Lunch

Week 1	Monday April 28	Tuesday April 29	Wednesday April 30	Thursday May 1	Friday May 2	Saturday May 3	Sunday May 4
Soup	Minestrone	Spring Pea & Mint	Chicken Macaroni Soup	Creamy Parsnip & Turnip	Turkey & Rice	Beef Barley	Roasted Cream of Vegetables
Entrée 1	Tuna Pan Bagnat Sandwich	Cottage Cheese Plate with Fresh Fruit Medley & Blueberry Scone	Pork Chorizo Flatbread with Cheese	Mushroom & Brie Quiche with Chives	Fish n Chips with Lemon Wedge & Tartar Sauce	Western Cheese Omelet with Bacon & Toast	Julienne Ham & Swiss Salad
side	Cucumber Dill Salad	_	House Salad	Greek Salad	Creamy Coleslaw	Fresh Fruits	Dinner Roll
Entrée 2	Boneless Breaded Chicken Chunk Tossed in Hone Garlic Sauce	Sausage, Cheese & Freshly Cracked Egg on an English Muffin	Lemon Chicken Wrap	Crab Mac & Cheese	Roast Beef Sandwich with Horseradish Aioli	Soft Poached Egg on Corned Beef Has with Chive & Truffle Hollandaise Sauce	Korean Pork Riblets with Sweet Potato Fries
Side	Fries & Cucumber Salad	* Apple Pecan Salad	House Salad	Greek Salad	Arugula & Spinach Salad	Fresh Fruits	Spinach and Mandarin Salad
Dessert	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection
DINNER							
Appetizer	Asian Mango Slaw	Smoked Salmon Pinwheel	Spring Greens Strawberry Goat Cheese Salad	Bhel Puri Salad	Smoked Duck with Frissee & Rhubarb Dressing	Brie Pear and Honey Crostini	House Salad
Entrée 1	Chinese Beef & Broccoli	Grilled Pork Chop with Rosemary Maple Butter	Pan Seared Salisbury Steak with Mushroom Gravy	BBQ Pork Back Ribs	Beef Stew with Rhubarb, Peas & Mint	Pork Tenderloin with Strawberry Chimichurri	*Chicken Thigh Florentine
Side	Rice Pilaf	Whipped Potatoes	Roasted Sweet Potatoes	Potato Wedges	Mini Roasted Red Potatoes	7 Grain Medley	Chive Mashed Potatoes
Entrée 2	Pork Cottage Roll	Grilled Mediterranean Chicken Breast with Tomato & Olive Relish	Shrimp Brochette Chive Beurre Blanc	Herb Roasted Lamb with Mint Sauce	Roasted Chicken Leg with Rhubarb Marmalade	*Ginger Glazed Salmon Filet with Roasted Pineapple Salsa	Cabbage Rolls Marinara Sauce
Side	Rice Pilaf	Whipped Potatoes	Roasted Sweet Potatoes	Potato Wedges	Mini Roasted Red Potatoes	7 Grain Medley	Chive Mashed Potatoes
Vegetable	Stir Fry Vegetables	Baked Squash	French Green Beans	*Broccoli	Sugar Snap Peas	Zucchini	Roasted Carrots
Vegetable		Green Peas	* Ratatouille	Corn on the Cobb	* Yellow Beets	Buttered Corn	*Cauliflower
Dessert	Fruit Cobbler	Starberry Custard Tart	Lemon Meringue Pie	Assorted Squares & Cakes	Strawberry Rhubarb Pie	Carrot Cake	Boston Cream Pie

* Menu item contains a Superfood.

Choose Superfoods more often for optimal health

Living Loving Local - Rhubarb

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea