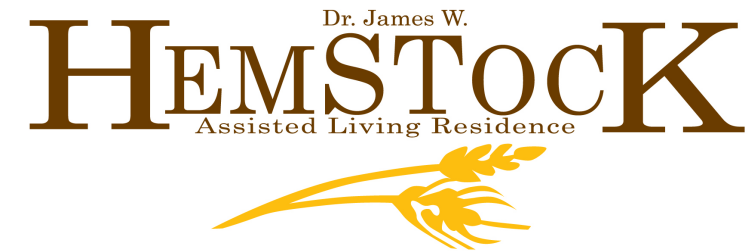




INSPIRED SENIOR LIVING

August 2024

Dr. James Hemstock & Hearthstone Place



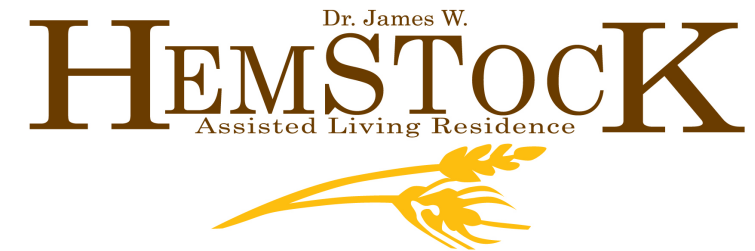
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>SUNDAY AUG 4 Friendship Day</p>	 <p>THURSDAY AUG 8 National Cat Day</p>					
<p>Daily Chronicle (RD) 4 National Friendship Day - Encourages people across the world to connect with friends. 8:15 Go4Life Olympic Walk (DHRL) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Agape Church Service - Everyone Welcome (C)</p>	<p>Daily Chronicle (RD) 5 Life Enrichment off today 8:15 Go4Life Olympic Walk (DHRL) 9:45 Seated Chair Exercise at your leisure today within you own home (RR) 1:30 Canasta (HPC) 2:30 Mental Aerobics - Minds in Motion (RD) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Mexican Dominoes (CAFE)</p>	<p>Daily Chronicle (RD) 6 Last day to sign up for our Friends and Family BBQ Buffett the Friday August 9th (RD) 8:15 Go4Life Olympic Walk (DHRL) 9:45 Stretch and Balance (MP) 10:00 Rosary (C) 11:30 Tuesday Trivia/Fit Minds (RD) 1:00 Afternoon Music Entertainment with Ray Mair Family, and Friends. (MP) 1:30 Kaiser (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Bethel Lutheran Church with Pastor Kevin (C)</p>	<p>Daily Chronicle (RD) 7 Please sign up with Life Enrichment for our Walmart Outing on Tuesday August 13, 2024. Names will be taken until Monday at noon August 12. 8:15 Go4Life Olympic Walk (DHRL) 9:45 Exercises - Keep Fit (MP) 10:00 Wellness Clinic (WO) 10:30 Horse Racing (MP) 1:30 Bingo with Mary \$ 1.00 to play (MP) 2:30 Coffee Social (MP) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Music with Country Swing (MP)</p>	<p>Daily Chronicle (RD) 8 National Cat Day - A Day to Celebrate and truly care for our feline friends 8:15 Go4Life Olympic Walk (DHRL) 9:30 Dr. Hemstock and Hearthstone Place Garage Sale Begins today (HPC) 9:45 Stretch and Balance Resident Directed (RR) 1:30 Meet me at the Moma History/Painting Session/sketching Please pick up at reception today (RD) 2:00 Norwegian Whist (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 9 Please sign up with Life Enrichment for our upcoming Town and Country Tour happening on August 15, 2024 8:15 Go4Life Olympic Walk (DHRL) 10:00 Dr. Hemstock and Hearthstone Place Garage Sale Day (HPC) 11:30 Family and Friends BBQ Buffet (Sign up required) Deadline for sign up is August 6, 2024 (DR) 1:30 Canasta (Resident Directed) Everyone Welcome (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 10 Please sign up with Life Enrichment for our upcoming Town and Country Tour happening on August 15, 2024 10:00 Table Bowling Resident Directed (BR) 1:00 Movie Matinee (I Love Lucy) (MP) 2:00 Open Cribbage - Resident Directed (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)</p>
<p>Daily Chronicle (RD) 11 Please sign up with Life Enrichment for our upcoming Town and Country Tour happening on August 15, 2024 8:15 Go4Life Walking - Everyone Welcome (DHRL) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Neilburg Mennonite Singers - Everyone Welcome! (MP)</p>	<p>Daily Chronicle (RD) 12 Please sign up with Life Enrichment for our upcoming Town and Country Tour happening on August 15, 2024 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Seated Chair Exercise (MP) 10:30 Creative Mind Exercises (CAFE) 1:30 Canasta (HPC) 1:30 Smore's Day Come on out and enjoy a smore with us (G) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Mexican Dominoes (CAFE)</p>	<p>Daily Chronicle (RD) 13 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Stretch and Balance (MP) 10:00 Rosary (C) 11:30 Tuesday Trivia/Fit Minds (RD) 1:00 Walmart Outing (for resident's who have signed up) (DHRL) 1:30 Kaiser (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Special Performance with "Dean Mari" Music Entertainment Tonight! (MP)</p>	<p>Daily Chronicle (RD) 14 Please sign up with Life Enrichment for our upcoming Town and Country Tour happening on August 22, 2024 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Exercises - Keep Fit (MP) 10:00 Wellness Clinic (WO) 10:30 Guided Mindfulness and Meditation (MP) 1:30 Bingo \$ 1.00 to play (MP) 2:30 Celebrating International Creamsicle Day with Floats. Come on down to pick up your float. (MP) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Music Entertainment with Country Swing (MP)</p>	<p>Daily Chronicle (RD) 15 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Stretch and Balance (MP) 1:00 Lloydminster Public Library (MP) 1:30 Town and Country Tour (for those residents who have signed up) (DHRL) 1:30 Roman Catholic Mass (C) 2:00 Norwegian Whist (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 16 Please sign up for our Town and Country Tour on August 22 with Life Enrichment (DHRL) 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Drum Fit Program (MP) 1:30 Canasta (Resident Directed) Everyone Welcome (HPC) 2:00 Happy Hour (MP) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 17 Please sign up for our Town and Country Tour on August 22 with Life Enrichment (DHRL) 8:15 Go4Life Walking - Everyone Welcome (DHRL) 10:00 Table Bowling Resident Directed (BR) 1:00 Movie Matinee (Gunsmoke) (MP) 2:00 Open Cribbage - Resident Directed (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)</p>



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Chronicle (RD) 18 <u>Please sign up for our Town and Country Tour on August 22 with Life Enrichment (DHRL)</u> BBQ Corn Roast Please sign up for this event by Thursday August 22, 2024 (BBA) 8:15 Go4Life Walking - Everyone Welcome (DHRL) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Agape Church Service - Everyone Welcome (C)	Daily Chronicle (RD) 19 <u>Please sign up for our Town and Country Tour on August 22 with Life Enrichment (DHRL)</u> 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Seated Chair Exercise (MP) 10:30 Mental Aerobics - Minds in Motion (MP) 1:30 Canasta (HPC) 1:30 Chris Wolfe from the Lloydminster Hearing Center doing routine maintenance for our hearing aids (MP) 1:30 Please Join Shirley Scott with Walking Through Grief (Where are we with Life right now) (C) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Mexican Dominoes (CAFE)	Daily Chronicle (RD) 20 <u>Please sign up for our Town and Country Tour on August 22 with Life Enrichment (last day) (DHRL)</u> 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Stretch and Balance (MP) 10:00 Rosary (C) 11:30 Tuesday Trivia/Fit Minds (RD) 1:00 Life Enrichment Administration afternoon (LEO) 1:30 Kaiser (HPC) 2:30 Coffee Social (MP) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)	Daily Chronicle (RD) 21 Wellness Clinic Cancelled for today only (WO) 8:00 Senior Citizens Day - Join us as we celebrate this special day with a Pancake Breakfast (PAR) 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:30 Walker, Wheelchair, Cleaning today. (no motorized items at this time) Please come down to the MP room to have these items cleaned. Get your name entered in today's special draw wait for your item to be cleaned. (MP) 1:30 Pick up Refreshments and treats in the MP room (MP) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)	Daily Chronicle (RD) 22 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Stretch and Balance (MP) 1:30 Meet me at the Moma History/Painting Session (MP) <u>1:30 Town and Country Tour (for those residents who have signed up) (DHRL)</u> 2:00 Norwegian Whist (HPC) 2:00 Men's Coffee House in the Caf� with Kyle and Mitch (CAFE) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)	Daily Chronicle (RD) 23 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Drum Fit Program (MP) 1:30 Canasta (Resident Directed) Everyone Welcome (HPC) 1:30 BBQ Corn on Cob - For those who signed up (with Rachel and Shannon) (BBA) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)	Daily Chronicle (RD) 24 8:15 Go4Life Walking - Everyone Welcome (DHRL) 10:00 Table Bowling Resident Directed (BR) 1:00 Movie Matinee (The Carol Burnett Show) (MP) 2:00 Open Cribbage - Resident Directed (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)
Daily Chronicle (RD) 25 BBQ Corn Dogs - please sign up with Reception for Residents and staff who would like to enjoy a corn dog. This is a special event, with no costs but you must be signed up to partake before August 26 at 3:00 pm. Thank you. (BBA) 8:15 Go4Life Walking - Everyone Welcome (DHRL) 10:30 Dewberry Mennonite Church Service (C) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)	Daily Chronicle (RD) 26 BBQ Corn Dogs - please sign up with Reception for Residents and staff who would like to enjoy a corn dog. This is a special event, with no costs but you must be signed up to partake before August 26 at 3:00 pm. Thank you. (BBA) Daily Chronicle (RD) 8:15 Go4Life Walking - Everyone Welcome (DHRL) <u>9:45 Frenchmen's Butte tour and Lunch Outing (DHRL)</u> 1:30 Canasta (HPC) 2:00 Creative Mind Exercises (CAFE) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC) 6:30 Mexican Dominoes (CAFE)	Daily Chronicle (RD) 27 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Stretch and Balance (MP) 10:00 Rosary (C) 11:30 Tuesday Trivia/Fit Minds (RD) 1:30 Kaiser (HPC) 1:30 BBQ corn dog (Pogo Stick) with Kyle and Shannon for those who have signed up (BBA) 2:30 Coffee Social (MP) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)	Daily Chronicle (RD) 28 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Exercises - Keep Fit (MP) 10:00 Wellness Clinic (WO) 10:30 Guided Mindfulness and Meditation (MP) <u>1:30 Birthday and Anniversary Party with Country Swing (MP)</u> 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)	Daily Chronicle (RD) 29 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Stretch and Balance (MP) 1:00 Lloydminster Public Library (MP) 1:30 Meet me at the Moma History/Painting Session (MP) 2:00 Norwegian Whist (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)	Daily Chronicle (RD) 30 Resident Choice Meal Served Today (DR) 8:15 Go4Life Walking - Everyone Welcome (DHRL) 9:45 Drum Fit Program (MP) 1:30 Canasta (Resident Directed) Everyone Welcome (HPC) 2:00 Happy Hour (MP) <u>2:30 Roman Catholic Communion (C)</u> 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)	Daily Chronicle (RD) 31 8:15 Go4Life Walking - Everyone Welcome (DHRL) 10:00 Table Bowling Resident Directed (BR) 1:00 Movie Matinee (The Love Boat) (MP) 2:00 Open Cribbage - Resident Directed (HPC) 3:00 Billiard Room Games (BR) 6:30 Resident Choice Games (RC)



Locations Legend

M.P. Room (MP)	Outside by the BBQ area at Hearthstone Place Square Door Access (BBA)
DHR Lobby (DHRL)	Dining Room (DR)
Reception Desk (RD)	Wellness Office at Dr. Hemstock 1st floor (WO)
Billiards Room (BR)	Life Enrichment Office (LEO)
Resident's Choice (RC)	Resident Rooms (RR)
Hearthstone Courtyard (HPC)	Gazebo & Area (G)
Chapel (C)	Parking Lot Party Today (PAR)
Cafe (CAFE)	

Calendar Legend

All Day

Outing

Special Program

Holidays

Sign up Required

Theme Day

Living, Loving, Local Signature Program