w/Zack (LL) 3:00 Creative Art - MoMA (MC) 4:00 Java Music Club (MC) 6:00 Classical Music Concerts (MC)	23 Italian Day: Wear Your Red, Green & White 10:00 Gentle Stretch Class (MC) 10:40 Games (MC) 1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program (LL) 1:30 Matching Game (MC) 3:00 Friday Fun Social with Karoke and Games (ALDR) 3:30 Walking Group (OUTS) 4:45 Italian Themed Dinner (DR) 6:00 Disney: Funniest Home Videos (MC)	24 10:30 Zumba with Fernanda (AR) 11:00 Weekend Indoor Walk (MC) 2:00 Snack Social with Household Team (MC) 3:00 Games w/ Saran (MC) 4:00 Sing Along w/Suzie Q (MC) 6:00 Saturday Night Games with Household Team! (MC)
25 10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 Bingo (MC) 2:30 Indigo Chimes Choir (CK) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)	26 10:00 Gentle Stretch Class (MC) 10:45 Singfit (MC) 1:30 Art and Craft (MC) 2:30 UNO - Match (MC) 2:30 Concert with Craig Manning (MC) 3:30 Games (MC) 6:00 Word Jumble (MC) 6:00 Creative Art Corner (3AR)	27 10:00 Noodle Ballon (MC) 10:40 Play Sequence! (MC) 1:30 After Lunch Walk (MC) 2:15 Tea Time Social with Board Games (MC) 2:45 FitMinds-Brain Exercises (MC) 3:30 Game match (MC) 6:15 Calming Colour By Number with Classical Music (MC)	28 10:30 DrumFit! (ER) 10:40 Games (MC) 12:00 Outing: Entertainment & Lunch at Cuchulainn's Pub *Sign up* (E) 3:00 Animal Race! (MC) 4:00 Life Skills: Gardening, Set Tables, Laundry Folding (MC) 6:00 BINGO with Household Team (MC)	29 10:15 Light Stretch (MC) 11:00 Morning Games (MC) 1:30 Reading Group (MC) 2:00 Games with Diana (MC) 3:00 Creative Art - MoMA (MC) 4:00 Java Music Club (MC) 6:00 Classical Music Concerts (MC)	 <div style="position: absolute; top: 10px; left: 10px; background-color: white; padding: 5px;">MONDAY</div> <div style="position: absolute; top: 10px; left: 10px; background-color: red; color: white; padding: 5px;">FEB 19</div> <div style="position: absolute; top: 10px; left: 10px; font-size: 2em; font-weight: bold;">Family Day</div>	



Be your best self

Locations Legend

Memory Care (MC)	Activity Room (AR)
Lower Level (LL)	3rd Floor Activity Room (3AR)
Theatre/Chapel (TC)	Exercise Room (ER)
Outside (OUTS)	Bistro/Bar (B)
Assisted Living DR (ALDR)	Country Kitchen (CK)
Dining Room (DR)	Meet at Entrance (E)

Calendar Legend

Outing

Special Program

Living, Loving, Local

Signature Program