



INSPIRED SENIOR LIVING

April 2024 Memory Care

Credit River Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00 Gentle Stretch Class (MC) 1</p> <p>10:45 Singfit (MC)</p> <p>11:00 Protestant/ Non Denominational Church Service (TC)</p> <p>1:30 Art and Craft (MC)</p> <p>2:30 UNO - Match (MC)</p> <p>3:30 Walking Group: Outside Depending Weather (MC)</p> <p>6:00 Colouring Social With household Team (MC)</p>	<p>10:00 Noodle Ballon (MC) 2</p> <p>10:40 Play Sequence! (MC)</p> <p>1:30 Indoor Walk (MC)</p> <p>2:30 Snake and Ladders (MC)</p> <p>3:00 Entertainment with John Ludgate (LL)</p> <p>6:00 Crafts with Kay (MC)</p>	<p>10:00 Zumba (MC) 3</p> <p>10:40 Games (MC)</p> <p>1:30 Baking! (MC)</p> <p>2:00 Tea Time with Did you Know.....? (MC)</p> <p>3:00 Animal Race! (MC)</p> <p>6:00 BINGO with Household Team (MC)</p>	<p>10:00 Light Stretch (MC) 4</p> <p>10:40 Morning Games (MC)</p> <p>1:30 Reading Group (MC)</p> <p>2:00 Games with Diana (MC)</p> <p>3:00 Creative Art - MoMA (MC)</p> <p>6:00 Life Skills: Gardening, Clean Tables, Laundry Folding (MC)</p>	<p>10:00 Vendor Mary Kay (LL) 5</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:40 Games (MC)</p> <p>1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program (LL)</p> <p>2:15 Drumfit (MC)</p> <p>2:30 Choir: The Noteables (LL)</p> <p>3:30 Indoor Walking Group (MC)</p> <p>4:30 Living Loving Local Dinner: Eggs (DR)</p> <p>6:00 Disney: Funniest Home Videos (MC)</p>	<p>10:30 Zumba with Fernanda (AR) 6</p> <p>11:00 Weekend Indoor Walk (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Games w/ Saran (MC)</p> <p>4:00 Sing Along w/Suzie Q (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>
<p>10:00 Games (MC) 7</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>1:30 Tea Time Social and Games (MC)</p> <p>2:00 Bingo (MC)</p> <p>3:00 Java Music (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p>	<p>Credit River Auction - All Proceeds to Alzheimers Society (LL) 8</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:45 Singfit (MC)</p> <p>1:30 Art and Craft (MC)</p> <p>2:30 UNO - Match (MC)</p> <p>3:30 Walking Group: Outside Depending Weather (MC)</p> <p>6:00 Colouring Social With household Team (MC)</p>	<p>Credit River Auction - All Proceeds to Alzheimers Society (LL) 9</p> <p>10:00 Noodle Ballon (MC)</p> <p>10:40 Play Sequence! (MC)</p> <p>1:30 Indoor Walk (MC)</p> <p>2:30 Snake and Ladders (MC)</p> <p>3:30 Game match (MC)</p> <p>6:00 Crafts with Kay (MC)</p>	<p>Credit River Auction - All Proceeds to Alzheimers Society (LL) 10</p> <p>10:00 Zumba (MC)</p> <p>10:40 Games (MC)</p> <p>1:00 Outing Centennial Park Conservatory (OUTS)</p> <p>2:00 Tea Time with Did you Know.....? (MC)</p> <p>3:00 Animal Race! (MC)</p> <p>6:00 BINGO with Household Team (MC)</p>	<p>Credit River Auction - All Proceeds to Alzheimers Society (LL) 11</p> <p>10:00 Light Stretch (MC)</p> <p>10:40 Morning Games (MC)</p> <p>1:30 Reading Group (MC)</p> <p>2:00 Creative Art - MoMA (MC)</p> <p>3:00 Entertainment with Martin Wall (LL)</p> <p>6:00 Life Skills: Gardening, Clean Tables, Laundry Folding (MC)</p>	<p>Credit River Auction - All Proceeds to Alzheimers Society (LL) 12</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:40 Games (MC)</p> <p>1:30 Matching Game (MC)</p> <p>2:15 Drumfit (MC)</p> <p>2:30 Credit River Auction Winner Announcements (LL)</p> <p>3:00 Friday Fun Social with Karoke and Games (ALDR)</p> <p>3:30 Indoor Walking Group (MC)</p> <p>6:00 Disney: Funniest Home Videos (MC)</p>	<p>10:00 Vendor: Traditions Alive (LL) 13</p> <p>10:30 Zumba with Fernanda (AR)</p> <p>11:00 Weekend Indoor Walk (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Games w/ Saran (MC)</p> <p>4:00 Sing Along w/Suzie Q (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>
<p>10:00 Games (MC) 14</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>1:30 Tea Time Social and Games (MC)</p> <p>2:00 Bingo (MC)</p> <p>3:00 Java Music (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p>	<p>10:00 Gentle Stretch Class (MC) 15</p> <p>10:45 Singfit (MC)</p> <p>1:30 Art and Craft (MC)</p> <p>2:30 UNO - Match (MC)</p> <p>3:30 Walking Group: Outside Depending Weather (MC)</p> <p>6:00 Colouring Social With household Team (MC)</p>	<p>10:00 Noodle Ballon (MC) 16</p> <p>10:40 Play Sequence! (MC)</p> <p>1:30 Indoor Walk (MC)</p> <p>2:30 Snake and Ladders (MC)</p> <p>3:00 Entertainment with David Skolnick (LL)</p> <p>3:30 Game match (MC)</p> <p>6:00 Crafts with Kay (MC)</p>	<p>10:00 Zumba (MC) 17</p> <p>10:40 Games (MC)</p> <p>1:30 Baking! (MC)</p> <p>2:00 Resident Town Hall with Amy (TC)</p> <p>2:00 Movie Matinee (TC)</p> <p>3:00 Animal Race! (MC)</p> <p>6:00 BINGO with Household Team (MC)</p>	<p>10:00 Light Stretch (MC) 18</p> <p>10:40 Morning Games (MC)</p> <p>1:30 Reading Group (MC)</p> <p>3:00 Creative Art - MoMA (MC)</p> <p>3:00 Coffee and Talks with Councilor Brad Butt (TC)</p> <p>6:00 Life Skills: Gardening, Clean Tables, Laundry Folding (MC)</p>	<p>10:00 Gentle Stretch Class (MC) 19</p> <p>10:40 Games (MC)</p> <p>1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program (LL)</p> <p>1:30 Matching Game (MC)</p> <p>2:15 Drumfit (MC)</p> <p>3:00 Friday Fun Social with Karoke and Games (ALDR)</p> <p>3:30 Indoor Walking Group (MC)</p> <p>6:00 Disney: Funniest Home Videos (MC)</p>	<p>10:30 Zumba with Fernanda (AR) 20</p> <p>11:00 Weekend Indoor Walk (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Games w/ Saran (MC)</p> <p>4:00 Sing Along w/Suzie Q (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>





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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 Bingo (MC) 3:00 Java Music (MC) 6:00 Table Top Games with Household Team (MC)	22 Artful Enrichment Week 10:00 Gentle Stretch Class (MC) 10:45 Singfit (MC) 1:30 Painting Bubbles (CK) 2:30 UNO - Match (MC) 3:00 Entertainment with Duo Me & B (LL) 6:00 Colouring Social With household Team (MC)	23 Artful Enrichment Week 10:00 Noodle Ballon (MC) 10:40 Play Sequence! (MC) 1:30 Indoor Walk (MC) 2:30 Paint by Number (MC) 3:30 Game match (MC) 6:00 Crafts with Kay (MC)	24 Artful Enrichment Week Happy Administration Day - Thank You to Our Admin Team 10:00 Zumba (MC) 10:40 Baking! (MC) 2:00 Resident Art walk: Come Check Out The Talent (CK) 2:00 Tea Time with Did you Know.....? (MC) 3:00 Entertainment with Siobhan! (LL) 6:00 BINGO with Household Team (MC)	25 Artful Enrichment Week 10:00 Light Stretch (MC) 10:40 Art with Nature (MC) 1:30 Reading Group (MC) 2:00 Creative Art - MoMA (MC) 3:00 Entertainment with Zack! (LL) 6:00 Life Skills: Gardening, Clean Tables, Laundry Folding (MC)	26 Artful Enrichment Week 10:00 Gentle Stretch Class (MC) 10:40 Flower Arrangements (MC) 1:30 Matching Game (MC) 2:00 Feel Frantastic with Dancersize!! **NEW** (MC) 2:15 Drumfit (MC) 3:00 Making Key Chains (ALDR) 3:30 Indoor Walking Group (MC) 6:00 Disney: Funniest Home Videos (MC)	27 10:30 Zumba with Fernanda (AR) 11:00 Weekend Indoor Walk (MC) 2:00 Snack Social with Household Team (MC) 3:00 Games w/ Saran (MC) 4:00 Sing Along w/Suzie Q (MC) 6:00 Saturday Night Games with Household Team! (MC)
28 10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 Bingo (MC) 3:00 Java Music (MC) 6:00 Table Top Games with Household Team (MC)	29 10:00 Gentle Stretch Class (MC) 10:45 Singfit (MC) 1:30 Art and Craft (MC) 2:30 UNO - Match (MC) 3:30 Walking Group: Outside Depending Weather (MC) 6:00 Colouring Social With household Team (MC)	30 10:00 Noodle Ballon (MC) 10:40 Play Sequence! (MC) 1:30 Indoor Walk (MC) 2:30 Snake and Ladders (MC) 3:30 Game match (MC) 6:00 Crafts with Kay (MC)	 Parkinson's Awareness Month		 Monday APR 22 Earth Day	

Locations Legend

Memory Care (MC)
 Lower Level (LL)
 Theatre/Chapel (TC)
 Activity Room (AR)

Assisted Living DR (ALDR)
 Country Kitchen (CK)
 Dining Room (DR)
 Outside (OUTS)



Calendar Legend

Outing
 Special Program
 Living, Loving, Local
 Signature Program