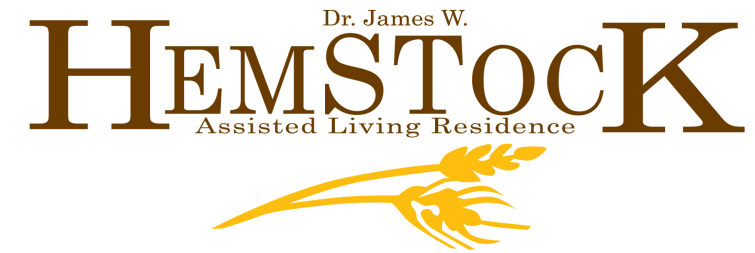





INSPIRED SENIOR LIVING

January 2025

Dr. James Hemstock & Hearthstone Place



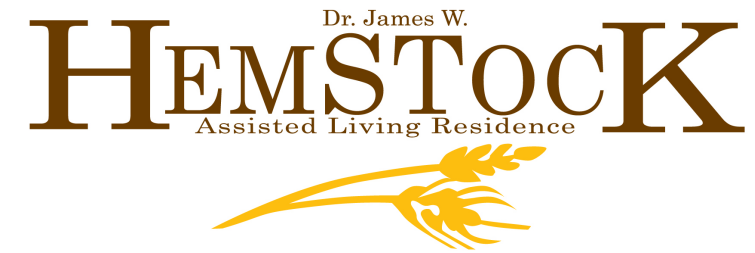
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>Daily Chronicle (RD) 5</p> <p>8:15 Go4Life Walking Everyone Welcome Group or Individual Walking (DHRL)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Agape Church Service - Everyone Welcome (C)</p>	<p>Daily Chronicle (RD) 6</p> <p>8:15 Go4Life Walking Group - Everyone Welcome to Join -Parkade Walking (HPL)</p> <p>9:45 Drum Fit Program (MP)</p> <p>10:30 Bean Bag Game (MP)</p> <p>1:30 Canasta (CAFE)</p> <p>1:30 Chris Wolfe from the Lloydminster Hearing Center doing routine maintenance for our hearing aids (MP)</p> <p>2:30 Fit Minds /Mental Aerobics / Minds in Motion - Celebrating National Trivia Day (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Mexican Dominoes (CAFE)</p>	<p>Daily Chronicle (RD) 7</p> <p>Lab Day (from 8-9) (C)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Rosary (C)</p> <p>11:30 Tuesday Trivia/Fit Minds (RD)</p> <p>1:30 Kaiser (HPC)</p> <p>1:30 Sing Along (MP)</p> <p>2:00 Grace United Church Service (C)</p> <p>2:30 Coffee Social (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games/Tile Rummy (MP)</p>	<p>Daily Chronicle (RD) 8</p> <p>National Hat Day - Wear your favorite Hat Today! (AOH)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:00 Taking down Christmas Décor (AOH)</p> <p>9:15 Exercises - Keep Fit (DHRB)</p> <p>10:00 Wellness Clinic Day (C)</p> <p>1:30 Bingo \$ 1.00 to play (MP)</p> <p>2:30 Hot Chocolate Special (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:00 Music Entertainment with the Yellowhead Rambler (MP)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 9</p> <p>8:00 Breakfast Club (Invitation Only) for new residents within the month and those who are celebrating their birthday and anniversary this month (HPC)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Taking down Christmas Décor (AOH)</p> <p>1:30 Roman Catholic Mass (C)</p> <p>2:30 Meet me at the MOMA- Painting (RD)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Prayer and Share/Bible Study Fellowship (Everyone is welcome to join) Pastor Tim Acey (C)</p> <p>6:30 Resident Choice Games/Tile Rummy (MP)</p>	<p>Daily Chronicle (RD) 10</p> <p>Taking down Christmas Décor (AOH)</p> <p>LLL Celebration Dinner</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:00 Exercise Meeting with Life Enrichment on New Equipment and Training (DHRB)</p> <p>10:00 Walking group with Dr. Cooke and LCC at the Servus Sports Center (HPL)</p> <p>1:30 Canasta /Norwegian Whist (HPC)</p> <p>2:00 Happy Hour - Name that 60's Tune (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 11</p> <p>8:15 Go4Life Walking Group - Everyone Welcome - Parkade Walking (HPL)</p> <p>10:00 Table Bowling Resident Directed (BR)</p> <p>1:30 Bingo with Mary \$ 1.00 to play (MP)</p> <p>2:00 Open Card Games (CAFE)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p>
<p>Daily Chronicle (RD) 12</p> <p>Valentines Day Card making with Ingrid (please sign up with Ingrid to partake as there is a maximum of 10) by Jan 20, 2025 (CAFE)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Neilburg Mennonite Singers - Everyone Welcome! (MP)</p>	<p>Daily Chronicle (RD) 13</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:45 Drum Fit Program (MP)</p> <p>10:30 Bean Bag Game (MP)</p> <p>1:30 Canasta (CAFE)</p> <p>2:00 Resident Council Meeting - We welcome everyone to attend. (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:00 Resident Choice Games (RC)</p> <p>6:30 Mexican Dominoes (CAFE)</p> <p>6:30 Music Entertainment with Country Swing (MP)</p>	<p>Daily Chronicle (RD) 14</p> <p>Lab Day (from 8-9) (C)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Rosary (C)</p> <p>11:30 Tuesday Trivia/Fit Minds (RD)</p> <p>1:30 Kaiser (HPC)</p> <p>1:30 Sing Along (MP)</p> <p>2:30 Coffee Social (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games/Tile Rummy (MP)</p>	<p>Daily Chronicle (RD) 15</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:15 Exercises - Keep Fit (DHRB)</p> <p>10:00 Wellness Clinic Day (C)</p> <p>1:30 Stick Game /RLC and Board Games with Life Enrichment (CAFE)</p> <p>2:00 Men's Coffee House in the Café with Kyle and Mitch (CAFE)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Bingo \$ 1.00 to play hosted by Lloydminster Hockey Youth Group (MP)</p>	<p>Daily Chronicle (RD) 16</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Walmart Outing (for resident's who have signed up) (DHRL)</p> <p>1:00 Lloydminster Public Library (CAFE)</p> <p>2:00 Town Hall Meeting (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:00 Music Entertainment with Merle Tenney and Friends (MP)</p> <p>6:30 Prayer and Share/Bible Study Fellowship (Everyone is welcome to join) Pastor Tim Acey (C)</p> <p>7:00 Resident Choice Games/Tile Rummy (MP)</p>	<p>Daily Chronicle (RD) 17</p> <p>Family Pharmacy RSV Vaccine Clinic (C)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:45 Seated Chair Exercise (MP)</p> <p>1:30 Canasta /Norwegian Whist (HPC)</p> <p>2:00 Celebrating National Popcorn Day with Happy Hour today (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Music Entertainment with Dean Mari (MP)</p>	<p>Daily Chronicle (RD) 18</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>10:00 Table Bowling Resident Directed (BR)</p> <p>1:30 Girl Guides volunteering time to come read books with our residents (ages 9-11) (MP)</p> <p>2:00 Open Card Games (CAFE)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p>



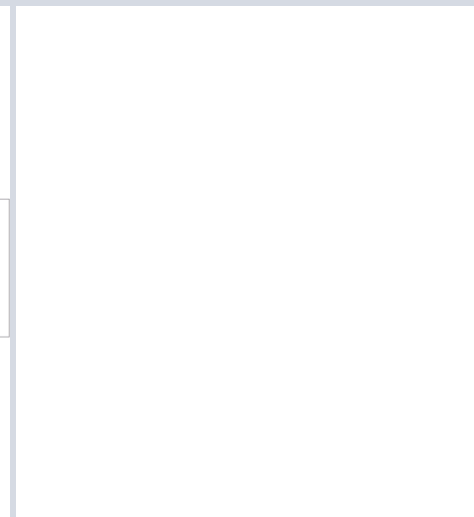
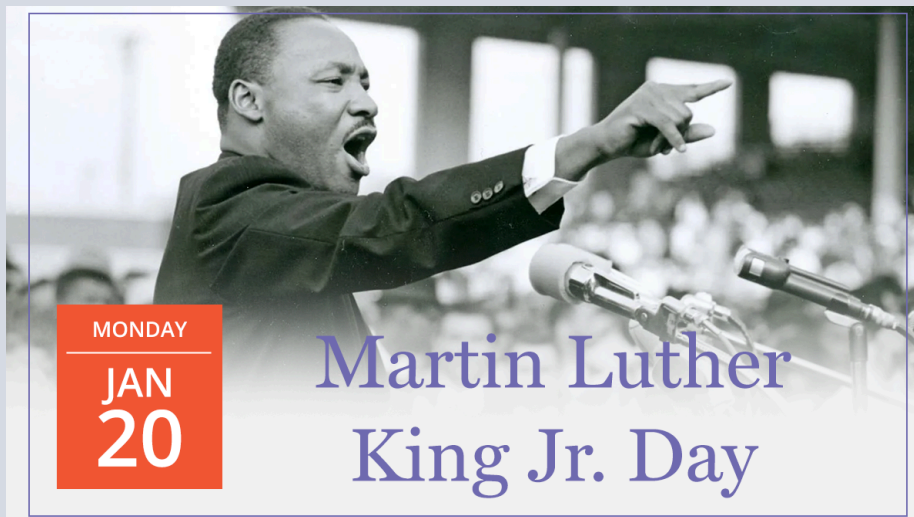
INSPIRED
SENIOR LIVING

January 2025

Dr. James Hemstock & Hearthstone Place



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Daily Chronicle (RD) 19</p> <p>8:15 Go4Life Walking Group - Everyone Welcome - Parkade Walking (HPL)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Agape Church Service - Everyone Welcome (C)</p>	<p>Daily Chronicle (RD) 20</p> <p>Mental Aerobics - Minds in Motion - Martin Luther King Jr. Day (MP)</p> <p>Last Day to Sign Up for Ingrid's Card Making Class (CAFE)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome - Parkade Walking (HPL)</p> <p>9:45 Drum Fit Program (MP)</p> <p>1:30 Canasta (CAFE)</p> <p>1:30 Life Enrichment Administration afternoon (LEO)</p> <p>2:00 Coffee and Planning with Life Enrichment (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Mexican Dominoes (CAFE)</p>	<p>Daily Chronicle (RD) 21</p> <p>Lab Day (from 8-9) (C)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome - Parkade Walking (HPL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Rosary (C)</p> <p>10:00 Fit Minds /Mental Aerobics / Minds in Motion (MP)</p> <p>11:30 Tuesday Trivia/Fit Minds (RD)</p> <p>1:30 Kaiser (HPC)</p> <p>1:30 Sing Along (MP)</p> <p>2:30 Coffee Social (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games/Tile Rummy (MP)</p> <p>6:30 Bethel Lutheran Church with Pastor Kevin (C)</p>	<p>Daily Chronicle (RD) 22</p> <p>8:15 Go4Life Walking Group - Everyone Welcome - Parkade Walking (HPL)</p> <p>9:15 Exercises - Keep Fit (DHRB)</p> <p>10:00 Wellness Clinic Day (C)</p> <p>10:30 Horse Racing (MP)</p> <p>1:30 Bingo \$ 1.00 to play (MP)</p> <p>2:30 Hot Apple Cider Special (RR)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 23</p> <p>National Pie Day (DR)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome - Parkade Walking (HPL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Valentines Day Card making with Ingrid (please sign up with Ingrid to partake as there is a maximum of 10) (CAFE)</p> <p>1:00 Lloydminster Public Library (MP)</p> <p>1:30 Meet me at the Moma History/Painting Session (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Prayer and Share/Bible Study Fellowship (Everyone is welcome to join) Pastor Tim Acey (C)</p> <p>6:30 Resident Choice Games/Tile Rummy (MP)</p>	<p>Daily Chronicle (RD) 24</p> <p>National Peanut Butter Day (DR)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome - Parkade Walking (HPL)</p> <p>9:00 Exercise (DHRB)</p> <p>10:00 Walking group with Dr. Cooke and LCC at the Servus Sports Center (HPL)</p> <p>1:30 Canasta /Norwegian Whist (HPC)</p> <p>2:00 Happy Hour - Jeopardy Trivia Game (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 25</p> <p>Robbie Burns Day Supper with Dining Services - Wear Plaid today! (DR)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome - Parkade Walking (HPL)</p> <p>10:00 Table Bowling Resident Directed (BR)</p> <p>1:30 Music Entertainment with Country Swing (MP)</p> <p>2:00 Open Card Games (CAFE)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p>
<p>Daily Chronicle (RD) 26</p> <p>Bell Lets Talk Day - We encourage everyone to talk about Mental Health, and to support one another within our community. (AOH)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>10:30 Dewberry Mennonite Church Service (C)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 27</p> <p>National Chocolate Cake Day (DR)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:45 Drum Fit Program (MP)</p> <p>10:30 Bean Bag Game (MP)</p> <p>1:00 Craft Corner with Life Enrichment (MP)</p> <p>1:30 Canasta (CAFE)</p> <p>2:30 News and Views Current Events- Please bring a article to share. (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p> <p>6:30 Mexican Dominoes (CAFE)</p>	<p>Daily Chronicle (RD) 28</p> <p>Lab Day (from 8-9) (C)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>10:00 Rosary (C)</p> <p>11:30 Tuesday Trivia/Fit Minds (RD)</p> <p>1:30 Kaiser (HPC)</p> <p>1:30 Sing Along (MP)</p> <p>2:30 Coffee Social (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games/Tile Rummy (MP)</p>	<p>Daily Chronicle (RD) 29</p> <p>Lunar New Year (AOH)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:15 Exercises - Keep Fit (DHRB)</p> <p>10:00 Celebrating National Puzzle Day - Come and Join Life Enrichment, and Maintenance to some friendly competition with puzzles (MP)</p> <p>10:00 Wellness Clinic Day (C)</p> <p>1:30 Birthday and Anniversary Party with Country Swing (MP)</p> <p>2:30 Refreshment Social (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p>	<p>Daily Chronicle (RD) 30</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:15 Stretch and Balance (DHRB)</p> <p>1:00 Lloydminster Public Library (MP)</p> <p>1:30 Meet me at the Moma History/Painting Session (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Prayer and Share/Bible Study Fellowship (Everyone is welcome to join) Pastor Tim Acey (C)</p> <p>6:30 Resident Choice Games/Tile Rummy (MP)</p>	<p>Daily Chronicle (RD) 31</p> <p>Resident Choice Meal Served Today (DR)</p> <p>8:15 Go4Life Walking Group - Everyone Welcome -Parkade Walking (HPL)</p> <p>9:15 Seated Chair Exercise (MP)</p> <p>11:00 Casino Outing having Lunch first then some gaming Please Sign up by January 27, 2024 (DHRL)</p> <p>1:30 Canasta /Norwegian Whist (HPC)</p> <p>2:30 Happy Hour (MP)</p> <p>3:00 Billiard Room Games (BR)</p> <p>6:30 Resident Choice Games (RC)</p>	



Locations Legend

M.P. Room (MP)	DHR Basement (DHRB)
Reception Desk (RD)	Hearthstone Courtyard (HPC)
Billiards Room (BR)	Around our home (AOH)
Hearthstone Lobby (HPL)	DHR Lobby (DHRL)
Chapel (C)	Dining Room (DR)
Resident's Choice (RC)	Life Enrichment Office (LEO)
Cafe (CAFE)	Resident Rooms (RR)

Calendar Legend

Outing

Special Program

Living, Loving, Local

Signature Program