## GILMORE GARDENS WEEKENDER "HIGHLIGHTS"







December 15<sup>th</sup>, 2022

## IN HOUSE NEWS

We are very excited to announce our grand total of \$2,245 raised from the Bottle Draw and Raffle Draw. The amount will be divided between Richmond Cares, Richmond Gives and the Richmond Food Bank. Thank you to everyone who supporteded in this worthwhile cause. <a href="Our Community Supporters were">Our Community Supporters were</a>: Gordon Foods, Quilchena Golf and Country Club, Max Madden Moving, Wood Wyant, Ecolab, Save on Foods Ironwood, Safeway Seafair, Shoppers Drug Mart Seafair, Steveston Bakery, Touch of Class Florists and Gilmore Gardens. We thank each and every one of these businesses for their generous support in our fundraiser for helping the challenges in our neighboring community at this time of year.

Residents who had their photo taken at the Christmas Dessert Buffet on December 6<sup>th</sup> will receive a complementary copy in the mail slot outside your suite. If you would like to order any additional copies at a cost of \$1 per print, please let Reception know. Thank you and enjoy your photo!

Ring in the New Year with our **New Year's Eve Dinner** on Saturday, December 31<sup>st</sup> with open seating from 4:45PM to 6:00PM. Please make any guest reservations at Reception.

Are you ready to create the perfect **Christmas Door** with a chance to win a prize? We are having a contest for the best festive door. Please take the time to walk the halls (great exercise!) and make a note of the suite number of your favourite Christmas door! There will be a table set up in the Activity Room after December 12<sup>th</sup> where you can place your vote! We will announce the **Best Christmas Door Winner** on Friday, December 23<sup>rd</sup> at **1:50PM just before** the **Camilla Quartet Christmas Concert** begins at 2:00PM in the Fireside Lounge. Everyone is encouraged to participate!

## REMINDERS

Enjoy the wonderful sounds from the **Harvest Church Choir of Richmond** on Saturday, December 17<sup>th</sup> at 1:30PM in the Fireside Lounge. This wonderful group of singers will be delighting you with the traditional Christmas carols that we all know and love to sing!





Take your seat and join the **Richmond Orchestra and Chorus Association** on Saturday, December 17<sup>th</sup> at 2:30PM in the Fireside Lounge. The Choir will perform a lovely program of seasonal music for everyone to appreciate. Our resident, Harry Gray, is a proud and long-standing member of this ensemble.

If you like listening to live music, come and take pleasure in the sounds of the **Youth Musician Association Performance** on Sunday, December 18<sup>th</sup> at 2:00PM in the Fireside Lounge. This talented group of students take pride in coming to help make your day brighter with their music.



We have our ever-popular **Sing Along with Errol** on Sunday, December 18<sup>th</sup> at 7:30PM in the Fireside Lounge. With Christmas almost upon us, be ready to sing all the traditional carols and songs of the season whilst Errol strums the melodies on his guitar!

Do you need any last-minute goodies or treats for the holiday? Add your name to the list for our **Bus Outing: Shopping Trip to FreshCo** on Monday, December 19<sup>th</sup> at 1:00PM.

It's time for our monthly **Men's Chat Club** with community volunteer, Dave on Monday, December 19<sup>th</sup> at 2:00PM in the Club Lounge. Our Men's Group is a safe and confidential place to be yourself, talk about your life, find support and camaraderie, and have some fun.

Wednesday, December 21<sup>st</sup> is not only the shortest day of the year (*Winter Solstice*) which signifies the first day of winter, but it's also **National Crossword Puzzle Day!** Celebrate this occasion by joining **Giant Crosswords** at 1:30PM in the Activity Room and put your memory to the test with answering the clues!



Do you need a few last-minute Christmas cards for family and friends? Why not make your own at our **Craft Session: Making Christmas Cards** on Thursday, December 22<sup>nd</sup> at 1:30PM in the Activity Room.

We have our **Resident Forum** on Thursday, December 22<sup>nd</sup> at 3:00PM in the Activity Room. Come and learn about upcoming events and the latest news for Gilmore Gardens. All our welcome!



Be prepared for our **Christmas Sweater Day** on Friday, December 23<sup>rd</sup>! Make sure you put on your favourite Christmas-themed top or something that is glittering, or red, or green or anything that has bells on it (3)

## December 16th - December 23rd, 2022 Saturday, December 17th Sunday, December 18th 9:00AM Hair with Farah 10:00AM **Armchair Video Exercises** 10:00AM **Armchair Video** 10:30AM **GPUC Worship Service Gentle Fit with Winnie** 11:00AM Virtual Tai Chi 11:00AM 1:30PM **Harvest Church Choir, Richmond** 2:00PM **Youth Musician Performance** 2:30PM **Richmond Orchestra and Chorus** 7:30PM Sing Along with Errol **Association**

Monday December 19 <sup>th</sup>	Tuesday December 20 <sup>th</sup>	Wednesday December 21 <sup>st</sup>	Thursday December 22 <sup>nd</sup>	Friday December 23 <sup>rd</sup>
10:00AM Chair Fitness	9:00AM Esthetician	National Crossword Puzzle Day!	9:00AM Hair with Farah	Christmas Sweater Day!
11:00AM	10:00AM Armchair Video Exercises	10:00AM Chair Yoga with Robin	10:00AM Chair Fitness:	10:00AM Osteofit with Robin Masters
Armchair Video	11:30AM Meditation	Masters	Strength and Balance	11:00AM Play Reading with Stephen
11:00AM Go4Life Walking Club	11:30AM Food Committee	10:30AM Catholic Mass	11:00AM Armchair Video	11:00AM Chair Yoga: Stretch and Strength with Lauren
1:00PM Bus Outing:	Meeting 3:00PM Recreation	11:00AM Armchair Video	1:30PM Craft Session: Making Christmas Cards	1:30PM Weekender Review (in Chinese) 中文講解中文講本週活動
Shopping Trip to FreshCo	Committee Meeting	1:30PM Giant Crosswords	3:00PM Resident Forum	1:50PM Best Christmas Door Winner
2:00PM Men's Chat Club	3:30PM Tech Time with Makena and	3:00РМ Нарру		2:00PM Camilla Quartet Christmas Concert
7:30PM Bingo	7:00PM Crib/ Chess	7:00PM Rummikub	7:00PM Game of Hearts	<b>3:00PM Happy Hour</b> 6:45PM Mah Jong