




INSPIRED
SENIOR LIVING

April 2026

Don Mills Retirement Residence

Assisted Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>April Fool's Day</p>			<p>9:45 Seated Badminton (DDH) 1</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:30 National Geographic Series (ALR)</p> <p>10:30 Tech Help * Sign up at Reception * (STS)</p> <p>11:00 Vendor: 5th Avenue Jewelry (11am-3pm) (ML)</p> <p>11:00 Functional Exercise with Kelly (B/B)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>3:00 Concert In Care (ALR)</p> <p>4:00 \$3 Cocktail Hour and Billiards (B/B)</p> <p>6:00 St John Ambulance Pet Therapy w/ Pat and Golden Retriever Ruby (ALR)</p> <p>7:00 Movie Night: Ladies in Lavender (T&L)</p>	<p>9:45 Drumfit (DDH) 2</p> <p>10:30 Java Music Club (DDH)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Gentle Fitness w/ Fahimah (DDH)</p> <p>1:30 Guest Speaker: Lianne Harris 'Beijing Secret From Forbidden City' (T&L)</p> <p>2:30 Outing: Shoppers Drug mart/Metro Drop off *Sign up at the Front Desk* (OUT)</p> <p>2:30 Easter Scavenger Hunt (ALR)</p> <p>3:00 Afternoon Tea & Treat Social! (B/B)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>7:00 Movie Night: Big George Foreman (T&L)</p>	<p>Good Friday 3</p> <p>9:45 Fit Minds Interactive (DDH)</p> <p>10:00 Britain's Most Historic Towns S1 Ep 3 " Norman Winchester" (T&L)</p> <p>11:00 Word Search, Daily Chronicles and Chit Chat (DDH)</p> <p>2:00 Manicures and Hand Masks w/ Relaxing Music (DDH)</p> <p>2:00 Prime Series: The Night Manager S1 Ep 4 (T&L)</p> <p>3:30 Happy Hour (B/B)</p> <p>7:00 Friday Night Movie and Popcorn: Rain Man (T&L)</p>	<p>10:15 Stretching and Mobility Exercise (DDH) 4</p> <p>10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)</p> <p>1:30 Gentle Fitness w/ Fahimah (DDH)</p> <p>2:00 Group Crossword (DDH)</p> <p>2:30 Sing Along with Susie Q (ALR)</p> <p>2:30 Saturday Series: PBS Documentaries ' Finding Your Roots Relatives we never knew we had' - S4 EP8 (T&L)</p> <p>3:00 Social and Art (DDH)</p> <p>7:00 Movie Night: The Notebook (T&L)</p>
			<p>9:45 Get Moving w/ Seated Zumba (DDH) 5</p> <p>10:15 Virtual Church Service (ALR)</p> <p>10:30 Crafter's Corner (B/B)</p> <p>10:45 Spiritual Hymns (ALR)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>11:30 Easter Brunch * Sign up at the Fron Desk* (DR)</p> <p>2:00 Artful Expedition: Adventurous Australia (ALR)</p> <p>2:45 Meditation & Mandala (DDH)</p> <p>3:00 Afternoon Tea & Trivia! (CC)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: On Golden Pond (T&L)</p>	<p>Easter Monday! 6</p> <p>10:00 Virtual Chair Yoga w/ Sherry (ALR)</p> <p>10:30 Word Game: Hangman (ALR)</p> <p>11:00 Armchair Travel (DDH)</p> <p>1:30 Sing Fit (DDH)</p> <p>1:30 Musical Movie Mondays: The Music of Silence (T&L)</p> <p>2:30 Short Stories Reading (ALR)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Headspace Guide to Meditation with Lily " Letting Go of Stress" (T&L)</p> <p>7:00 Musical Movie Mondays: The Music of Silence (T&L)</p>	<p>Foot Care Nurse * Sign Up at the Front Desk* (STS) 7</p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Picture Bingo (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Physical Game (DDH)</p> <p>2:00 Residents Forum (T&L)</p> <p>2:30 Artful Corner: Cotton Tail Bunny (DDH)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Sing Along (ALR)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Movie Night: Catch Me If You Can (T&L)</p>	<p>9:30 Music Therapy w/ Arianne (ALR) 8</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:30 Active Game: Bowling (ALR)</p> <p>11:00 National Geographic Series (ALR)</p> <p>11:00 Tech Help * Sign up at Reception * (STS)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>3:00 Concert In Care (ALR)</p> <p>3:30 Wheel Of Fortune (B/B)</p> <p>4:00 \$3 Cocktail Hour and Billiards (B/B)</p> <p>6:00 St John Ambulance Pet Therapy w/ Pat and Golden Retriever Ruby (ALR)</p> <p>7:00 Movie Night: 27 Dresses (T&L)</p>
<p>9:45 Get Moving w/ Seated Zumba (DDH) 12</p> <p>10:15 Virtual Church Service (ALR)</p> <p>10:30 Crafter's Corner (B/B)</p> <p>10:45 Spiritual Hymns (ALR)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>2:00 Sunday Series: The Crown S3 Ep 3 " Aberfan " (T&L)</p> <p>2:00 Artful Expedition: Exploring Spain (ALR)</p> <p>3:00 Afternoon Tea & Trivia! (B/B)</p> <p>3:00 Meditation & Mandala (DDH)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: Some Like It Hot (T&L)</p>	<p>10:00 Virtual Chair Yoga w/ Sherry (ALR) 13</p> <p>10:30 Wheel Of Fortune (DDH)</p> <p>11:00 Armchair Travel (DDH)</p> <p>1:30 Sing Fit (DDH)</p> <p>1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA)</p> <p>1:30 Musical Movie Mondays: Dirty Dancing (T&L)</p> <p>2:30 Short Stories Reading (ALR)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Headspace Guide to Meditation with Lily "The Facts About Sleeping Pills" (T&L)</p> <p>7:00 Musical Movie Mondays: Dirty Dancing (T&L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) 14</p> <p>10:30 Picture Bingo (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Physical Game (DDH)</p> <p>2:30 Artful Corner (DDH)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Sing Along (ALR)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>4:00 Dinner Outing: Red Lobster * Sign up at the Front Desk* (OUT)</p> <p>7:00 Movie Night: A Beautiful Day in the Neighborhood (T&L)</p>	<p>9:45 Seated Badminton (DDH) 15</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:45 National Geographic Series (ALR)</p> <p>11:00 Vendor: Sonita Jewelry, Clothing, and accessories (11am to 3pm) (ML)</p> <p>11:00 Tech Help * Sign up at Reception * (STS)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>3:00 Concert In Care (ALR)</p> <p>4:00 \$3 Cocktail Hour (B/B)</p> <p>6:00 St John Ambulance Pet Therapy w/ Pat and Golden Retriever Ruby (ALR)</p> <p>7:00 Movie Night: My Best Friend's Wedding (T&L)</p>	<p>9:45 Drumfit (DDH) 16</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:30 Java Music Club (DDH)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Gentle Fitness w/ Fahimah (DDH)</p> <p>2:30 Trivia & Games (DDH)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>7:00 Movie Night: The Fugitive (T&L)</p>	<p>9:45 Fit Minds Interactive (DDH) 17</p> <p>11:00 Word Search, Daily Chronicles and Chit Chat (DDH)</p> <p>11:00 Chair Yoga with Sue (CC)</p> <p>2:00 Manicures and Hand Masks w/ Relaxing Music (DDH)</p> <p>2:00 Prime Series: The Night Manager S1 Ep 6 (T&L)</p> <p>2:30 Reminiscing: My Fair Lady (ALR)</p> <p>3:30 Happy Hour and Entertainment w/ Kelly Davis (B/B)</p> <p>7:00 Friday Night Movie and Popcorn: A Good Person (T&L)</p>	<p>10:15 Stretching and Mobility Exercise (DDH) 18</p> <p>10:45 Don Mills Choir w/ Marcus *Sing along* (T&L)</p> <p>11:00 Vendor: Loila's Fashion Women and Men's Clothing Fashion Jewelry and accessories. (11am to 3pm) (ML)</p> <p>1:30 Gentle Fitness w/ Fahimah (DDH)</p> <p>2:00 Group Crossword (DDH)</p> <p>2:30 Sing Along with Susie Q (ALR)</p> <p>2:30 Saturday Series: Being Beethoven S1 Ep1 (T&L)</p> <p>3:00 Social and Art (DDH)</p> <p>7:00 Movie Night: A Walk In The Woods (T&L)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Dental Hygienist *Sign up at the Front Desk* (SPA) 19</p> <p>9:45 Get Moving w/ Seated Zumba (DDH)</p> <p>10:15 Virtual Church Service (ALR)</p> <p>10:30 Welcome Sips and Continental Delights with Stu for New Residents and Families! (B/B)</p> <p>10:30 Crafters Corner (CC)</p> <p>10:45 Spiritual Hymns (ALR)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>1:30 Mindful Movement w/ Anika (T&L)</p> <p>2:30 Meditation & Mandala (DDH)</p> <p>3:00 Afternoon Tea & Trivia! (B/B)</p> <p>3:30 Sunday Series: The Crown S3 Ep 4 " Bubbikins " (T&L)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: Charade (T&L)</p>	<p>10:00 Virtual Chair Yoga w/ Sherry (ALR) 20</p> <p>10:30 Word Game: Hangman (ALR)</p> <p>11:00 Armchair Travel (DDH)</p> <p>1:30 Sing Fit (DDH)</p> <p>1:30 Musical Movie Mondays: The Bodyguard (CC)</p> <p>2:00 Dance Together Latin Fiesta * Live Dance Performance* (B/B)</p> <p>2:30 Short Stories Reading (ALR)</p> <p>3:15 Afternoon Tea and Treat Social (B/B)</p> <p>7:00 Musical Movie Mondays: The Bodyguard (T&L)</p>	<p>Home Library Service **Exchange** (C) 21</p> <p>Foot Care Nurse *Sign Up at the Front Desk* (STS)</p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Picture Bingo (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Physical Game (DDH)</p> <p>2:30 Artful Corner: Spring Tulip Bouquet (DDH)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Sing Along (ALR)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Movie Night: Ford v Ferrari (T&L)</p>	<p>9:30 Music Therapy w/ Arianne (ALR) 22</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:30 Active Game: Bowling (ALR)</p> <p>11:00 National Geographic Series (ALR)</p> <p>11:00 Tech Help * Sign up at Reception * (STS)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>3:00 Concert In Care (ALR)</p> <p>4:00 Residents Art Show and \$3 Cocktail Hour! (B/B)</p> <p>6:00 St John Ambulance Pet Therapy w/ Pat and Golden Retriever Ruby (ALR)</p> <p>7:00 Movie Night: While You Were Sleeping (T&L)</p>	<p>9:45 Drumfit (DDH) 23</p> <p>10:00 Outing: Fairview Mall * Sign-up with the front desk* (OUT)</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:30 Java Music Club (DDH)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Gentle Fitness w/ Fahimah (DDH)</p> <p>2:00 Art Project: Floral Facades (DDH)</p> <p>3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>7:00 Movie Night: Lion (T&L)</p>	<p>9:45 Fit Minds Interactive (DDH) 24</p> <p>10:00 Britain's Most Historic Towns S1 Ep 4 " Tudor Norwich (T&L)</p> <p>10:00 Art Gallery Trip: Your Pick at the Activites Meeting (OUT)</p> <p>11:00 Word Search, Daily Chronicles and Chit Chat (DDH)</p> <p>11:00 Chair Yoga with Sue (CC)</p> <p>2:00 Match Up (ALR)</p> <p>2:00 Prime Series: The Night Manager S2 Ep 1 (T&L)</p> <p>3:30 Happy Hour and Entertainment with Gurtaiast Nathan Hiltz and Tap dancer Vincent Marchesano (B/B)</p> <p>7:00 Friday Night Movie and Popcorn: Greenbook (T&L)</p>	<p>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) 25</p> <p>10:15 Stretching and Mobility Exercise (DDH)</p> <p>1:30 Gentle Fitness w/ Fahimah (DDH)</p> <p>2:00 Around The World: Passport (ALR)</p> <p>2:30 Sing Along with Susie Q (ALR)</p> <p>2:30 Saturday Series: Being Beethoven S1 Ep 2 (T&L)</p> <p>3:00 Social and Art (DDH)</p> <p>7:00 Movie Night: Can You Ever Forgive Me (T&L)</p>
<p>9:45 Get Moving w/ Seated Zumba (DDH) 26</p> <p>10:15 Virtual Church Service (ALR)</p> <p>10:30 Crafter's Corner (B/B)</p> <p>10:45 Spiritual Hymns (ALR)</p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>2:00 Sunday Series: The Crown S3 Ep 5 " Coup " (T&L)</p> <p>2:00 Meditation & Mandala (DDH)</p> <p>3:00 Afternoon Tea & Entertainment with Second Movement! (B/B)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: The Monuments Men (T&L)</p>	<p>10:00 Virtual Chair Yoga w/ Sherry (ALR) 27</p> <p>10:30 Wheel Of Fortune (DDH)</p> <p>11:00 Armchair Travel (DDH)</p> <p>1:30 Musical Movie Mondays: (T&L)</p> <p>1:30 Sing Fit (DDH)</p> <p>2:30 Short Stories Reading (ALR)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Headspace Guide to Meditation with Lily " Putting Insomnia to Bed" (T&L)</p> <p>7:00 Musical Movie Mondays: Tina (T&L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) 28</p> <p>10:30 Picture Bingo (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Culinary Corner (Cooking Demo) with Chef Cesar (CC)</p> <p>1:30 Physical Game (DDH)</p> <p>2:30 Artful Corner (DDH)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Sing Along (ALR)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Movie Night: Bank of Dave (T&L)</p>	<p>9:45 Seated Badminton (DDH) 29</p> <p>10:00 Functional Exercise with Kelly (B/B)</p> <p>10:45 National Geographic Series (ALR)</p> <p>11:00 Tech Help * Sign up at Reception * (STS)</p> <p>1:30 Culinary Meeting (T&L)</p> <p>2:00 Card Games and Coffee Time (DDH)</p> <p>3:00 Concert In Care (ALR)</p> <p>4:00 Monthly Birthday Happy Hour 'April' Birthdays' (B/B)</p> <p>6:00 St John Ambulance Pet Therapy w/ Pat and Golden Retriever Ruby (ALR)</p> <p>7:00 Movie Night: Cruella (T&L)</p>	<p>9:45 Drumfit (DDH) 30</p> <p>10:15 Communion and Prayers with Elfreida and James (T&L)</p> <p>10:30 Java Music Club (DDH)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>1:30 Gentle Fitness w/ Fahimah (DDH)</p> <p>2:00 Outing: Afternoon Tea at Old Mill Toronto * Sign up at the Front Desk* (OUT)</p> <p>2:30 Trivia & Games (DDH)</p> <p>3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>6:30 Pub Night Social & Trivia Challenge (B/B)</p> <p>7:00 Movie Night: The Devil Wears Prada (T&L)</p>	<p>World Health Day</p>	



Be Welcomed

Calendar Legend

Outing

Special Program

Living, Loving, Local

Signature Program

Highlight

Locations Legend

Decadence Dining Hall (DDH)

Great Escapes (T&L)

Assisted living room (ALR)

Don's Bar/Bistro (B/B)

Meet in the Lobby (MIL)

Suite-to-Suite (STS)

The Country Club (CC)

Outing (OUT)

Concierge (C)

Mills Lobby (ML)

Spa (SPA)

Dining Room (DR)