



December 2025

Don Mills Retirement Residence

Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Calendar Legend</p> <p>Outing Special Program Holidays Living, Loving, Local Signature Program Highlight</p>	<p>10:00 Virtual Chair Yoga w/ Sherry (ALR) 1</p> <p>10:30 Wheel Of Fortune (DDH)</p> <p>11:00 Armchair Travel (DDH)</p> <p>1:30 Musical Movie Mondays: The Glenn Miller Story (T&L)</p> <p>1:30 Sing Fit (DDH)</p> <p>2:30 Short Stories Reading (ALR)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Headspace Guide to Meditation with Lily " How to Get Started" (T&L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: The Glenn Miller Story (T&L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) 2</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>10:30 Picture Bingo (DDH)</p> <p>1:30 Physical Game (DDH)</p> <p>2:30 Artful Corner (DDH)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Christmas Sing Along (ALR)</p> <p>7:00 Movie Night: A Woman Named Jackie (T&L)</p>	<p>9:45 Seated Badminton (DDH) 3</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:30 Guest Speaker: Lianne Harris ' Christmas Symbols and Stories ' (T&L)</p> <p>10:45 National Geographic Series (ALR)</p> <p>11:00 Tech Help (CC)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>2:00 Afternoon Entertainment with Musical Duo Rikashay (MC)</p> <p>3:30 Tik Tok Dance and Holiday Vodka Cran (B/B)</p> <p>7:00 Movie Night: Miss Congeniality (T&L)</p>	<p>9:45 Drumfit (DDH) 4</p> <p>10:00 Outing: Fairview Mall * Sign-up with the front desk* (OUT)</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:30 Java Music Club (DDH)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Gentle Fitness w/ Kaushaljit (DDH)</p> <p>2:30 Target Practice! (DDH)</p> <p>3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>7:00 Evening Entertainment w/ Yorkminstrels Choir (DR)</p> <p>7:00 Movie Night: Sully (T&L)</p>	<p>9:45 Fit Minds Interactive (DDH) 5</p> <p>10:00 Activities Meeting with Life Enrichment Manager Shanay *Share your thoughts* (T&L)</p> <p>11:00 Word Search, Daily Chronicles and Chit Chat (DDH)</p> <p>11:00 Vendor: Bijoux Treasures (11am to 3pm) (ML)</p> <p>11:00 Chair Yoga with Sue (CC)</p> <p>1:00 Resident Run: Staff Christmas Collection Table (ML)</p> <p>2:00 Prime Series: Montreal ' My Love, My Story : The River and Its Island ' (T&L)</p> <p>3:30 Happy Hour (B/B)</p> <p>7:00 Friday Night Movie and Popcorn: Train Dreams (T&L)</p>	<p>9:00 Massage Therapy Session 6 w/ Morgan RMT- Sign up at the front desk (SPA)</p> <p>10:15 Stretching and Mobility Exercise (DDH)</p> <p>1:30 Gentle Fitness w/ Kaushaljit (DDH)</p> <p>2:00 Reading Christmas Stories (ALR)</p> <p>2:30 Saturday Series: PBS Documentaries ' Finding Your Roots In Search of Our Fathers' - S2 EP1 (T&L)</p> <p>7:00 Movie Night: A Good Life (T&L)</p>
<p>Dental Hygienist *Sign up at the Front Desk* (SPA) 7</p> <p>9:45 Spiritual Hymns (ALR)</p> <p>10:15 Get Moving w/ Seated Zumba (DDH)</p> <p>10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>2:00 Sunday Series: The Crown S1 E8 ' Pride and Joy' (T&L)</p> <p>2:30 Meditation and Mandela (DDH)</p> <p>3:00 Afternoon Tea and Trivia! (B/B)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: 9-5 (T&L)</p>	<p>10:00 Virtual Chair Yoga w/ Sherry (ALR) 8</p> <p>10:30 Word Game: Hangman (ALR)</p> <p>11:00 Armchair Travel (DDH)</p> <p>1:30 Sing Fit (DDH)</p> <p>1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA)</p> <p>1:30 Musical Movie Mondays: John Williams In Tokyo (T&L)</p> <p>2:00 Crafternoon: Winter Arrangment with Megan * Sign up at the Front Desk * (CC)</p> <p>2:30 Short Stories Reading (ALR)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Headspace Guide to Meditation with Lily " How to Let Go" (T&L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: Music By John Williams In Tokyo (T&L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) 9</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>10:30 Picture Bingo (DDH)</p> <p>1:30 Physical Game (DDH)</p> <p>2:00 Resident Forum (IL/AL) (T&L)</p> <p>2:30 Artful Corner (DDH)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Christmas Sing Along (ALR)</p> <p>7:00 Movie Night: Erin Brockovich (T&L)</p>	<p>9:30 Music Therapy w/ Arianne (MC) 10</p> <p>9:45 Seated Badminton (DDH)</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:30 Music Therapy w/ Arianne (MC)</p> <p>10:45 National Geographic Series (ALR)</p> <p>10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B)</p> <p>11:00 Tech Help (CC)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>3:30 Afternoon Tea and Social Including "Name that Tune?" Game (B/B)</p> <p>7:00 Movie Night: Nonnas (T&L)</p>	<p>9:45 Drumfit (DDH) 11</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:30 Java Music Club (DDH)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Gentle Fitness w/ Kaushaljit (DDH)</p> <p>2:30 Trivia & Games (DDH)</p> <p>3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>6:00 Outing: The Magic of Old Scugog Christmas Lights Bus Trip (OUT)</p> <p>7:00 Movie Night: St. Vincent (T&L)</p>	<p>9:45 Fit Minds Interactive (DDH) 12</p> <p>10:00 Somebody Feed Phil: S1 Ep 3 " Tel Aviv" (T&L)</p> <p>11:00 Word Search, Daily Chronicles and Chit Chat (DDH)</p> <p>11:00 Seated Dance class with Katya (B/B)</p> <p>2:00 Manicures and Hand Masks w/ Relaxing Music (DDH)</p> <p>2:00 Prime Series: Montreal ' My Love, My Story: Maisonneuve: Cradle of Industry ' (T&L)</p> <p>3:00 Happy Hour and Entertainment with Pianist Martin Wall (DR)</p> <p>7:00 Friday Night Movie and Popcorn: The Amercian President (T&L)</p>	<p>12 Days Till Christmas Begins * Tinsel and Sparkles Day Wear Glitter Gold or Silver * 13</p> <p>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA)</p> <p>10:15 Stretching and Mobility Exercise (DDH)</p> <p>10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)</p> <p>1:30 Gentle Fitness w/ Kaushaljit (DDH)</p> <p>2:00 Don Mills Christmas Market * Vendors, Bake Sale, Farmers Market, Horse and Carraige Ride and so much more* (2pm - 4pm) (B/B)</p> <p>2:00 Reading Christmas Stories (ALR)</p> <p>3:00 Social and Art with Shari (DDH)</p> <p>3:00 Saturday Series: PBS Documentaries ' Finding Your Roots: Born Champions' - S2 EP2 (T&L)</p> <p>7:00 Christmas Movie Night: The Holiday (T&L)</p>
<p>11 Days Till Christmas * Santa Hat Day * 14</p> <p>9:45 Spiritual Hymns (ALR)</p> <p>10:15 Get Moving w/ Seated Zumba (DDH)</p> <p>10:30 Crafters Corner (B/B)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>2:00 Don Mills Choir Christmas Performance (DR)</p> <p>2:30 Meditation and Mandela (DDH)</p> <p>3:00 Afternoon Tea and Trivia! (B/B)</p> <p>3:30 Sunday Series: The Crown S1 E9 ' Assassins' (T&L)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: A Christmas Story (T&L)</p>	<p>10 Days Till Christmas * Candy Cane Lane Wear red and White* 15</p> <p>10:00 Virtual Chair Yoga w/ Sherry (ALR)</p> <p>10:30 Wheel Of Fortune (DDH)</p> <p>11:00 Armchair Travel (DDH)</p> <p>11:00 Vendor: Vivace Clothing (11am to 3pm) (ML)</p> <p>1:30 Sing Fit (DDH)</p> <p>1:30 Musical Movie Mondays: Holiday Inn (T&L)</p> <p>2:30 Short Stories Reading (ALR)</p> <p>3:30 Cinnamon Eggnog Social & Reindeer Ring Toss (B/B)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: Holiday Inn (T&L)</p>	<p>Home Library Service **Exchange** (C) 16</p> <p>9 Days Till Christmas * Christmas Sock Day *</p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>10:30 Picture Bingo (DDH)</p> <p>1:30 Physical Game (DDH)</p> <p>2:00 Step by Step Art Workshop: Ornamental Glow * Sign up at the front Desk* (CC)</p> <p>2:30 Artful Corner (DDH)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Christmas Sing Along (ALR)</p> <p>7:00 Christmas Movie Night: Home Alone (T&L)</p>	<p>8 Days Till Christmas * Gingerbread Day* 17</p> <p>9:45 Seated Badminton (DDH)</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:45 National Geographic Series (ALR)</p> <p>11:00 Tech Help (CC)</p> <p>1:30 GingerBread House Making * Sign up with Life Enrichment * (CC)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>2:30 Christmas Show with Tony the Entertainer (B/B)</p> <p>7:00 Movie Night: Elf (T&L)</p>	<p>7 Days Till Christmas * Christmas Character Day* 18</p> <p>9:45 Drumfit (DDH)</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:30 Java Music Club (DDH)</p> <p>10:45 Gentle Fitness w/ Jerome * Location Change * (CC)</p> <p>1:30 Gentle Fitness w/ Kaushaljit (DDH)</p> <p>1:30 Outing: Shoppers Drug mart/Metro Drop off *Sign up at the Front Desk* (OUT)</p> <p>2:30 Joy In Motion (DDH)</p> <p>3:00 Warm Cinnamon Roll Cocktail Social w/ Timeless Tunes with Joe (B/B)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>6:00 Outing: Christmas Lights (OUT)</p> <p>7:00 Movie Night: Dead Poets Society (T&L)</p>	<p>6 Days Till Christmas * Tacky Christmas Sweater Day* 19</p> <p>9:45 Fit Minds Interactive (DDH)</p> <p>11:00 Word Search, Daily Chronicles and Chit Chat (DDH)</p> <p>11:00 Seated Dance class with Katya (B/B)</p> <p>2:30 Happy Hour and Entertainment w/ Tim Godfrey (B/B)</p> <p>3:30 Prime Series: Montreal ' My Love, My Story: Around The Mountain ' (T&L)</p> <p>4:30 Christmas Buffet * Reservation at the Front Desk * (DR)</p> <p>7:00 Friday Night Movie and Popcorn: The Man Who Invented Christmas (T&L)</p>	<p>5 Days Till Christmas * Jingle Bells Day (add bells to your outfit) * 20</p> <p>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA)</p> <p>10:15 Stretching and Mobility Exercise (DDH)</p> <p>1:30 Gentle Fitness w/ Kaushaljit (DDH)</p> <p>2:00 Reading Christmas Stories (ALR)</p> <p>2:30 Saturday Series: PBS Documentaries ' Finding Your Roots: Our American Storytellers ' - S2 EP3 (T&L)</p> <p>3:00 Social and Art with Shari (DDH)</p> <p>7:00 Movie Night: The Family Stone (T&L)</p>



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Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>4 Days Till Christmas * Red and Green Day* 21</p> <p>9:45 Spiritual Hymns (ALR)</p> <p>10:15 Get Moving w/ Seated Zumba (DDH)</p> <p>10:30 Crafters Corner (B/B)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>2:00 Sunday Series: The Crown S1 E10 'Gloriana' (T&L)</p> <p>2:30 Meditation and Mandela (DDH)</p> <p>3:00 Afternoon Tea and Trivia! (B/B)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: Miracle on 34th Street (T&L)</p>	<p>3 Days Till Christmas * Christmas Pajama Day * 22</p> <p>10:00 Virtual Chair Yoga w/ Sherry (ALR)</p> <p>10:30 Word Game: Hangman (ALR)</p> <p>11:00 Armchair Travel (DDH)</p> <p>1:30 Sing Fit (DDH)</p> <p>1:30 Musical Movie Mondays: White Christmas (T&L)</p> <p>2:30 Short Stories Reading (ALR)</p> <p>3:30 Manager Holiday Drink Competition * Sign up at the front desk* (B/B)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: White Christmas (T&L)</p>	<p>2 Days Till Christmas * Elves & helper day* 23</p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>10:30 Picture Bingo (DDH)</p> <p>11:15 Lunch Outing: Taylors Landing *Sign up at the front Desk* (OUT)</p> <p>1:30 Culinary Corner (Cooking Demo) with Chef Cesar (CC)</p> <p>1:30 Physical Game (DDH)</p> <p>2:30 Artful Corner (DDH)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Christmas Sing Along (ALR)</p> <p>4:15 Dinner Outing: Taylor's Landing * Sign up at the Font Desk* (OUT)</p> <p>7:00 Movie Night: A Million Miles Away (T&L)</p>	<p>1 Day Till Christmas *Holiday Best Day* 24</p> <p>9:45 Drumfit (DDH)</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:45 National Geographic Series (ALR)</p> <p>11:00 Tech Help (CC)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>3:00 Sing Along - The Sound of Music (1965) (ALR)</p> <p>7:00 Movie Night: Paddington (T&L)</p>	<p>Merry Christmas! 25</p> <p>9:45 Seated Badminton (DDH)</p> <p>10:30 Java Music Club (DDH)</p> <p>10:30 Virtual Concert: André Rieu - Home for Christmas (T&L)</p> <p>11:00 Christmas Activity Package (FD)</p> <p>1:30 Virtual Exercise (DDH)</p> <p>2:00 Virtual Concert: André Rieu - Christmas in London (T&L)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>4:00 Christmas Sing Along (ALR)</p> <p>7:00 Movie Night: Four Christmas (T&L)</p>	<p>9:45 Fit Minds Interactive (DDH) 26</p> <p>10:00 Somebody Feed Phil: S1 Ep 4 "Lisbon" (T&L)</p> <p>11:00 Word Search, Daily Chronicles and Chit Chat (DDH)</p> <p>11:00 Chair Yoga with Sue (CC)</p> <p>2:00 Manicures and Hand Masks w/ Relaxing Music (DDH)</p> <p>2:00 Prime Series: Montreal ' My Love, My Story: La Main: Street of Immigrants' (T&L)</p> <p>3:30 Happy Hour and Entertainment with Kelly Davis (B/B)</p> <p>7:00 Friday Night Movie and Popcorn: Ocean 11 (T&L)</p>	<p>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) 27</p> <p>10:15 Stretching and Mobility Exercise (DDH)</p> <p>1:30 Gentle Fitness w/ Kaushaljit (DDH)</p> <p>2:00 Reading Christmas Stories (ALR)</p> <p>2:30 Saturday Series: PBS Documentaries ' Finding Your Roots: The Melting Pot' - S2 EP4 (T&L)</p> <p>3:00 Social and Art with Shari (DDH)</p> <p>7:00 Movie Night: Mrs. Doubtfire (T&L)</p>
<p>9:45 Spiritual Hymns (ALR) 28</p> <p>10:15 Get Moving w/ Seated Zumba (DDH)</p> <p>10:30 Crafters Corner (B/B)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>2:00 Sunday Series: The Crown S2 E1 'Misadventure' (T&L)</p> <p>2:30 Meditation and Mandela (DDH)</p> <p>3:00 Afternoon Tea and Entertainment with Second Movement! (B/B)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: Its A Wonderful Life (T&L)</p>	<p>10:00 Virtual Chair Yoga w/ Sherry (ALR) 29</p> <p>10:30 Wheel Of Fortune (DDH)</p> <p>11:00 Armchair Travel (DDH)</p> <p>1:30 Sing Fit (DDH)</p> <p>1:30 Musical Movie Mondays: Grease (T&L)</p> <p>2:30 Short Stories Reading (ALR)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 End of Year Slide Show! (T&L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: Grease (T&L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) 30</p> <p>10:00 Outing: Woodbine Casino * Sign up at the front desk* (OUT)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>10:30 Picture Bingo (DDH)</p> <p>1:30 Afternoon Series: A Man On The Inside season 2 Ep 4 (T&L)</p> <p>1:30 Physical Game (DDH)</p> <p>2:30 Artful Corner (DDH)</p> <p>2:30 Culinary Meeting Chef Cesar (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 New Year Sing Along (ALR)</p> <p>7:00 Movie Night: The Intern (T&L)</p> <p>7:00 Pub Night Social & Trivia Challenge (B/B)</p>	<p>9:45 Seated Badminton (DDH) 31</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:45 National Geographic Series (ALR)</p> <p>10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B)</p> <p>11:00 Tech Help (CC)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>3:30 Monthly Birthday Happy Hour ' December Birthdays ' (B/B)</p> <p>7:00 Bring in the New Year with Entertainment by Duo Sparklettes (B/B)</p> <p>7:00 Evening Movie Night: While you Were Sleeping (T&L)</p>			

TUESDAY
DEC 31

New Years Eve

Locations Legend

Decadence Dining Hall (DDH)	Meet in the Lobby (MIL)	Concierge (C)
Great Escapes (T&L)	The Country Club (CC)	Dining Room (DR)
Don's Bar/Bistro (B/B)	Outing (OUT)	Memory Care (MC)
Assisted living room (ALR)	Spa (SPA)	Mills Lobby (ML)
		Front Desk (FD)