

Spring Summer Weekly Menu Week 2

Sept 25th-Oct 1st



Lunch

Week 2	Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29th	Saturday 30th	Sunday 1st
Soup	Hearty Scotch Broth	Chicken Rice	Cream of Mushroom	* Butternut Squash Soup	Potato Leek	* Minestrone Soup	* Cream of Broccoli
Entrée 1	Vegetable Omelet	* Baked Beans & Weiners	BBQ Chicken Wrap	Spinach & Onion Crustless quiche	* Cobb Salad Turkey Bacon Egg Avocado Tomato Blue Cheese	Chicken Wings	Chicken Salad Sandwich
side	* Tomato Slices	Homefried Potatoes	Potato Salad	Greek Salad	Breadstick	Macaroni Salad	Hashbrowns & Tomato Slices
Entrée 2	Beef Taco Salad	Ham & Cheese Sandwich	Bologna Sandwich	Roast Beef & Cheddar Sandwich	Crab Salad on Croissant	BBQ Beef Riblette on Kaiser	* Eggs Benedict
Side	* Tomato Slices	Homefried Potatoes	Potato Salad	Greek Salad	Coleslaw	Macaroni Salad	Hashbrowns & Tomato Slices
Dessert	Banana Pudding	Assorted Desserts	Chocolat & Vanilla Parfait	Baked Apples & Custard	Orange Tapioca	Assorted Desserts	Jell-O

Dinner

Appetizer	Stuffed Mushrooms	Copper Penny Carrot Salad	Caesar Salad	* Corn and Black Bean Salad	* Waldorf Salad	Egg Roll with Plum Sauce	Tossed Salad
Entrée 1	Beef Stir Fry	Four Cheese Ravioli Marinara Sauce	Spaghetti & Meatballs Garlic Bread	Chicken Pot Pie	Dill Salmon W/ Lemon Wedge	Sweet & Sour Pork	
Side	Steamed Rice	Garlic Bread		Whipped Potato	Roasted Potato	Steamed Rice	
Entrée 2	Italian Sausage Fried Onions	Pork Chops & Mushrooms Sauce	Pesto Crusted Chicken Breast with Tomato Basil Sauce	Baked Fish Supreme	Beef Lasagna	Pineapple Chicken	Roasted Pork W/ Gravy
Side	Roasted Potatoes	Mashed Potatoes	Roasted Sweet Potatoes	Whipped Potato		Steamed Rice	Mashed Potatoes
Vegetable	Yellow Waxed Beans	Sugar Snap Peas	Braised Red Cabbage	Seasoned Peas	Broccoli	Roasted Candied Carrots	* Seasoned Beets
Vegetable	* Seasoned Broccoli	*Cauliflower	* Green Beans Almondine	* Parslied Cauliflower	Sauteed Red & Yellow Peppers	Asparagus	Buttered Corn
Dessert	Raspberry Cheesecake	Chocolate Pudding Cake	<i>Pear Cobbler</i>	<i>Strawberry Cream Pie</i>	Peach Crisp	Carrot Cake	Five Fruit Pie

\* Contains a Superfood.



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PEARS

Breakfast - from 7-9am. Daily menu choices - Egg day is on wednesday, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea Available daily!