



INSPIRED SENIOR LIVING

# April 2024 Assisted Living

## Credit River Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Gentle Stretch Class (3AR) <b>1</b> 10:15 Walking Group (OUTS) 11:00 Protestant/ Non Denominational Church Service (TC) 1:30 Resident Council Meeting (TC) 1:30 Snakes and ladders (3AR) 2:30 Colouring Social (3F) 3:00 Crocodile and Jenga (3F) 6:00 Movie Night (3F)	10:00 Bowling! (3AR) <b>2</b> 10:30 Gentle Stretch Video (AR) 2:00 TOONIE BINGO! (CK) 3:00 Entertainment with John Ludgate (LL) 6:30 Sing a Tune (3AR)	10:15 Drum Fit (3AR) <b>3</b> 10:45 Walking Group**Outside Depending Weather** (3F) 2:00 Animal Race (3F) 3:00 Java Music (3F) 5:45 Evening BINGO (3AR) 6:30 Tea Time Social (AL)	10:00 Zumba (3F) <b>4</b> 10:40 Fit Minds (AL) 2:00 Games with Diana (MC) 3:00 Creative Art - MoMA (MC) 4:00 Singfit (MC) 6:00 Calming Colouring (3AR)	9:00 Gentle Stretch Class (3AR) <b>5</b> 10:00 Vendor Mary Kay (LL) 10:00 Volleyball (3F) 1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program (LL) 2:30 Choir: The Noteables (LL) 4:00 Walking Group (AL) 4:30 Living Loving Local Dinner: Eggs (DR) 6:30 Comedy with Funniest Animals (AL)	10:30 Zumba with Fernanda (AR) <b>6</b> 1:30 Rosary (TC) 2:00 BINGO for Prizes!! (CK) 3:00 Games w/ Saran (MC) 4:00 Work on a Puzzle (AL) 6:30 After Dinner Tea Social (3AR)
10:00 Activity Packages Available at Health & Wellness Desk (3F) <b>7</b> 10:45 St. Joseph's Parish - Communion (TC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Funniest Videos (3F) 6:00 Disney Collection Movies (3F)	Credit River Auction - All Proceeds to Alzheimers Society (LL) <b>8</b> 9:00 Gentle Stretch Class (3AR) 10:15 Walking Group (OUTS) 1:30 Snakes and ladders (3AR) 2:30 Colouring Social (3F) 3:00 Crocodile and Jenga (3F) 6:00 Movie Night (3F)	Credit River Auction - All Proceeds to Alzheimers Society (LL) <b>9</b> 10:00 Bowling! (3AR) 10:30 Gentle Stretch Video (AR) 2:00 TOONIE BINGO! (CK) 3:15 Wheel of Fortune! (3AR) 6:30 Sing a Tune (3AR)	Credit River Auction - All Proceeds to Alzheimers Society (LL) <b>10</b> 10:15 Drum Fit (3AR) 10:45 Walking Group**Outside Depending Weather** (3F) 1:00 Outing Centennial Park Conservatory (OUTS) 2:00 Animal Race (3F) 2:30 Dinning & Food Discussion w/ Sandeep & Caroline (CK) 5:45 Evening BINGO (3AR) 6:30 Tea Time Social (AL)	Credit River Auction - All Proceeds to Alzheimers Society (LL) <b>11</b> 10:00 Zumba (3F) 10:40 Fit Minds (AL) 2:00 Dice Games (3F) 2:00 Creative Art - MoMA (MC) 3:00 Entertainment with Martin Wall (LL) 6:00 Calming Colouring (3AR)	Credit River Auction - All Proceeds to Alzheimers Society (LL) <b>12</b> 9:00 Gentle Stretch Class (3AR) 10:00 Volleyball (3F) 12:30 Resident Council Elections: Make Your Vote (LL) 2:30 Board Games (3F) 2:30 Credit River Auction Winner Announcements (LL) 3:00 Friday Fun Social with Karoke and Games (ALDR) 4:00 Walking Group (AL) 6:30 Comedy with Funniest Animals (AL)	10:00 Vendor: Traditions Alive (LL) <b>13</b> 10:30 Zumba with Fernanda (AR) 1:30 Rosary (TC) 2:00 BINGO for Prizes!! (CK) 3:00 Games w/ Saran (MC) 4:00 Work on a Puzzle (AL) 6:30 After Dinner Tea Social (3AR)
10:00 Activity Packages Available at Health & Wellness Desk (3F) <b>14</b> 10:45 St. Joseph's Parish - Communion (TC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Funniest Videos (3F) 6:00 Disney Collection Movies (3F)	9:00 Gentle Stretch Class (3AR) <b>15</b> 10:15 Walking Group (OUTS) 11:00 Resident 50/50 Tickets - Proceeds To Alzheimer's Society (LL) 1:30 Snakes and ladders (3AR) 2:30 Colouring Social (3F) 3:00 Crocodile and Jenga (3F) 6:00 Movie Night (3F)	12:00 Resident 50/50 Tickets - Proceeds To Alzheimer's Society (LL) <b>16</b> 10:00 Bowling! (3AR) 10:30 Gentle Stretch Video (AR) 2:00 TOONIE BINGO! (CK) 3:00 Entertainment with David Skolnick (LL) 6:30 Sing a Tune (3AR)	12:00 Resident 50/50 Tickets - Proceeds To Alzheimer's Society (LL) <b>17</b> 10:15 Drum Fit (3AR) 10:45 Walking Group**Outside Depending Weather** (3F) 2:00 Resident Town Hall with Amy (TC) 2:00 Movie Matinee (TC) 5:45 Evening BINGO (3AR) 6:30 Tea Time Social (AL)	12:00 Resident 50/50 Tickets - Proceeds To Alzheimer's Society (LL) <b>18</b> 10:00 Zumba (3F) 10:40 Fit Minds (AL) 2:00 Dice Games (3F) 3:00 Creative Art - MoMA (MC) 3:00 Coffee and Talks with Councilor Brad Butt (TC) 4:00 Singfit (MC) 6:00 Calming Colouring (3AR)	12:00 Resident 50/50 Tickets - Proceeds To Alzheimer's Society (LL) <b>19</b> 9:00 Gentle Stretch Class (3AR) 10:00 Volleyball (3F) 1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program (LL) 2:30 Board Games (3F) 3:00 Friday Fun Social with Karoke and Games (ALDR) 4:00 Walking Group (AL) 6:30 Comedy with Funniest Animals (AL)	10:30 Zumba with Fernanda (AR) <b>20</b> 1:30 Rosary (TC) 2:00 BINGO for Prizes!! (CK) 3:00 Games w/ Saran (MC) 4:00 Work on a Puzzle (AL) 6:30 After Dinner Tea Social (3AR)





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>10:00 Activity Packages Available at Health &amp; Wellness Desk (3F) 21</b> <b>10:45 St. Joseph's Parish - Communion (TC)</b> <b>2:00 Bingo (MC)</b> <b>3:00 Java Music (MC)</b> <b>4:00 Funniest Videos (3F)</b> <b>6:00 Disney Collection Movies (3F)</b>	<b>Raffle Baskets - All Proceeds to Alzheimers Society (LL) Artful Enrichment Week 22</b> <b>9:00 Gentle Stretch Class (3AR)</b> <b>10:15 Walking Group (OUTS)</b> <b>1:30 Snakes and ladders (3AR)</b> <b>2:00 Painting Bubbles (CK)</b> <b>2:30 Colouring Social (3F)</b> <b>3:00 Entertainment with Duo Me &amp; B (LL)</b> <b>6:00 Movie Night (3F)</b>	<b>Raffle Baskets - All Proceeds to Alzheimers Society (LL) Artful Enrichment Week 23</b> <b>10:00 Planting Seeds - Getting Ready For The Graden (3AR)</b> <b>10:30 Gentle Stretch Video (AR)</b> <b>2:00 TOONIE BINGO! (CK)</b> <b>3:15 Decorating Cupcakes (3F)</b> <b>6:30 Sing a Tune (3AR)</b>	<b>Raffle Baskets - All Proceeds to Alzheimers Society (LL) Artful Enrichment Week Happy Administration Day - Thank You to Our Admin Team 24</b> <b>10:15 Drum Fit (3AR)</b> <b>10:45 Walking Group**Outside Depending Weather** (3F)</b> <b>2:00 Resident Art walk: Come Check Out The Talent (CK)</b> <b>2:00 Making Your Own Door Sign (3F)</b> <b>3:00 Entertainment with Siobhan! (LL)</b> <b>5:45 Evening BINGO (3AR)</b> <b>6:30 Tea Time Social (AL)</b>	<b>Raffle Baskets - All Proceeds to Alzheimers Society (LL) Artful Enrichment Week 25</b> <b>10:00 Zumba (3F)</b> <b>10:40 Fit Minds (AL)</b> <b>2:00 Creative Art - MoMA (MC)</b> <b>3:00 Entertainment with Zack! (LL)</b> <b>4:00 Singfit (MC)</b> <b>6:00 Calming Colouring (3AR)</b>	<b>Raffle Baskets - All Proceeds to Alzheimers Society (LL) Artful Enrichment Week 26</b> <b>9:00 Gentle Stretch Class (3AR)</b> <b>10:00 Voleyball (3F)</b> <b>2:30 Making Suncatchers (3F)</b> <b>3:00 Making Key Chains (ALDR)</b> <b>4:00 Walking Group (AL)</b> <b>6:30 Comedy with Funniest Animals (AL)</b>	<b>10:30 Zumba with Fernanda (AR) 27</b> <b>1:30 Rosary (TC)</b> <b>2:00 BINGO for Prizes!! (CK)</b> <b>3:00 Games w/ Saran (MC)</b> <b>4:00 Work on a Puzzle (AL)</b> <b>6:30 After Dinner Tea Social (3AR)</b>
<b>10:00 Activity Packages Available at Health &amp; Wellness Desk (3F) 28</b> <b>10:45 St. Joseph's Parish - Communion (TC)</b> <b>2:00 Bingo (MC)</b> <b>2:00 Monthly Birthday Party for this Month! (AL)</b> <b>3:00 Java Music (MC)</b> <b>4:00 Funniest Videos (3F)</b> <b>6:00 Disney Collection Movies (3F)</b>	<b>9:00 Gentle Stretch Class (3AR) 29</b> <b>10:15 Walking Group (OUTS)</b> <b>1:30 Snakes and ladders (3AR)</b> <b>2:30 Colouring Social (3F)</b> <b>3:00 Crocodile and Jenga (3F)</b> <b>4:00 Life Enrichment Program Meeting (TC)</b> <b>6:00 Movie Night (3F)</b>	<b>10:00 Bowling! (3AR) 30</b> <b>10:30 Gentle Stretch Video (AR)</b> <b>2:00 TOONIE BINGO! (CK)</b> <b>3:15 Wheel of Fortune! (3AR)</b> <b>6:30 Sing a Tune (3AR)</b>	 <b>Parkinson's Awareness Month</b>		 <b>Earth Day</b>	

MONDAY  
APR 22

Earth Day

### Locations Legend

- 3rd Floor (3F)
- 3rd Floor Activity Room (3AR)
- Lower Level (LL)
- assisted Living (AL)
- Memory Care (MC)
- Theatre/Chapel (TC)
- Country Kitchen (CK)
- Activity Room (AR)
- Outside (OUTS)
- Assisted Living DR (ALDR)
- Dining Room (DR)



### Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program

WEDNESDAY  
APR 24



National Administrative Professionals Day