November 2026 Independent Living

Four Elms Retirement Residence

Verve | INSPIRED SENIOR LIVING

FOUR ELMS RETIREMENT RESIDENCE — INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Activity Package Available At Reception (RECE) 9:15 Balloon Tennis (A) 9:30 Morning Walking with Student Vikki! (LO) 10:00 Exercise (GYM) 10:45 Trivia (A) 2:00 Dime Bingo with Manager on Duty (A) 2:30 Afternoon Movie! (T) 3:30 Floor Curling (GYM) 7:00 T.V. Series: Dancing With The Stars! (A)	**2** 9:30 Walk & Talk Club with Student Volunteer (A) 10:00 Exercise (GYM) 10:30 Guided Painting with Sammy (A) 10:45 Words in a Word (B) 11:00 Go For Life Walking Club (CY) 2:00 Bingo with Volunteer (A) 2:00 Bridge Group (L) 2:00 Axe Throwing with Volunteer (GR) 3:00 Electronic Class with Volunteer (B) 3:15 Wine & Cheese Social (A) 3:30 Giant Jenga (A) 4:00 Java Music Club/Karoke (A) 6:45 Movie: Exodus (A)	**3** 9:30 Walk & Talk Club with Student Volunteer (A) 10:00 Full Body Workout (GYM) 10:45 Wheel of Fortune (A) 11:00 Go For Life Walking Club - (Residen't Run) (BW) 11:30 Outing: Pine Farms Apple Orchard! (OS) 1:15 Drum Fit with Volunteer (A) 2:00 Bridge Group (B) 2:00 Canasta (L) 2:00 Mini Putting with Volunteer (A) 3:00 Electronic Class with Volunteer (B) 3:15 Happy Hour Pub! (A) 6:45 Virtual Concert: "Andrea Rieu - Live in Dublin! (A)	**4** 9:30 Morning Word Search (A) 9:30 Balloon Tennis (A) 10:00 Seated Dance Class with Katya (GYM) 10:45 Words in a Word (A) 1:30 Meet me at MoMA Presentation (A) 2:00 Meet me at MoMA (B) 2:00 Kaluki (L) 2:00 Starkmans Health Care Depot: Walker Tea & Tune Up (A) 2:00 Herbal Tea Work Shop with Cathy! (B) 3:15 Tea & Coffee Social (C) 3:30 Go For Life Walking Club (BW) 6:45 Movie: Footloose (A)	**5** HHS Mens Club Thursday! National Donut Day! 9:30 Balloon Tennis (A) 10:00 Tai Chi with Shiva (GYM) 10:00 Outing: Encore Symphonic Concert Band *Sign Up Required* (OS) 10:30 Go For Life Walking Club (BW) 10:45 Trivial Pursuit (B) 11:00 Catholic Communion Service (A) 2:00 Kaluki (L) 2:00 Live Concert: Andy Philips (A) 3:15 Robert's Pub Social with Donuts! (A) 3:30 Afternoon Word Search (A) 6:45 Movie: Dirty Dancing (A)	**6** 9:30 Balloon Tennis (A) 10:00 Full Body Workout (GYM) 10:30 Education Presentation: Lianne Harris (A) 10:45 Words in a Word (B) 1:30 Drum Fit (A) 1:45 Birthday Committee Meeting! (B) 2:00 Bridge Group (L) 2:30 Wheel of Fortune (A) 2:30 Pre-Shabbat Service (T) 3:30 Reminiscing Letter Writing of Love (A) 4:00 Go 4 Life Walking Club (BW) 6:45 Virtual Concert: Frank Sinatra - A Man and His Music (A)	**7** 10:00 Exercise (GYM) 10:45 FitMinds with Frances P. (A) 11:00 Vendor: Fifth Avenue Jewelry! (LO) 1:30 Artful Enrichment - Floppy Poppies (A) 1:45 Saturday Word Search (B) 2:00 Rummy-Q (L) 2:00 Bridge Group (B) 3:15 Happy Hour Pub with Manager On Duty! (A) 4:00 Java Music Club/Karoke (A) 6:45 Cards: Euchre, Bridge, Rummy & Canasta (L) 6:45 Bingo with Frances.P (A)
8 Activity Package Available At Reception (RECE) 9:15 Balloon Tennis (A) 10:00 Exercise (GYM) 10:45 Trivia (A) 2:00 Live Concert: Shir Harmony Choir (A) 2:30 Afternoon Movie! (T) 3:30 Floor Curling (GYM) 7:00 T.V. Series: Dancing With The Stars! (A)	**9** 9:30 Walk & Talk Club with Student Volunteer (A) 10:00 Exercise (GYM) 10:30 Baking Cookies (A) 10:45 Words in a Word (B) 11:00 Go For Life Walking Club (CY) 2:00 Bingo with Volunteer (A) 2:00 Bridge Group (L) 2:00 Axe Throwing with Volunteer (GR) 3:00 Electronic Class with Volunteer (B) 3:15 Wine & Cheese Social (A) 3:30 Giant Jenga (A) 6:30 FitMinds with Sandy P. (A)	**10** Vendor: Loila Fashion 9:30 Walk & Talk Club with Student Volunteer (A) 10:00 Walmart Shopping Trip *Sign Up Required* (OS) 10:00 Full Body Workout (GYM) 10:45 Wheel of Fortune (A) 11:00 Go For Life Walking Club - (Residen't Run) (BW) 2:00 Bridge Group (B) 2:00 Canasta (L) 2:00 Mini Putting with Volunteer (A) 3:00 Electronic Class with Volunteer (B) 3:15 Happy Hour Pub! (A) 4:00 Wii Bowling Class with Irving! (A) 6:45 Virtual Concert: "Andrea Rieu - Live in Malta (A)	**11** Remembrance Day! (BW) 9:30 Morning Word Search (A) 9:30 Balloon Tennis (A) 10:30 Remembrance Day Service (A) 2:00 Remembrance Day Presentation with Rebecca Berlin! (A) 2:00 Kaluki (L) 3:15 Tea & Coffee Social (C) 3:30 Go For Life Walking Club (BW) 3:30 The Social Butterflies Womens Club! : Tea Party (A) 6:00 Resident Run Card/Board Games (A) 6:45 Movie: All Quite on the Western Front (A)	**12** HHS Mens Club Thursday! 9:30 Balloon Tennis (A) 10:00 Tai Chi with Shiva (GYM) 10:30 Go For Life Walking Club (BW) 10:45 Trivial Pursuit (B) 11:00 Catholic Communion Service (A) 2:00 Kaluki (L) 2:00 Live Concert with Jessica Rios (A) 3:15 Robert's Pub Social (A) 3:30 Afternoon Word Search (A) 6:45 Movie: A League of thier own (A)	**13** 9:30 Balloon Tennis (A) 10:00 Full Body Workout (GYM) 10:45 Words in a Word (B) 11:00 Outing: Aga Khan Museum*Sign Up Required* Admission $15 (OU) 1:30 Drum Fit (A) 2:00 Bridge Group (L) 2:30 Pre-Shabbat Service (A) 3:30 Wheel of Fortune (A) 4:00 Go 4 Life Walking Club (BW) 6:45 Name That Tune (A)	**14** National Pickle Day! 10:00 Exercise (GYM) 10:45 FitMinds with Frances P. (A) 1:30 Artful Enrichment - Safari Sunset (A) 1:45 Saturday Word Search (B) 2:00 Rummy-Q (L) 2:00 Bridge Group (B) 3:15 Happy Hour Pub - Pickle Tasting! (A) 4:00 Java Music Club/Karoke (A) 6:45 Cards: Euchre, Bridge, Rummy & Canasta (L) 6:45 Bingo with Frances.P (A)
15 Activity Package Available At Reception (RECE) 9:15 Balloon Tennis (A) 10:00 Exercise (GYM) 10:45 Trivia (A) 2:00 Dime Bingo with Manager on Duty (A) 2:30 Afternoon Movie! (T) 3:30 Floor Curling (GYM) 7:00 T.V. Series: Dancing With The Stars! (A)	**16** 9:30 Walk & Talk Club with Student Volunteer (A) 10:00 Exercise (GYM) 10:45 Words in a Word (A) 11:00 Go For Life Walking Club (CY) 2:00 Bingo with Volunteer (A) 2:00 Bridge Group (L) 2:00 Axe Throwing with Volunteer (GR) 3:00 Electronic Class with Volunteer (B) 3:15 Wine & Cheese Social (A) 3:30 Giant Jenga (A) 4:00 Java Music Club/Karoke (A) 6:30 FitMinds with Sandy P. (A)	**17** 8:30 Pancake Tuesday! (A) 9:30 Walk & Talk Club with Student Volunteer (A) 10:00 Full Body Workout (GYM) 10:45 Wheel of Fortune (A) 11:00 Go For Life Walking Club - (Residen't Run) (BW) 11:00 Outing: Yorkdale *Sign Up Required* (OU) 2:00 Bridge Group (B) 2:00 Canasta (L) 2:00 Mini Putting with Volunteer (A) 3:00 Electronic Class with Volunteer (B) 3:15 Happy Hour Pub! (A) 6:45 Virtual Concert: "Andrea Rieu - Romantic Paradise (A)	**18** 9:30 Morning Word Search (A) 9:30 Balloon Tennis (A) 10:00 Seated Dance Class with Katya (GYM) 10:45 Cooking Demo with Chef Jason (A) 1:30 Meet me at MoMA Presentation (A) 2:00 Meet me at MoMA (B) 2:00 Salsa Dance Class with Amir! (A) 2:00 Kaluki (L) 3:00 Dime Bingo (A) 3:15 Tea & Coffee Social (C) 3:30 Go For Life Walking Club (BW) 6:45 Movie: The Shawshank Redemption (A)	**19** HHS Mens Club Thursday! 9:30 Balloon Tennis (A) 10:00 Tai Chi with Shiva (GYM) 10:30 Go For Life Walking Club (BW) 10:45 Trivial Pursuit (B) 11:00 Catholic Communion Service (A) 2:00 Kaluki (L) 2:00 Live Concert: Davis Stevens (A) 3:00 Learn to Play!: Mahjong with Nanette (GR) 3:15 Robert's Pub Social (A) 3:30 Afternoon Word Search (A) 6:45 Amazon: Movie: Casalanca (A)	**20** 9:30 Balloon Tennis (A) 10:00 Full Body Workout (GYM) 10:45 Words in a Word (B) 1:30 Drum Fit (A) 1:30 Activity Planning Meeting (A) 2:00 Bridge Group (L) 2:30 Pre-Shabbat Service (A) 3:30 Wheel of Fortune (A) 3:30 Reminiscing Letter Writing of Love (A) 4:00 Go 4 Life Walking Club (BW) 6:30 Packages of love club (A)	**21** Healthy Holiday Market! 10:00 Exercise (GYM) 10:45 FitMinds with Frances P. (A) 1:45 Saturday Word Search (B) 2:00 Rummy-Q (L) 2:00 Bridge Group (B) 3:15 Happy Hour Pub with Manager On Duty! (A) 4:00 Java Music Club/Karoke (A) 6:45 Cards: Euchre, Bridge, Rummy & Canasta (L) 6:45 Bingo with Frances.P (A)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 Activity Package Available At Reception (RECE) 9:15 Balloon Tennis (A) 10:00 Exercise (GYM) 10:45 Trivia (A) 2:00 Live Concert: Alicia Santos (A) 2:30 Afternoon Movie! (T) 3:15 Dime Bingo (A) 3:30 Floor Curling (GYM) 7:00 T.V. Series: Dancing With The Stars! (A)	**23** 9:30 Walk & Talk Club with Student Volunteer (A) 10:00 Exercise (GYM) 10:45 Words in a Word (A) 11:00 Go For Life Walking Club (CY) 2:00 Bingo with Volunteer (A) 2:00 Bridge Group (L) 2:00 Axe Throwing with Volunteer (GR) 3:00 Electronic Class with Volunteer (B) 3:15 Wine & Cheese Social (A) 3:30 Giant Jenga (A) 4:00 Java Music Club/Karoke (A) 5:30 The Social Butterflies Womens Club Pizza & Movie Night (A) 6:30 FitMinds with Sandy P. (A)	**24** 9:30 Walk & Talk Club with Student Volunteer (A) 10:00 Full Body Workout (GYM) 10:30 Painting with Sammy (A) 10:30 Residents Town Hall (T) 11:00 Go For Life Walking Club - (Residen't Run) (BW) 11:00 Outing: Movie Theatre! I Play Rocky *Sign Up Required* Admission $5 (OU) 2:00 Bridge Group (B) 2:00 Canasta (L) 2:00 Mini Putting with Volunteer (A) 3:00 Electronic Class with Volunteer (B) 3:15 Happy Hour Pub! (A) 4:00 Wii Bowling Class with Irving! (A) 6:45 Virtual Concert: "Andrea Rieu - Live in Vienna (A)	**25** 9:30 Morning Word Search (A) 9:30 Balloon Tennis (A) 10:00 Seated Dance Class with Katya (GYM) 10:45 Words in a Word (A) 2:00 Artful Enrichment (A) 2:00 Dime Bingo (A) 2:00 Kaluki (L) 3:15 Tea & Coffee Social (C) 3:30 Go For Life Walking Club (BW) 3:30 The Social Butterflies Womens Club: Bracelet Making (A) 6:45 Trivia with Frances P. (A)	**26** HHS Mens Club Thursday! Hearing Clinic with Ian Castor *Sign Up Required* (DRO) 9:30 Balloon Tennis (A) 10:00 Tai Chi with Shiva (GYM) 10:30 Go For Life Walking Club (BW) 10:45 Trivial Pursuit (B) 11:00 Catholic Communion Service (A) 1:30 Hearing Clinic with Ian Castor (DRO) 2:00 Kaluki (L) 2:00 Live Concert: Samira Yeo (A) 3:15 Robert's Pub Social (A) 3:30 Afternoon Word Search (A) 6:45 Movie: The King & I (A)	**27** Vendor: Triple Eight Clothing (LO) 9:30 Balloon Tennis (A) 10:00 Full Body Workout (GYM) 10:45 Words in a Word (B) 12:00 Woodbine Casino *Sign Up Required* (OU) 1:30 Drum Fit (A) 2:00 Bridge Group (L) 2:30 Pre-Shabbat Service (A) 3:30 Wheel of Fortune (A) 4:00 Go 4 Life Walking Club (BW) 6:45 Name That Tune (A)	**28** 10:00 Exercise (GYM) 10:45 FitMinds with Frances P. (A) 1:30 Artful Enrichment - Fallen Leaf (A) 1:45 Saturday Word Search (B) 2:00 Rummy-Q (L) 2:00 Bridge Group (B) 3:15 Happy Hour Pub with Manager On Duty! (A) 4:00 Java Music Club/Karoke (A) 6:45 Cards: Euchre, Bridge, Rummy & Canasta (L) 6:45 Bingo with Frances.P (A)
29 Activity Package Available At Reception (RECE) 9:15 Balloon Tennis (A) 10:00 Exercise (GYM) 10:45 Trivia (A) 2:00 Dime Bingo with Manager on Duty (A) 2:30 Afternoon Movie! (T) 3:30 Floor Curling (GYM) 7:00 T.V. Series: Dancing With The Stars! (A)	**30** 9:30 Walk & Talk Club with Student Volunteer (A) 10:00 Exercise (GYM) 10:45 Words in a Word (A) 11:00 Go For Life Walking Club (CY) 2:00 Bingo with Volunteer (A) 2:00 Bridge Group (L) 2:00 Axe Throwing with Volunteer (GR) 3:00 Monthly Birthday Party with Carla Bianchi (A) 3:00 Electronic Class with Volunteer (B) 3:15 Wine & Cheese Social (A) 3:30 Giant Jenga (A) 4:00 Java Music Club/Karoke (A) 6:30 FitMinds with Sandy P. (A)					





Locations Legend

- Activity Room (Main Level) (A)
- Bar & Bistro (B)
- Gym (Lower Level) (GYM)
- Library (L)
- Building Wide (BW)
- Theatre (Lower Level) (T)
- Games Room (GR)
- Reception (RECE)
- Courtyard (CY)
- Legend's Cafe (C)
- Outing (OU)
- Lobby (LO)
- Outing (OS)
- Doctor's Office (DRO)

Calendar Legend

- Outing
- Special Program
- Cruise Week
- Living, Loving, Local
- Signature Program