



INSPIRED SENIOR LIVING

# February 2025

## Don Mills Retirement Residence

### Memory Care Household



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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9:45 Drumfit (MC) <b>1</b>
10:30 Sing Along with Suzzie Q (MC)
11:00 Jigsaw Puzzle w/ RSA (MC)
1:00 Armchair Travel (MC)
2:00 Chef Choice Social (MC)
2:30 Virtual Fall Prevention (MC)
3:00 Picture Trivia (MC)
4:00 Go for Life Walking Group (MC)
6:00 You and Me Time with the Household Team (MC)

9:45 Ball Toss (MC) <b>2</b>
10:00 Coloring and Conversation (MC)
10:30 Pet Therapy with Isabelle and Robby (MC)
11:00 Spiritual Eldercare: Hymns (MC)
11:30 Virtual Church Service (MC)
1:30 Sing Fit (MC)
2:00 Chef Choice Social (MC)
3:00 Hand Massages w/ Relaxing Music (MC)
3:30 Memory Lane (MC)
4:00 Life Skill: Helping Hands (MC)
6:00 Evening Movie (MC)

9:45 Seated Yoga (MC) <b>3</b>
10:30 Baking Club (MC)
11:30 Life Skill: Set up for Lunch (MC)
1:30 Ring Toss (MC)
2:00 Freshly Baked Goods Social (MC)
3:00 Picture Bingo (DDH)
4:00 Sticker by Numbers (MC)
6:00 Reading with Household (MC)

9:45 Seated Zumba (MC) <b>4</b>
10:30 Java Music Club Sing-along (MC)
11:00 Life Skill: Nursery Time (MC)
11:30 How It's Made (MC)
11:30 Indoor Walking and Stretches (MC)
1:30 Fitminds Interactive (MC)
2:00 Seasonal Fruit Social (MC)
3:00 Artfull Enrichment Crafternoon (MC)
6:00 What Happened This Week (MC)

9:45 Virtual All in One Exercise (MC) <b>5</b>
10:00 Evelyn's Baking Corner (MC)
10:15 Jenga Game (MC)
11:30 Daily Chronicles (MC)
1:30 Collaborate Colouring (MC)
2:00 Afternoon Tea Social (MC)
3:00 Mexican Dominos (MC)
6:00 Coloring Inn W/ RSA's (MC)

9:45 Life Station: Folding & Sorting (MC) <b>6</b>
10:30 Going Down Memory Lane Morning Music (MC)
11:00 One-on-One with Life Enrichment (MC)
11:30 Life Skill: Set up for Lunch (MC)
1:30 Group Reading Circle (MC)
2:00 Chef Choice Social (MC)
2:30 Fall Prevention w/ Kaushaljit (MC)
3:30 Afternoon Sing-A-long (MC)
4:00 Seated Badminton (MC)
6:00 Tangrams and Puzzles w/ RSA (MC)

9:45 Seated Tai Chi and Chai Tea (MC) <b>7</b>
10:30 MOMA Painting (MC)
11:00 Puzzle and Pondering (MC)
11:30 Indoor Walking and Stretches (MC)
1:30 Noodle Balloon (MC)
2:00 Munchies and Mocktails Social (MC)
3:00 Meditation and Mandela Coloring (MC)
3:30 Concert In Care Ontario Entertainment by Violinist Luri Lee and Violist Hez Leung (B/B)
4:30 Life Skills: Helping with Dinner (MC)
6:00 Friday Night Movie and Popcorn (MC)

9:45 Drumfit (MC) <b>8</b>
10:00 Morning Entertainment w/ Marcus (MC)
10:30 Sing Along with Suzzie Q (MC)
11:00 Jigsaw Puzzle w/ RSA (MC)
1:00 Armchair Travel (MC)
2:00 Chef Choice Social (MC)
2:30 Fall Prevention w/ Kaushaljit (MC)
3:00 Picture Trivia (MC)
4:00 Go for Life Walking Group (MC)
6:00 You and Me Time with the Household Team (MC)

9:45 Ball Toss (MC) <b>9</b>
10:00 Coloring and Conversation (MC)
10:30 Pet Therapy with Isabelle and Robby (MC)
11:00 Spiritual Eldercare: Hymns (MC)
11:30 Virtual Church Service (MC)
1:30 Sing Fit (MC)
2:00 Chef Choice Social (MC)
3:30 Memory Lane (MC)
3:30 Afternoon Entertainment with Bryan and Mary Ann (DDH)
4:00 Life Skill: Helping Hands (MC)
6:00 Evening Movie (MC)

9:45 Seated Yoga (MC) <b>10</b>
10:30 Baking Club (MC)
11:30 Life Skill: Set up for Lunch (MC)
1:30 Bean Bag Toss (MC)
2:00 Freshly Baked Goods Social (MC)
3:00 Picture Bingo (DDH)
4:00 Sticker by Numbers (MC)
6:00 Reading with Household (MC)

9:45 Seated Zumba (MC) <b>11</b>
10:30 Java Music Club Sing-along (MC)
11:00 Life Skill: Nursery Time (MC)
11:30 How It's Made (MC)
11:30 Indoor Walking and Stretches (MC)
1:30 Fitminds Interactive (MC)
2:00 Seasonal Fruit Social (MC)
3:00 Artfull Enrichment Crafternoon (MC)
6:00 What Happened This Week (MC)

9:45 Virtual All in One Exercise (MC) <b>12</b>
10:00 Evelyn's Baking Corner Special: National Muffin Day (MC)
10:15 Puzzle and Pondering (MC)
11:30 Daily Chronicles (MC)
1:30 Collaborative Coloring (MC)
2:00 Afternoon Tea Social (MC)
3:00 Mexican Dominos (MC)
6:00 Coloring Inn W/ RSA's (MC)

9:45 Life Station: Folding & Sorting (MC) <b>13</b>
10:30 Going Down Memory Lane Morning Music (MC)
11:00 One-on-One with Life Enrichment (MC)
11:30 Life Skill: Set up for Lunch (MC)
1:30 Group Reading Circle (MC)
2:00 Chef Choice Social (MC)
2:30 Fall Prevention w/ Kaushaljit (MC)
3:30 Afternoon Sing-A-long (MC)
4:00 Seated Badminton (MC)
6:00 Tangrams and Puzzles w/ RSA (MC)

Valentines Day! <b>14</b>
9:45 Seated Tai Chi and Chai Tea (MC)
10:30 Valentine Day Craft: Heart Shapped Cards (MC)
11:00 Anagrams, Crossword, Word Search and Chit Chat (MC)
11:30 Indoor Walking and Stretches (MC)
1:30 Noodle Balloon (MC)
2:00 Munchies and Mocktails Social (MC)
3:00 Meditation and Mandela Coloring (MC)
3:30 Happy Hour and Entertainment w/ Pianist Martin Wall (DR)
4:30 Life Skills: Helping with Dinner (MC)
6:00 Friday Night Movie and Popcorn (MC)

9:45 Drumfit (MC) <b>15</b>
10:30 Sing Along with Suzzie Q (MC)
11:00 Jigsaw Puzzle w/ RSA (MC)
11:00 Memory Care Resident Forum (T&L)
1:00 Armchair Travel (MC)
2:00 Chef Choice Social (MC)
3:00 Picture Trivia (MC)
4:00 Go for Life Walking Group (MC)
6:00 You and Me Time with the Household Team (MC)



INSPIRED  
SENIOR LIVING

# February 2025

## Don Mills Retirement Residence

### Memory Care Household



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>16</b> Mobile Dental Hygiene Services w/ Joanna *Sign up at the front desk* (SPA) 9:45 Ball Toss (MC) 10:00 Coloring and Conversation (MC) 10:30 Pet Therapy with Isabelle and Robby (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	<b>17</b> 9:45 Seated Yoga (MC) 10:30 Baking Club (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Ring Toss (MC) 2:00 Freshly Baked Goods Social (MC) 2:00 Marketing Event: Family Day Paint and Sip *Sign up at the front desk* (B/B) 3:00 Picture Bingo (DDH) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	<b>18</b> 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Life Skill: Nursery Time (MC) 11:30 How It's Made (MC) 11:30 Indoor Walking and Stretches (MC) 1:30 Fitminds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	<b>19</b> 9:45 Virtual All in One Exercise (MC) 10:00 Evelyn's Baking Corner (MC) 10:15 Puzzle and Pondering (MC) 11:30 Daily Chronicles (MC) 12:00 National Pizza Day: Special Lunch! (MC) 1:30 EZ Junk Drawer Detective (MC) 2:00 Afternoon Tea Social (MC) 3:00 Mexican Dominos (MC) 3:30 Monthly Birthday Happy Hour 'February Birthdays' (B/B) 6:00 Coloring Inn W/ RSA's (MC)	<b>20</b> 9:45 Life Station: Folding & Sorting (MC) 10:30 Going Down Memory Lane Morning Music (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention w/ Kaushaljit (MC) 3:30 Afternoon Sing-A-long (MC) 4:00 Seated Badminton (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	<b>21</b> 9:45 Seated Tai Chi and Chai Tea (MC) 10:30 MOMA Painting (MC) 11:00 Aroma Therapy and relaxation (MC) 11:30 Indoor Walking and Stretches (MC) 1:30 Noodle Balloon (MC) 2:00 Munchies and Mocktails Social (MC) 2:30 Afternoon Entertainment with Vocalist Tony (B/B) 3:00 Meditation and Mandela Coloring (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	<b>22</b> 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention w/ Kaushaljit (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)
<b>23</b> 9:45 Ball Toss (MC) 10:00 Coloring and Conversation (MC) 10:30 Pet Therapy with Isabelle and Robby (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	<b>24</b> 9:45 Seated Yoga (MC) 10:30 Baking Club (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Bean Bag Toss (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Picture Bingo (DDH) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	<b>25</b> 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Life Skill: Nursery Time (MC) 11:30 How It's Made (MC) 11:30 Indoor Walking and Stretches (MC) 1:30 Fitminds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	<b>26</b> 9:45 Virtual All in One Exercise (MC) 10:00 Evelyn's Baking Corner (MC) 10:15 Puzzle and Pondering (MC) 11:30 Daily Chronicles (MC) 1:30 EZ Junk Drawer Detective (MC) 2:00 Afternoon Tea Social (MC) 3:00 Mexican Dominos (MC) 6:00 Coloring Inn W/ RSA's (MC)	<b>27</b> 9:45 Life Station: Folding & Sorting (MC) 10:30 Going Down Memory Lane Morning Music (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention w/ Kaushaljit (MC) 3:30 Afternoon Sing-A-long (MC) 4:00 Seated Badminton (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	<b>28</b> 9:45 Seated Tai Chi and Chai Tea (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams, Crossword, Word Search and Chit Chat (MC) 11:30 Indoor Walking and Stretches (MC) 1:30 Noodle Balloon (MC) 2:00 Munchies and Mocktails Social (MC) 3:00 Meditation and Mandela Coloring (MC) 3:30 Afternoon Entertainment with Vocalist John Kim (B/B) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	

FRIDAY  
FEB 28  
Ramadan  
(Feb 28 - Mar 29)



**Calendar Legend**

- Outing
- Special Program
- Living, Loving, Local
- Signature Program

**Locations Legend**

- Memory Care (MC)
- Decadence Dining Hall (DDH)
- Don's Bar/Bistro (B/B)
- Dining Room (DR)
- Great Escapes (T&L)
- Spa (SPA)