




INSPIRED SENIOR LIVING

May 2024 Memory Care

Credit River Retirement Residence

CREDIT RIVER
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>Mental Health Awareness Month</p>			<p>10:00 Zumba (MC) 1</p> <p>10:00 Vendor: Shanny's Shortbread (LL)</p> <p>10:40 Baking! (MC)</p> <p>1:30 Dice Game: Roll A Portrait (MC)</p> <p>2:00 Tea Time with Did you Know.....? (MC)</p> <p>2:30 Animal Race! (MC)</p> <p>3:30 Fill In The Blanks..... (MC)</p> <p>4:00 Life Skills: Set Up For Dinner! (MC)</p> <p>6:00 BINGO with Household Team (MC)</p> <p>7:00 Evening Snack & Chat (MC)</p>	<p>10:00 Light Stretch (MC) 2</p> <p>10:00 Vendor: Adrians Family Clothing</p> <p>10:40 Morning Games (MC)</p> <p>1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS)</p> <p>2:00 Creative Art - MoMA (MC)</p> <p>3:00 Singfit! (MC)</p> <p>4:00 Finish The Lyrics (MC)</p> <p>6:00 Karaoke Sing-a-long (MC)</p> <p>7:00 Life Skills: Gardening, Clean Tables, Laundry Folding (MC)</p>	<p>10:00 Vendor Mary Kay 3</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS)</p> <p>1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program</p> <p>1:30 Matching Game (MC)</p> <p>2:15 Drumfit (MC)</p> <p>3:00 Friday Fun Social with Karoke and Games</p> <p>4:45 Living Loving Local Dinner: Rhubarb</p> <p>6:00 Therapeutic Colouring Social With Household Team (MC)</p> <p>7:00 Disney: Funniest Home Videos (MC)</p>	<p>10:00 Colouring Social (MC) 4</p> <p>10:30 Zumba with Fernanda (AR)</p> <p>11:00 Weekend Indoor Walk (MC)</p> <p>1:30 Noodle Balloon (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Games w/ Saran (MC)</p> <p>4:00 Sing Along w/Suzie Q (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>	
	<p>Cinco De Mayo 5</p> <p>10:00 Games (MC)</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>1:30 Tea Time Social and Games (MC)</p> <p>2:00 Bingo (MC)</p> <p>3:00 Java Music (MC)</p> <p>5:30 After Dinner Walking Group (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p>	<p>6</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:45 Singfit (MC)</p> <p>11:00 Protestant/ Non Denominational Church Service (TC)</p> <p>1:30 Art Corner (MC)</p> <p>2:30 Entertainment with Mariachi Fuego</p> <p>2:30 UNO - Match (MC)</p> <p>3:30 Walking Group: Outside Depending Weather (MC)</p> <p>4:45 Cinco de Mayo Dinner</p> <p>6:00 Colouring Social With household Team (MC)</p> <p>6:30 Story Telling with Household Team (MC)</p>	<p>7</p> <p>10:00 Noodle Ballon (MC)</p> <p>10:40 Play Sequence! (MC)</p> <p>1:30 Physical Games (MC)</p> <p>2:30 Snake and Ladders (MC)</p> <p>3:00 Entertainment with David Skolnick</p> <p>3:30 Matching Game (MC)</p> <p>4:00 Gardening Club! (MC)</p> <p>6:00 Music & Physical Games (MC)</p> <p>7:00 Armchair Travel: (MC)</p>	<p>8</p> <p>10:00 Zumba (MC)</p> <p>10:40 Baking! (MC)</p> <p>1:30 Dice Game: Roll A Portrait (MC)</p> <p>2:00 Tea Time with Did you Know.....? (MC)</p> <p>2:30 Animal Race! (MC)</p> <p>3:30 Fill In The Blanks..... (MC)</p> <p>4:00 Life Skills: Set Up For Dinner! (MC)</p> <p>6:00 BINGO with Household Team (MC)</p> <p>7:00 Evening Snack & Chat (MC)</p>	<p>9</p> <p>10:00 Light Stretch (MC)</p> <p>10:40 Morning Games (MC)</p> <p>1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS)</p> <p>2:00 Discussion and Making Your own Art (MC)</p> <p>3:00 Entertainment with Martin Wall (LL)</p> <p>3:00 Singfit! (MC)</p> <p>4:00 Finish The Title (MC)</p> <p>6:00 Karaoke Sing-a-long (MC)</p> <p>7:00 Life Skills: Gardening, Clean Tables, Laundry Folding (MC)</p>	<p>10</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:00 Vendor: Bijoux Treasures from Inga</p> <p>10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS)</p> <p>1:30 Matching Game (MC)</p> <p>2:15 Drumfit (MC)</p> <p>3:00 Afternoon Games and Music (LL)</p> <p>6:00 Therapeutic Colouring Social With Household Team (MC)</p> <p>7:00 Disney: Funniest Home Videos (MC)</p>	<p>11</p> <p>10:00 Colouring Social (MC)</p> <p>10:30 Zumba with Fernanda (AR)</p> <p>11:00 Weekend Indoor Walk (MC)</p> <p>1:30 Noodle Balloon (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Games w/ Saran (MC)</p> <p>4:00 Sing Along w/Suzie Q (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>
	<p>12</p> <p>10:00 Games (MC)</p> <p>10:45 St. Joseph's Parish - Communion (TC)</p> <p>11:30 Mothers Day Buffet (DR)</p> <p>1:30 Tea Time Social and Games (MC)</p> <p>2:00 Bingo (MC)</p> <p>3:00 Java Music (MC)</p> <p>5:30 After Dinner Walking Group (MC)</p> <p>6:00 Table Top Games with Household Team (MC)</p>	<p>13</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:45 Singfit (MC)</p> <p>1:30 Art Corner (MC)</p> <p>2:30 UNO - Match (MC)</p> <p>3:00 Spa Day: Paint Your Nails (MC)</p> <p>3:30 Walking Group: Outside Depending Weather (MC)</p> <p>6:00 Colouring Social With household Team (MC)</p> <p>6:30 Story Telling with Household Team (MC)</p>	<p>14</p> <p>10:00 Noodle Ballon (MC)</p> <p>10:40 Play Sequence! (MC)</p> <p>1:30 Physical Games (MC)</p> <p>2:30 Snake and Ladders (MC)</p> <p>3:30 Matching Game (MC)</p> <p>4:00 Gardening Club! (MC)</p> <p>6:00 Music & Physical Games (MC)</p> <p>7:00 Armchair Travel: (MC)</p>	<p>15</p> <p>10:00 Zumba (MC)</p> <p>10:40 Baking! (MC)</p> <p>1:30 Dice Game: Roll A Portrait (MC)</p> <p>2:00 Tea Time with Did you Know.....? (MC)</p> <p>2:30 Animal Race! (MC)</p> <p>3:30 Fill In The Blanks..... (MC)</p> <p>4:00 Life Skills: Set Up For Dinner! (MC)</p> <p>6:00 BINGO with Household Team (MC)</p> <p>7:00 Evening Snack & Chat (MC)</p>	<p>16</p> <p>10:00 Light Stretch (MC)</p> <p>10:40 Morning Games (MC)</p> <p>1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS)</p> <p>2:00 Discussion and Making Your own Art (MC)</p> <p>3:00 Singfit! (MC)</p> <p>4:00 Finish The Phrase (MC)</p> <p>6:00 Karaoke Sing-a-long (MC)</p> <p>7:00 Life Skills: Gardening, Clean Tables, Laundry Folding (MC)</p>	<p>17</p> <p>10:00 Gentle Stretch Class (MC)</p> <p>10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS)</p> <p>1:15 Intergenerational Programs with Grade 7's - Dolphin PS - Join a Program</p> <p>1:30 Matching Game (MC)</p> <p>2:15 Drumfit (MC)</p> <p>3:00 Afternoon Games and Music (LL)</p> <p>6:00 Therapeutic Colouring Social With Household Team (MC)</p> <p>7:00 Disney: Funniest Home Videos (MC)</p>	<p>18</p> <p>10:00 Colouring Social (MC)</p> <p>10:30 Zumba with Fernanda (AR)</p> <p>11:00 Weekend Indoor Walk (MC)</p> <p>1:30 Noodle Balloon (MC)</p> <p>2:00 Snack Social with Household Team (MC)</p> <p>3:00 Games w/ Saran (MC)</p> <p>4:00 Sing Along w/Suzie Q (MC)</p> <p>6:00 Saturday Night Games with Household Team! (MC)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Life Skills (MC) 5:30 After Dinner Walking Group (MC) 6:00 Table Top Games with Household Team (MC)	20 10:00 Gentle Stretch Class (MC) 10:45 Singfit (MC) 1:30 Art Corner (MC) 2:30 UNO - Match (MC) 3:00 Spa Day: Paint Your Nails (MC) 3:30 Walking Group: Outside Depending Weather (MC) 6:00 Colouring Social With household Team (MC) 6:30 Story Telling with Household Team (MC)	21 National Tea Day 10:00 Vendor: Jewelry by Maria 10:00 Noodle Ballon (MC) 10:40 Play Sequence! (MC) 1:30 Physical Games (MC) 2:30 Snake and Ladders (MC) 3:00 Come for a Spot of Tea and Treats (CK) 4:00 Gardening Club! (MC) 6:00 Music & Physical Games (MC) 7:00 Armchair Travel: (MC)	22 10:00 Zumba (MC) 10:40 Baking! (MC) 1:30 Dice Game: Roll A Portrait (MC) 2:00 Tea Time with Did you Know.....? (MC) 2:30 Animal Race! (MC) 3:30 Fill In The Blanks..... (MC) 4:00 Life Skills: Set Up For Dinner! (MC) 6:00 BINGO with Household Team (MC) 7:00 Evening Snack & Chat (MC)	23 10:00 Light Stretch (MC) 10:40 Morning Games (MC) 1:30 Singfit! (MC) 1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS) 2:00 Discussion and Making Your own Art (MC) 3:00 Entertainment with Zack! 4:00 Finish The Sentence (MC) 6:00 Karaoke Sing-a-long (MC) 7:00 Life Skills: Gardening, Clean Tables, Laundry Folding (MC)	24 National Scavenger Hunt Day! 10:00 Gentle Stretch Class (MC) 10:00 Find the Hidden Objects following the Clues - Pick up at Reception 10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS) 1:30 Matching Game (MC) 2:15 Drumfit (MC) 3:00 Historian Richard Jordan - Presenting (TC) 3:00 Afternoon Games and Music (LL) 6:00 Therapeutic Colouring Social With Household Team (MC) 7:00 Disney: Funniest Home Videos (MC)	25 10:00 Colouring Social (MC) 10:30 Zumba with Fernanda (AR) 11:00 Weekend Indoor Walk (MC) 1:30 Noodle Balloon (MC) 2:00 Snack Social with Household Team (MC) 3:00 Games w/ Saran (MC) 4:00 Sing Along w/Suzie Q (MC) 6:00 Saturday Night Games with Household Team! (MC)
26 10:00 Games (MC) 10:45 St. Joseph's Parish - Communion (TC) 1:30 Tea Time Social and Games (MC) 2:00 Bingo (MC) 3:00 Java Music (MC) 4:00 Life Skills (MC) 5:30 After Dinner Walking Group (MC) 6:00 Table Top Games with Household Team (MC)	27 10:00 Gentle Stretch Class (MC) 10:45 Singfit (MC) 1:30 Art Corner (MC) 2:30 Planting Flowers (MC) 2:30 UNO - Match (MC) 3:00 Spa Day: Paint Your Nails (MC) 3:30 Walking Group: Outside Depending Weather (MC) 6:00 Colouring Social With household Team (MC) 6:30 Story Telling with Household Team (MC)	28 10:00 Noodle Ballon (MC) 10:40 Play Sequence! (MC) 1:30 Physical Games (MC) 2:30 Snake and Ladders (MC) 3:30 Matching Game (MC) 4:00 Gardening Club! (MC) 6:00 Music & Physical Games (MC) 7:00 Armchair Travel: (MC)	29 National Golf Day 10:00 Zumba (MC) 10:40 Baking! (MC) 11:00 Walking Group (OUTS) 1:30 Dice Game: Roll A Portrait (MC) 2:00 Tea Time with Did you Know.....? (MC) 2:30 Credit River Mini Golf 4:00 Life Skills: Set Up For Dinner! (MC) 6:00 BINGO with Household Team (MC) 7:00 Evening Snack & Chat (MC)	30 10:00 Light Stretch (MC) 10:00 Vendor: Traditions Alive (LL) 10:40 Morning Games (MC) 1:30 Walking Group with Life Enrichment - Meet at Front Entrance (OUTS) 2:00 Discussion and Making Your own Art (MC) 3:00 Singfit! (MC) 4:00 Finish The Phrase (MC) 6:00 Karaoke Sing-a-long (MC) 7:00 Life Skills: Gardening, Clean Tables, Laundry Folding (MC)	31 10:00 Gentle Stretch Class (MC) 10:15 Morning Walk with Life Enrichment - Meet at Front Entrance (OUTS) 1:15 Intergenerational Programs with Grade 7's - Games in The Parkette (OUTS) 1:30 Matching Game (MC) 2:15 Drumfit (MC) 2:30 Ice Cream Floats! (B) 3:00 Entertainment with Marcus Schwan! 6:00 Therapeutic Colouring Social With Household Team (MC) 7:00 Disney: Funniest Home Videos (MC)	

Locations Legend

Memory Care (MC)
 Outside (OUTS)
 Lower Level (LL)
 Theatre/Chapel (TC)

Activity Room (AR)
 Dining Room (DR)
 Country Kitchen (CK)
 Bistro/Bar (B)



Calendar Legend

Outing
 Special Program
 Living, Loving, Local
 Signature Program