



INSPIRED SENIOR LIVING

March 2026

Don Mills Retirement Residence Memory Care Household



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>9:45 Ball Toss (MC) 1</p> <p>10:15 Virtual Church Service (MC)</p> <p>10:30 Spiritual Eldercare: Hymns (MC)</p> <p>2:30 Chef Choice Social (MC)</p> <p>3:00 Memory Lane (MC)</p> <p>4:00 Life Skill: Helping Hands (MC)</p> <p>6:00 Evening Movie (MC)</p>	<p>9:45 Seated Yoga (MC) 2</p> <p>11:00 One-on-One with Life Enrichment (MC)</p> <p>11:00 Life Skill: Puzzle and Pondering (MC)</p> <p>1:30 Ring Toss (MC)</p> <p>2:30 How It's Made (MC)</p> <p>3:30 Picture Bingo (MC)</p> <p>6:00 Reading with Household (MC)</p>	<p>10:00 Stretching and Mobility (MC) 3</p> <p>10:30 Java Music Club (MC)</p> <p>11:00 Walking Party (MC)</p> <p>1:30 Fitminds Interactive (MC)</p> <p>2:00 Seasonal Fruit Social (MC)</p> <p>3:00 Artfull Enrichment Crafternoon (MC)</p> <p>6:00 What Happened This Week (MC)</p>	<p>9:45 Stretching and Mobility (MC) 4</p> <p>10:00 Evelyn's Baking Corner (MC)</p> <p>10:15 Sing Along with Susie Q (MC)</p> <p>10:30 Music Therapy w/ Arianne (MC)</p> <p>11:30 Daily Chronicles (MC)</p> <p>1:30 Games on Memory Co (MC)</p> <p>2:00 Freshly Baked Goods Social (MC)</p> <p>3:00 Mexican Dominos (MC)</p> <p>4:00 Go for Life Walking (MC)</p> <p>6:00 Coloring Inn W/ RSA's (MC)</p>	<p>9:45 Life Station: Folding & Sorting (MC) 5</p> <p>10:00 Fall Prevention w/ Jerome (MC)</p> <p>10:30 Find the Match (MC)</p> <p>1:30 Group Reading Circle (MC)</p> <p>2:00 Fall Prevention w/ Fahimah (MC)</p> <p>2:30 Chef Choice Social (MC)</p> <p>3:30 Sing Fit (MC)</p> <p>4:00 Seated Badminton (MC)</p> <p>6:00 Tangrams and Puzzles w/ RSA (MC)</p>	<p>Caribbean Cruise Week Kick Off! 6</p> <p>Port One: Welcome to Mexico! *Wear Sun Hats or Sunglasses*</p> <p>9:45 Seated Tai Chi and Chai Tea (MC)</p> <p>10:30 MOMA Painting: Frida Flower Crowns (MC)</p> <p>1:30 Mexican Dominos (MC)</p> <p>2:00 Afternoon Tea and Treat Social! (MC)</p> <p>3:00 Armchair Travel (MC)</p> <p>3:30 Happy Hour w/ Peach Margaritas and Entertainment by a Mariachi Duo (B/B)</p> <p>4:30 Life Skills: Helping with Dinner (MC)</p> <p>6:00 Friday Night Movie and Popcorn (MC)</p>	<p>Port 2: Welcome to Jamaica! *Wear Black, Yellow or Green* 7</p> <p>9:45 Drumfit w/ RSA (MC)</p> <p>10:30 Crafternoon: Jamician Flags Craft (MC)</p> <p>11:00 Memory Care Activities Meeting (MC)</p> <p>1:00 Cruise Week Open House *1pm - 4pm* (B/B)</p> <p>2:00 Fall Prevention w/ Fahimah (MC)</p> <p>2:00 Rum Punch & Entertainment w/ Jamaican Steelpan 'Lovesound' (B/B)</p> <p>2:30 Chef Choice Social (MC)</p> <p>4:00 Go 4 Life Walking (MC)</p> <p>6:00 You and Me Time with the Household Team (MC)</p>
<p>Port 3: Welcome to Aruba! *Wear Blue, Yellow or Red* 8</p> <p>9:45 Ball Toss (MC)</p> <p>10:15 Virtual Church Service (MC)</p> <p>10:30 Spiritual Eldercare: Hymns (MC)</p> <p>11:00 Pet Therapy with Isabelle and Robby (MC)</p> <p>2:30 Chef Choice Social (MC)</p> <p>3:00 Ocean Aquarium (MC)</p> <p>3:30 Hands on Exotic *Live Animals* (B/B)</p> <p>4:00 Life Skill: Helping Hands (MC)</p> <p>6:00 Evening Movie (MC)</p>	<p>Port 4: Welcome to Belize! *Wear Blue or Red* 9</p> <p>9:45 Seated Yoga (MC)</p> <p>11:00 One-on-One with Life Enrichment (MC)</p> <p>11:00 Life Skill: Puzzle and Pondering (MC)</p> <p>1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA)</p> <p>1:30 Beach Ball Toss (MC)</p> <p>2:30 Belize Travel Log (MC)</p> <p>3:30 Picture Bingo (MC)</p> <p>6:00 Reading with Household (MC)</p>	<p>Port 5: Welcome to Trinidad and Tobago! *Wear Red and Black* 10</p> <p>Foot Care Nurse * Sign Up at the Front Desk* (STS)</p> <p>10:00 Stretching and Mobility (MC)</p> <p>10:30 Java Music Club (MC)</p> <p>11:00 Walking Party (MC)</p> <p>1:30 Fitminds Interactive (MC)</p> <p>2:00 Seasonal Fruit Social (MC)</p> <p>3:00 Artfull Enrichment Crafternoon: Turtle Craft (MC)</p> <p>6:00 What Happened This Week (MC)</p>	<p>Port 6: Welcome to the Bahamas! *Wear black and yellow* 11</p> <p>9:45 Stretching and Mobility (MC)</p> <p>10:00 Evelyn's Baking Corner (MC)</p> <p>10:15 Sing Along with Susie Q (MC)</p> <p>11:30 Daily Chronicles (MC)</p> <p>1:30 Games on Memory Co: Passport travel to Bahamas (MC)</p> <p>2:00 Freshly Baked Goods Social (MC)</p> <p>3:00 Noodle Balloon (MC)</p> <p>4:00 Go for Life Walking (MC)</p> <p>6:00 Coloring Inn W/ RSA's (MC)</p>	<p>Last Stop, Welcome Back to Canada! * Red and White* 12</p> <p>9:45 Life Station: Folding & Sorting (MC)</p> <p>10:00 Fall Prevention w/ Jerome (MC)</p> <p>10:30 Find the Match (MC)</p> <p>1:30 Group Reading Circle: Candian History (MC)</p> <p>2:00 Fall Prevention w/ Fahimah (MC)</p> <p>2:30 Chef Choice Social (MC)</p> <p>3:30 Sing Fit (MC)</p> <p>4:00 Seated Badminton (MC)</p> <p>6:00 Tangrams and Puzzles w/ RSA (MC)</p>	<p>9:45 Seated Tai Chi and Chai Tea (MC) 13</p> <p>10:30 MOMA Painting (MC)</p> <p>11:00 Triviamania (MC)</p> <p>1:30 Noodle Balloon (MC)</p> <p>2:00 Afternoon Tea and Treat Social! (MC)</p> <p>3:00 Armchair Travel (MC)</p> <p>3:00 Happy Hour and Entertainment with Pianist Martin Wall (DR)</p> <p>4:30 Life Skills: Helping with Dinner (MC)</p> <p>6:00 Friday Night Movie and Popcorn (MC)</p>	<p>9:45 Drumfit w/ RSA (MC) 14</p> <p>10:30 Sing Along with Susie Q. (MC)</p> <p>11:00 Jigsaw Puzzle w/ RSA (MC)</p> <p>2:00 Fall Prevention w/ Fahimah (MC)</p> <p>2:30 Chef Choice Social (MC)</p> <p>2:30 Marketing Event: Dance Performance by Toronto's Chladach Irish Dance Studio (B/B)</p> <p>3:00 Meditation and Mandala Coloring (MC)</p> <p>4:00 Go 4 Life Walking (MC)</p> <p>6:00 You and Me Time with the Household Team (MC)</p>
<p>9:45 Ball Toss (MC) 15</p> <p>10:15 Virtual Church Service (MC)</p> <p>10:30 Spiritual Eldercare: Hymns (MC)</p> <p>11:00 Pet Therapy with Isabelle and Robby (MC)</p> <p>2:30 Chef Choice Social (MC)</p> <p>3:00 Memory Lane (MC)</p> <p>4:00 Life Skill: Helping Hands (MC)</p> <p>6:00 Evening Movie (MC)</p>	<p>9:45 Seated Yoga (MC) 16</p> <p>11:00 One-on-One with Life Enrichment (MC)</p> <p>11:00 Life Skill: Puzzle and Pondering (MC)</p> <p>1:30 Ring Toss (MC)</p> <p>2:30 How It's Made (MC)</p> <p>3:30 Picture Bingo (MC)</p> <p>6:00 Reading with Household (MC)</p>	<p>St Patrick's Day! *Wear Green* 17</p> <p>10:00 Stretching and Mobility (MC)</p> <p>10:30 Java Music Club (MC)</p> <p>11:00 Walking Party (MC)</p> <p>1:30 Fitminds Interactive (MC)</p> <p>2:00 Seasonal Fruit Social (MC)</p> <p>3:00 Artfull Enrichment Crafternoon (MC)</p> <p>3:00 Come Celebrate St Patrick's Day with Entertainment by Laurence and Lia (DR)</p> <p>6:00 What Happened This Week (MC)</p>	<p>9:45 Stretching and Mobility (MC) 18</p> <p>10:00 Evelyn's Baking Corner (MC)</p> <p>10:15 Sing Along with Susie Q (MC)</p> <p>10:30 Music Therapy w/ Arianne (MC)</p> <p>11:30 Daily Chronicles (MC)</p> <p>1:30 Games on Memory Co (MC)</p> <p>2:00 Freshly Baked Goods Social (MC)</p> <p>3:00 Mexican Dominos (MC)</p> <p>4:00 Go for Life Walking (MC)</p> <p>6:00 Coloring Inn W/ RSA's (MC)</p>	<p>9:45 Life Station: Folding & Sorting (MC) 19</p> <p>10:00 Fall Prevention w/ Jerome (MC)</p> <p>10:30 Find the Match (MC)</p> <p>1:30 Group Reading Circle (MC)</p> <p>2:00 Fall Prevention w/ Fahimah (MC)</p> <p>2:30 Chef Choice Social (MC)</p> <p>3:30 Sing Fit (MC)</p> <p>4:00 Seated Badminton (MC)</p> <p>6:00 Tangrams and Puzzles w/ RSA (MC)</p>	<p>9:45 Seated Tai Chi and Chai Tea (MC) 20</p> <p>10:30 MOMA Painting (MC)</p> <p>11:00 Triviamania (MC)</p> <p>1:30 Noodle Balloon (MC)</p> <p>2:00 Afternoon Tea and Treat Social! (MC)</p> <p>3:00 Armchair Travel (MC)</p> <p>4:30 Life Skills: Helping with Dinner (MC)</p> <p>6:00 Friday Night Movie and Popcorn (MC)</p>	<p>9:45 Drumfit w/ RSA (MC) 21</p> <p>10:30 Sing Along with Susie Q. (MC)</p> <p>10:30 Morning Entertainment w/ Isaac (MC)</p> <p>11:00 Jigsaw Puzzle w/ RSA (MC)</p> <p>2:00 Fall Prevention w/ Fahimah (MC)</p> <p>2:30 Chef Choice Social (MC)</p> <p>3:00 Meditation and Mandala Coloring (MC)</p> <p>4:00 Go 4 Life Walking (MC)</p> <p>6:00 You and Me Time with the Household Team (MC)</p>



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SENIOR LIVING

March 2026

Don Mills Retirement Residence Memory Care Household



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Dental Hygienist Visit w/ Joanne *Sign up at the Front Desk* (SPA) 22 9:45 Ball Toss (MC) 10:15 Virtual Church Service (MC) 10:30 Spiritual Eldercare: Hymns (MC) 11:00 Pet Therapy with Isabelle and Robby (MC) 2:30 Chef Choice Social (MC) 3:00 Memory Lane (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	9:45 Seated Yoga (MC) 23 11:00 One-on-One with Life Enrichment (MC) 11:00 Life Skill: Puzzle and Pondering (MC) 1:30 Ring Toss (MC) 2:30 How It's Made (MC) 3:30 Picture Bingo (MC) 6:00 Reading with Household (MC)	Foot Care Nurse * Sign Up at the Front Desk* (STS) 24 10:00 Stretching and Mobility (MC) 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fitminds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	9:45 Stretching and Mobility (MC) 25 10:00 Evelyn's Baking Corner (MC) 10:15 Sing Along with Susie Q (MC) 11:30 Daily Chronicles (MC) 1:30 Games on Memory Co (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Mexican Dominos (MC) 3:30 Birthday Happy Hour Entertainment w/ John Amato 'March Birthdays' (B/B) 4:00 Go for Life Walking (MC) 6:00 Coloring Inn W/ RSA's (MC)	9:45 Life Station: Folding & Sorting (MC) 26 10:00 Fall Prevention w/ Jerome (MC) 10:30 Find the Match (MC) 1:30 Group Reading Circle (MC) 2:00 Fall Prevention w/ Fahimah (MC) 2:30 Chef Choice Social (MC) 3:30 Sing Fit (MC) 4:00 Seated Badminton (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	9:45 Seated Tai Chi and Chai Tea (MC) 27 10:30 MOMA Painting (MC) 11:00 Triviamania (MC) 1:30 Noodle Balloon (MC) 2:00 Afternoon Tea and Treat Social! (MC) 2:30 Happy Hour & Entertainment w/ Ed Cotton (B/B) 3:00 Armchair Travel (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	9:45 Drumfit w/ RSA (MC) 28 10:00 Morning Entertainment w/ Marcus (MC) 10:30 Sing Along with Susie Q. (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 2:00 Fall Prevention w/ Fahimah (MC) 2:30 Chef Choice Social (MC) 3:00 Meditation and Mandala Coloring (MC) 4:00 Go 4 Life Walking (MC) 6:00 You and Me Time with the Household Team (MC)
9:45 Ball Toss (MC) 29 10:15 Virtual Church Service (MC) 10:30 Spiritual Eldercare: Hymns (MC) 11:00 Pet Therapy with Isabelle and Robby (MC) 2:30 Chef Choice Social (MC) 3:00 Memory Lane (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	9:45 Seated Yoga (MC) 30 11:00 One-on-One with Life Enrichment (MC) 11:00 Life Skill: Puzzle and Pondering (MC) 1:30 Ring Toss (MC) 2:30 How It's Made (MC) 3:30 Picture Bingo (MC) 6:00 Reading with Household (MC)	10:00 Stretching and Mobility (MC) 31 10:30 Java Music Club (MC) 11:00 Walking Party (MC) 1:30 Fitminds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	 <p>Cruise Week Open House</p>		 <p>Elimination of Racial Discrimination Day</p>	



Be Welcomed

Calendar Legend

- Outing
- Special Program
- Cruise Week
- Living, Loving, Local
- Signature Program

Locations Legend

- Memory Care (MC)
- Don's Bar/Bistro (B/B)
- Spa (SPA)
- Suite-to-Suite (STS)
- Dining Room (DR)