




INSPIRED SENIOR LIVING

May 2024

Assisted Living

Credit River Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>Mental Health Awareness Month</p>			10:00 Vendor: Shanny's Shortbread (LL) 10:15 Drum Fit (3AR) 11:00 Did you Know....? (3AR) 2:00 Animal Race 2:30 Artful Enrichment Painting (AR) 3:30 Resident Choice - Games in the Bistro (B) 5:45 Evening BINGO (3AR) 6:30 Tea Time Social	10:00 Zumba 10:00 Vendor: Adrians Family Clothing 10:40 Fit Minds 1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS) 2:00 Dice Games 2:00 Creative Art - MoMA (MC) 4:00 Singfit (MC) 6:00 Calming Colouring (3AR)	9:00 Gentle Stretch Class (3AR) 10:00 Vendor Mary Kay 10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS) 1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program 2:30 Noodle Balloon 3:00 Friday Fun Social with Karoke and Games 4:45 Living Loving Local Dinner: Rhubarb 6:30 Comedy with Funniest Animals	10:30 Zumba with Fernanda (AR) 1:30 Rosary (TC) 2:00 BINGO for Prizes!! (CK) 3:00 Games w/ Saran (MC) 4:00 Work on a Puzzle 6:30 Singing with Suzy Q (3AR)	
	5 Cinco De Mayo 10:00 Morning Hymn Sing (3AR) 10:45 St. Joseph's Parish - Communion (TC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Funniest Videos (3AR) 4:45 Cinco de Mayo Dinner 6:00 Travelogue Series (3AR)	6 9:00 Gentle Stretch Class (3AR) 10:15 Walking Group (OUTS) 11:00 Protestant/ Non Denominational Church Service (TC) 1:30 Resident Council Meeting (TC) 1:30 Snakes and ladders (3AR) 2:30 Entertainment with Mariachi Fuego 6:00 Movie Night	7 10:00 What Happened This Week In History (3AR) 10:30 Gentle Stretch (AR) 1:30 Wheel of Fortune! (3AR) 2:00 TOONIE BINGO! (CK) 2:30 Artful Talks (3AR) 3:00 Entertainment with David Skolnick 6:30 Sing a Tune (3AR)	8 10:15 Drum Fit (3AR) 11:00 Did you Know....? (3AR) 1:30 Noodle Balloon (3AR) 2:00 Wheel of Fortune (3AR) 3:00 BINGO (3AR) 4:00 Patio Talks (3P) 6:30 Tea Time Social	9 10:00 Zumba 10:40 Fit Minds (3AR) 1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS) 2:00 Creative Art - MoMA (MC) 3:00 Entertainment with Martin Wall 4:00 Singfit (MC) 6:00 Calming Colouring (3AR)	10 9:00 Gentle Stretch Class (3AR) 10:00 Vendor; Bijoux Treasures from Inga 10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS) 2:00 Strawberry Rhubarb Pie Social (3AR) 3:00 Afternoon Games and Music (LL) 6:30 Comedy with Funniest Animals	11 10:30 Zumba with Fernanda (AR) 1:30 Rosary (TC) 2:00 BINGO for Prizes!! (CK) 3:00 Games w/ Saran (MC) 4:00 Work on a Puzzle 6:30 Singing with Suzy Q (3AR)
	12 10:00 Morning Hymn Sing (3AR) 10:45 St. Joseph's Parish - Communion (TC) 11:30 Mothers Day Buffet (DR) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Funniest Videos (3AR) 6:00 Travelogue Series (3AR)	13 9:00 Gentle Stretch Class (3AR) 10:15 Walking Group (OUTS) 1:30 Snakes and ladders (3AR) 2:30 Colouring Social 3:00 Spa Day: Paint Your Nails (MC) 4:00 Sing Fit (3AR) 6:00 Movie Night	14 10:00 What Happened This Week In History (3AR) 10:30 Gentle Stretch (AR) 2:00 TOONIE BINGO! (CK) 2:00 Wheel of Fortune! (3AR) 2:30 Artful Talks (3AR) 3:00 Physical Games! (3AR) 3:00 Physical Games! (3AR) 6:30 Sing a Tune (3AR)	15 10:15 Drum Fit (3AR) 11:00 Did you Know....? (3AR) 1:30 Noodle Balloon (3AR) 2:00 Wheel of Fortune (3AR) 2:30 Artful Enrichment Painting (AR) 3:00 BINGO (3AR) 4:00 Patio Talks (3P) 6:30 Tea Time Social	16 10:00 Zumba 10:40 Fit Minds (3AR) 1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS) 2:00 Dice Games 3:00 Creative Art - MoMA (MC) 4:00 Singfit (MC) 6:00 Calming Colouring (3AR)	17 9:00 Gentle Stretch Class (3AR) 10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS) 1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program 2:00 Animal Race (3AR) 3:00 Afternoon Games and Music (LL) 6:30 Comedy with Funniest Animals	18 10:30 Zumba with Fernanda (AR) 1:30 Rosary (TC) 2:00 BINGO for Prizes!! (CK) 3:00 Games w/ Saran (MC) 4:00 Work on a Puzzle 6:30 Singing with Suzy Q (3AR)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Morning Hymn Sing (3AR) 19 10:45 St. Joseph's Parish - Communion (TC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Funniest Videos (3AR) 6:00 Travelogue Series (3AR)	9:00 Gentle Stretch Class (3AR) 20 10:15 Walking Group (OUTS) 1:30 Snakes and ladders (3AR) 2:30 Colouring Social 3:00 Spa Day: Paint Your Nails (MC) 4:00 Sing Fit (3AR) 6:00 Movie Night	National Tea Day 21 10:00 Vendor: Jewelry by Maria 10:00 What Happened This Week In History (3AR) 10:30 Gentle Stretch (AR) 2:00 TOONIE BINGO! (CK) 2:00 Wheel of Fortune! (3AR) 2:30 Artful Talks (3AR) 3:00 Come for a Spot of Tea and Treats (CK) 6:30 Sing a Tune (3AR)	10:15 Drum Fit (3AR) 22 11:00 Did you Know....? (3AR) 1:30 Noodle Balloon (3AR) 2:00 Wheel of Fortune (3AR) 3:00 BINGO (3AR) 4:00 Patio Talks (3P) 6:30 Tea Time Social	10:00 Zumba 23 10:40 Fit Minds (3AR) 1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS) 2:00 Dice Games 2:00 Creative Art - MoMA (MC) 3:00 Entertainment with Zack! 4:00 Singfit (MC) 6:00 Calming Colouring (3AR)	National Scavenger Hunt Day! 24 9:00 Gentle Stretch Class (3AR) 10:00 Find the Hidden Objects following the Clues - Pick up at Reception 10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS) 1:30 Noodle Balloon (3AR) 2:00 Animal Race (3AR) 3:00 Historian Richard Jordan - Presenting (TC) 3:00 Afternoon Games and Music (LL) 6:30 Comedy with Funniest Animals	10:30 Zumba with Fernanda (AR) 25 1:30 Rosary (TC) 2:00 BINGO for Prizes!! (CK) 3:00 Games w/ Saran (MC) 4:00 Work on a Puzzle 6:30 Singing with Suzy Q (3AR)
10:00 Morning Hymn Sing (3AR) 26 10:45 St. Joseph's Parish - Communion (TC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Funniest Videos (3AR) 6:00 Travelogue Series (3AR)	9:00 Gentle Stretch Class (3AR) 27 10:15 Walking Group (OUTS) 1:30 Snakes and ladders (3AR) 2:30 Colouring Social 3:00 Spa Day: Paint Your Nails (MC) 4:00 Sing Fit (3AR) 6:00 Movie Night	10:00 What Happened This Week In History (3AR) 28 10:30 Gentle Stretch (AR) 2:00 TOONIE BINGO! (CK) 2:00 Monthly Birthday Party for this Month! 2:30 Artful Talks (3AR) 3:00 Physical Games! (3AR) 6:30 Sing a Tune (3AR)	National Golf Day 29 10:15 Drum Fit (3AR) 11:00 Walking Group (OUTS) 1:30 Planting Flowers on the Patio (3P) 2:30 Credit River Mini Golf 4:00 Patio Talks (3P) 6:30 Tea Time Social	10:00 Zumba 30 10:00 Vendor: Traditions Alive (LL) 10:40 Fit Minds (3AR) 1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS) 2:00 Dice Games 3:00 Creative Art - MoMA (MC) 4:00 Singfit (MC) 6:00 Calming Colouring (3AR)	9:00 Gentle Stretch Class (3AR) 31 10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS) 1:15 Intergenerational Programs with Grade 7's - Games in The Parkette (OUTS) 2:00 Noodle Balloon (3AR) 2:30 Ice Cream Floats! (B) 3:00 Entertainment with Marcus Schwan! 6:30 Comedy with Funniest Animals	

Locations Legend

3rd Floor Activity Room (3AR)
 Memory Care (MC)
 Outside (OUTS)
 Theatre/Chapel (TC)
 Activity Room (AR)

Country Kitchen (CK)
 Lower Level (LL)
 3rd Floor Patio (3P)
 Bistro/Bar (B)
 Dining Room (DR)



MONDAY
MAY
12

Victoria Day

Calendar Legend

Outing
 Special Program
 Living, Loving, Local
 Signature Program