



INSPIRED SENIOR LIVING

# March 2024 Memory Care

## Credit River Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>FRIDAY</b> <b>MAR 8</b></p> <p><b>International Women's Day</b></p>	 <p><b>SUNDAY</b> <b>MAR 17</b></p> <p><b>St. Patrick's Day</b></p>				<p><b>Happy 8th Anniversary Credit River (Dress in Blue Day) (LL) 1</b></p> <p>10:00 Vendor Mary Kay (LL) 10:00 Gentle Stretch Class (MC) 10:40 Games (MC) 1:30 Matching Game (MC) 2:00 Celebrating Credit River: Maple Butter Tarts &amp; Coffee (LL) 3:00 Entertainment with Marcus Schwan! (LL) 3:30 Walking Group (OUTS) 4:45 Living Loving Local Dinner ft Maple (LL) 6:00 Disney: Funniest Home Videos (MC)</p>	<p><b>2</b></p> <p>10:30 Zumba with Fernanda (AR) 11:00 Weekend Indoor Walk (MC) 2:00 Snack Social with Household Team (MC) 3:00 Games w/ Saran (MC) 4:00 Sing Along w/Suzie Q (MC) 6:00 Saturday Night Games with Household Team! (MC)</p>
<p><b>3</b></p> <p>10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)</p>	<p><b>4</b></p> <p>10:00 Gentle Stretch Class (MC) 10:45 Singfit (MC) 1:30 Art and Craft (MC) 2:30 UNO - Match (MC) 3:30 Games (MC) 6:00 Creative Art and Games (3AR)</p>	<p><b>5</b></p> <p>10:00 Noodle Ballon (MC) 10:40 Play Sequence! (MC) 1:15 After Lunch Walk**Outside Depending Weather** (MC) 2:15 Tea Time Social with Board Games (MC) 2:30 Snake and Ladders (MC) 3:00 History Presentation with Richard Jordan (TC) 3:30 Game match (MC) 6:15 Calming Colour By Number with Classical Music (MC)</p>	<p><b>6</b></p> <p>10:00 Zumba (MC) 10:40 Games (MC) 1:30 Outing Erin Mills Town Center (OUTS) 3:00 Animal Race! (MC) 4:00 Life Skills: Gardening, Set Tables, Laundry Folding (MC) 6:00 BINGO with Household Team (MC)</p>	<p><b>7</b></p> <p>10:00 Light Stretch (MC) 10:40 Morning Games (MC) 1:30 Reading Group (MC) 2:00 Games with Diana (MC) 3:00 Creative Art - MoMA (MC) 6:00 Classical Music Concerts (MC)</p>	<p><b>8</b></p> <p><b>International Women's Day (Wear Purple)</b></p> <p>10:00 Gentle Stretch Class (MC) 10:40 Games (MC) 1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program (LL) 2:15 Drumfit (MC) 3:00 Friday Fun Social with Karoke and Games (ALDR) 3:30 Walking Group (OUTS) 6:00 Disney: Funniest Home Videos (MC)</p>	<p><b>9</b></p> <p>12:00 Spring Your Clocks Forward One Hour Before Bed 10:30 Zumba with Fernanda (AR) 11:00 Weekend Indoor Walk (MC) 2:00 Snack Social with Household Team (MC) 3:00 Games w/ Saran (MC) 4:00 Sing Along w/Suzie Q (MC) 6:00 Saturday Night Games with Household Team! (MC)</p>
<p><b>10</b></p> <p>10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)</p>	<p><b>11</b></p> <p>10:00 Gentle Stretch Class (MC) 10:45 Singfit (MC) 1:30 Art and Craft (MC) 2:30 UNO - Match (MC) 3:30 Games (MC) 6:00 Creative Art Corner (3AR)</p>	<p><b>12</b></p> <p>10:00 Noodle Ballon (MC) 10:40 Play Sequence! (MC) 1:15 After Lunch Walk**Outside Depending Weather** (MC) 2:00 Tea Time Social with Board Games (MC) 2:30 Snake and Ladders (MC) 3:00 Entertainment with David Skolnick (LL) 6:15 Calming Colour By Number with Classical Music (MC)</p>	<p><b>13</b></p> <p>10:00 Zumba (MC) 10:40 Games (MC) 12:00 Outing: Entertainment &amp; Lunch at Cuchulainn's Pub *Sign up* (E) 2:00 Baking Club (MC) 3:00 Nails Spa (MC) 4:00 Life Skills: Gardening, Set Tables, Laundry Folding (MC) 6:00 BINGO with Household Team (MC)</p>	<p><b>14</b></p> <p><b>National Potato Chip Day (LL)</b></p> <p>10:00 Light Stretch (MC) 10:40 Morning Games (MC) 1:30 Reading Group (MC) 3:00 Creative Art - MoMA (MC) 6:00 Classical Music Concerts (MC)</p>	<p><b>15</b></p> <p>10:00 Gentle Stretch Class (MC) 10:40 Games (MC) 1:30 Matching Game (MC) 2:15 Drumfit (MC) 3:00 Friday Fun Social with Karoke and Games (ALDR) 3:30 Walking Group (OUTS) 6:00 Disney: Funniest Home Videos (MC)</p>	<p><b>16</b></p> <p>10:30 Zumba with Fernanda (AR) 11:00 Weekend Indoor Walk (MC) 2:00 Snack Social with Household Team (MC) 3:00 Games w/ Saran (MC) 4:00 Sing Along w/Suzie Q (MC) 6:00 Saturday Night Games with Household Team! (MC)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> 10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 St Patricks Day Bingo (MC) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)	<b>18</b> 10:00 Gentle Stretch Class (MC) 10:45 Singfit (MC) 1:30 Art and Craft (MC) 2:30 UNO - Match (MC) 3:30 Games (MC) 6:00 Make a Bamboo (MC)	<b>19</b> First Day of S-P-R-I-N-G 10:00 Noodle Ballon (MC) 10:40 Play Sequence! (MC) 1:15 After Lunch Walk**Outside Depending Weather** (MC) 2:00 Nails Spa (MC) 2:15 Tea Time Social with Board Games (MC) 2:30 Snake and Ladders (MC) 3:00 Making Spring Arrangements with Life Enrichment (CK) 6:15 Calming Colour By Number with Classical Music (MC)	<b>20</b> 10:00 Zumba (MC) 10:40 Games (MC) 11:00 Vendor: Jewelry by Maria (LL) 2:00 Resident Town Hall with Amy (TC) 2:00 Movie Matinee: Mama Mia (TC) 3:00 Animal Race! (MC) 4:00 Life Skills: Gardening, Set Tables, Laundry Folding (MC) 6:00 BINGO with Household Team (MC)	<b>21</b> Port of Call Spain Wear Your Floral wear (LL) 10:00 Light Stretch (MC) 10:40 Morning Games (MC) 1:30 Picasso's Palette - MoMA (MC) 2:00 Diana's Spanish Gala Games (MC) 2:30 Deck Cocktails & Learn Spanish (B) 3:00 Entertainment Jorge Lopez: Spanish Guitar (LL) 6:00 Classical Music Concerts (MC)	<b>22</b> Port of Call Morocco Dress for The Beach! 10:00 Gentle Stretch Class (MC) 10:40 What's That Scent?? (MC) 1:30 Beach Games (LL) 2:00 Beach Photo Booth (LL) 2:15 Drumfit (MC) 3:30 Walking Group (OUTS) 6:00 Disney: Funniest Home Videos (MC)	<b>23</b> Port of Call Italy Wear Your Bright Colours 10:30 Zumba with Fernanda (AR) 11:00 Weekend Indoor Walk (MC) 1:00 National Mediterranean Open House**Sea Posters for Activity Information** (LL) 6:00 Saturday Night Games with Household Team! (MC)
<b>24</b> Port Of Call Turkey Wear Your Sun Hats (LL) 10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 Istanbul Bingo Bazaar (Bingo) (MC) 3:00 Anatolian Melody Cafe (Java Music) (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)	<b>25</b> Port of Call Greece Wear White 10:00 Gentle Stretch Class (MC) 10:30 Make Your Own Leaf Crown (CK) 10:45 Singfit (MC) 11:45 Captain's Lunch 1:30 Art and Craft (MC) 2:30 UNO - Match (MC) 3:30 Games (MC) 6:30 Entertainment with Martin Wall (LL)	<b>26</b> Port of Call Croatia Wear Your Best Tacky Tourist Outfit (LL) 10:00 Noodle Ballon (MC) 10:40 Play Sequence! (MC) 1:15 After Lunch Walk**Outside Depending Weather** (MC) 2:15 Tea Time Social with Board Games (MC) 3:00 Chef Demo Featuring (CK) 3:30 Game match (MC) 6:15 Calming Colour By Number with Classical Music (MC)	<b>27</b> Port of Call France Wear Your Sparkle, Bling, Sports Coats (LL) 10:00 Zumba (MC) 10:40 Games (MC) 2:30 Explore French Wine And Cheese (LL) 3:00 Animal Race! (MC) 4:00 Life Skills: Gardening, Set Tables, Laundry Folding (MC) 4:45 Gala Dinner 6:00 BINGO with Household Team (MC)	<b>28</b> Return To Canada Wear Your Canadian Gear (LL) 10:00 Light Stretch (MC) 10:40 Morning Games (MC) 1:30 Reading Group (MC) 2:00 Northern Lights Games With Diana (MC) 3:00 Canadian Artist Zack on the Guitar (B) 3:00 Canuck Creations Studio - MoMA (MC) 6:00 Classical Music Concerts (MC)	<b>29</b> Good Friday 10:40 Games (MC) 1:30 Matching Game (MC) 2:30 Easter High Tea Social (CK) 3:30 Walking Group (OUTS) 6:00 Disney: Funniest Home Videos (MC)	<b>30</b> 10:00 Vendor: Traditions Alive (CK) 10:30 Zumba with Fernanda (AR) 11:00 Weekend Indoor Walk (MC) 2:00 Snack Social with Household Team (MC) 3:00 Games w/ Saran (MC) 4:00 Sing Along w/Suzie Q (MC) 6:00 Saturday Night Games with Household Team! (MC)
<b>31</b> Happy Easter Sunday! 10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 11:00 Easter Brunch**Reserve A Spot For Your Guests** (LL) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Comedy Clips (MC) 6:00 Table Top Games with Household Team (MC)					<b>Locations Legend</b> Memory Care (MC) Lower Level (LL) Theatre/Chapel (TC) Outside (OUTS) Activity Room (AR) Country Kitchen (CK)	<b>Calendar Legend</b> Outing Special Program Cruise Week Living, Loving, Local Signature Program