

GILMORE GARDENS WEEKENDER HIGHLIGHTS



≡ HAPPY ≡
Thanksgiving



October 10th, 2025

IN HOUSE NEWS

Please note there will be no **Bingo** in the evening on Monday, October 13th. We apologize for the inconvenience and wish everyone a Happy Thanksgiving!

We would like to update you on the new schedule for **Nails with Angie**. She will now come on the second and third Sunday of each month, that is, October 12th and 19th, November 9th and 16th and so forth. Please book your appointments for Nails with Angie at Reception accordingly.

REMINDERS

Join our **Roll a Trump** game on Saturday, October 11th at 1:30PM in the Activity Room. This is a fun game for everyone to play! Throw the balls and aim for one of the holes on the big board!

Come and express yourself at **Artful Aging: Painting with Elizabeth and Friends** on Saturday, October 11th at 3:00PM in the Activity Room! Elizabeth, our community volunteer comes in twice a month for this program. Come say hello to her and work on a project!



Spend your evening at **Sing Along with Roger** on Sunday, October 12th at 7:30PM in the Fireside Lounge. Roger, our resident volunteer, brings his harmonica and guitar, together with song sheets for you to sing along to the popular songs he plays!

If you are in need of provisions, sign up for our **Bus Outing: Shopping to FreshCo** on Monday, October 13th at 11:30AM. Make your shopping list and bring your reusable bag!



It's Thanksgiving Day on Monday, October 13th! Come and join us for a special themed **Thanksgiving Bingo** at 2:00PM in the Activity Room and be grateful for any lucky lines that come your way!

We have a **Bus Outing: River Rock Casino** on Wednesday, October 15th at 11:30AM. If you're feeling lucky, make sure you sign-up for a seat on the bus and spin the machines! You can also have a snack or lunch in the Food Court at the Casino.

Come for the **Sign-up for Flu and Covid-19 Booster Clinic** on Thursday, October 16th from 10:00AM – 12:30PM in the Fireside Lounge. Book a time that is convenient for you to have your booster shot at Gilmore Gardens the following week on Thursday, October 23rd.






Join us for the **Resident Forum** on Thursday, October 16th at 3:00PM in the Activity Room. This is when you will learn more about the upcoming events and happenings at Gilmore Gardens.



Make sure you mark your calendar for **Piano Entertainment with Greg Alcock** on Friday, October 17th at 2:00PM in the Fireside Lounge. Take a seat and be enthralled by this talented pianist!

We will be offering complimentary juice and tasty appetizers from our kitchen at **Happy Hour** on Friday, October 17th from 3:00PM-4:00PM in the Club Lounge. You can also purchase a glass of wine or beer. Come and join the fun and socialize with your fellow neighbours at Gilmore!

Weekly Calendar for October 11th – 17th, 2025

Saturday, October 11 th		Sunday, October 12 th		
10:00AM 11:00AM 1:30PM 3:00PM 6:00PM 7:00PM	Armchair Exercise Video Tai Chi Roll a Trump Artful Aging: Painting with Elizabeth and Friends Mah Jong Movie Night: Bohemian Rhapsody	9:00AM 10:00AM 10:30AM 11:00AM 1:30PM 7:30PM	Nails with Angie Armchair Exercise Video GPUC Worship Service Gentle Fit with Winnie Tech Time with Erin Sing Along with Roger	
Monday October 13 th	Tuesday October 14 th	Wednesday October 15 th	Thursday October 16 th	Friday October 17 th
Happy Thanksgiving! 10:00AM Chair Fitness 11:00AM Go4Life Walking Club 11:00AM Armchair Exercise Video 11:30AM Bus Outing: Shopping Trip to FreshCo 2:00PM Thanksgiving Bingo!	10:00AM Armchair Video 11:30AM Meditation  1:30PM Chair Yoga with Lynn Walters 2:45PM Giant Crosswords 6:00PM Mah Jong 7:00PM Crib/Chess	10:00AM Chair Fitness 10:30AM Catholic Mass 11:00AM RMS Ukulele Lessons 11:30AM Bus Outing: River Rock Casino 1:30PM Billiards 1:30PM Chair Yoga with Lauren Video 3:00PM Happy Hour 7:00PM Rummikub	Hairdresser 10:00AM-12:30PM Sign up for Flu and Covid-19 Booster Clinic  11:00AM Go4Life Walking Club 11:00AM Armchair Video 1:30PM Scrabble with Pat 3:00PM Resident Forum 7:00PM Game of Hearts	10:00AM Osteofit with Robin Masters 11:00AM Play Reading with Stephen 2:00PM Entertainment with Greg Alcock  3:00PM Happy Hour 3:30PM Table Tennis 6:00PM Mah Jong