




INSPIRED
SENIOR LIVING

October 2025

Don Mills Retirement Residence

Memory Care Household



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>MONDAY OCT 13</div><div>Thanksgiving</div></div>			<div>9:45 Virtual All in One Exercise (MC) 1</div> <div>10:00 Evelyn's Baking Corner (MC)</div> <div>10:30 Music Therapy w/ Arianne (MC)</div> <div>11:30 Daily Chronicles (MC)</div> <div>1:30 Sing Fit (MC)</div> <div>2:00 Freshly Baked Goods Social (MC)</div> <div>3:00 Mexican Dominos (MC)</div> <div>6:00 Coloring Inn W/ RSA's (MC)</div>	<div>9:45 Life Station: Folding & Sorting (MC) 2</div> <div>10:00 Fall Prevention w/ Jerome (MC)</div> <div>10:30 Going Down Memory Lane Morning Music (MC)</div> <div>1:30 Group Reading Circle (MC)</div> <div>2:00 Chef Choice Social (MC)</div> <div>2:00 Fall Prevention w/ Kaushaljit (MC)</div> <div>3:30 Afternoon Sing-A-long (MC)</div> <div>4:00 Seated Badminton (MC)</div> <div>6:00 Tangrams and Puzzles w/ RSA (MC)</div>	<div>9:45 Seated Tai Chi and Chai Tea (MC) 3</div> <div>10:30 MOMA Painting (MC)</div> <div>11:00 Mindful Breathing w/ Aroma Therapy (MC)</div> <div>1:30 Noodle Balloon (MC)</div> <div>2:00 Munchies and Mocktails Social (MC)</div> <div>3:00 Armchair Travel (MC)</div> <div>3:30 Happy Hour and entertainment w/ Davis (B/B)</div> <div>4:30 Life Skills: Helping with Dinner (MC)</div> <div>6:00 Friday Night Movie and Popcorn (MC)</div>	<div>9:45 Drumfit w/ RSA (MC) 4</div> <div>10:30 Sing Along with Suzie Q. (MC)</div> <div>11:00 Jigsaw Puzzle w/ RSA (MC)</div> <div>1:30 Meditation and Mandala Coloring (MC)</div> <div>2:00 Chef Choice Social (MC)</div> <div>2:00 Fall Prevention w/ Kaushaljit (MC)</div> <div>4:00 Go 4 Life Walking (MC)</div> <div>6:00 You and Me Time with the Household Team (MC)</div>
<div>9:45 Ball Toss (MC) 5</div> <div>10:30 Pet Therapy with Isabelle and Robby (MC)</div> <div>11:00 Spiritual Eldercare: Hymns (MC)</div> <div>11:30 Virtual Church Service (MC)</div> <div>2:00 Chef Choice Social (MC)</div> <div>3:30 Memory Lane (MC)</div> <div>4:00 Life Skill: Helping Hands (MC)</div> <div>6:00 Evening Movie (MC)</div>	<div>Active Aging Week Begins 6</div> <div>9:45 Seated Yoga (MC)</div> <div>11:00 One-on-One with Life Enrichment (MC)</div> <div>11:00 Life Skill: Puzzle and Pondering (MC)</div> <div>1:30 Ring Toss (MC)</div> <div>2:00 Door to Door Smoothie Social (MC)</div> <div>2:30 How It's Made (MC)</div> <div>3:30 Picture Bingo (MC)</div> <div>6:00 Reading with Household (MC)</div>	<div>9:45 Seated Zumba (MC) 7</div> <div>10:30 Java Music Club Sing-along on the Patio (MC)</div> <div>11:00 Life Skill: Nursery Time (MC)</div> <div>11:00 Outdoor Walking and Stretches (MC)</div> <div>1:30 Fitminds Interactive (MC)</div> <div>2:00 Door to Door Smoothie Social (MC)</div> <div>3:00 Artfull Enrichment Crafternoon (MC)</div> <div>6:00 What Happened This Week (MC)</div>	<div>Active Aging week Theme: Wear your Favorite Sports Jersey or Shirt! 8</div> <div>9:45 Virtual All in One Exercise (MC)</div> <div>10:15 Sing Along with Susie Q (MC)</div> <div>11:30 Daily Chronicles (MC)</div> <div>1:30 Sing Fit (MC)</div> <div>2:00 Door to Door Smoothie Social (MC)</div> <div>3:00 Mexican Dominos (MC)</div> <div>6:00 Coloring Inn W/ RSA's (MC)</div>	<div>9:45 Life Station: Folding & Sorting (MC) 9</div> <div>10:00 Fall Prevention w/ Jerome (MC)</div> <div>10:30 Going Down Memory Lane Morning Music (MC)</div> <div>1:30 Group Reading Circle (MC)</div> <div>2:00 Chef Choice Social (MC)</div> <div>2:00 Door to Door Smoothie Social (MC)</div> <div>3:30 Afternoon Sing-A-long (MC)</div> <div>4:00 Balloon Volleyball (MC)</div> <div>6:00 Tangrams and Puzzles w/ RSA (MC)</div>	<div>9:45 Seated Tai Chi and Chai Tea (MC) 10</div> <div>10:30 MOMA Painting (MC)</div> <div>11:00 Mindful Breathing w/ Aroma Therapy (MC)</div> <div>1:30 Chair Balloon Volley (MC)</div> <div>2:00 Munchies and Mocktails Social (MC)</div> <div>3:00 Armchair Travel (MC)</div> <div>3:00 Happy Hour and Entertainment with Pianist Martin Wall (DR)</div> <div>4:30 Life Skills: Helping with Dinner (MC)</div> <div>4:30 Thanksgiving Family Dinner Buffet - Please make your reservation at the Front Desk (DR)</div> <div>6:00 Friday Night Movie and Popcorn (MC)</div>	<div>9:45 Drumfit w/ RSA (MC) 11</div> <div>10:00 Morning Entertainment w/ Marcus (MC)</div> <div>10:30 Sing Along with Suzie Q. (MC)</div> <div>11:00 Jigsaw Puzzle w/ RSA (MC)</div> <div>1:30 Meditation and Mandala Coloring (MC)</div> <div>2:00 Chef Choice Social (MC)</div> <div>2:00 Fall Prevention w/ Kaushaljit (MC)</div> <div>4:00 Go 4 Life Walking (MC)</div> <div>6:00 You and Me Time with the Household Team (MC)</div>
<div>9:45 Ball Toss (MC) 12</div> <div>10:30 Pet Therapy with Isabelle and Robby (MC)</div> <div>11:00 Spiritual Eldercare: Hymns (MC)</div> <div>11:30 Virtual Church Service (MC)</div> <div>2:00 Chef Choice Social (MC)</div> <div>3:30 Memory Lane (MC)</div> <div>4:00 Life Skill: Helping Hands (MC)</div> <div>6:00 Evening Movie (MC)</div>	<div>Happy Thanksgiving! 13</div> <div>9:45 Seated Yoga (MC)</div> <div>11:00 One-on-One with Life Enrichment (MC)</div> <div>11:00 Life Skill: Puzzle and Pondering (MC)</div> <div>2:30 How It's Made (MC)</div> <div>3:30 Afternoon Colouring w RSA's (MC)</div> <div>6:00 Reading with Household (MC)</div>	<div>9:45 Seated Zumba (MC) 14</div> <div>10:30 Java Music Club Sing-along on the Patio (MC)</div> <div>11:00 Life Skill: Nursery Time (MC)</div> <div>11:00 Outdoor Walking and Stretches (MC)</div> <div>1:30 Fitminds Interactive (MC)</div> <div>2:00 Seasonal Fruit Social (MC)</div> <div>3:00 Artfull Enrichment Crafternoon (MC)</div> <div>6:00 What Happened This Week (MC)</div>	<div>9:45 Virtual All in One Exercise (MC) 15</div> <div>10:00 Evelyn's Baking Corner (MC)</div> <div>10:30 Music Therapy w/ Arianne (MC)</div> <div>11:30 Daily Chronicles (MC)</div> <div>1:30 Sing Fit (MC)</div> <div>2:00 Freshly Baked Goods Social (MC)</div> <div>3:00 Mexican Dominos (MC)</div> <div>6:00 Coloring Inn W/ RSA's (MC)</div>	<div>9:45 Life Station: Folding & Sorting (MC) 16</div> <div>10:00 Fall Prevention w/ Jerome (MC)</div> <div>10:30 Going Down Memory Lane Morning Music (MC)</div> <div>1:30 Group Reading Circle (MC)</div> <div>2:00 Chef Choice Social (MC)</div> <div>2:00 Fall Prevention w/ Kaushaljit (MC)</div> <div>3:30 Afternoon Sing-A-long (MC)</div> <div>4:00 Seated Badminton (MC)</div> <div>6:00 Tangrams and Puzzles w/ RSA (MC)</div>	<div>9:45 Seated Tai Chi and Chai Tea (MC) 17</div> <div>10:30 MOMA Painting: Fall Leaf Craft (MC)</div> <div>11:00 Mindful Breathing w/ Aroma Therapy (MC)</div> <div>1:30 Noodle Balloon (MC)</div> <div>2:00 Munchies and Mocktails Social (MC)</div> <div>3:00 Armchair Travel (MC)</div> <div>4:30 Life Skills: Helping with Dinner (MC)</div> <div>6:00 Friday Night Movie and Popcorn (MC)</div>	<div>9:45 Drumfit w/ RSA (MC) 18</div> <div>10:00 Morning Entertainment w/ Marcus (MC)</div> <div>10:30 Sing Along with Suzie Q. (MC)</div> <div>11:00 Jigsaw Puzzle w/ RSA (MC)</div> <div>1:30 Meditation and Mandala Coloring (MC)</div> <div>2:00 Chef Choice Social (MC)</div> <div>2:00 Fall Prevention w/ Kaushaljit (MC)</div> <div>4:00 Go 4 Life Walking (MC)</div> <div>6:00 You and Me Time with the Household Team (MC)</div>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:45 Ball Toss (MC) 19 10:30 Pet Therapy with Isabelle and Robby (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 2:00 Chef Choice Social (MC) 3:30 Memory Lane (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	9:45 Seated Yoga (MC) 20 11:00 One-on-One with Life Enrichment (MC) 11:00 Life Skill: Puzzle and Pondering (MC) 1:30 Ring Toss (MC) 2:30 How It's Made (MC) 3:30 Picture Bingo (MC) 6:00 Reading with Household (MC)	9:45 Seated Zumba (MC) 21 10:30 Java Music Club Sing-along on the Patio (MC) 11:00 Life Skill: Nursery Time (MC) 11:00 Outdoor Walking and Stretches (MC) 1:30 Fitminds Interactive (MC) 1:30 Culinary Corner (Cooking Demo) with Chef Cesar (CC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	9:45 Virtual All in One Exercise (MC) 22 10:00 Evelyn's Baking Corner (MC) 10:15 Sing Along with Susie Q (MC) 11:30 Daily Chronicles (MC) 1:30 Sing Fit (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Mexican Dominos (MC) 6:00 Coloring Inn W/ RSA's (MC)	9:45 Life Station: Folding & Sorting (MC) 23 10:00 Fall Prevention w/ Jerome (MC) 10:30 Going Down Memory Lane Morning Music (MC) 1:30 Group Reading Circle (MC) 2:00 Chef Choice Social (MC) 2:00 Fall Prevention w/ Kaushaljit (MC) 3:30 Afternoon Sing-A-long (MC) 4:00 Seated Badminton (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	9:45 Seated Tai Chi and Chai Tea (MC) 24 10:30 MOMA Painting (MC) 11:00 Mindful Breathing w/ Aroma Therapy (MC) 1:30 Noodle Balloon (MC) 2:00 Munchies and Mocktails Social (MC) 3:00 Armchair Travel (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC) 7:00 Evening Entertainment with Tim Godfrey (B/B)	9:45 Drumfit w/ RSA (MC) 25 10:00 Morning Entertainment with Zack Erickson (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:30 Meditation and Mandala Coloring (MC) 2:00 Chef Choice Social (MC) 2:00 Fall Prevention w/ Kaushaljit (MC) 4:00 Go 4 Life Walking (MC) 6:00 You and Me Time with the Household Team (MC)
9:45 Ball Toss (MC) 26 10:30 Pet Therapy with Isabelle and Robby (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 2:00 Chef Choice Social (MC) 3:30 Memory Lane (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	9:45 Seated Yoga (MC) 27 11:00 One-on-One with Life Enrichment (MC) 11:00 Life Skill: Puzzle and Pondering (MC) 1:30 Ring Toss (MC) 2:30 How It's Made (MC) 3:30 Picture Bingo (MC) 6:00 Reading with Household (MC)	9:45 Seated Zumba (MC) 28 10:30 Java Music Club Sing-along on the Patio (MC) 11:00 Life Skill: Nursery Time (MC) 11:00 Outdoor Walking and Stretches (MC) 1:30 Fitminds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	9:45 Virtual All in One Exercise (MC) 29 10:00 Evelyn's Baking Corner (MC) 10:15 Sing Along with Susie Q (MC) 11:30 Daily Chronicles (MC) 1:30 Sing Fit (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Mexican Dominos (MC) 3:30 Monthly Birthday Happy Hour October Birthdays' (B/B) 6:00 Coloring Inn W/ RSA's (MC)	9:45 Life Station: Folding & Sorting (MC) 30 10:00 Fall Prevention w/ Jerome (MC) 10:30 Going Down Memory Lane Morning Music (MC) 1:30 Group Reading Circle (MC) 2:00 Chef Choice Social (MC) 2:00 Fall Prevention w/ Kaushaljit (MC) 3:30 Afternoon Sing-A-long (MC) 4:00 Seated Badminton (MC) 6:00 Tangrams and Puzzles w/ RSA (MC) 6:30 Casino Night with Live Dealers, Entertainment and Cocktails \$10 for entry per resident! (B/B)	Happy Halloween *Wear your Best Costume* 31 9:45 Seated Tai Chi and Chai Tea (MC) 10:30 MOMA Painting: Pumpkin Painting (MC) 11:00 Mindful Breathing w/ Aroma Therapy (MC) 1:30 Noodle Balloon (MC) 2:00 Munchies and Mocktails Social (MC) 3:00 Armchair Travel (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	



Be Bold

Calendar Legend

Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program

Locations Legend

Memory Care (MC)
Don's Bar/Bistro (B/B)
Dining Room (DR)
The Country Club (CC)