



INSPIRED  
SENIOR LIVING

# October 2025

## Don Mills Retirement Residence



| Sunday   | Monday   | Tuesday  | Wednesday   | Thursday   | Friday  | Saturday  |
|--|--|--|---|--|---|---|
| <div><div>MONDAY<br/>OCT<br/>13</div><div>Thanksgiving</div></div>  |  |  | <div>10:00 Functional Exercise with Kelly (B/B) 1</div> <div>11:30 Tech Help with Lily (CC)</div> <div>1:30 Resident Run Social Bridge (LB)</div> <div>2:00 \$1 Bingo (CC)</div> <div>2:00 Movie Matinee: Our Souls at Night (T&amp;L)</div> <div>3:00 Pumpkin Spice Latte and guessing game Taboo (B/B)</div> <div>7:00 Movie Night: Our Souls at Night (T&amp;L)</div>  | <div>10:00 Outing Fairview Mall * Sign up at the Front Desk* (MIL) 2</div> <div>10:15 Communion and Prayers with Elfrieda and James (T&amp;L)</div> <div>10:30 Java Music Club (DDH)</div> <div>10:45 Gentle Fitness w/ Jerome (B/B)</div> <div>11:15 Strength &amp; Balance w/ Jerome (CC)</div> <div>11:30 Tech Help Sign up at Reception (STS)</div> <div>2:00 Resident Forum (IL/AL) (T&amp;L)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>3:30 Quiddler and Canasta Card Game (CC)</div> <div>4:00 Go 4 Life Walking (MIL)</div> <div>7:00 Movie Night: King's Speech (T&amp;L)</div> | <div>10:00 Europe's Greatest Train Journey: S1 Ep 3 Andalusia (T&amp;L) 3</div> <div>11:00 Walking Word Search (*)</div> <div>11:00 Wii Bowling (CC)</div> <div>1:30 Come Play Euchre (CC)</div> <div>2:00 Prime Series: How did they build that? S1 Ep 8 (T&amp;L)</div> <div>3:30 Happy Hour and entertainment w/ Davis (B/B)</div> <div>7:00 Friday Night Movie and Popcorn: The Thursday Murder Club (T&amp;L)</div>  | <div>10:00 Word Game: Wordle (CC) 4</div> <div>11:00 Kinnetted Chain Massage Therapy Information Session with Founder John Bockt and RMT Morgan (T&amp;L)</div> <div>1:30 Seated Tai Chi (CC)</div> <div>2:00 Resident Run Social Bridge (LB)</div> <div>2:30 Saturday Series: PBS Documentaries ' The Roosevelts- In the Arena ' S1 Ep2 (T&amp;L)</div> <div>3:00 Afternoon Tea and Treat (B/B)</div> <div>7:00 Movie Night: Huckleberry Finn (T&amp;L)</div>  |
| <div>10:30 Crafters Corner (B/B) 5</div> <div>11:00 Activity Booklet * Front Desk* (C)</div> <div>1:30 Meet Me at the Moma Painting Session: Mike Nudelman (CC)</div> <div>2:00 Sunday Series: Thai Cave Rescue * The Parable of Kisa Gotami * (T&amp;L)</div> <div>3:00 Afternoon Tea and Trivia! (B/B)</div> <div>4:00 Go for Life Walking (MIL)</div> <div>7:00 Movie Night: Marie Antoinette (T&amp;L)</div> | <div>Active Aging Week Begins 6</div> <div>10:00 Better your Mind - Fit Minds (Session 1) (CC)</div> <div>11:00 Better your Mind - Fit Minds (CC)</div> <div>1:30 Paraffin Wax Treatment *sign up at reception* (B/B)</div> <div>1:30 Musical Movie Mondays: Mary Poppins (T&amp;L)</div> <div>2:30 Drumfit (CC)</div> <div>3:00 Smoothie Bar: Mango Maddness (B/B)</div> <div>3:45 Activities Meeting with Life Enrichment Manager Shanay *Share your thoughts* (T&amp;L)</div> <div>7:00 Musical Movie Mondays: Mary Poppins (T&amp;L)</div> | <div>9:45 Fall Prevention w/ Jerome (DDH) 7</div> <div>10:30 Gentle Fitness w/ Jerome (B/B)</div> <div>11:15 Strength &amp; Balance w/ Jerome (CC)</div> <div>1:30 Mindful Movement w/ Anika (T&amp;L)</div> <div>3:00 Smoothie Bar: Peachberry Dream (B/B)</div> <div>3:30 What's in a word ? (T&amp;L)</div> <div>7:00 Movie Night: The Journey (T&amp;L)</div>    | <div>Active Aging week Theme: Wear your Favorite Sports Jersey or Shirt! 8</div> <div>10:00 Functional Exercise with Kelly (B/B)</div> <div>11:30 Tech Help with Lily (CC)</div> <div>1:30 Resident Run Social Bridge (LB)</div> <div>2:00 \$1 Bingo (CC)</div> <div>2:00 Movie Matinee: The Devil Wears Prada (T&amp;L)</div> <div>3:00 Minute to win it Games with Bailey's Hot Chocolate Social (B/B)</div> <div>7:00 Pub Night: First Hockey Game of the season Montreal Canadiens vs Toronto Maple Leafs (B/B)</div> | <div>10:15 Communion and Prayers with Elfrieda and James (T&amp;L) 9</div> <div>10:30 Java Music Club (DDH)</div> <div>10:45 Gentle Fitness w/ Jerome (B/B)</div> <div>11:15 Strength &amp; Balance w/ Jerome (CC)</div> <div>11:30 Tech Help Sign up at Reception (STS)</div> <div>2:00 Bocce Tournament (DR)</div> <div>3:15 Sip &amp; Learn: A Kombucha Tasting Experience with Lily (B/B)</div> <div>4:00 Go 4 Life Walking (MIL)</div> <div>7:00 Movie Night: Feild of Dreams (T&amp;L)</div>   | <div>10:00 Europe's Greatest Train Journey: S1 Ep 4 Italy (T&amp;L) 10</div> <div>11:00 Walking Word Search (*)</div> <div>11:00 Seated Dance class with Katya (B/B)</div> <div>1:30 Come Play Euchre (CC)</div> <div>2:00 Documentary: Fit For TV: The Reality of the Biggest Loser ep1 (T&amp;L)</div> <div>3:00 Happy Hour and Entertainment with Pianist Martin Wall (DR)</div> <div>4:30 Thanksgiving Family Dinner Buffet - Please make your reservation at the Front Desk (DR)</div> <div>7:00 Friday Night Movie and Popcorn: The Two Popes (T&amp;L)</div> | <div>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) 11</div> <div>10:00 Word Game: Wordle (CC)</div> <div>10:45 Don Mills Choir w/ Marcus *Sing along* (T&amp;L)</div> <div>1:30 Seated Tai Chi (CC)</div> <div>2:00 Resident Run Social Bridge (LB)</div> <div>2:30 Saturday Series: PBS Documentaries ' The Roosevelts- The Fire of Life ' S1 Ep3 (T&amp;L)</div> <div>3:00 Afternoon Tea and Treat (B/B)</div> <div>7:00 Movie Night: Up Close and Personal (T&amp;L)</div> |
| <div>10:30 Crafters Corner (B/B) 12</div> <div>11:00 Activity Booklet * Front Desk* (C)</div> <div>2:00 Sunday Series: Thai Cave Rescue * Moo Pa * (T&amp;L)</div> <div>2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>4:00 Go for Life Walking (MIL)</div> <div>7:00 Movie Night: Sherlock Holmes (T&amp;L)</div>                         | <div>Happy Thanksgiving! 13</div> <div>11:00 Thanksgiving Activity Booklet Available at the Front Desk (CC)</div> <div>1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA)</div> <div>1:30 Musical Movie Mondays: Meet Me in St. Louis (T&amp;L)</div> <div>2:30 Drumfit (CC)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>4:00 Nature Walk and Reflection (MIL)</div> <div>7:00 Musical Movie Mondays: Meet Me in St. Louis (T&amp;L)</div>  | <div>9:45 Fall Prevention w/ Jerome (DDH) 14</div> <div>10:30 Gentle Fitness w/ Jerome (B/B)</div> <div>11:15 Strength &amp; Balance w/ Jerome (CC)</div> <div>1:30 Documentary: Con Mum (T&amp;L)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>3:30 What's in a word ? (T&amp;L)</div> <div>7:00 Movie Night: Nights In Rodanthe (T&amp;L)</div> | <div>10:00 Functional Exercise with Kelly (B/B) 15</div> <div>10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B)</div> <div>11:30 Tech Help with Lily (CC)</div> <div>1:30 Resident Run Social Bridge (LB)</div> <div>2:00 \$1 Bingo (CC)</div> <div>2:00 Movie Matinee: The Notebook (T&amp;L)</div> <div>3:00 TikTok Dance &amp; Apple Cider Social (B/B)</div> <div>7:00 Movie Night: The Notebook (T&amp;L)</div>   | <div>10:00 Outing: Pickering Casino * Sign-up at Front desk* (OUT) 16</div> <div>10:15 Communion and Prayers with Elfrieda and James (T&amp;L)</div> <div>10:30 Java Music Club (DDH)</div> <div>10:45 Gentle Fitness w/ Jerome (B/B)</div> <div>11:15 Strength &amp; Balance w/ Jerome (CC)</div> <div>11:30 Tech Help Sign up at Reception (STS)</div> <div>2:00 Bocce Tournament (DR)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>3:30 Quiddler and Canasta Card Game (CC)</div> <div>4:00 Go 4 Life Walking (MIL)</div> <div>7:00 Movie Night: The Imitation Game (T&amp;L)</div>      | <div>10:00 Health and Wellness Blood Pressure Clinic (T&amp;L) 17</div> <div>11:00 Walking Word Search (*)</div> <div>11:00 Chair Yoga with Sue (CC)</div> <div>1:30 Come Play Euchre (CC)</div> <div>2:00 Documentary: Fit For TV: The Reality of the Biggest Loser ep 2 (T&amp;L)</div> <div>3:30 Happy Hour and Entertainment w/ Marcus Schwan (B/B)</div> <div>7:00 Friday Night Movie and Popcorn: Conclave (T&amp;L)</div>  | <div>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) 18</div> <div>10:00 Word Game: Wordle (CC)</div> <div>10:45 Don Mills Choir w/ Marcus *Sing along* (T&amp;L)</div> <div>1:30 Seated Tai Chi (CC)</div> <div>2:00 Resident Run Social Bridge (LB)</div> <div>2:30 Saturday Series: PBS Documentaries ' The Roosevelts- The Storm S1 Ep 4 (T&amp;L)</div> <div>3:00 Afternoon Tea and Treat (B/B)</div> <div>7:00 Movie Night: Last Vegas (T&amp;L)</div>                    |





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| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday  |
|---|---|---|---|--|---|---|
| <div>10:30 Crafters Corner (B/B) 19</div> <div>11:00 Activity Booklet * Front Desk* (C)</div> <div>2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B)</div> <div>2:00 Sunday Series: The Crown S1 E1 ' Wolferton Splash ' (T&amp;L)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>4:00 Go for Life Walking (MIL)</div> <div>7:00 Movie Night: All the President's Men (T&amp;L)</div> | <div>10:00 Better your Mind - Fit Minds (Session 1) (CC) 20</div> <div>11:00 Better your Mind - Fit Minds (CC)</div> <div>1:30 Paraffin Wax Treatment *sign up at reception* (B/B)</div> <div>1:30 Musical Movie Mondays: Maestro (T&amp;L)</div> <div>2:30 Drumfit (CC)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>3:30 News &amp; Views Discussion Group (T&amp;L)</div> <div>4:00 Nature Walk and Reflection (MIL)</div> <div>7:00 Musical Movie Mondays: Maestro (T&amp;L)</div> | <div>Home Library Service **Exchange** (C) 21</div> <div>9:45 Fall Prevention w/ Jerome (DDH)</div> <div>10:30 Gentle Fitness w/ Jerome (B/B)</div> <div>11:15 Strength &amp; Balance w/ Jerome (CC)</div> <div>1:30 Culinary Corner (Cooking Demo) with Chef Cesar (CC)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>3:30 What's in a word ? (T&amp;L)</div> <div>7:00 Movie Night: Instant Family (T&amp;L)</div>  | <div>10:00 Functional Exercise with Kelly (B/B) 22</div> <div>11:00 Vendor: Piumi Marage (Skin care, Personal care etc) (11am to 3pm) (ML)</div> <div>11:30 Lunch Outing: Joey's Don Mills * Sign up at the Front Desk* (OUT)</div> <div>1:30 Resident Run Social Bridge (LB)</div> <div>2:00 \$1 Bingo (CC)</div> <div>2:00 Movie Matinee: Under the Tuscan Sun (T&amp;L)</div> <div>3:00 Happy Hour and Charades! (B/B)</div> <div>4:30 Dinner Outing:Joey's Don Mills ** Sign up at the front Desk** (OUT)</div> <div>7:00 Movie Night: Under the Tuscan Sun (T&amp;L)</div> | <div>10:15 Communion and Prayers with Elfreida and James (T&amp;L) 23</div> <div>10:30 Java Music Club (DDH)</div> <div>10:45 Gentle Fitness w/ Jerome (B/B)</div> <div>11:15 Strength &amp; Balance w/ Jerome (CC)</div> <div>11:30 Tech Help Sign up at Reception (STS)</div> <div>2:00 Bocce Tournament (DR)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>3:30 Quiddler and Canasta Card Game (CC)</div> <div>4:00 Go 4 Life Walking (MIL)</div> <div>7:00 Movie Night: Victoria and Abdul (T&amp;L)</div>   | <div>10:00 Europe's Greatest Train Journey: S1 Ep 5 Greece (T&amp;L) 24</div> <div>11:00 Walking Word Search (*)</div> <div>11:00 Seated Dance class with Katya (B/B)</div> <div>1:30 Come Play Euchre (CC)</div> <div>2:00 Documentary: Fit For TV: The Reality of the Biggest Loser ep 3 (T&amp;L)</div> <div>3:00 Happy Hour (B/B)</div> <div>3:30 Crafternoon: Pumpkin Vase Flower Arrangment *Sign up at the front Desk* (CC)</div> <div>7:00 Evening Entertainment with Tim Godfrey (B/B)</div>                 | <div>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) 25</div> <div>10:00 Word Game: Wordle (CC)</div> <div>1:30 Seated Tai Chi (CC)</div> <div>2:00 Resident Run Social Bridge (LB)</div> <div>2:30 Saturday Series: PBS Documentaries ' The Roosevelts- The Rising Road ' S1 Ep 5 (T&amp;L)</div> <div>3:00 Afternoon Tea and Treat (B/B)</div> <div>7:00 Movie Night: Limitless (T&amp;L)</div> |
| <div>10:30 Crafters Corner (B/B) 26</div> <div>11:00 Activity Booklet * Front Desk* (C)</div> <div>1:30 Texas Hold'em *Bring \$2* **6 spots max** (B/B)</div> <div>2:00 Sunday Series: The Crown S1 E2 ' Hyde Park Corner' (T&amp;L)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>4:00 Go for Life Walking (MIL)</div> <div>7:00 Movie Night: Out of Africa (T&amp;L)</div>            | <div>10:00 Better your Mind - Fit Minds (Session 1) (CC) 27</div> <div>11:00 Better your Mind - Fit Minds (CC)</div> <div>1:30 Culinary Meeting (T&amp;L)</div> <div>2:30 Drumfit (CC)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>3:30 Crafternoon: Make a Resin Fall Brooch with Kayleen * Sign up at the Front Desk* (CC)</div> <div>4:00 Nature Walk and Reflection (MIL)</div> <div>7:00 Musical Movie Mondays: John Williams (T&amp;L)</div>                                    | <div>9:45 Fall Prevention w/ Jerome (DDH) 28</div> <div>10:30 Gentle Fitness w/ Jerome (B/B)</div> <div>11:15 Strength &amp; Balance w/ Jerome (CC)</div> <div>1:30 Documentary: Unknown Number: The High School Catfish (T&amp;L)</div> <div>2:00 Meet Me at the Moma Painting Session: Daniel Gardner (CC)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>3:30 What's in a word ? (T&amp;L)</div> <div>7:00 Movie Night: I'll See You in My Dreams (T&amp;L)</div> | <div>10:00 Functional Exercise with Kelly (B/B) 29</div> <div>10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B)</div> <div>11:30 Tech Help with Lily (CC)</div> <div>1:30 Resident Run Social Bridge (LB)</div> <div>2:00 \$1 Bingo (CC)</div> <div>2:00 Movie Matinee: Fried Green Tomatoes (T&amp;L)</div> <div>3:30 Monthly Birthday Happy Hour October Birthdays' (B/B)</div> <div>7:00 Movie Night: Fried Green Tomatoes (T&amp;L)</div>  | <div>10:00 Outing: Don Mills Shops Shuttle Drop off * Sign up at the front desk* (OUT) 30</div> <div>10:15 Communion and Prayers with Elfreida and James (T&amp;L)</div> <div>10:30 Java Music Club (DDH)</div> <div>10:45 Gentle Fitness w/ Jerome (B/B)</div> <div>11:15 Strength &amp; Balance w/ Jerome (CC)</div> <div>11:30 Tech Help Sign up at Reception (STS)</div> <div>1:30 Outing: Don Mills Shops Shuttle Drop off * Sign up at the front desk* (OUT)</div> <div>3:00 Afternoon Tea and Treat Social (B/B)</div> <div>3:30 Quiddler and Canasta Card Game (CC)</div> <div>4:00 Go 4 Life Walking (MIL)</div> <div>6:30 Casino Night with Live Dealers, Entertainment and Cocktails \$10 for entry per resident! (B/B)</div> | <div>Happy Halloween *Wear your Best Costume* 31</div> <div>10:00 Europe's Greatest Train Journey's: S1 Ep 6 Corsica (T&amp;L)</div> <div>11:00 Walking Word Search (*)</div> <div>11:00 Chair Yoga with Sue (CC)</div> <div>1:30 Come Play Euchre (CC)</div> <div>3:00 Spooktacular Bash * Resident Costume Contest, Staff Pumpkin Carving Contest * (B/B)</div> <div>3:30 Happy Hour and Entertainment w/ Lauren Knowles (B/B)</div> <div>7:00 Friday Night Movie and Popcorn: Freud's Last Session (T&amp;L)</div> |   |



### Calendar Legend

Outing  
Special Program  
Living, Loving, Local  
Signature Program  
Highlight  
Active Week

### Locations Legend

|                             |                      |
|-----------------------------|----------------------|
| Great Escapes (T&L)         | Suite-to-Suite (STS) |
| Don's Bar/Bistro (B/B)      | 1st or 2nd floor (*) |
| The Country Club (CC)       | Concierge (C)        |
| Meet in the Lobby (MIL)     | Dining Room (DR)     |
| Library (LB)                | Outing (OUT)         |
| Decadence Dining Hall (DDH) | Spa (SPA)            |
|                             | Mills Lobby (ML)     |