



## Lunch

Week 4	Monday June 17	Tuesday June 18	Wednesday June 19	Thursday June 20	Friday June 21	Saturday June 22	Sunday June 23
Soup	*Tomato Basil Soup	Chicken Long Rice	Crab and Corn Egg Drop Soup	Turkey Vegetable	* Cream of Cauliflower	Beef Noodle Soup	Roasted Apple & Squash
Entrée 1	Turkey & Brie Panini with Cranberry Sauce	Avocado Toast with a Crab Salad & Pea Shoots	Ham & Chicken Salad Plate	* Tuna Salad Sandwich	*Turkey BLT Basil Romaine Bowl	Scrambled Egg with Bacon & Brown Toast	Smoked Salmon Croissant with Chive Cream Cheese
side	Cucumber Dill Salad	Mixed Green Salad	Dinner Rolls	Spring Salad	Dinner Roll	Fresh Seasonal Fruits	Potato Chips
Entrée 2	Grilled Portabello Mushroom Swiss Burger	Fried Egg, Cheddar & Ham on Everything Bagel	Roasted Vegetable & Feta Quiche	BBQ Roast Beef Sandwich with Caramelized Onion & Cheddar on Bun	Perogies with Bacon, Fried Onions, and Sour Cream	Maple Belgian Waffles with Breakfast Sausage	Tempura Shrimp with Warm Mediterranean Farro Grain Bowl
Side	French Fries	Mixed Green Salad	Spinach & Watercress Salad	French Fries	House Salad	Fresh Seasonal Fruits	Dinner Roll
Dessert	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection

## DINNER

Appetizer	7 Bean Salad	Sweet & Sour Chicken Balls	Carrot Pineapple Raisin Salad	Deviled Eggs	Vegetable Egg Rolls with Plum Sauce	Beet Hummus with toasted pita	Antipasto Plate
Entrée 1	Shrimp & Vegetable Stir Fry	Linguine with Clams	Sole Fillet Gremolata	Pan Seared Baby Beef Liver with Sautéed Onions & Gravy	Veal Parmesan	Slow Roasted Pork Loin with Robert Sauce	Roast Beef au Jus
Side	Basmati Rice	Garlic Bread & Tossed Salad	Herb Roasted Potatoes	Wild Rice	Whipped Potato	Baked Potato	Roasted Garlic Mashed Potato
Entrée 2	Butter Chicken Naan Bread	Pork Medallions with a Peach and Mango Chutney	Spring Lamb Stew with Mushroom and Green Peas	Honey Lime Chicken Thigh	Baked Orange Roughy with Chive Cream Sauce	Shrimp Brochette with Chive Butter Sauce	Chicken Cacciatore with Mushroom & Bell Peppers
Side	Basmati Rice	Lyonnais Potatoes	Herb Roasted Potatoes	Wild Rice	Whipped Potato	Baked Potato	Roasted Garlic Mashed Potato
Vegetable		Sweet Corn	Asparagus	Carrots	Sugar Snap Peas	Zucchini	Maple Bacon Brussels Sprouts
Vegetable	Stir Fry Vegetables	Roasted Beets	* Stuffed Tomato	* Broccoli	* Yellow Beets	Baked Squash	Baby Carrots
Dessert	* Peach Melba	Homemade Banana Bread Pudding	Brownies	Cinnamon Coffee Cake	Lemon Meringue Pie	Espresso Ice Cream	Assorted Desserts

\* Menu item contains a Superfood.



Choose Superfoods more often for optimal health



Living Loving Local - Rhubarb

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea