



INSPIRED
SENIOR LIVING

November 2025

Don Mills Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 November		TUESDAY NOV 11 Remembrance Day		 National Gratitude Month		9:00 Massage Therapy Session 1 w/ Morgan RMT- Sign up at the front desk (SPA) 10:00 Word Game: Wordle (CC) 11:00 Vendor: Loila's Fashion Women and Men's Clothing Fashion Jewelry and accessories. (11am to 3pm) (ML) 1:30 Seated Tai Chi (CC) 2:00 Resident Run Social Bridge (LB) 2:30 Saturday Series: Human: The World Within ep1 (T&L) 3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: Somethings Gotta Give (T&L)
Dental Hygienist Visit w/ Joanne *Sign up at the Front Desk* (SPA) 2 10:00 Virtual Gentle Fitness (CC) 10:30 Crafters Corner (B/B) 11:00 Activity Booklet * Front Desk* (C) 1:30 Resident Run Rummikub (B/B) 2:00 Sunday Series: The Crown S1 E3 ' Windsor' (T&L) 2:30 Meet Me at the Moma Painting Session: David Hockney (CC) 3:00 Afternoon Tea and Trivia! (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: The Theory of Everything (T&L)	10:00 Better your Mind - Fit Minds (Session 1) (CC) 3 11:00 Better your Mind - Fit Minds (Session 2) (CC) 1:30 Paraffin Wax Treatment *sign up at reception* (B/B) 1:30 Musical Movie Mondays: The Glenn Miller Story (T&L) 2:30 Drumfit (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Activities Meeting with Life Enrichment Manager Shanay *Share your thoughts* (T&L) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: The Glenn Miller Story (T&L)	9:45 Fall Prevention w/ Jerome (DDH) 4 10:30 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 1:30 Documentary: Who Killed Montreal Expos? (T&L) 2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 What's in a word ? (T&L) 7:00 Movie Night: The Great Debators (T&L)	10:00 Functional Exercise with Kelly (B/B) 5 10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B) 11:30 Tech Help (CC) 2:00 \$1 Bingo (CC) 2:00 Movie Matinee: Moonstruck (T&L) 3:00 Tik Tok Dance and Appletini Cocktail! (B/B) 7:00 Movie Night: Moonstruck (T&L) 7:00 Resident Run Scrabble (CC)	10:00 Flu and Covid Clinic (B/B) 6 10:45 Gentle Fitness w/ Jerome * Location Change * (CC) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at Reception (STS) 2:00 Bocce Tournament (DR) 3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B) 3:30 Quiddler and Canasta Card Game (CC) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: Becoming Jane (T&L)	10:00 Europe's Greatest Train Journey's: S1 Ep 6 Corsica (T&L) 7 10:00 Outing Bayview Mall * Sign up at the Front Desk* (MIL) 11:00 Walking Word Search (*) 11:00 Chair Yoga with Sue (CC) 1:30 Come Play Euchre (CC) 2:30 Happy Hour and Entertainment w/ Tony (B/B) 3:30 National Geographic Documentary: The Lost City of Machu Picchu (T&L) 7:00 Friday Night Movie and Popcorn: Still Alice (T&L)	9:00 Massage Therapy Session 8 w/ Morgan RMT- Sign up at the front desk (SPA) 10:00 Word Game: Wordle (CC) 11:00 Vendor: Rughookings by Catherine. (11am to 6pm) (ML) 1:30 Seated Tai Chi (CC) 2:00 Resident Run Social Bridge (LB) 2:30 Saturday Series: Human: The World Within ep2 (T&L) 3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: About My Father (T&L)
10:00 Virtual Gentle Fitness (CC) 9 10:30 Crafters Corner (B/B) 11:00 Activity Booklet * Front Desk* (C) 1:30 Resident Run Rummikub (B/B) 2:00 Sunday Series: The Crown S1 E4 ' Act of God' (T&L) 3:00 Afternoon Tea and Trivia! (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: About Time (T&L)	10:00 Better your Mind - Fit Minds (Session 1) (CC) 10 11:00 Better your Mind - Fit Minds (Session 2) (CC) 1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA) 1:30 Paraffin Wax Treatment *sign up at reception* (B/B) 1:30 Musical Movie Mondays: Return of the King: The Fall and Rise of Elvis (T&L) 2:30 Drumfit (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 News & Views Discussion Group (T&L) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: Return of the King: The Fall and Rise of Elvis (T&L)	10:00 Remembrance Day Tea Social with Entertainment by John Amato (B/B) 11 1:30 What's in a word ? (T&L) 2:00 Virtual Gentle Fitness (CC) 2:30 Resident Forum (IL/AL) (T&L) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Texas Hold'em *Bring \$2* **6 spots max** (B/B) 7:00 Movie Night: Life is Beautiful (T&L)	10:00 Functional Exercise with Kelly (B/B) 12 11:00 Vendor: 5th Avenue Jewelry (11am-3pm) (ML) 11:30 Tech Help (CC) 11:45 Lunch Outing: The Keg * Sign up at the Front Desk* (OUT) 2:00 \$1 Bingo with Neethu (CC) 2:00 Movie Matinee: Step Mom (T&L) 4:15 Dinner Outing: The Keg * Sign up at the Front Desk* (OUT) 7:00 Movie Night: Step Mom (T&L) 7:00 Resident Run Scrabble (CC)	10:00 Outing: Shoppers Drug mart/Metro Drop off *Sign up at the Front Desk* (OUT) 13 10:15 Communion and Prayers with Elfrieda and James (T&L) 10:45 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at Reception (STS) 1:30 Guest Speaker: ' Sound of Events ' with Bill Anderson the Flag Man (CC) 2:30 Bocce Tournament (DR) 3:00 Afternoon Tea and Treat Social! (B/B) 3:30 Quiddler and Canasta Card Game (CC) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: Water for Elephants (T&L)	10:00 Health and Wellness Blood Pressure Clinic (T&L) 14 11:00 Walking Word Search (*) 11:00 Seated Dance class with Katya (B/B) 1:30 Come Play Euchre (CC) 2:00 Prime Series: Suddenly Royal Ep1 ' Worlds Collide ' (T&L) 3:30 Happy Hour and Entertainment with Pianist Martin Wall (DR) 7:00 Friday Night Movie and Popcorn: Legends of the Fall (T&L)	9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) 15 10:00 Word Game: Wordle (CC) 10:00 Vendor: Crafty Sister ' Handmade Cards' * 10am to 2pm* (ML) 10:45 Don Mills Choir w/ Marcus *Sing along* (T&L) 1:30 Seated Tai Chi (CC) 2:00 Resident Run Social Bridge (LB) 2:30 Saturday Series: Human: The World Within ep3 (T&L) 3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: 27 Dresses (T&L)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Virtual Gentle Fitness (CC) 16 10:30 Crafters Corner (B/B) 11:00 Activity Booklet * Front Desk* (C) 1:30 Resident Run Rummikub (B/B) 2:00 Sunday Series: The Crown S1 E5 ' Smoke and Mirrors ' (T&L) 2:30 Meet Me at the Moma Painting Session: Pacita Abad (CC) 3:00 Afternoon Tea and Trivia! (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: Captain Philips (T&L)	10:00 Better your Mind - Fit Minds (Session 1) (CC) 17 11:00 Better your Mind - Fit Minds (Session 2) (CC) 1:30 Paraffin Wax Treatment *sign up at reception* (B/B) 1:30 Culinary Meeting (T&L) 2:30 Drumfit (CC) 3:00 Afternoon Tea and Treat Social (B/B) 4:00 Nature Walk and Reflection (MIL) 6:00 Outing: Ripleys's Aquarium 'Sharks at Night' \$20 Per resident * Sign up at the front desk* (OUT) 7:00 Musical Movie Mondays: My Fair Lady (T&L)	Home Library Service **Exchange** (C) 18 9:45 Fall Prevention w/ Jerome (DDH) 10:30 Gentle Fitness w/ Jerome (CC) 11:15 Strength & Balance w/ Jerome (CC) 11:45 Stu and Rob Bistro Social * Invitation only * (B/B) 1:30 Guest Speaker Anik Waldeck Art Historian: Ho! Ho! Ho! The Art History of Santa Claus (T&L) 2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 What's in a word ? (T&L) 7:00 Movie Night: Love Field (T&L)	10:00 Functional Exercise with Kelly (B/B) 19 10:45 Virtual Concert: André Rieu live in Malta (T&L) 11:30 Tech Help (CC) 2:00 \$1 Bingo (CC) 3:00 Meet and Greet with City Councillor Jon Burnside (T&L) 4:30 Supper with Stu and Ewa * Invitation Only* (DR) 7:00 Movie Night: 5 Flights up (T&L) 7:00 Resident Run Scrabble (CC)	10:15 Communion and Prayers with Elfreida and James (T&L) 20 10:45 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at Reception (STS) 2:00 Bocce Tournament (DR) 3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B) 4:00 Go 4 Life Walking (MIL) 7:00 Movie Night: The Banker (T&L)	10:00 Somebody Feed Phil: S1 Ep 1 " Bangkok " (T&L) 21 11:00 Walking Word Search (*) 11:00 Seated Dance class with Katya (B/B) 1:00 Resident Run: Staff Christmas Collection Table (ML) 1:30 Come Play Euchre (CC) 2:00 Guest Speaker: ' Healthy Aging and Fall Prevention' presented by Betterliving (T&L) 3:30 Happy Hour and Entertainment w/ Violinist Peter Han (B/B) 7:00 Friday Night Movie and Popcorn: The Social Network (T&L)	9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) 22 10:00 Word Game: Wordle (CC) 1:30 Seated Tai Chi (CC) 2:00 Resident Run Social Bridge (LB) 2:30 Saturday Series: Human: The World Within ep4 (T&L) 3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: Father of the Bride (T&L)
10:00 Virtual Gentle Fitness (CC) 23 10:30 Crafters Corner (B/B) 11:00 Activity Booklet * Front Desk* (C) 11:00 Vendor: Anish Tradition (11am to 3pm) (ML) 1:30 Resident Run Rummikub (B/B) 2:00 Sunday Series: The Crown S1 E6 ' Gelignite ' (T&L) 3:00 Afternoon Tea and Treat Social! (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: I am Sam (T&L)	10:00 Better your Mind - Fit Minds (Session 1) (CC) 24 11:00 Better your Mind - Fit Minds (Session 2) (CC) 1:30 Drumfit (CC) 2:00 Don Mills Variety Show (DR) 3:00 Afternoon Tea and Treat Social (B/B) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: The Music Man (T&L)	9:45 Fall Prevention w/ Jerome (DDH) 25 10:30 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 1:30 Texas Hold'em *Bring \$2* **6 spots max** (B/B) 2:30 Wine and Cheese Tasting * Sign up at the Front Desk * (B/B) 3:00 Afternoon tea and social including "Name that Tune?" game (B/B) 3:30 What's in a word ? * Location Change* (CC) 7:00 Movie Night: Seabiscuit (T&L)	10:00 Functional Exercise with Kelly (B/B) 26 10:30 New Program: Mens Club (CC) 10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B) 11:30 Tech Help (CC) 1:30 Christmas Decorating and Special Holiday Drink w/ Life Enrichment *Sign up at Reception* (ML) 2:00 \$1 Bingo (CC) 2:00 Movie Matinee: The Amercian President (T&L) 3:30 Monthly Birthday Happy Hour ' November Birthdays' (B/B) 7:00 Movie Night: The Amercian President (T&L) 7:00 Resident Run Scrabble (CC)	10:00 Outing: Shoppers Drug mart/Metro Drop off *Sign up at the Front Desk* (OUT) 27 10:15 Communion and Prayers with Elfreida and James (T&L) 10:45 Gentle Fitness w/ Jerome (B/B) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at Reception (STS) 2:00 Marketing Event: Wellness Fair (2-4) (B/B) 3:30 Quiddler and Canasta Card Game (CC) 4:00 Go 4 Life Walking (MIL) 6:30 Pub Night Social & Trivia Challenge (B/B) 7:00 Movie Night: My Best Friend's Wedding (T&L)	10:00 Somebody Feed Phil: S1 Ep 2 "Saigon " (T&L) 28 11:00 Walking Word Search (*) 11:00 Chair Yoga with Sue (CC) 1:00 Resident Run: Staff Christmas Collection Table (ML) 1:30 Come Play Euchre (CC) 2:00 Prime Series: Suddenly Royal Ep2 ' Weddings ' (T&L) 2:30 Outing: Toronto Botanical Garden Holiday Market (OUT) 3:30 Happy Hour (B/B) 7:00 Friday Night Movie and Popcorn: The Founder (T&L)	9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) 29 10:00 Word Game: Wordle (CC) 10:45 Don Mills Choir w/ Marcus *Sing along* (T&L) 1:15 Outing: Stage Centre Production " It's a Wonderful Life" (OUT) 1:30 Seated Tai Chi (CC) 2:00 Resident Run Social Bridge (LB) 2:30 Saturday Series: Human: The World Within ep5 (T&L) 3:00 Afternoon Tea and Treat (B/B) 7:00 Movie Night: You've Got Mail (T&L)
10:00 Virtual Gentle Fitness (CC) 30 10:30 Crafters Corner (B/B) 11:00 Activity Booklet * Front Desk* (C) 1:30 Resident Run Rummikub (B/B) 2:00 Sunday Series: The Crown S1 E7 ' Scientia Potentia Est' (T&L) 3:00 Afternoon Tea and Entertainment with Second Movement! (B/B) 4:00 Go for Life Walking (MIL) 7:00 Movie Night: And So it Goes (T&L)				Calendar Legend Outing Special Program Living, Loving, Local Signature Program Highlight	Locations Legend Great Escapes (T&L) The Country Club (CC) Don's Bar/Bistro (B/B) Meet in the Lobby (MIL) Mills Lobby (ML) Spa (SPA) Outing (OUT)	Concierge (C) Dining Room (DR) Library (LB) Suite-to-Suite (STS) 1st or 2nd floor (*) Decadence Dining Hall (DDH)