

(T&L)

September 2025

Don Mills Retirement Residence



Dates (T&L)

Popcorn: Nyad (T&L)

		ווואו ווטע	Retirement	Residence	RETIREME	NT RESIDENCE
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10:00 Better your Mind - Fit Minds (Session 1) (CC) 11:00 Better your Mind - Fit Minds (CC) 1:30 Paraffin Wax Treatment *sign up at reception* (B/B) 1:30 Musical Movie Mondays: Moulin Rouge (T&L) 2:30 Drumfit (CC) 3:00 Afternoon Tea and Treat Social (B/B) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: Moulin Rouge (T&L)	9:45 Fall Prevention w/ Jerome (DDH) 10:30 Gentle Fitness w/ Jerome (B/B) 11:00 Vendor: Bijoux Treasures (11am to 3pm) (ML) 11:15 Strength & Balance w/ Jerome (CC) 1:30 Documentary: Titan: The OceanGate Submersible Disaster (T&L) 1:30 Resident Run Rummikub (B/B) 2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 What's in a word ? (T&L) 7:00 Movie Night: Finding Neverland (T&L)	10:00 Functional Exercise with Kelly (B/B) 10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B) 11:30 Tech Help with Lily (CC) 1:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (B/B) 2:00 \$1 Bingo (CC) 2:00 Movie Matinee: The Pianist (T&L) 3:00 Tunes and Treats: Smore's Bar on the Patio (B/B) 7:00 Movie Night: The Pianist (T&L)	10:15 Communion and Prayers with Elfreida and James (T&L) 10:45 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at Reception (STS) 2:00 Bocce Tournament (DR) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Quiddler and Canasta Card Game (CC) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: Whale Rider (T&L)	9:30 Outing: Michaels Craft store and Sketchers shoe store (OUT) 10:00 Europe's Greatest Train Journeys: S1 Ep 1 Pyrenees-Orientales (T&L) 11:00 Walking Word Search (*) 11:00 Chair Yoga with Sue (CC) 1:30 Come Play Euchre (CC) 2:30 Happy Hour and Entertainment with Tony (B/B) 7:00 Friday Night Movie and Popcorn: From Russia with Love (T&L)	10:00 Word Game: Wordle (CC) 10:45 Don Mills Choir w/ Marcus *Sing along* (T&L) 1:30 Seated Tai Chi (CC) 2:00 Meet Me at the Moma Painting Session: El Anatsul (CC) 2:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (CC) 2:30 Saturday Series: PBS Documentaries ' The Roosevelts- Get Action ' S1 Ep1 (T&L) 3:00 Afternoon Tea and Treat * Location Change* (DR) 7:00 Movie Night: Mr Church (T&L)
10:30 Crafters Corner (B/B) 7 11:00 Activity Booklet * Front Desk* (C) 1:30 Learn how to play Shuffleboard (SP) 2:00 Sunday Series: Thai Cave Rescue * The Legend Tham Luang * (T&L) 3:00 Afternoon Tea and Trivia! (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: The Breakfast Club (T&L)	10:00 Better your Mind - Fit Minds (Session 1) (CC) 11:00 Better your Mind - Fit Minds (CC) 11:30 Hearing Clinic w/ Martin * Signup with at Front Desk* (SPA) 1:30 Paraffin Wax Treatment *sign up at reception* (B/B) 1:30 Musical Movie Mondays: The Sound of Music (T&L) 2:30 Drumfit (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Activities Meeting with LEM Shanay (T&L) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: The Sound of Music (T&L)	9:45 Fall Prevention w/ Jerome (DDH) 10:30 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 1:30 Guest Speaker Christine from the Alzheimer Society Presents ' Supportive Communication ' (T&L) 2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 What's in a word ? (T&L) 7:00 Movie Night: Catch me if you Can (T&L)	10:00 Functional Exercise with 10 Kelly (B/B) 10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B) 11:30 Tech Help with Lily (CC) 1:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (B/B) 2:00 Movie Matinee: Erin Brockovich (T&L) 2:00 \$1 Bingo with Stu (CC) 3:00 Happy Hour and New Game Taboo (B/B) 7:00 Movie Night: Erin Brockovich (T&L)	10:15 Communion and Prayers with Elfreida and James (T&L) 10:45 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at Reception (STS) 1:30 Guest Speaker: 'Baltic Cruise' with Bill Anderson the Flag Man (CC) 2:30 Bocce Tournament (DR) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Quiddler and Canasta Card Game (CC) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: A Beautiful Mind (T&L)	10:00 Europe's Greatest Train Journeys: S1 Ep 2 Portugal (T&L) 11:00 Walking Word Search (*) 11:00 Seated Dance class with Katya (B/B) 1:30 Come Play Euchre (CC) 2:00 Prime Series: How did they build that? S1 Ep 6 (T&L) 3:30 Happy Hour and Entertainment with Pianist Martin Wall (DR) 7:00 Friday Night Movie and Popcorn: Ford vs Ferrari (T&L)	Great Canadian Open House 13 * Wear Red and White * 10:00 Word Game: Wordle (CC) 10:45 Don Mills Choir w/ Marcus *Sing along* (T&L) 1:30 Seated Tai Chi (CC) 2:30 Crafternoon: Maple Body Scrub (CC) 2:30 Resident Run Social Bridge *Location Change* (LB) 3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: 2 Weeks Notice (T&L)
10:30 Crafters Corner (B/B) 11:00 Activity Booklet * Front Desk* (C) 1:30 Learn how to play Shuffleboard (SP) 2:00 Sunday Series: Thai Cave Rescue * To Not Offend the Gods * (T&L) 3:00 Afternoon Tea and Trivia! (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: Goldfinger	10:00 Better your Mind - Fit Minds (Session 1) (CC) 10:45 Don Mills Choir w/ Marcus *Sing along* (T&L) 1:30 Paraffin Wax Treatment *sign up at reception* (B/B) 1:30 Musical Movie Mondays: The Wizard of Oz (T&L) 2:30 Drumfit (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 News & Views Discussion Group (T&L) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: The Wizard of Oz (T&L)	Home Library Service **Exchange** (C) 9:45 Fall Prevention w/ Jerome (DDH) 9:45 Outing Stratford Festival: 'Anne of Green Gables' *sign up at front desk* (OUT) 10:30 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 1:30 Guest Speaker Norman Zinman: 'Gordon Lightfoot Canada's Greatest Troubador' (T&L) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 What's in a word ? (T&L) 7:00 Movie Night: Somethings Gotta Give (T&L)	10:00 Functional Exercise with Kelly (B/B) 10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B) 11:30 Tech Help with Lily (CC) 1:30 Resident Run Social Bridge *All levels Welcome looking for a second table* (B/B) 2:00 \$1 Bingo (CC) 2:00 Movie Matinee: Seven Pounds (T&L) 3:00 Wine and Cheese Social with Sponsored Entertainment by Vocalist Christina, Cellist Margret and Double bass Jussif from the Tafelmusik Orchestra (B/B) 7:00 Movie Night: Seven Pounds (T&L)	10:00 Outing: Don Mills Shops Shuttle Drop off * Sign up at the front desk* (OUT) 10:15 Communion and Prayers with Elfreida and James (T&L) 10:45 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at Reception (STS) 2:00 Fall Fair - Petting Zoo, Bake Sale, Art Sale and Vendors (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: Sleepless in Seattle (T&L)	10:00 Health and Wellness 19 Blood Pressure Clinic (T&L) 11:00 Walking Word Search (*) 11:00 Chair Yoga with Sue (CC) 1:30 Come Play Euchre (CC) 2:00 Prime Series: How did they build that? S1 Ep 7 (T&L) 3:30 Happy Hour and Entertainment w/ Filipa Sousa (B/B) 7:00 Friday Night Movie and	10:00 Word Game: Wordle (CC) 11:00 Seated Tai Chi (CC) 1:30 Meet Me at the Moma Painting Session: Edward Hopper * Pick up supplies* (CC) 2:00 Fall Don Mills Choir Performance (B/B) 3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: 50 First Dates (T&L)



September 2025

Don Mills Retirement Residence

Wednesday

10:00 Functional Exercise with 94

2:00 Trivia Competition Don Mills

the front desk* (B/B)

Redemption (T&L)

3:00 Ice Cream Truck Visit **

2:00 Movie Matinee: Shawshank

Vs Canterbury * Sign up at

Come get a free Ice Cream

11:30 Tech Help with Lily (CC)

Kelly (B/B)



Sunday **Monday** 10:30 Crafters Corner (B/B) 91 11:00 Activity Booklet * Front Desk* (C) 11:00 Vendor: Anish Tradition (11am to 3pm) (ML) 1:30 Learn how to play Shuffleboard (SP) 2:00 Sunday Series: Thai Cave Rescue * The Princess Chalice* (T&L) 3:00 Afternoon Tea and Trivia! 4:00 Nature Walk and Reflection 7:00 Musical Movie Mondays: Some 4:00 Go for Life Walking (MIL) 7:00 Movie Night: The Philadelphia Story (T&L)

10:30 Crafters Corner 10:00 (B/B)11:00 Activity Booklet * Front 11:00 Desk* (C) 1:30 1:30 Learn how to play Shuffleboard (SP) 3:00 2:00 Sunday Series: Thai Cave Rescue * Lucky Baht * 3:00 (T&L) 3:30 3:00 Afternoon Tea and Trivia! (B/B) 4:00 Nature Walk and Reflection 4:00 Go for Life Walking (MIL) 7:00 Movie Night: Weekend at 7:00 Musical Movie Mondays:

Bernies's (T&L)

10:00	Better your Mind - Fit Minds (Session 1) (CC)
11:00	Better your Mind - Fit Minds (CC)
1:30	Paraffin Wax Treatment *sign up at reception* (B/B)
1:30	Musical Movie Mondays: Some Like It Hot (T&L)
2:30	Drumfit (CC)
3:00	Afternoon Tea and Treat Social (B/B)
3:30	News & Views Discussion Group (T&L)

Group (T&L)

Jesus Christ Superstar (T&L)

(MIL)

Like It Hot (T&L)	(T&L)
D Better your Mind - Fit Minds (Session 1) (CC) D Better your Mind - Fit Minds (CC) D Culinary Corner (Cooking Demo) with Chef Cesar (CC) D Afternoon Tea and Treat	National Day for Truth and Reconciliation ** Orange Shirt Day** 9:45 Fall Prevention w/ Jerome (DDH) 10:30 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC)
Social (B/B) Drumfit (CC) News & Views Discussion	11:30 Lunch Outing: Hamaru Sushi *Sign up at the Front Desk* (OUT) 1:30 What's in a word ? (T&L)
Group (T&I)	1.00 Wildes in a Word: (Tal)

Tuesday

9:45 Fall Prevention w/ Jerome 23

10:30 Gentle Fitness w/ Jerome (B/B)

11:15 Strength & Balance w/ Jerome

1:30 Guest Speaker Anik Waldeck

Michalangelo and Bernini

2:30 Texas Hold'em *Bring \$2* **6

3:00 Afternoon Tea and Treat Social

spots max** (B/B)

3:30 What's in a word? (T&L)

7:00 Movie Night: Anna Karenina

2:30 Resident Forum (IL/AL) (T&L)

3:00 Afternoon Tea and Treat Social

7:00 Movie Night: Good Will Hunting

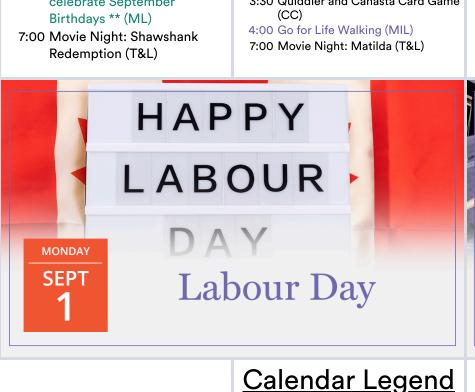
(T&L)

Art Historian: David Sculpture

of Biblical Hero By Donatello,

(DDH)

(T&L)







Underhill and Gurtarist

Popcorn: The Blind Side

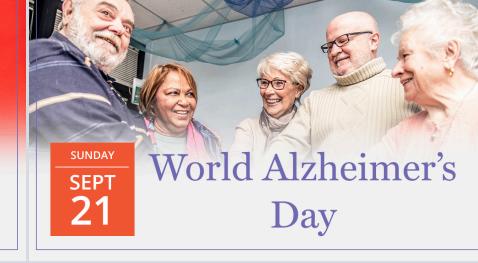
Nathan Hiltz (B/B)

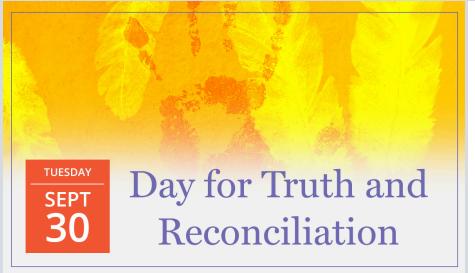
7:00 Friday Night Movie and

(T&L)

3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: Maid in Manhattan (T&L)

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Outing **Special Program** Living, Loving, Local Signature Program Highlight

Thursday

10:15 Communion and Prayers

10:30 Java Music Club (DDH)

1:30 Culinary Meeting (T&L)

2:00 Bocce Tournament (DR)

(CC)

(STS)

with Elfreida and James

10:45 Gentle Fitness w/ Jerome (B/B)

11:15 Strength & Balance w/ Jerome

11:30 Tech Help Sign up at Reception

Locations Legend Great Escapes (T&L) Don's Bar/Bistro (B/B) The Country Club (CC) Meet in the Lobby (MIL) Decadence Dining Hall (DDH) Dining Room (DR) Concierge (C)

Suite-to-Suite (STS) Outing (OUT) 1st or 2nd floor (*) Spa Terrace (SP) Mills Lobby (ML) Spa (SPA) Library (LB)