



INSPIRED SENIOR LIVING

March 2025

Don Mills Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>SATURDAY MAR 08 International Women's Day</p>	 <p>FRIDAY MAR 21 Elimination of Racial Discrimination Day</p>	 <p>SATURDAY MAR 22 Cruise Week Open House</p>				
<p>10:30 Crafters Corner (B/B) 2 11:00 Activity Booklet * Front Desk* (C) 1:30 Resident Run Rummikub (B/B) 2:00 Fall Prevention w/ Jerome (DDH) 2:00 Classic Movie Sundays: Steel Magnolias (T&L) 2:45 Gentle Fitness w/ Jerome (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Strength & Balance w/ Jerome (CC) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: Steel Magnolias (T&L)</p>	<p>10:00 Better your Mind - Fit Minds (Session 1) (CC) 3 11:00 Better your Mind - Fit Minds (Session 2) (CC) 1:30 Musical Movie Mondays: Beatles 64 (T&L) 1:30 Paraffin Wax Treatment Sign *sign up at reception* (B/B) 2:30 Drumfit (CC) 4:00 Nature Walk and Reflection (MIL) 4:00 Activities Meeting with Life Enrichment Manager Shanay *Share your thoughts* (T&L) 7:00 Musical Movie Mondays: Beatles 64 (T&L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) 4 10:30 Gentle Fitness w/ Jerome (CC) 11:15 Strength & Balance w/ Jerome (CC) 2:00 Documentary: Poisoned: The Dirty Truth About Your Food (T&L) 2:30 Uno Card Game (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 What's in a word ? (T&L) 7:00 Movie Night: Red Notice (T&L)</p>	<p>10:00 Ash Wednesday Communion and Prayers with Elfrieda and James (T&L) 5 10:45 Functional Exercise with Kelly (CC) 1:30 Resident Run Rummikub (B/B) 1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA) 2:00 Texas Hold'em *Bring \$2* **Signup at the front desk limited spots** (MR) 2:30 \$1 Bingo (CC) 3:00 Afternoon Tea and Treat Social (B/B) 7:00 Movie Night: The Truman Show (T&L)</p>	<p>10:00 Outing: Walmart * Sign up at the Front Desk* (OUT) 6 10:30 Java Music Club (DDH) 10:45 Strength and Balance w/ Lorne (CC) 11:30 Tech Help Sign up at reception (STS) 1:30 Gentle Fitness w/ Kaushaljit (DDH) 2:30 Quiddler - The Short Word Card Game (CC) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: Me Before You (T&L)</p>	<p>10:00 Waterfront Cities of the World: Havana (T&L) 7 11:00 Seated Dance class with Katya (CC) 1:30 Come Play Euchre (CC) 2:00 Netflix Series: Mysteries of the Faith ' Holy Cross of Brazil' (T&L) 2:30 Come Play Scrabble (B/B) 3:00 Happy Hour (B/B) 7:00 Friday Night Movie and Popcorn: Out of Mind (T&L)</p>	<p>International Women's Day! 8 10:00 Word Game: Wordle (CC) 10:30 Guest Speaker Lianne Harris: Amazing Women in History ' Hidden Lives' (T&L) 1:30 Seated Tai Chi (CC) 2:00 Moma Painting Session (CC) 2:30 Resident Run Social Bridge *All levels Welcome* (CC) 2:30 Saturday Series: Museum Secrets inside the Uffizi Gallery Florence (T&L) 3:00 Afternoon Tea and Treat Social (B/B) 7:00 Movie Night: Marriage Story (T&L)</p>
<p>10:30 Crafters Corner (B/B) 9 11:00 Activity Booklet * Front Desk* (C) 1:30 Resident Run Rummikub (B/B) 2:00 Fall Prevention w/ Jerome (DDH) 2:00 Movie Matinee: A Perfect Pairing (T&L) 2:45 Gentle Fitness w/ Jerome (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Strength & Balance w/ Jerome (CC) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: A Perfect Pairing (T&L)</p>	<p>10:00 Better your Mind - Fit Minds (Session 1) (CC) 10 11:00 Better your Mind - Fit Minds (Session 2) (CC) 1:30 Musical Movie Mondays: Waking Ned Divine (T&L) 1:30 Paraffin Wax Treatment Sign *sign up at reception* (B/B) 2:30 Drumfit (CC) 3:30 News & Views Discussion Group (T&L) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: Waking Ned Divine (T&L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) 11 10:30 Gentle Fitness w/ Jerome (CC) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Lunch Outing: Piano Piano The Restaurant (OUT) 2:00 Ted Talk Tuesday: Butterfly in the Sky: The Story of Reading Rainbow (T&L) 2:30 Canasta Card Game (B/B) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 What's in a word ? (T&L) 4:15 Dinner Outing: Piano Piano The Restaurant * Sign up at the front desk* (OUT) 7:00 Movie Night: Runaway Jury (T&L)</p>	<p>10:00 Functional Exercise with Kelly (CC) 12 11:30 Tech Help Sign up at reception (STS) 1:30 Come Play Skip Bo Card Game (B/B) 2:00 Movie Matinee: Always Be My Maybe (T&L) 2:30 \$1 Bingo (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Get to know you Neighbour * Invitation Only* (T&L) 7:00 Movie Night: Always Be My Maybe (T&L)</p>	<p>Happy Mardi Gras!! Wear Bright Colors 13 10:15 Communion and Prayers with Elfrieda and James (T&L) 10:30 Java Music Club (DDH) 10:45 Strength and Balance w/ Lorne (CC) 11:30 Tech Help Sign up at reception (STS) 1:30 Gentle Fitness w/ Kaushaljit (DDH) 2:30 Quiddler - The Short Word Card Game (CC) 4:00 Go for Life Walking Group (MIL) 6:30 Mardi Gras Celebration with The Sparklettes Duo * featuring special Cocktail the Hurricane ' (B/B) 7:00 Movie Night: Knives Out (T&L)</p>	<p>10:00 Vendor: Triple Eight Clothing (10am to 3pm) (ML) 14 10:00 Waterfront Cities of the World: Lisbon (T&L) 11:00 Seated Dance class with Katya (CC) 1:30 Come Play Euchre (CC) 2:00 Netflix Series: Mysteries of the Faith ' The Saint Next Door ' (T&L) 2:30 Come Play Scrabble (B/B) 3:30 Happy Hour and Entertainment with Pianist Martin Wall (DR) 7:00 Friday Night Movie and Popcorn: Lion (T&L)</p>	<p>10:00 Word Game: Wordle (CC) 15 1:30 Seated Tai Chi (CC) 2:00 Marketing Event: Dance Performance by Scoil Rince Fainne Chladach Irish Dance Studio (B/B) 2:30 Resident Run Social Bridge *All levels Welcome* (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Saturday Series: Museum Secrets inside the state historical Museum Moscow (T&L) 7:00 Movie Night: Midnight in Paris (T&L)</p>




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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>10:30 Crafters Corner (B/B) 16</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>11:00 Vendor: Anish Tradition (11am to 3pm) (ML)</p> <p>1:30 Resident Run Rummikub (B/B)</p> <p>2:00 Fall Prevention w/ Jerome (DDH)</p> <p>2:00 Movie Matinee: The Iron Lady (T&L)</p> <p>2:45 Gentle Fitness w/ Jerome (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Strength & Balance w/ Jerome (CC)</p> <p>4:00 Go for Life Walking Group (MIL)</p> <p>7:00 Movie Night: The Iron Lady (T&L)</p>	<p>St Patrick's Day! Wear Green 17</p> <p>10:00 Better your Mind - Fit Minds (Session 1) (CC)</p> <p>11:00 Better your Mind - Fit Minds (Session 2) (CC)</p> <p>1:30 Nature Walk and Reflection (MIL)</p> <p>1:30 Paraffin Wax Treatment Sign *sign up at reception* (B/B)</p> <p>2:30 Drumfit (CC)</p> <p>3:30 St. Patrick's Day celebration featuring live entertainment from vocalist and guitarist Dexter, alongside fiddler Alex! **Serving Shamrockaritas and Guinness** (B/B)</p> <p>7:00 Musical Movie Mondays: Walk The Line (T&L)</p>	<p>Home Library Service 18</p> <p>**Exchange** (C)</p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (CC)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>1:30 Documentary: Daughters (T&L)</p> <p>2:00 Resident Forum (IL/AL) (T&L)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 What's in a word ? (T&L)</p> <p>6:00 Wellness Optimization by Verve Wine and Cheese Presentation *Sign up at the front desk* (T&L)</p>	<p>10:00 Functional Exercise with Kelly (CC) 19</p> <p>11:30 Tech Help Sign up at reception (STS)</p> <p>1:15 Texas Hold'em *Bring \$2* **Signup at the front desk limited spots** (MR)</p> <p>1:30 Resident Run Rummikub (B/B)</p> <p>2:00 Cruise Week Passport Drop Off! (Suite to Suite) (STS)</p> <p>2:00 Movie Matinee: The Good House (T&L)</p> <p>2:30 \$1 Bingo with Stu (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Monthly Birthday Happy Hour ' March Birthdays' (B/B)</p> <p>6:30 Evening Travelodge: Monaco Vacation Travel Guide (T&L)</p>	<p>Mediterranean Cruise Week Kick Off! Port One Monaco! * Wear Red and White* 20</p> <p>9:30 Outing: Woodbine Casino * Sign up at the front desk* (OUT)</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:45 Strength and Balance w/ Lorne (CC)</p> <p>11:00 Java Music Club (DDH)</p> <p>1:30 Guest Speaker: ' Mediterranean Cruise in Flag' with Bill Anderson the Flag Man (T&L)</p> <p>2:30 Deck Game: Pokeno (CC)</p> <p>3:30 Happy Hour: The Monaco * Photo Booth (3:30 to 5:30) (B/B)</p> <p>4:00 Go for Life Walking Group (MIL)</p> <p>6:30 Evening Travelodge: Wonders of Morocco (T&L)</p>	<p>Port 1 Welcome to Morocco! *Wear beach hats* 21</p> <p>10:00 Documentary: Morocco in the Harsh Land of the Sahara (T&L)</p> <p>11:00 Seated Dance class with Katya *Location Change Only Today* (B/B)</p> <p>1:30 Deck Game: Come Play Euchre (CC)</p> <p>2:00 Crafternoon: Dot Mandala Stone Painting (B/B)</p> <p>2:30 Come Play Scrabble (B/B)</p> <p>3:30 Happy Hour: Moroccan Pomegranate Martini Featuring a Belly Dancing Performance (B/B)</p> <p>6:30 Evening Travelodge: France Vacation Travel Guide (T&L)</p>	<p>Port 2 Welcome to France! **Open house 1-4pm** *Wear Blue* 22</p> <p>10:00 Deck Game: Wordle (CC)</p> <p>11:00 Seated Tai Chi (CC)</p> <p>1:30 Saturday Series: Museum Secrets Inside the chateau of Versailles Paris (T&L)</p> <p>1:30 Seated Tai Chi (CC)</p> <p>2:00 French Wine and Cheese Tasting * Sign up at the Front Desk* (CC)</p> <p>2:30 Crafternoon: Craft French-Inspired Wine Glass (MR)</p> <p>3:30 Afternoon Social w/ Entertainment *Featuring a Special Guest* serving Cafe au Lait and Fresh Crossissants (B/B)</p> <p>6:30 Evening Travelodge: Rick Steve's Egypt: Yesterday and Today (T&L)</p>
<p>Port 4 Welcome to Egypt! * Wear White and Black* 23</p> <p>10:30 Crafters Corner (B/B)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>11:00 Egyptian Scavenger Hunt (B/B)</p> <p>1:30 Documentary: Egypt's Lost Wonders ' Drain the Oceans' (T&L)</p> <p>2:00 Murder Mystery at the Movie Theatre (B/B)</p> <p>2:00 Fall Prevention w/ Jerome (DDH)</p> <p>2:45 Gentle Fitness w/ Jerome (CC)</p> <p>3:30 Egyptian Tea Social (B/B)</p> <p>3:30 Strength & Balance w/ Jerome (CC)</p> <p>4:00 Go for Life Walking Group (MIL)</p> <p>6:30 Evening Travelodge: Greece' Athens and the islands Travel documentary (T&L)</p>	<p>Port 5 Welcome to Greece! * Wear white* 24</p> <p>10:00 Deck Game: Better your Mind - Fit Minds (Session 1) (CC)</p> <p>11:00 Deck Game: Better your Mind - Fit Minds (Session 2) (CC)</p> <p>11:30 Captins Lunch with Management Team</p> <p>1:30 Documentary: The Golden Age of Athens (T&L)</p> <p>2:00 Crafternoon: Beach Style Resin Coaster **Sign up at the front desk** (B/B)</p> <p>2:30 Drumfit (CC)</p> <p>3:30 Toga Party Happy Hour: Greek Mimosa Staff Paper Toga Competition (T&L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>6:30 Evening Travelodge: Slovenia Vacation Travel Guide (T&L)</p>	<p>Port 5 Welcome to Slovenia! * Wear Blue and White* 25</p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (CC)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>1:30 Documentary: The Triglay National Park (T&L)</p> <p>1:30 Lets Make it: Create your own Soap, Lotion and Lip Balm * Sign up at the Front Desk* (CC)</p> <p>2:30 Deck Game: Canasta Card Game (B/B)</p> <p>3:30 Deck Game: What's in a word ? (T&L)</p> <p>4:00 Happy Hour: Woo Woo Cocktail (B/B)</p> <p>6:30 Evening Travelodge: Napoli and Beyond Italy Travel Documentary (T&L)</p>	<p>Port 6 Welcome to Italy! * Wear Green* 26</p> <p>10:00 Functional Exercise with Kelly (CC)</p> <p>11:00 Vendor: Vivace Clothing (11am to 4pm) (ML)</p> <p>11:30 Tech Help Sign up at reception (STS)</p> <p>1:30 Timeline Documentary: The Secret World of History's First Pope ' St Peter's Holy Relics' (T&L)</p> <p>2:00 Movie Matinee: La Dolce Villa (T&L)</p> <p>2:30 Bocce Tournament (DR)</p> <p>3:30 Happy Hour- Aperol Spritz w/ Live Music by Baritone Michael and Pianist Jill (DR)</p> <p>5:30 Gelato Bar (B/B)</p> <p>6:30 Evening Travelodge: Canada- Geography, History and Attractions (T&L)</p>	<p>Last Stop Welcome Back to Canada! * Red and White* 27</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:45 Strength and Balance w/ Lorne (CC)</p> <p>11:30 Tech Help Sign up at reception (STS)</p> <p>12:00 Cruise Week Send off passport drop off - Passport Drop off in the Dining Room (DR)</p> <p>1:30 Gentle Fitness w/ Kaushaljit (DDH)</p> <p>1:30 Outing: Don Mills Shops Shuttle Drop off * Sign up at the front desk* (OUT)</p> <p>2:30 Quiddler - The Short Word Card Game (CC)</p> <p>4:00 Go for Life Walking Group (MIL)</p> <p>7:00 Movie Night: The Peanut Butter Falcon (T&L)</p>	<p>10:00 Waterfront Cities of the World: Cape Town (T&L) 28</p> <p>11:00 Virtual Zumba (CC)</p> <p>1:30 Come Play Euchre (CC)</p> <p>2:00 Netflix Series: Inside Bill's Brain Decoding Bills Gates (Part 1) (T&L)</p> <p>2:30 Come Play Scrabble (B/B)</p> <p>3:00 Happy Hour (B/B)</p> <p>7:00 Friday Night Movie and Popcorn: Falling Inn Love (T&L)</p>	<p>10:00 Word Game: Wordle (CC) 29</p> <p>1:30 Seated Tai Chi (CC)</p> <p>2:00 Moma Painting Session (CC)</p> <p>2:30 Resident Run Social Bridge *All levels Welcome* (CC)</p> <p>2:30 Saturday Series: Museum Secrets Inside the Smithsonian Institution Washinton DC (T&L)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>7:00 Movie Night: The Age of Adaline (T&L)</p>
<p>10:30 Crafters Corner (B/B) 30</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>1:30 Resident Run Rummikub (B/B)</p> <p>2:00 Movie Mantine: Doubt (T&L)</p> <p>2:00 Fall Prevention w/ Jerome (DDH)</p> <p>2:45 Gentle Fitness w/ Jerome (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Strength & Balance w/ Jerome (CC)</p> <p>4:00 Go for Life Walking Group (MIL)</p> <p>7:00 Movie Night: Doubt (T&L)</p>	<p>10:00 Better your Mind - Fit Minds (Session 1) (CC) 31</p> <p>11:00 Better your Mind - Fit Minds (Session 2) (CC)</p> <p>1:30 Musical Movie Mondays: American Symphony (T&L)</p> <p>1:30 Paraffin Wax Treatment Sign *sign up at reception* (B/B)</p> <p>2:30 Drumfit (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 News & Views Discussion Group (T&L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: Maria (T&L)</p>			<p>Calendar Legend</p> <p>Outing</p> <p>Special Program</p> <p>Cruise Week</p> <p>Living, Loving, Local</p> <p>Signature Program</p> <p>Highlight</p>	<p>Locations Legend</p> <p>Great Escapes (T&L)</p> <p>The Country Club (CC)</p> <p>Don's Bar/Bistro (B/B)</p> <p>Decadence Dining Hall (DDH)</p> <p>Meet in the Lobby (MIL)</p> <p>Suite-to-Suite (STS)</p> <p>Concierge (C)</p> <p>Outing (OUT)</p> <p>Dining Room (DR)</p> <p>Meeting Room (MR)</p> <p>Mills Lobby (ML)</p> <p>Spa (SPA)</p>	