



INSPIRED SENIOR LIVING

December 2025

Don Mills Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>10:00 Better your Mind - Fit Minds (Session 1) (CC) 1</p> <p>11:00 Better your Mind - Fit Minds (Session 2) (CC)</p> <p>1:30 Paraffin Wax Treatment *sign up at reception* (B/B)</p> <p>1:30 Musical Movie Mondays: The Glenn Miller Story (T&L)</p> <p>2:30 Drumfit (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Headspace Guide to Meditation with Lily " How to Get Started" (T&L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: The Glenn Miller Story (T&L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) 2</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>1:30 Outing: One of a Kind Show * Sign up at the front Desk* (OUT)</p> <p>1:30 Afternoon Series: A Man On The Inside season 2 Ep 1 (T&L)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 What's in a word ? (T&L)</p> <p>7:00 Movie Night: A Woman Named Jackie (T&L)</p>	<p>10:00 Functional Exercise with Kelly (B/B) 3</p> <p>10:30 Guest Speaker: Lianne Harris ' Christmas Symbols and Stories ' (T&L)</p> <p>11:00 Tech Help (CC)</p> <p>2:00 \$1 Bingo (CC)</p> <p>2:00 Movie Matinee: Miss Congeniality (T&L)</p> <p>3:30 Tik Tok Dance and Holiday Vodka Cran (B/B)</p> <p>7:00 Movie Night: Miss Congeniality (T&L)</p>	<p>10:00 Outing: Fairview Mall * Sign-up with the front desk* (OUT) 4</p> <p>10:15 Communion and Prayers with Elfrieda and James (T&L)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>11:00 Tech Help Sign up at Reception (STS)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>2:00 Bocce Tournament (DR)</p> <p>3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>7:00 Evening Entertainment w/ Yorkminstrels Show Choir (DR)</p> <p>7:00 Movie Night: Sully (T&L)</p>	<p>10:00 Activities Meeting with Life Enrichment Manager Shanay *Share your thoughts* (T&L) 5</p> <p>11:00 Walking Word Search (*)</p> <p>11:00 Vendor: Bijoux Treasures (11am to 3pm) (ML)</p> <p>11:00 Chair Yoga with Sue (CC)</p> <p>1:30 Come Play Euchre (CC)</p> <p>2:00 Prime Series: Montreal ' My Love, My Story : The River and Its Island ' (T&L)</p> <p>3:30 Happy Hour (B/B)</p> <p>7:00 Friday Night Movie and Popcorn: Train Dreams (T&L)</p>	<p>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) 6</p> <p>10:00 Word Game: Wordle (CC)</p> <p>1:30 Seated Tai Chi (CC)</p> <p>2:00 Resident Run Social Bridge (LB)</p> <p>2:30 Saturday Series: PBS Documentaries ' Finding Your Roots In Search of Our Fathers' - S2 EP1 (T&L)</p> <p>3:00 Afternoon Tea and Treat (B/B)</p> <p>7:00 Movie Night: A Good Life (T&L)</p>
<p>10:00 Virtual Gentle Fitness (CC) 7</p> <p>10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>1:30 Resident Run Rummikub (B/B)</p> <p>2:00 Sunday Series: The Crown S1 E8 ' Pride and Joy' (T&L)</p> <p>3:00 Afternoon Tea and Trivia! (B/B)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: 9-5 (T&L)</p>	<p>10:00 Better your Mind - Fit Minds (Session 1) (CC) 8</p> <p>11:00 Better your Mind - Fit Minds (Session 2) (CC)</p> <p>1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA)</p> <p>1:30 Musical Movie Mondays: John Williams In Tokyo (T&L)</p> <p>2:00 Crafternoon: Winter Arrangement with Megan * Sign up at the Front Desk * (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Headspace Guide to Meditation with Lily " How to Let Go" (T&L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: Music By John Williams In Tokyo (T&L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) 9</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>2:00 Resident Forum (IL/AL) (T&L)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 What's in a word ? (T&L)</p> <p>7:00 Movie Night: Erin Brockovich (T&L)</p>	<p>10:00 Functional Exercise with Kelly (B/B) 10</p> <p>10:30 Mens Club (CC)</p> <p>10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B)</p> <p>11:00 Tech Help (CC)</p> <p>2:00 \$1 Bingo with Neethu (CC)</p> <p>2:00 Movie Matinee: Nonnas (T&L)</p> <p>3:30 Afternoon Tea and Social Including "Name that Tune?" Game Christmas Edition (B/B)</p> <p>7:00 Movie Night: Nonnas (T&L)</p>	<p>10:15 Communion and Prayers with Elfrieda and James (T&L) 11</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>11:00 Tech Help Sign up at Reception (STS)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>2:00 Bocce Tournament (DR)</p> <p>3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>6:00 Outing: The Magic of Old Scugog Christmas Lights Bus Trip (OUT)</p> <p>7:00 Movie Night: St. Vincent (T&L)</p>	<p>10:00 Somebody Feed Phill: S1 Ep 3 " Tel Aviv" (T&L) 12</p> <p>11:00 Walking Word Search (*)</p> <p>11:00 Seated Dance class with Katya (B/B)</p> <p>1:30 Come Play Euchre (CC)</p> <p>2:00 Prime Series: Montreal ' My Love, My Story: Maisonneuve: Cradle of Industry ' (T&L)</p> <p>3:00 Happy Hour and Entertainment with Pianist Martin Wall (DR)</p> <p>7:00 Friday Night Movie and Popcorn: The American President (T&L)</p>	<p>12 Days till Christmas Begins * Tinsel and Sparkles Day Wear Glitter Gold or Silver * 13</p> <p>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA)</p> <p>10:00 Word Game: Wordle (CC)</p> <p>10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)</p> <p>11:00 Daily Elf on the Shelf Scavenger Hunt (*)</p> <p>1:30 Seated Tai Chi (CC)</p> <p>2:00 Don Mills Christmas Market * Vendors, Bake Sale, Farmers Market, Horse and Carriage and so much more* (2pm - 4pm) (B/B)</p> <p>3:00 Saturday Series: PBS Documentaries ' Finding Your Roots: Born Champions' - S2 EP2 (T&L)</p> <p>7:00 Christmas Movie Night: The Holiday (T&L)</p>
<p>11 days till Christmas * Santa Hat Day * 14</p> <p>10:00 Virtual Gentle Fitness (CC)</p> <p>10:30 Crafters Corner (B/B)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>11:00 Daily Elf on the Shelf Scavenger Hunt (*)</p> <p>2:00 Don Mills Choir Christmas Performance (DR)</p> <p>3:00 Afternoon Tea and Trivia! (B/B)</p> <p>3:30 Sunday Series: The Crown S1 E9 ' Assassins' (T&L)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: A Christmas Story (T&L)</p>	<p>10 Days till Christmas * Candy Cane Lane Wear red and White* 15</p> <p>10:00 Better your Mind - Fit Minds (Session 1) (CC)</p> <p>11:00 Better your Mind - Fit Minds (Session 2) (CC)</p> <p>11:00 Vendor: Vivace Clothing (11am to 3pm) (ML)</p> <p>11:00 Daily Elf on the Shelf Scavenger Hunt (*)</p> <p>1:30 Paraffin Wax Treatment *sign up at reception* (B/B)</p> <p>1:30 Musical Movie Mondays: Holiday Inn (T&L)</p> <p>2:30 Drumfit (CC)</p> <p>3:30 Cinnamon Eggnog Social & Reindeer Ring Toss (B/B)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Musical Movie Mondays: Holiday Inn (T&L)</p>	<p>Home Library Service **Exchange** (C) 16</p> <p>9 Days till Christmas * Christmas Sock Day *</p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>11:00 Daily Elf on the Shelf Scavenger Hunt (*)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>1:30 Afternoon Series: A Man On The Inside season 2 Ep 2 (T&L)</p> <p>2:00 Step by Step Art Workshop: Ornamental Glow * Sign up at the front Desk* (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 What's in a word ? (T&L)</p> <p>7:00 Christmas Movie Night: Home Alone (T&L)</p>	<p>8 Days Till Christmas * Gingerbread Day* 17</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:30 Mens Club (CC)</p> <p>11:00 Tech Help (CC)</p> <p>11:00 Daily Elf on the Shelf Scavenger Hunt (*)</p> <p>1:30 Ginger Bread House Making * Sign up with Life Enrichment * (CC)</p> <p>2:00 Movie Matinee: Elf (T&L)</p> <p>2:30 Christmas Show with Tony the Entertainer (B/B)</p> <p>7:00 Movie Night: Elf (T&L)</p>	<p>7 days till Christmas * Christmas Character Day* 18</p> <p>10:15 Communion and Prayers with Elfrieda and James (T&L)</p> <p>10:45 Gentle Fitness w/ Jerome * Location Change * (CC)</p> <p>11:00 Tech Help Sign up at Reception (STS)</p> <p>11:00 Daily Elf on the Shelf Scavenger Hunt (*)</p> <p>11:15 Strength & Balance w/ Jerome (CC)</p> <p>1:30 Outing: Shoppers Drug mart/Metro Drop off *Sign up at the Front Desk* (OUT)</p> <p>2:00 Bocce Tournament (DR)</p> <p>3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>7:00 Movie Night: Dead Poets Society</p>	<p>6 days till Christmas * Tacky Christmas Sweater Day* 19</p> <p>10:00 Health and Wellness Blood Pressure Clinic (T&L)</p> <p>11:00 Seated Dance class with Katya (B/B)</p> <p>11:00 Daily Elf on the Shelf Scavenger Hunt (*)</p> <p>1:30 Come Play Euchre (CC)</p> <p>2:30 Happy Hour and Entertainment w/ Tim Godfrey (B/B)</p> <p>3:30 Prime Series: Montreal ' My Love, My Story: Around The Mountain ' (T&L)</p> <p>4:30 Christmas Buffet * Reservation at the Front Desk * (DR)</p> <p>7:00 Friday Night Movie and Popcorn: The Man Who Invented Christmas (T&L)</p>	<p>5 Days Till Christmas * Jingle Bell Day (add bells to your outfit) * 20</p> <p>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA)</p> <p>10:00 Word Game: Wordle (CC)</p> <p>11:00 Daily Elf on the Shelf Scavenger Hunt (*)</p> <p>1:30 Seated Tai Chi (CC)</p> <p>2:00 Resident Run Social Bridge (LB)</p> <p>2:30 Saturday Series: PBS Documentaries ' Finding Your Roots: Our American Storytellers' - S2 EP3 (T&L)</p> <p>3:00 Afternoon Tea and Treat (B/B)</p> <p>7:00 Movie Night: The Family Stone (T&L)</p>



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December 2025

Don Mills Retirement Residence



Sunday

4 days till Christmas * Red and Green Day* **21**

10:00 Virtual Gentle Fitness (CC)

10:30 Crafters Corner (B/B)

11:00 Activity Booklet * Front Desk* (C)

11:00 Daily Elf on the Shelf Scavenger Hunt (*)

1:30 Resident Run Rummikub (B/B)

2:00 Sunday Series: The Crown S1 E10 'Gloriana' (T&L)

3:00 Afternoon Tea and Trivia! (B/B)

4:00 Go for Life Walking (MIL)

7:00 Movie Night: Miracles on 34th Street (T&L)

Monday

3 days till Christmas * Christmas Pajama Day * **22**

10:00 Better your Mind - Fit Minds (Session 1) (CC)

11:00 Better your Mind - Fit Minds (Session 2) (CC)

11:00 Daily Elf on the Shelf Scavenger Hunt (*)

1:30 Paraffin Wax Treatment *sign up at reception* (B/B)

1:30 Musical Movie Mondays: White Christams (T&L)

2:30 Drumfit (CC)

3:30 Manager Holiday Drink Competition * Sign up at the front desk* (B/B)

4:00 Nature Walk and Reflection (MIL)

7:00 Musical Movie Mondays: White Christmas (T&L)

Tuesday

2 day till Christmas * Elves & helper day* **23**

9:45 Fall Prevention w/ Jerome (DDH)

10:30 Gentle Fitness w/ Jerome (B/B)

11:00 Daily Elf on the Shelf Scavenger Hunt (*)

11:15 Strength & Balance w/ Jerome (CC)

11:15 Lunch Outing: Taylors Landing *Sign up at the front Desk* (OUT)

1:30 Culinary Corner (Cooking Demo) with Chef Cesar (CC)

2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B)

3:00 Afternoon Tea and Treat Social (B/B)

3:30 What's in a word ? (T&L)

4:15 Dinner Outing: Taylor's Landing * Sign up at the Font Desk* (OUT)

7:00 Movie Night: A Million Miles Away (T&L)

Wednesday

1 day till Christmas *Holiday Best Day* **24**

10:00 Functional Exercise with Kelly (B/B)

10:30 Mens Club (CC)

11:00 Tech Help (CC)

2:00 \$1 Bingo (CC)

2:00 Movie Matinee: Paddington (T&L)

3:30 Crafternoon: Make your own Christmas Snow Globe * Sign up at the Front Desk* (B/B)

7:00 Movie Night: Paddington (T&L)

Thursday

Merry Christmas! **25**

10:30 Virtual Gentle Fitness (CC)

11:00 Christmas Activity Package (FD)

2:00 Virtual Concert: André Rieu - Christmas in London (T&L)

3:00 Afternoon Tea and Treat Social (B/B)

4:00 Go 4 Life Walking (MIL)

7:00 Movie Night: Four Christmas (T&L)

Friday

10:00 Somebody Feed Phill: S1 Ep 4 " Lisbon " (T&L) **26**

11:00 Walking Word Search (*)

11:00 Chair Yoga with Sue (CC)

1:30 Come Play Euchre (CC)

2:00 Prime Series: Montreal ' My Love, My Story: La Main: Street of Immigrants' (T&L)

3:30 Happy Hour and Entertainment with Kelly Davis (B/B)

7:00 Friday Night Movie and Popcorn: Ocean 11 (T&L)

Saturday

9:00 **Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA)** **27**

10:00 Word Game: Wordle (CC)

1:30 Seated Tai Chi (CC)

2:00 Resident Run Social Bridge (LB)

2:30 Saturday Series: PBS Documentaries ' Finding Your Roots: The Melting Pot' - S2 EP4 (T&L)

3:00 Afternoon Tea and Treat (B/B)

7:00 Movie Night: Mrs. Doubtfire (T&L)

10:00 Virtual Gentle Fitness (CC) **28**

10:30 Crafters Corner (B/B)

11:00 Activity Booklet * Front Desk* (C)

1:30 Resident Run Rummikub (B/B)

2:00 Sunday Series: The Crown S2 E1 ' Misadventure' (T&L)

3:00 Afternoon Tea and Trivia! (B/B)

4:00 Go for Life Walking (MIL)

7:00 Movie Night: Its A Wonderful Life (T&L)

10:00 Better your Mind - Fit Minds (Session 1) (CC) **29**

11:00 Better your Mind - Fit Minds (Session 2) (CC)

1:30 Musical Movie Mondays: (T&L)

1:30 Paraffin Wax Treatment *sign up at reception* (B/B)

2:30 Drumfit (CC)

3:00 Afternoon Tea and Treat Social (B/B)

3:30 End of Year Slide Show! (T&L)

4:00 Nature Walk and Reflection (MIL)

7:00 Musical Movie Mondays: Grease (T&L)

9:45 Fall Prevention w/ Jerome (DDH) **30**

10:00 Outing: Woodbine Casino * Sign up at the front desk* (OUT)

10:30 Gentle Fitness w/ Jerome (B/B)

11:15 Strength & Balance w/ Jerome (CC)

1:30 Afternoon Series: A Man On The Inside season 2 Ep 4 (T&L)

2:30 Culinary Meeting Chef Cesar (CC)

3:00 Afternoon Tea and Treat Social (B/B)

3:30 What's in a word ? (T&L)

7:00 Movie Night: The Intern (T&L)

10:00 Functional Exercise with Kelly (B/B) **31**

10:45 Pet Therapy w/ Dawn and Vincent the Poodle (B/B)

11:00 Tech Help (CC)

2:00 \$1 Bingo (CC)

2:00 Movie Matinee: While you Were Sleeping (T&L)

3:30 Monthly Birthday Happy Hour ' Decembers Birthdays ' (B/B)

7:00 Bring in the New Years with Entertainment by Duo Sparklettes (B/B)

7:00 Evening Movie Night: While you Were Sleeping (T&L)



Calendar Legend

Outing
Special Program
Holidays
Living, Loving, Local
Signature Program
Highlight

Locations Legend

Great Escapes (T&L)
The Country Club (CC)
Don's Bar/Bistro (B/B)
1st or 2nd floor (*)
Meet in the Lobby (MIL)
Outing (OUT)
Dining Room (DR)

Decadence Dining Hall (DDH)
Spa (SPA)
Concierge (C)
Suite-to-Suite (STS)
Library (LB)
Mills Lobby (ML)
Front Desk (FD)