



INSPIRED  
SENIOR LIVING



## Menu for the Week of June 2 - June 8, 2025

# Dinner

### OMELET OF THE WEEK: SMOKED \*SALMON & DILL

Week 7	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: <b>SOUP</b>	SCOTH BROTH SOUP	CORN, BACON & POTATO CHOWDER SOUP	HEARTY TOMATO & VEGETABLE SOUP	CREAM OF PUMPKIN SOUP	BEEF RICE SOUP	CHICKEN NOODLE SOUP	FRENCH ONION SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: <b>SALAD</b>	SLICED PROSCIUTTO & SLICED BOILED EGGS SALAD	PAPAYA & PINEAPPLE ON ICEBERG LETTUCE	FRESH CUCUMBERS, TOMATOES, RED ONIONS & BLACK OLIVES ON ICEBERG LETTUCE SALAD	FRESH BERRIES ON ICEBERG LETTUCE	FESTIVE SALAD AVACADO, CORN, CHERRY TOMATOES ON LETTUCE	CRISPY PANCETTA WITH CUCUMBER, RED PEPPERS	ICEBERG LETTUCE WITH BRIE CHEESE, GRAPES & HONEYDEW
Entrée 1	TAXES STYLE SLOW ROAST BEEF BRISKET/ AU JUS	BEEF RAVIOLI WITH MARINARA SAUCE/PARMESAN CHEESE	SWEET AND SOUR PORK WITH STEAMED RICE	GRILLED BANGER SAUSAGES WITH POTATO & CARAMELIZED ONION	BREADED VEAL CUTLETS WITH GRAVY	HONEY - GARLIC GLAZED HAM	FILIPINO BEEF CALDERETA WITH RICE
Entrée 2	LINGUINE CHICKEN PRIMAVERA WITH PARMESAN & GARLIC BREAD	ROASTED CHICKEN LEGS WITH BBQ GLAZE	ROASTED WHOLE CHICKEN WITH STUFFING & GRAVY	ROASTED CHICKEN BREAST WITH GRAVY	BRAISED CHICKEN THIGHS CASSEROLE	BAKED CHICKEN PARMESAN	POTATO CHEDDAR PEROGIES WITH SAUTEED ONIONS, BACON & SOUR CREAM
Entrée 3	TORPEDO PRAWNS WITH FRENCH FRIES & TARTAR SAUCE	POACHED COD IN COCONUT WITH LIME- MANGO SALSA	PAN FRIED CRAB CAKE WITH TARTAR SAUCE	BAKED HADDOCK WITH LEMON DILL SAUCE	FISH & CHIPS WITH COLESLAW & TARTAR SAUCE	TERIYAKI SALMON GRILLED PINEAPPLE SLICE	STEAMED CLAMS & MUSSELS IN COCONUT CURRY BROTH
Starch	POTATO PATTIES	BOILED POTATOES	ROASTED HERBED POTATOES	MASHED SWEET POTATOES WITH CHIVES	BAKED 1/2 POTATO WITH SOUR CREAM	WHIPPED POTATOES	POTATOES O'BRIEN
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	GREEN KALE	YELLOW ZUCCHINI	ACORN *SQUASH	RED SWISS CHARD	GREEN BEANS	BAKED *TOMATO	MIXED VEGETABLES
Vegetable	SLICED CARROTS	DICED BEETS	MASHED TURNIPS & CARROTS	CORN NIBLETS	CAULIFLOWER	BRAISED GREEN CABBAGE	
FEATURED Dessert	CHOCOLATE PUDDING	PEACH COBBLER WITH ICE CREAM	BANANA FLAMBE	BAKED EGG CUSTARD	WHIPPED PINEAPPLE JELLO	PECAN STREUSEL CAKE	PUMPKIN PIE



**\* Menu item contains a Superfood.**

**Choose Superfoods more often for optimal health**



APPLES  
AVOCADO  
BEANS & LENTILS  
BEETS

BLACKBERRIES  
BLUEBERRIES  
BRAN & OAT  
BROCCOLI

CAULIFLOWER  
CHERRIES  
CRANBERRIES  
EGGS

FATTY FISH  
NUTS  
PEACHES  
RASPBERRIES

SPINACH  
STRAWBERRIES  
SQUASH  
TOMATO

