Verve INSPIRED SENIOR LIVING

July 2024

Don Mills Retirement Residence

Memory Care

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Happy Canada Day! 9:45 Seated Yoga with Smoothies (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Picture Bingo (MC) 2:00 Freshly Baked Goods Social (MC) 2:00 Canada Day Celebration with Ed Cotton (B/B) 3:00 Collaborative Coloring (MC) 4:00 Trivia Time (MC) 6:00 Reading with Household (MC)	**2** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Fitminds Interactive (MC) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (MC)	**3** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 10:45 Outing: Tim Hortons (OUT) 11:30 Daily Chronicles (MC) 1:30 Movie and Popcorn (T&L) 2:00 Freshly Baked Goods Social (MC) 3:30 Life Skill: Folding and Sorting (MC) 6:00 Coloring Inn W/ RSA's (MC)	**4** 9:45 Watering the Garden (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Shuffleboard (SP) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**5** 9:45 Morning Exercise (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails Social (MC) 3:00 Meditation and Mandela Coloring (MC) 3:30 Entertainment w/ Bruce Tournay (B/B) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**6** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Go for Life Walking Group (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Jigsaw Puzzle w/ RSA (MC) 6:00 You and Me Time with the Household Team (MC)
7 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Walking and Music w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**8** 9:45 Seated Yoga with Smoothies (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Picture Bingo (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 3:00 Bowling (MC) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**9** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Fitminds Interactive (MC) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (MC)	**10** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 11:00 Math Fitness (MC) 11:30 Daily Chronicles (MC) 1:30 Movie and Popcorn (T&L) 2:00 Freshly Baked Goods Social (MC) 3:30 Life Skill: Folding and Sorting (MC) 6:00 Coloring Inn W/ RSA's (MC)	**11** 9:45 Watering the Garden (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Shuffleboard (SP) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**12** 9:45 Morning Exercise (MC) 10:30 Bird House Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**13** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Go for Life Walking Group (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Jigsaw Puzzle w/ RSA (MC) 6:00 You and Me Time with the Household Team (MC)
14 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Walking and Music w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**15** 9:45 Seated Yoga with Smoothies (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Picture Bingo (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 3:00 Snakes and Ladders (MC) 4:00 Finish The Drawing (MC) 6:00 Reading with Household (MC)	**16** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Fitminds Interactive (MC) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (MC)	**17** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 10:45 Outing: Walk around Aga Khan Museum (OUT) 11:30 Daily Chronicles (MC) 1:30 Movie and Popcorn (T&L) 2:00 Freshly Baked Goods Social (MC) 2:30 Summer Berry High Tea Social * Sign up at the front desk* (B/B) 3:30 Life Skill: Folding and Sorting (MC) 6:00 Coloring Inn W/ RSA's (MC)	**18** 9:45 Watering the Garden (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Shuffleboard (SP) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**19** 9:45 Morning Exercise (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 2:00 Entertainment with Tim Godfrey (B/B) 3:00 Meditation and Mandela Coloring (MC) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**20** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Go for Life Walking Group (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Afternoon Entertainment with Bryan and Mary Ann (MC) 4:00 Jigsaw Puzzle w/ RSA (MC) 6:00 You and Me Time with the Household Team (MC)

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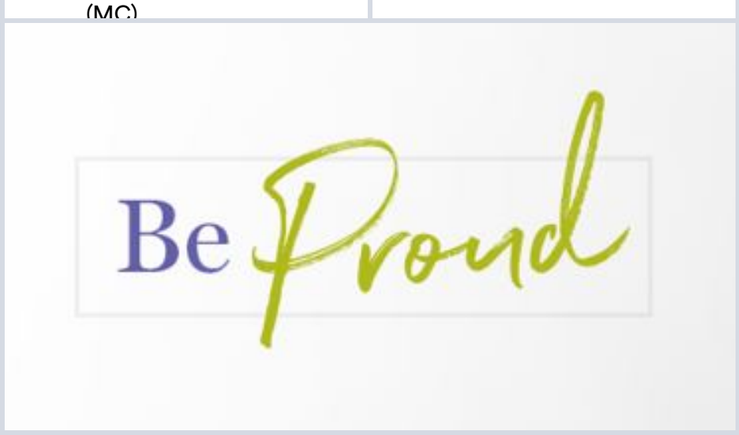
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21 National Cream Day! 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Walking and Music w/ RSAs (MC) 2:00 Chef Choice Social (MC) 2:00 Ice Cream Truck! ** Come get a free Ice Cream Cone on us** (ML) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**22** 9:45 Seated Yoga with Smoothies (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Picture Bingo (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 3:00 Bowling (MC) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**23** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA) 1:30 Fitminds Interactive (MC) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (MC)	**24** National Cowboy and Cowgirl Day ! ***Wear jeans and plaid*** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 11:30 Daily Chronicles (MC) 1:30 Movie and Popcorn (T&L) 2:00 Freshly Baked Goods Social (MC) 3:30 Western Party w/ Entertianment by Kevin Beeby ** Photo Booth** (DMP) 3:30 Life Skill: Folding and Sorting (MC) 6:00 Coloring Inn W/ RSA's (MC)	**25** 9:45 Watering the Garden (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Shuffleboard (SP) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**26** Paris Olympics 2024 Begins!!! Lets go Canada 9:45 Morning Exercise (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 3:30 Entertainment w/ Shannon Graham (B/B) 4:00 Go for Life Walking Group (MC) 4:30 Night in Paris Special Dinner (DR) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**27** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Go for Life Walking Group (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Jigsaw Puzzle w/ RSA (MC) 6:00 You and Me Time with the Household Team (MC)
28 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Walking and Music w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**29** 9:45 Seated Yoga with Smoothies (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Picture Bingo (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 3:00 Snakes and Ladders (MC) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**30** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Fitminds Interactive (MC) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (MC)	**31** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 10:45 Outing: Picnic (OUT) 11:30 Daily Chronicles (MC) 1:30 Movie and Popcorn (T&L) 2:00 Freshly Baked Goods Social (MC) 3:00 Monthly Birthday Happy Hour * Come Celebrate the July Birthday's with Sponsored Entertainment* (DR) 3:30 Life Skill: Folding and Sorting (MC) 4:30 Living Loving Local Special Dinner 6:00 Coloring Inn W/ RSA's (MC)		



Calendar Legend

Outing

Special Program

Living, Loving, Local

Signature Program

Locations Legend

Memory Care (MC)

Decadence Dining Hall (DDH)

Don's Bar/Bistro (B/B)

Great Escapes (T&L)

Spa Terrace (SP)

Outing (OUT)

Dining Room (DR)

Mills Lobby (ML)

Spa (SPA)

Don Mills Patio (DMP)