




INSPIRED SENIOR LIVING

# April 2026

## Don Mills Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <p><b>Passover</b> (1st - 9th)</p>		<p>10:15 Communion and Prayers with Elfreida and James (T&amp;L) <b>1</b></p> <p>10:30 Tech Help * Sign up at Reception * (STS)</p> <p><b>11:00 Vendor: 5th Avenue Jewelry (11am-3pm) (ML)</b></p> <p>11:00 Functional Exercise with Kelly (B/B)</p> <p>2:00 \$1 Bingo (CC)</p> <p>2:00 Movie Matinee: Ladies in Lavender (T&amp;L)</p> <p><b>4:00 \$3 Cocktail Hour and Billiards (B/B)</b></p> <p>7:00 Movie Night: Ladies in Lavender (T&amp;L)</p>	<p>10:45 Gentle Fitness w/ Jerome (B/B) <b>2</b></p> <p>11:00 Tech Help Sign up at Reception (STS)</p> <p>11:15 Strength &amp; Balance w/ Jerome (CC)</p> <p><b>1:30 Guest Speaker: Lianne Harris 'Beijing Secret From Forbidden City' (T&amp;L)</b></p> <p>2:30 Outing: Shoppers Drug mart/Metro Drop off *Sign up at the Front Desk* (OUT)</p> <p>3:00 Afternoon Tea &amp; Treat Social! (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>7:00 Movie Night: Big George Foreman (T&amp;L)</p>	<p>Good Friday <b>3</b></p> <p>10:00 Britain's Most Historic Towns S1 Ep 3 " Norman Winchester" (T&amp;L)</p> <p>10:45 Mens Club w/ Cesar * Rummikub* (B/B)</p> <p><b>11:00 Walking Word Search (*)</b></p> <p>11:00 Virtual Gentle Fitness (CC)</p> <p>1:30 Come Play Euchre (CC)</p> <p>2:00 Prime Series: The Night Manager S1 Ep 4 (T&amp;L)</p> <p>3:30 Happy Hour (B/B)</p> <p>7:00 Friday Night Movie and Popcorn: Rain Man (T&amp;L)</p>	<p>9:45 Premier League *Come Watch English Football* (CC) <b>4</b></p> <p>10:00 Word Game: Wordle (T&amp;L)</p> <p><b>10:45 Don Mills Choir w/ Marcus *Sing along* (T&amp;L)</b></p> <p>1:30 Virtual Seated Tai Chi (CC)</p> <p>2:00 Resident Run Social Bridge (LB)</p> <p>2:00 MOMA Painting Package: *Camille Pissarro* (CC)</p> <p>2:30 Saturday Series: PBS Documentaries ' Finding Your Roots Relatives we never knew we had' - S4 EP8 (T&amp;L)</p> <p>3:00 Afternoon Tea &amp; Treat Social! (B/B)</p> <p>7:00 Movie Night: The Notebook (T&amp;L)</p>
<p>10:00 Virtual Gentle Fitness (CC) <b>5</b></p> <p><b>10:30 Crafter's Corner (B/B)</b></p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>11:30 Easter Brunch * Sign up at the Fron Desk* (DR)</p> <p>1:30 Resident Run Rummikub (CC)</p> <p>2:00 Sunday Series: The Crown S3 E2 " Margaretology " (T&amp;L)</p> <p>3:00 Afternoon Tea &amp; Trivia! (CC)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: On Golden Pond (T&amp;L)</p>	<p>Easter Monday! <b>6</b></p> <p>10:00 Better your Mind - Fit Minds (S1) (CC)</p> <p>11:00 Better your Mind - Fit Minds (S2) (CC)</p> <p>1:30 Paraffin Wax Treatment *sign up at reception* (B/B)</p> <p>1:30 Musical Movie Mondays: The Music of Silence (T&amp;L)</p> <p>2:30 Drum Fit (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Rummy (B/B)</p> <p><b>3:30 Headspace Guide to Meditation with Lily " Letting Go of Stress" (T&amp;L)</b></p> <p>7:00 Musical Movie Mondays: The Music of Silence (T&amp;L)</p>	<p><b>Foot Care Nurse * Sign Up at the Front Desk* (STS) 7</b></p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength &amp; Balance w/ Jerome (CC)</p> <p><b>2:00 Residents Forum (T&amp;L)</b></p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 What's In A Word? (T&amp;L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Movie Night: Catch Me If You Can (T&amp;L)</p>	<p>10:00 Functional Exercise with Kelly (B/B) <b>8</b></p> <p>11:00 Tech Help * Sign up at Reception * (STS)</p> <p>2:00 \$1 Bingo (CC)</p> <p>2:00 Movie Matinee: 27 Dresses (T&amp;L)</p> <p><b>3:30 Wheel Of Fortune (B/B)</b></p> <p><b>4:00 \$3 Cocktail Hour and Billiards (B/B)</b></p> <p>7:00 Movie Night: 27 Dresses (T&amp;L)</p>	<p>10:15 Communion and Prayers with Elfreida and James (T&amp;L) <b>9</b></p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength &amp; Balance w/ Jerome (CC)</p> <p>2:00 Bocce Tournament (DR)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>7:00 Movie Night: Christopher Robin (T&amp;L)</p>	<p><b>10:00 Activities Meeting with Life Enrichment Manager Shanay *Share your thoughts* (T&amp;L) 10</b></p> <p>11:00 Seated Dance class with Katya (B/B)</p> <p><b>11:00 Walking Word Search (*)</b></p> <p>1:30 Come Play Euchre (CC)</p> <p>2:00 Prime Series: The Night Manager S1 Ep 5 (T&amp;L)</p> <p><b>3:00 Happy Hour and Entertainment with Pianist Martin Wall (DR)</b></p> <p>7:00 Friday Night Movie and Popcorn: A Man Called Otto (T&amp;L)</p>	<p>10:00 Word Game: Wordle (T&amp;L) <b>11</b></p> <p><b>11:00 Vendor: Rug Hookings by Catherine. (11am to 6pm) (ML)</b></p> <p>1:30 Virtual Seated Tai Chi (CC)</p> <p>2:00 Resident Run Social Bridge (LB)</p> <p>2:30 Saturday Series: PBS Documentaries ' Finding Your Roots Southern Roots' - S4 EP9 (T&amp;L)</p> <p>3:00 Afternoon Tea &amp; Treat Social! (B/B)</p> <p>7:00 Movie Night: The Longest Ride (T&amp;L)</p>
<p>10:00 Virtual Gentle Fitness (CC) <b>12</b></p> <p><b>10:30 Crafter's Corner (B/B)</b></p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>1:30 Drum Fit (CC)</p> <p>2:00 Sunday Series: The Crown S3 Ep 3 " Aberfan " (T&amp;L)</p> <p>2:00 Resident Run Rummikub (B/B)</p> <p>3:00 Afternoon Tea &amp; Trivia! (B/B)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: Some Like It Hot (T&amp;L)</p>	<p>National Scrabble Day! <b>13</b></p> <p>10:00 Better your Mind - Fit Minds (S1) (CC)</p> <p>11:00 Better your Mind - Fit Minds (S2) (CC)</p> <p><b>1:30 Hearing Clinic w/ Martin * Sign-up with at Front Desk* (SPA)</b></p> <p>1:30 Paraffin Wax Treatment *sign up at reception* (B/B)</p> <p>1:30 Musical Movie Mondays: Dirty Dancing (T&amp;L)</p> <p>2:30 Virtual Silver Sneakers Class w/ Metro Physical Therapy (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p><b>3:30 Headspace Guide to Meditation with Lily "The Facts About Sleeping Pills" (T&amp;L)</b></p> <p>3:30 Come Play Scrabble (CC)</p> <p>7:00 Musical Movie Mondays: Dirty Dancing (T&amp;L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) <b>14</b></p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength &amp; Balance w/ Jerome (CC)</p> <p>1:30 Documentary: The Social Dilemma (T&amp;L)</p> <p>2:00 Texas Hold'em *Bring \$2* **6 spots max** (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:00 What's In A Word? (T&amp;L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p><b>4:00 Dinner Outing: Red Lobster * Sign up at the Front Desk* (OUT)</b></p> <p>7:00 Movie Night: A Beautiful Day in the Neighborhood (T&amp;L)</p>	<p>10:00 Functional Exercise with Kelly (B/B) <b>15</b></p> <p><b>11:00 Vendor: Sonita Jewelry, Clothing, and accessories ( 11am to 3pm ) (ML)</b></p> <p>11:00 Tech Help * Sign up at Reception * (STS)</p> <p>2:00 \$1 Bingo (CC)</p> <p>2:00 Movie Matinee: My Best Friend's Wedding (T&amp;L)</p> <p><b>4:00 \$3 Cocktail Hour (B/B)</b></p> <p>7:00 Movie Night: My Best Friend's Wedding (T&amp;L)</p>	<p>10:15 Communion and Prayers with Elfreida and James (T&amp;L) <b>16</b></p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>11:00 Tech Help Sign up at Reception (STS)</p> <p>11:15 Strength &amp; Balance w/ Jerome (CC)</p> <p>2:00 Bocce Tournament (DR)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>7:00 Movie Night: The Fugitive (T&amp;L)</p>	<p><b>10:00 Health and Wellness Blood Pressure Clinic (T&amp;L) 17</b></p> <p>10:45 Mens Club w/ Cesar * Five Crowns* (B/B)</p> <p><b>11:00 Walking Word Search (*)</b></p> <p>11:00 Chair Yoga with Sue (CC)</p> <p>1:30 Come Play Euchre (CC)</p> <p>2:00 Prime Series: The Night Manager S1 Ep 6 (T&amp;L)</p> <p><b>3:30 Happy Hour and Entertainment w/ Kelly Davis (B/B)</b></p> <p>7:00 Friday Night Movie and Popcorn: A Good Person (T&amp;L)</p>	<p>10:00 Word Game: Wordle (T&amp;L) <b>18</b></p> <p><b>10:45 Don Mills Choir w/ Marcus *Sing along* (T&amp;L)</b></p> <p>11:00 Vendor: Loila's Fashion Women and Men's Clothing Fashion Jewelry and accessories. (11am to 3pm) (ML)</p> <p>1:30 Virtual Seated Tai Chi (CC)</p> <p>2:00 Resident Run Social Bridge (LB)</p> <p>2:00 MOMA Painting Package: *Maud Lewis* (CC)</p> <p>2:30 Saturday Series: Being Beethoven S1 Ep1 (T&amp;L)</p> <p>3:00 Afternoon Tea &amp; Treat Social! (B/B)</p> <p>7:00 Movie Night: A Walk In The Woods (T&amp;L)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Dental Hygienist *Sign up at the Front Desk* (SPA) <b>19</b></p> <p>10:00 Virtual Gentle Fitness (CC)</p> <p>10:30 Welcome Sips and Continental Delights with Stu for New Residents and Families! (B/B)</p> <p><b>10:30 Crafters Corner (CC)</b></p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p><b>1:30 Mindful Movement w/ Anika (T&amp;L)</b></p> <p>2:00 Resident Run Rummikub (B/B)</p> <p>3:00 Afternoon Tea &amp; Trivia! (B/B)</p> <p>3:30 Sunday Series: The Crown S3 Ep 4 " Bubbikins " (T&amp;L)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: Charade (T&amp;L)</p>	<p>10:00 Better your Mind - Fit Minds (S1) (CC) <b>20</b></p> <p>11:00 Better your Mind - Fit Minds (S2) (CC)</p> <p>1:30 Musical Movie Mondays: The Bodyguard (CC)</p> <p>2:00 Dance Together Latin Fiesta * Live Dance Performance* (B/B)</p> <p>3:15 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Rummy (CC)</p> <p>7:00 Musical Movie Mondays: The Bodyguard (T&amp;L)</p>	<p>Home Library Service **Exchange** (C) <b>21</b></p> <p><b>Foot Care Nurse *Sign Up at the Front Desk* (STS)</b></p> <p>9:45 Fall Prevention w/ Jerome (DDH)</p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength &amp; Balance w/ Jerome (CC)</p> <p>1:30 Game Show Event with Eugenio " Family Feud Edition" (CC)</p> <p>1:45 Afternoon Documentary: Treasures of the Louvre (T&amp;L)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 What's In A Word? (T&amp;L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Movie Night: Ford v Ferrari (T&amp;L)</p>	<p>10:00 Functional Exercise with Kelly (B/B) <b>22</b></p> <p>11:00 Artful Craft: Floral Dyed Eggs (CC)</p> <p>11:00 Tech Help * Sign up at Reception * (STS)</p> <p>2:00 \$1 Bingo w/ Stu (CC)</p> <p>3:30 Come Play Scrabble (CC)</p> <p><b>4:00 Residents Art Show and \$3 Cocktail Hour! (B/B)</b></p> <p>7:00 Movie Night: While You Were Sleeping (T&amp;L)</p>	<p>10:00 Outing: Fairview Mall * Sign-up with the front desk* (OUT) <b>23</b></p> <p>10:15 Communion and Prayers with Elfreida and James (T&amp;L)</p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>11:00 Tech Help Sign up at Reception (STS)</p> <p>11:15 Strength &amp; Balance w/ Jerome (CC)</p> <p>2:00 Bocce Tournament (DR)</p> <p>3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>4:30 Supper with Stu **by Invitation** (DR)</p> <p>7:00 Movie Night: Lion (T&amp;L)</p>	<p>10:00 Britain's Most Historic Towns S1 Ep 4 " Tudor Norwich (T&amp;L) <b>24</b></p> <p>10:00 Art Gallery Trip: Your Pick at the Activites Meeting (OUT)</p> <p><b>11:00 Walking Word Search (*)</b></p> <p>11:00 Chair Yoga with Sue (CC)</p> <p>1:30 Come Play Euchre (CC)</p> <p>2:00 Prime Series: The Night Manager S2 Ep 1 (T&amp;L)</p> <p><b>3:30 Happy Hour and Entertainment with Gurtaist Nathan Hiltz and Tap dancer Vincent Marchesano (B/B)</b></p> <p>7:00 Friday Night Movie and Popcorn: Greenbook (T&amp;L)</p>	<p>9:00 Massage Therapy Session w/ Morgan RMT- Sign up at the front desk (SPA) <b>25</b></p> <p>10:00 Word Game: Wordle (T&amp;L)</p> <p>1:30 Virtual Seated Tai Chi (CC)</p> <p>2:00 Resident Run Social Bridge (LB)</p> <p>2:15 Crafternoon: Paint your Own Ceramic Flower pot * Sign Up at the Front Desk* (CC)</p> <p>2:30 Saturday Series: Being Beethoven S1 Ep 2 (T&amp;L)</p> <p>3:00 Afternoon Tea &amp; Treat Social! (B/B)</p> <p>7:00 Movie Night: Can You Ever Forgive Me (T&amp;L)</p>
<p>10:00 Virtual Gentle Fitness (CC) <b>26</b></p> <p><b>10:30 Crafter's Corner (B/B)</b></p> <p>11:00 Activity Booklet * Front Desk* (C)</p> <p>1:30 Drum Fit (CC)</p> <p>2:00 Sunday Series: The Crown S3 Ep 5 " Coup " (T&amp;L)</p> <p>2:00 Resident Run Rummikub (CC)</p> <p>3:00 Afternoon Tea &amp; Entertainment with Second Movement! (B/B)</p> <p>4:00 Go for Life Walking (MIL)</p> <p>7:00 Movie Night: The Monuments Men (T&amp;L)</p>	<p>10:00 Better your Mind - Fit Minds (S1) (CC) <b>27</b></p> <p>11:00 Better your Mind - Fit Minds (S2) (CC)</p> <p>1:30 Musical Movie Mondays: (T&amp;L)</p> <p>1:30 Paraffin Wax Treatment *sign up at reception* (B/B)</p> <p>2:30 Virtual Silver Sneakers Class w/ Metro Physical Therapy (CC)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 Rummy (B/B)</p> <p><b>3:30 Headspace Guide to Meditation with Lily " Putting Insomnia to Bed" (T&amp;L)</b></p> <p>7:00 Musical Movie Mondays: Tina (T&amp;L)</p>	<p>9:45 Fall Prevention w/ Jerome (DDH) <b>28</b></p> <p>10:30 Gentle Fitness w/ Jerome (B/B)</p> <p>11:15 Strength &amp; Balance w/ Jerome (CC)</p> <p>1:30 Culinary Corner (Cooking Demo) with Chef Cesar (CC)</p> <p>2:00 Texas Hold'em *Bring \$2* **6 spots max** (B/B)</p> <p>3:00 Afternoon Tea and Treat Social (B/B)</p> <p>3:30 What's In A Word? (T&amp;L)</p> <p>4:00 Nature Walk and Reflection (MIL)</p> <p>7:00 Movie Night: Bank of Dave (T&amp;L)</p>	<p>10:00 Functional Exercise with Kelly (B/B) <b>29</b></p> <p>11:00 Tech Help * Sign up at Reception * (STS)</p> <p>1:30 Culinary Meeting (T&amp;L)</p> <p>2:30 \$1 Bingo (CC)</p> <p>3:30 Come Play Scrabble (CC)</p> <p>4:00 Monthly Birthday Happy Hour 'April Birthdays' (B/B)</p> <p>7:00 Movie Night: Cruella (T&amp;L)</p>	<p>10:15 Communion and Prayers with Elfreida and James (T&amp;L) <b>30</b></p> <p>10:45 Gentle Fitness w/ Jerome (B/B)</p> <p>11:00 Tech Help Sign up at Reception (STS)</p> <p>11:15 Strength &amp; Balance w/ Jerome (CC)</p> <p>2:00 Bocce Tournament (DR)</p> <p>2:00 Outing: Afternoon Tea at Old Mill Toronto * Sign up at the Front Desk* (OUT)</p> <p>3:00 Afternoon Tea and Treat Social Timeless Tunes with Joe (B/B)</p> <p>3:30 Quiddler and Canasta Card Game (CC)</p> <p>4:00 Go 4 Life Walking (MIL)</p> <p>6:30 Pub Night Social &amp; Trivia Challenge (B/B)</p> <p>7:00 Movie Night: The Devil Wears Prada (T&amp;L)</p>	 <p><b>World Health Day</b></p>	



**Parkinson's Awareness Month**

**Be Welcomed**

**Calendar Legend**

Outing  
 Special Program  
 Living, Loving, Local  
 Signature Program  
 Highlight

**Locations Legend**

Great Escapes (T&L)  
 The Country Club (CC)  
 Don's Bar/Bistro (B/B)  
 Meet in the Lobby (MIL)  
 Suite-to-Suite (STS)  
 Dining Room (DR)

Outing (OUT)  
 Concierge (C)  
 Mills Lobby (ML)  
 1st or 2nd floor (\*)  
 Library (LB)  
 Decadence Dining Hall (DDH)  
 Spa (SPA)