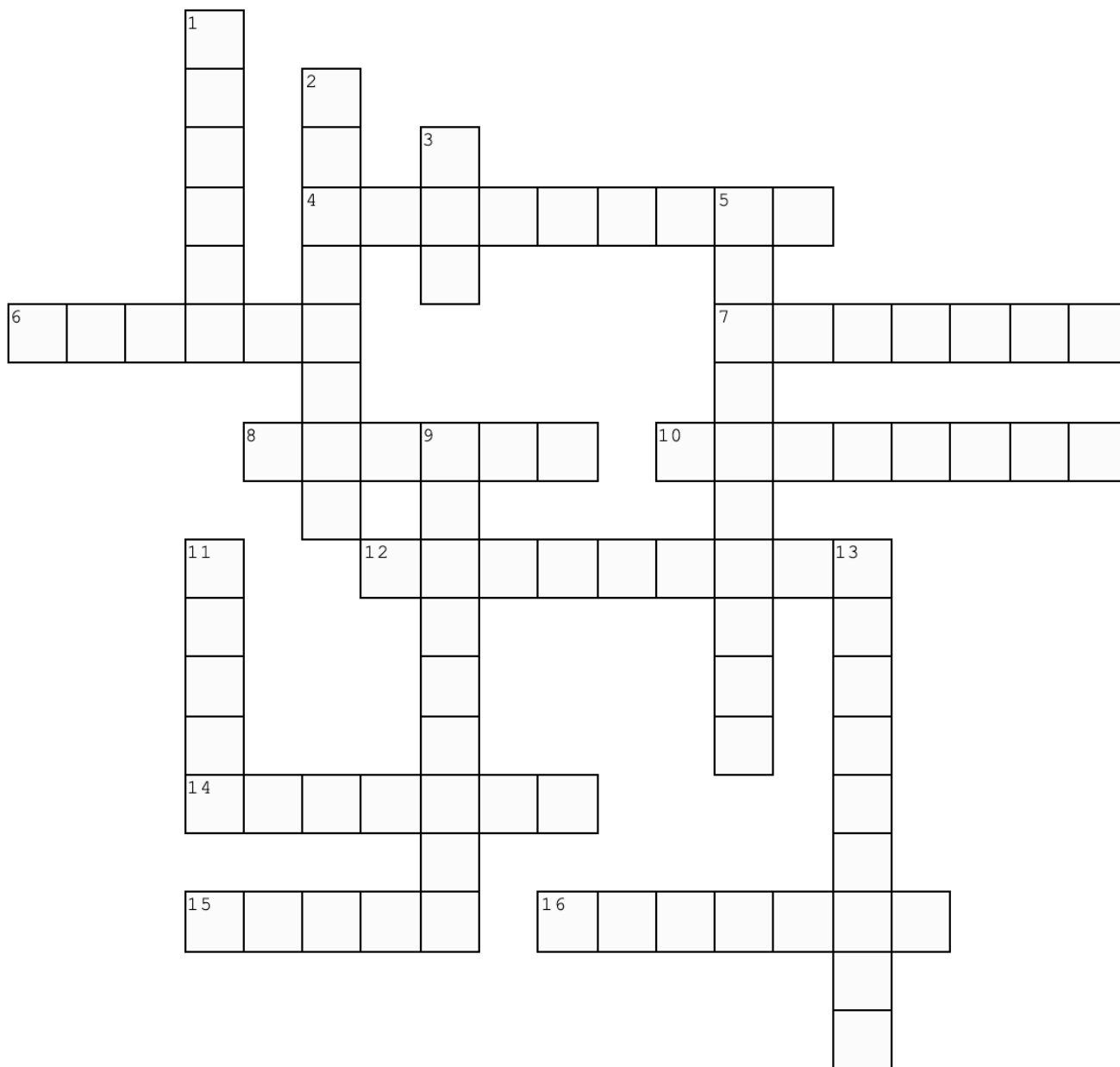


Sweet Treat Activity — Carrots

Complete the crossword puzzle below:

First 10 readers who email in their completed puzzle win a **\$15 Aroma Café Gift Voucher**.

Email: info@donmillsretirement.com



Across

4. This is drained to provide good humus
6. Carrots can be this colour
7. Another name for carrot
8. Cut carrots into
10. These keep us healthy
12. Type of mineral found in carrots
14. Grown without pesticides
15. Bugs _____
16. Carrot dessert from India

Down

1. Small cake sometimes for breakfast
2. Carrot cake, carrot pudding, carrot cookies
3. Not cooked
5. Not only delicious but _____
9. Type of carrot
11. Bigger than ex-large
13. Seeds of carrot plant used for this purpose