



INSPIRED SENIOR LIVING

August 2025

Don Mills Retirement Residence



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|--|--|
| |  <p>MONDAY AUG 4 Civic Holiday</p> | |  <p>MONDAY AUG 25 Banana Split Day</p> | | | |
| <p>10:30 Crafters Corner (B/B) 3</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>1:30 Resident Run Rummikub (B/B)</p> <p>2:00 Sunday Series: The Man on the Inside ep1&2 (T&L)</p> <p>3:00 Afternoon Tea and Trivia! (B/B)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: To Kill a Mocking Bird (T&L)</p> | <p>10:00 Better your Mind - Fit Minds (Session 1) (CC) 4</p> <p>11:00 Better your Mind - Fit Minds (CC)</p> <p>1:30 Musical Documentary: Sunday Best: The Untold Story of Ed Sullivan (T&L)</p> <p>1:30 Paraffin Wax Treatment *sign up at reception* (B/B)</p> <p>2:30 Drumfit (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Activities Meeting with LEM Shanay (T&L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Documentary: Sunday Best: The Untold Story of Ed Sullivan (T&L)</p> | <p>9:45 Fall Prevention w/ Jerome (DDH) 5</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>2:00 Resident Forum (IL/AL) (T&L)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 What's in a word ? (T&L)</p> <p>7:00 Movie Night: Meet the Fockers (T&L)</p> | <p>10:00 Functional Exercise with Kelly (B/B) 6</p> <p>10:45 New Program: Pet Therapy w/ Dawn and Vincent the Poodle (B/B)</p> <p>11:30 Tech Help Sign up at reception (STS)</p> <p>1:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (B/B)</p> <p>2:00 \$1 Bingo (CC)</p> <p>2:00 Movie Matinee: (T&L)</p> <p>3:00 Tunes and Treats: Rootbeer Floats on the Patio (B/B)</p> <p>7:00 Movie Night: Thelma (T&L)</p> | <p>10:15 Communion and Prayers with Elfreida and James (T&L) 7</p> <p>10:30 Java Music Club (DDH)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>11:30 Tech Help Sign up at reception (STS)</p> <p>11:30 Lunch Outing: Sorento Restaurant * Sign up at Reception* (OUT)</p> <p>2:00 Bocce Tournament (DR)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: A Love Song (T&L)</p> | <p>10:00 Waterfront Cities of the World: Hong Kong (T&L) 1</p> <p>11:00 Wii Bowling (CC)</p> <p>11:00 Walking Word Search (*)</p> <p>1:30 Come Play Euchre (CC)</p> <p>2:00 Prime Series: How did they build that? S1 Ep 1 (T&L)</p> <p>3:30 Happy Hour and Entertainment with Steel Pan Love Sound (B/B)</p> <p>7:00 Friday Night Movie and Popcorn: Death on the Nile (T&L)</p> | <p>10:00 Word Game: Wordle (CC) 2</p> <p>1:30 Seated Tai Chi (CC)</p> <p>2:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (CC)</p> <p>2:30 Saturday Series: History's Greatest Mysteries S4 Ep27 Decoding the Mysterious Antikythera Mechanism (T&L)</p> <p>3:00 Afternoon Tea and Treat (B/B)</p> <p>7:00 Movie Night: The Rainmaker (T&L)</p> |
| <p>Dental Hygienist Visit w/ Joanne *Sign up at the Front Desk* (SPA) 10</p> <p>10:30 Crafters Corner (B/B)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>1:30 Resident Run Rummikub (B/B)</p> <p>2:00 Sunday Series: The Man on the Inside ep3&4 (T&L)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: Driving Miss Daisy (T&L)</p> | <p>10:00 Better your Mind - Fit Minds (Session 1) (CC) 11</p> <p>11:00 Better your Mind - Fit Minds (CC)</p> <p>1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA)</p> <p>1:30 Musical Movie Mondays: Seven Brides for Seven Brothers (T&L)</p> <p>1:30 Paraffin Wax Treatment *sign up at reception* (B/B)</p> <p>2:30 Drumfit (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 News & Views Discussion Group (T&L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: Seven Brides for Seven Brothers (T&L)</p> | <p>9:30 Outing: St Jacobs Market (OUT) 12</p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>1:30 Documentary: Trainwreck: The Cult of American Apparel (T&L)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 What's in a word ? (T&L)</p> <p>7:00 Movie Night: Mother of the Bride (T&L)</p> | <p>10:00 Functional Exercise with Kelly (B/B) 13</p> <p>10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B)</p> <p>11:30 Tech Class with LE Team (CC)</p> <p>1:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (B/B)</p> <p>2:00 \$1 Bingo (CC)</p> <p>2:00 Movie Matinee: (T&L)</p> <p>3:00 Happy Hour with a Twist: Blue Lagoon Cocktails & Charades (B/B)</p> <p>7:00 Movie Night: Genius (T&L)</p> | <p>10:00 Outing Fairview Mall * Sign up at the Front Desk* (MIL) 14</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:30 Java Music Club (DDH)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>11:30 Tech Help Sign up at reception (STS)</p> <p>2:30 "Around the World Potluck: Dishes from Our Diverse Don Mills Team" (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: The Meddler (T&L)</p> | <p>10:00 Waterfront Cities of the World: Boston (T&L) 15</p> <p>11:00 Chair Yoga with Sue (CC)</p> <p>11:00 Walking Word Search (*)</p> <p>1:30 Come Play Euchre (CC)</p> <p>2:00 Prime Series: How did they build that? S1 Ep 3 (T&L)</p> <p>3:30 Happy Hour (B/B)</p> <p>6:30 Evening Entertainment with Tim Godfrey and Violinist Jay (B/B)</p> | <p>10:00 Word Game: Wordle (CC) 16</p> <p>1:30 Seated Tai Chi (CC)</p> <p>2:00 Meet Me at the Moma Painting Session: Jasper Johns (CC)</p> <p>2:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (CC)</p> <p>2:30 Saturday Series: History's Greatest Mysteries S4 Ep Blackbeard's Lost Treasure (T&L)</p> <p>3:00 Afternoon Tea and Treat (B/B)</p> <p>7:00 Movie Night: Are You There God? Its Me, Margret (T&L)</p> |



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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|---|---|---|--|
| <p>10:30 Crafters Corner (B/B) 17 11:00 Activity Booklet * Front Desk* (C) 1:30 Guest Speaker: Red Mills Maple Syrup "A Day In The Life of A Sugarmaker" (T&L) 2:45 Sweer Summer Experience with Red Mills Maple Syrup ' Taffy Making Experience * Sign up at the front Desk* (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: On Golden Pond (T&L)</p> | <p>10:00 Better your Mind - Fit Minds (Session 1) (CC) 18 11:00 Better your Mind - Fit Minds (CC) 1:30 Musical Movie Mondays: (T&L) 1:30 Paraffin Wax Treatment *sign up at reception* (B/B) 2:30 Drumfit (CC) 3:00 Afternoon Tea and Entertainment with Marcus Schwan (B/B) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Documentarty: Sunday Best: The Untold Story of Ed Sullivan (T&L)</p> | <p>Home Library Service **Exchange** (C) 19 9:45 Fall Prevention w/ Jerome (DDH) 10:30 Gentle Fitness w/ Jerome (B/B) 11:00 Vendor: Rughookings by Catherine. (11am to 6pm) (ML) 11:15 Strength & Balance w/ Jerome (CC) 1:30 Documentary: Trainwreck: Ballon Boy (T&L) 2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 What's in a word ? (T&L) 7:00 Movie Night: A Beautiful Day in the Neighborhood (T&L)</p> | <p>10:00 Functional Exercise with Kelly (B/B) 20 10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B) 11:30 Tech Help Sign up at reception (STS) 1:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (B/B) 2:00 Movie Matinee: (T&L) 2:00 \$1 Bingo with Stu (CC) 3:00 TikTok Dance & Cocktail Hour with Pina Colada's (B/B) 7:00 Movie Night: Woman in Gold (T&L)</p> | <p>10:00 Outing: Don Mills Shops Shuttle Drop off * Sign up at the front desk* (OUT) 21 10:15 Communion and Prayers with Elfreida and James (T&L) 10:30 Java Music Club (DDH) 10:45 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at reception (STS) 1:30 Guest Speaker: Lianne Harris ' Story of London' (T&L) 2:30 Quiddler and Canasta Card Game (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:00 Outing: Don Mills Shops Shuttle Drop off * Sign up at the front desk* (OUT) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: Blue Jasmine (T&L)</p> | <p>10:00 Waterfront Cities of the World: Copenhagen (T&L) 22 10:00 Outing: Woodbine Casino * Sign up at the front desk* (OUT) 11:00 Seated Dance class with Katya (B/B) 11:00 Walking Word Search (*) 1:30 Come Play Euchre (CC) 2:00 Prime Series: How did they build that? S1 Ep 4 (T&L) 3:00 Crafternoon: Pipe Cleaners Flowers (B/B) 3:30 Happy Hour (B/B) 7:00 Friday Night Movie and Popcorn: Knives Out (T&L)</p> | <p>10:00 Word Game: Wordle (CC) 23 10:45 Don Mills Choir w/ Marcus *Sing along* (T&L) 1:30 Seated Tai Chi (CC) 2:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (CC) 2:30 Saturday Series: History's Greatest Mysteries S4 Ep 30 The Missingest - Man in America (T&L) 3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: Ordinary Angels (T&L)</p> |
| <p>10:30 Crafters Corner (B/B) 24 11:00 Activity Booklet * Front Desk* (C) 1:30 Learn how to play Shuffleboard (SP) 2:00 Sunday Series: The Man on the Inside ep5&6 (T&L) 3:00 Afternoon Tea and Trivia! (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: Ordinary People (T&L)</p> | <p>National Banana Split Day! 25 10:00 Better your Mind - Fit Minds (Session 1) (CC) 11:00 Better your Mind - Fit Minds (CC) 1:30 Culinary Meeting (T&L) 1:30 Musical Movie Mondays: Dumplin (T&L) 2:30 Drumfit (CC) 3:30 Afternoon Entertainment with Violinist Alex ** Arrive Early for a Banana Split ** (B/B) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: Dumplin (T&L)</p> | <p>National Dog Day! 26 9:45 Fall Prevention w/ Jerome (DDH) 10:30 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 1:30 Documentary: Titan: The OceanGate Submersible Disaster (T&L) 1:30 Culinary Corner (Cooking Demo) with Chef Cesar (CC) 2:30 Paws for a Visit: Come Snuggle a Pup This National Dog Day (B/B) 3:30 What's in a word ? (T&L) 7:00 Movie Night: Hampstead (T&L)</p> | <p>10:00 Functional Exercise with Kelly (B/B) 27 10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B) 11:30 Tech Class with LE Team (CC) 12:00 Lunch In: Taste of Trinidad and Tobago ' Try Authentic Caribbean food for lunch' (\$20 dollars) * Sign up at the Front Desk* (B/B) 1:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (B/B) 2:00 \$1 Bingo (CC) 2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B) 3:00 Ice Cream Truck Visit ** Come get a free Ice Cream Cone on us while we celebrate the August Birthdays ** (ML) 7:00 Movie Night: Black or White (T&L)</p> | <p>10:15 Communion and Prayers with Elfreida and James (T&L) 28 10:30 Java Music Club (DDH) 10:45 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at reception (STS) 1:30 Guest Speaker: Crime and Fraud prevention presentation w/ Constable Joel Roberts (T&L) 2:00 Bocce Tournament (DR) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Quiddler and Canasta Card Game (CC) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: The Last Laugh (T&L)</p> | <p>10:00 Waterfront Cities of the World: Venice (T&L) 29 11:00 Chair Yoga with Sue (CC) 11:00 Walking Word Search (*) 1:30 Come Play Euchre (CC) 2:00 Prime Series: How did they build that? S1 Ep 5 (T&L) 3:00 Crafternoon: Floral Resin Jewlery Making Class with Kayleen * Sign up at the Front Desk* (CC) 3:30 Happy Hour (B/B) 7:00 Friday Night Movie and Popcorn: The Firm (T&L)</p> | <p>10:00 Word Game: Wordle (CC) 30 1:30 Seated Tai Chi (CC) 2:00 Meet Me at the Moma Painting Session: Georgia O'Keeffe (CC) 2:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (CC) 2:30 Saturday Series: History's Greatest Mysteries S4 Ep 31 The Lock Ness Monster (T&L) 3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: The Secret Life of Walter Mitty (T&L)</p> |

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| <p>10:30 Crafters Corner (B/B) 31 11:00 Activity Booklet * Front Desk* (C) 1:30 Learn how to play Shuffleboard (SP) 2:00 Sunday Series: The Man on the Inside ep7&8 (T&L) 3:00 Afternoon Tea and Trivia! (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: The Apartment (T&L)</p> |
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| <p>Calendar Legend Outing Special Program Meet Me at the MOMA Go 4 Life Walking Living, Loving, Local Signature Program Can Fit Pro Highlight</p> |
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| <p>Locations Legend Great Escapes (T&L) Don's Bar/Bistro (B/B) The Country Club (CC) Meet in the Lobby (MIL) Decadence Dining Hall (DDH)</p> |
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| <p>Concierge (C) Suite-to-Suite (STS) 1st or 2nd floor (*) Outing (OUT) Dining Room (DR) Mills Lobby (ML) Spa (SPA) Spa Terrace (SP)</p> |
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